### 2016–2017 ACADEMIC CALENDAR

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<th>Event</th>
<th>Dates</th>
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<tr>
<td>MOVE-IN DAYS (as assigned)</td>
<td>August 19 &amp; 20</td>
</tr>
<tr>
<td>NEW STUDENT CONVOCATION</td>
<td>August 21</td>
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<tr>
<td>FALL ORIENTATION</td>
<td>Through August 22</td>
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<tr>
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<td>READING DAYS</td>
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<td>FALL EXAMS BEGIN</td>
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<td>FALL EXAMS END</td>
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<tr>
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<tr>
<td>JANUARY TERM</td>
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<td>FIRST-YEAR RESIDENCE HALLS RE-OPEN</td>
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<td>SPRING EXAMS BEGIN</td>
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*For updates to the academic calendar, please see [www.virginia.edu/registrar/calendar.html](http://www.virginia.edu/registrar/calendar.html).*
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How to Reach the University

IN CASE OF EMERGENCY
Parents can reach a member of the Dean of Students’ on-call team 24 hours a day, seven days a week in the event of an emergency:

Business Hours
434-924-7133
(Monday through Friday,
8 a.m. to 5 p.m.)
Office of the Dean of Students

After Hours
434-924-7166
(after 5 p.m., weekends, holidays)
University Police will put you in touch with the Dean-on-Call.

Dean-on-Call
The Office of the Dean of Students provides 24-hour crisis management services to students. Deans rotate in serving as the Dean-on-Call.

This symbol beside a photo in the handbook indicates a member of the Dean-on-Call team.

Parent Help Line
434-243-3333
parents@virginia.edu
Also see the Parents website at www.virginia.edu/parents.

Emergency or crisis situations should be reported to the Dean-on-Call.

NON-EMERGENCIES
Please refer to the list at right for frequently contacted areas. Other important numbers and websites are included throughout the handbook. If you cannot find the answers you need, please contact the Parent Help Line.
Gordie Center for Substance Abuse Prevention
http://gordiecenter.studenthealth.virginia.edu
982.0703

Hazing Hotline
www.virginia.edu/hazing
243.4293

Housing & Residence Life
www.virginia.edu/housing
924.3736

International Center
www.virginia.edu/iso/ic
924.7983

International Studies Office
http://iso.virginia.edu
982.3010

McIntire School of Commerce
http://commerce.virginia.edu
924.3176

Newcomb Hall
www.virginia.edu/newcomb
924.3601

OAAA Parents Advisory Association
oaaa.virginia.edu/parents-advisory-association
924.7923

Office of the Vice President and Chief Student Affairs Officer
vpsa.virginia.edu
924.7964
vpsa@virginia.edu

Orientation and New Student Programs
www.virginia.edu/orientation
982.4555
orientation@virginia.edu

Parent Communications
www.virginia.edu/parents
924.1036
parentcommunications@virginia.edu

Parent Help Line
243.3333
parents@virginia.edu

Parents Fund and Parents Fund Committee
http://uvaparents.virginia.edu
924.7493

Parking & Transportation
www.virginia.edu/parking
924.7231 (parking inquiries)
924.7711 (transit inquiries)
parking@virginia.edu
transportation@virginia.edu

Police – Albemarle County
www.albemarle.org/police
296.5807

Police – Charlottesville
www.charlottesville.org/departments-and-services/departments-h-z/police-department
979.3288

Police – University
www.virginia.edu/uvapolice
243.7166
(In case of an emergency on Grounds, students should call 911.)

Provost, Office of the
http://provost.virginia.edu
924.3728

Registrar, Office of the University (UREG)
www.virginia.edu/registrar
924.4122

Safe Ride
http://www.virginia.edu/parking/saferide
242.1122

Safety and Emergency Preparedness Office
www.virginia.edu/emergency
982.0565
osep@virginia.edu

School of Architecture
www.arch.virginia.edu
924.3715

School of Continuing and Professional Studies
www.virginia.edu/schools/scps
982.5206

School of Engineering and Applied Science
http://seas.virginia.edu
924.3072

School of Nursing
http://nursing.virginia.edu
924.2743

Student Activities
www.virginia.edu/deanofstudents/studentactivities
924.3286

Student Disability Access Center (SDAC)
www.virginia.edu/studenthealth/sdac.html
243.5180/Voice • 465.6579/Video phone

Student Financial Services
http://sfs.virginia.edu
982.6000
sfs@virginia.edu

Student Health
www.virginia.edu/studenthealth
924.5362 (972.7004 after hours)
studenthealth@virginia.edu

Student Legal Services
www.student.virginia.edu/~stud-leg
924.7524

Summer and Special Academic Programs
http://summer.virginia.edu
http://januaryterm.virginia.edu
924.3371

Travel Program (for alumni, parents, and friends)
http://alumni.virginia.edu/travel
243.4984

University Information: General
924.0311

UVA Clubs
http://uvacubs.virginia.edu
243.2284

UVA Help Desk for IT Support
www.its.virginia.edu/helpdesk
924.HELP (4357)

All telephone numbers are Area Code 434 unless otherwise indicated.
Dear UVA Parents and Family Members

Welcome to the University of Virginia. This Parent Handbook serves as an important resource to introduce you to the University, to acquaint you with student life here, and to provide guidance for the practical decisions that your son or daughter will be making with your help.

This year’s edition of the handbook includes important updates for 2016-17. You can rely on it for information, and you also can refer to the many online resources mentioned throughout the handbook.

I hope you will become involved in the life of the University. You will have opportunities to participate in Family Weekend, attend cultural events, cheer on the Cavaliers at games, and take part in activities especially for parents and alumni around the country and world.

The parents and family members of students are part of a special community—the UVA family. I welcome you to this extended family, and I look forward to working in partnership with you in the years ahead.

Very truly yours,

Teresa A. Sullivan
President
Students

**Enrollment, Fall 2015 (on Grounds)**
- Undergraduate: 15,669
- Graduate and Professional: 6,316
- Total on Grounds: 21,985
- Rhodes Scholars: 51

**Undergraduate Student Profile**
- Students come from 49 states and 124 foreign countries.
- Virginia residents make up 69 percent of the undergraduate student body.
- 55 percent of undergraduates are women.
- Student-to-faculty ratio is 15 to 1.

**Graduation Rates, Entering 2009**
- The six-year graduation rate for students who entered in fall 2009 is 94 percent.
- The six-year graduation rate for African-American students who entered in fall 2009 is 89 percent, representing one of the highest African-American graduation rates among major public institutions in the United States.

**University Budget, 2016-2017**
- University (all divisions): $3.2 billion
- Academic Division: $1.64 billion
- Medical Center: $1.52 billion
- UVA's College at Wise: $43.7 million
- State Appropriations: For the 2016-17 budget year, state appropriations will provide approximately 9.3 percent of the Academic Division's operating budget and 5.3 percent of the total University budget.

**Bond Ratings**
In 2016, Moody's, Fitch, and Standard & Poor's all re-affirmed the University's AAA bond rating, citing UVA's strong financial profile, premier reputation and stable demand, low debt burden, solid liquidity, and solid fundraising. UVA is one of only a few select universities to receive the highest possible bond ratings from the major bond-rating agencies.

**Academical Village**

**Key Dates**
- 1817: Laying of cornerstone, Pavilion VII
- 1819: University's official founding
- 1826: Rotunda completed
- 1895: Fire guts Rotunda
- 1898: Restoration by Stanford White
- 1976: Rotunda Restoration

**Pavilions:** 10
**Lawn rooms:** 54
**Range rooms:** 53

**Budget for 2014-2016 Rotunda restoration:** $42.5 million

**Source of funds:** Donations and state appropriations (no tuition dollars)

**For more information**
www.virginia.edu/academicalvillage

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**Brief History**

The University of Virginia, now nearly 200 years old, is a vigorous, modern institution, animated by the forward-looking spirit of its founder, Thomas Jefferson. Jefferson’s powerful conviction — the idea that the university exists to train young people for public affairs and the belief that the liberal arts constitute the foundation for any education — continues to inspire its students and faculty and guide the development of its programs.

Jefferson was involved in all aspects of founding the University. He outlined the institution’s purpose, designed its buildings, supervised construction, and planned its curriculum. He also directed the recruitment of its initial faculty.

When classes began in 1825, with 68 students and a faculty of eight, the University of Virginia embodied dramatic new ideas in American higher education. In an era when colleges trained scholars for the clergy and academia, Jefferson dedicated his University to the education of citizens in practical affairs and public service. The innovative curriculum permitted the student a broader range of study than was available at other colleges and universities of the day, and Jefferson implemented novel ideas concerning student self-government and religious freedom.
Starting college is a major transition not only for your student, but also for you as a parent. It’s normal for many questions to arise as you begin this journey, whether you are undertaking it for the first time or the fourth.

Time of Transition

Throughout life, transitions mark endings and beginnings. They usher in periods of forward movement and backward slides. Transitions bring both anxiety and excitement, uncertainty and sureness.

As you begin the college transition with your daughter or son, having answers to your questions can help alleviate the anxiety so you can enjoy the excitement.

Below are some of the questions most commonly asked by parents of new UVA students. You will see references to subsequent handbook pages that provide more detailed information.

Every fall, the University undergoes its own transition with the arrival of new students. Along with you—their parents and families—the UVA community continues to grow and change in exciting new ways.

FREQUENTLY ASKED QUESTIONS

Getting Started

Q: What should be my role during this time of transition?
A: Starting college is a major step toward independence. You can help foster this independence by allowing your student to make decisions around things big and small. Selecting classes, for example, is a major way for new students (when the curriculum is not preset) to establish a sense of autonomy and engage directly in a process that will occur numerous times during their years at UVA. In her “Top Ten Tips for Parents,” Associate Dean Rachel Most describes ways to support your student in the journey to becoming more independent. She says “your role is changing from coach to cheerleader” (page 11).

Q: Who will help my daughter or son become acclimated to UVA?
A: Many individuals are available to help new students find their way. They include:

» Resident Advisors: The RA is one of the best resources readily available to all students living on Grounds, especially to first-year and transfer students. From basic questions to advice about classes or other aspects of University life, RAs are trained to help students (page 19).

» Peer Advisors: Upperclass students often serve as peer mentors to new students. One notable initiative that was established more than three decades ago is the African-American Peer Advising Program (page 55), which pairs upperclass students with new students. Similar programs serve transfer students (page 55) or encompass peer mentoring around academics, careers, and health. The College Council, for example, provides peer academic advising (pages 64-65).

» Student Affairs Staff: Students can find a range of help from faculty and staff in the division of Student Affairs. From help in navigating the University to career counseling to a kind ear, your student can find assistance here. The Office of the Dean of Students is a good place to start (pages 54-55, 57).

» Association Dean, Academic Deans, and Staff in Individual Schools: Each school has deans and staff in place to help students. In the College of Arts & Sciences, students should look to their association dean for academic assistance. College students are assigned to an association dean based on their first-year housing assignment or their status as a transfer student, student-athlete, or Echols Scholar. Students keep the same association dean for as long as they remain in the College (pages 63-64).
Counseling and Psychological Services: If your student is feeling stressed, down, or worried, she or he can find help at CAPS, a center based in Student Health (page 35).

Health and Safety
Q: What if my student gets sick?
A: Students should consider Student Health as the primary option for their health care while at UVA. Medical services include CAPS, General Medicine, Gynecology, Health Promotion, the Gordie Center for Substance Abuse Prevention, and the Student Disability Access Center. After hours, for urgent health concerns, students can call the answering service at 434.972.7004 to be connected with an on-call care provider. In an emergency or life-threatening situation, students should always call 911.

Student Health’s services, including information about health insurance requirements, are described on pages 34-37.

Q: What safety measures are in place for students?
A: Student safety is a priority at UVA. When students come to Orientation, they will receive a comprehensive Student Safety booklet. The guide is incorporated into the Parent Handbook on pages 89-92. Please take time to review the guide with your student.

In addressing the issue of sexual violence, the University has taken several major steps, including implementing a new policy and training programs in 2015 (page 31).

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On any given day, as many as 33,000 students, faculty, staff, and visitors come to the Grounds and surrounding area. Everyone plays a role in creating a safe community. Students are urged to be aware of their surroundings, to watch out for one another, and to always call 911 if they need help or see a person or situation that seems suspicious.

Q: So calling 911 is not considered “bothering” the police?
A: Absolutely not. University Police and local police would rather come and check out a situation than not have the opportunity to stop potential criminal activity. Emphasize to your student that calling 911 is the fastest way to get help.

Cycles of Student Life
Q: How can I keep track of what is going on in my daughter or son’s life at UVA?
A: Certain events, such as midterms, occur at predictable times during the academic year. A number of UVA traditions, such as the Third-Year Ring Ceremony, also occur at set times. See “Student Timeline: What Happens When” (pages 12-13) for an overview of key activities during all four years. The timeline highlights social events as well. You know your student best, but these are occasions when a simple but direct message from you about safe, sensible celebrating may be important.
Q: When you say “social events,” what do you mean?
A: Halloween, the last home football game, St. Patrick’s Day, and Foxfield are occasions when students tend to celebrate, sometimes to excess. The University offers a variety of education and prevention programs around these times. Parents can be supportive by talking with their students about the importance of being responsible. For students not from Virginia, it is important for them to familiarize themselves with state laws concerning alcohol (page 77).

Q: Any pointers on how to talk with my daughter or son about alcohol use?
A: Yes, see the column, “Alcohol Use among Students: How Parents Can be Partners in Prevention” (page 38). Susie Bruce, director of the Gordie Center for Substance Abuse Prevention, offers practical tips on how to approach these important conversations. She also discusses some of the misperceptions, especially among students, about the prevalence of drinking among their peers. A 2015 UVA study, for example, found that on a typical Saturday night, a majority of students either don’t drink or consume no more than three alcoholic beverages.

Q: What is Foxfield?
A: The Foxfield steeplechase races is a popular spring event with many students from UVA as well as from other schools in Virginia and nearby states. Held at a racetrack several miles from the UVA Grounds, the races are not sponsored by UVA. The presence of law enforcement is significant, and it is not unusual for a handful of students to be arrested for alcohol violations, especially underage possession. Both student peer groups and University officials communicate safety messages to students prior to the event. It is especially important for students to find safe transportation to and from the event. Parents can help reinforce the importance of planning to have a fun, but safe time.

Resources


You’re on Your Own (but I’m here if you need me) by Marjorie Savage. Simon & Schuster, 2003.

Students are frequently urged not to walk alone at night. Walking with friends, taking a taxi, or calling Safe Ride (if in the vicinity of Grounds) are better options. See the Student Safety Guide, pages 89-92.
Concerns

Q: My son is disappointed that he did not get the classes he wanted during registration at Orientation. What can he do?
A: First, you and he should not worry. Course registration reopens in August, and students can add and drop classes then. During the first week of classes, students also can attend different courses even if they are full, and sometimes professors will allow more people to take the class.

Q: Things don't seem to be going well between my daughter and her roommate. Can she switch to a different room?
A: For many students, this is the first time they have had to share private space with another individual. This experience can be a tremendous learning opportunity, bringing self-knowledge and life lessons in compromise, communication, diversity, and assertiveness. Encourage your student to enter this new relationship with a sense of adventure and patience.

Occasional conflicts are to be expected in such a relationship, and in a very small percentage of cases, roommate assignments do not work. Because the University believes the experience of living with a roommate is a valuable one, it is expected that first-year students make a good faith effort to resolve roommate conflicts before a room change is considered.

Upon arrival, roommates create and sign a contract with their RA. The contract serves as a guide to prevent issues between roommates before they develop. In addition, many resources are available for addressing roommate conflict, including formal and informal mediation processes. If your student is having roommate concerns, encourage her or him to try to work it out together with the roommate. If that is not successful, your student should contact her or his RA who will help or refer the situation to an assistant dean or area coordinator in Housing & Residence Life. The ability to change rooms depends upon the situation and the spaces available.

Q: It's February, and my first-year son just does not seem to be adjusting to college life. What can I do?
A: Sometimes parents feel that their student needs help. It is strongly encouraged that you guide your student to seek out that help on her or his own. By dealing directly with the student, the Housing & Residence Life staff are able to develop a relationship, ascertain the student’s needs, provide your student with an experienced perspective, and allow your student to choose the option she or he feels is best. Of course, there are times when it is important that a parent call the University directly to partner on a problem. For instance, if you believe that your student is unable to seek her or his own help (such as in cases of severe depression), if you are unable to reach your child in an emergency, or if you believe someone may be in danger, please call Housing & Residence Life (434.924.3736), the Office of the Dean of Students (434.924.7133), or the University Police (434.924.7166). Someone is available 24/7.
Practical Considerations

Q: What’s the easiest way for my daughter or son to get home?
A: Depending on where you live, transportation is available through the Charlottesville Airport, Amtrak, Greyhound, independently owned bus services, and ride-sharing. See page 50 for more information.

Q: How do I send mail to my student?
A: You can get your first-year student’s mailing address by going to http://hms.housing.virginia.edu/addresses. For more information about mail service to the residence halls, see page 22.

Thinking Ahead

Q: How can my student plan for studying abroad?
A: Although students may prefer not to miss a semester at UVA, many options are available for education abroad. After the acclimatization period of first semester, encourage your student to attend the Education Abroad fair in the spring semester or in the fall semester of her or his second year.

The most popular times to study abroad are second and third years. As an initial step, students should meet with an education abroad advisor and with her or his academic advisor early in the semester to discuss academic requirements and deadlines. Students should be aware that there may be a great deal of paperwork involved, so planning early will help facilitate the process. Many deadlines are in October for the upcoming spring, but as early as September in some cases. See page 72 for more information about Education Abroad, as well as other academic opportunities, such as January Term and Undergraduate Research.

Q: What help is available for students to find internships and jobs?
A: The University of Virginia Career Center provides direct student services, programs, and career fairs for students beginning in their first year. Encourage your student to visit the center early and often.

Students can join one or more of six Career Communities through the center. The communities offer specialized advising, programs, and handpicked job and internship opportunities. Learn more on pages 51-53.
One of the strongest bonds
to ask for help when needed.

1. Does your child get himself/herself up in the morning? If not, the summer is the time to learn!

2. Grades, Problems, and Asking for Help. Students must make academics a high priority beginning with the first year. Remind your children that it may take them a while to adjust to the rigorous academic demands of college. Tell them you heard that there were lots of resources to help; encourage them to seek out these resources.

3. Taking Care of Business. Tell your children to pay attention to email from their school, from faculty, and to the school’s academic calendar. They should check websites frequently. Help them help themselves.

4. Establish Strong Relationships with Advisors and Faculty. Many of the strongest bonds between students and faculty are either formed in a classroom setting or happen as part of the advising relationship. Tell your children to seek out their instructors and advisor; they should go to faculty office hours and introduce themselves. Tell them to ask for help when needed.

5. Course Selection. Don’t take care of your children’s academic business; provide just enough assistance for them to get the job done independently. In other words, your role is changing from coach to cheerleader. Be supportive but let them find their own way. It is crucial for students to take responsibility for their own education. To that end, please don’t register for your children, pick their classes, or develop a four-year plan for them.

6. Choosing a Career/Choosing a Major.
   - Each student must make her or his own choice—not you. Students will need 10 or more courses in their major, so they should select something they truly enjoy studying. The more they like what they do, the better they will do in that area.
   - An economics or business major doesn’t guarantee a job, and an archaeology major doesn’t mean a jobless future.
   - Just because an occupation is “hot” now does not mean it will be equally in demand in five or 10 years, or that your child has the aptitude or motivation for it. They need to make this decision; they need to choose — not you.

   » There are some excellent websites that help students understand how to apply what they have learned from their major, any major, to the workplace.

   Regardless of what your child chooses for a major, he or she should be able to demonstrate strengths in at least two or three of the following areas:
   - Computer skills
   - Quantitative skills (e.g., statistics, economics)
   - Communication skills (e.g., written and oral)
   - Scientific skills (e.g., lab skills, scientific research)
   - Foreign language skills
   - Leadership skills (e.g., supervisory, extracurricular leadership roles, teamwork/team leader)

7. Taking Time Off. Many students choose to take time off during college or after graduation and before attending graduate school or taking a career-related job. We support such decisions because we find that students who want time away benefit from the break and return strong.

8. Using the University Career Center. Students should begin using the University Career Center in their first year and no later than the second year. The office provides individual career counseling/advising, career planning workshops, internship assistance, and career fairs and programs. The office also has a full-time pre-health and full-time pre-law advisor. (See pages 51-53.)

9. Outside-the-Classroom Events. Encourage your children to go to lectures, plays, sporting events, concerts, etc. A portion of the Student Activity Fee gives each student the opportunity to reserve one complimentary ticket online for herself or himself for every performance of each Arts Dollars-subsidized event. This includes events presented by the Department of Drama, McIntire Department of Art, McIntire Department of Music, Fralin Museum of Art, and the Virginia Film Festival. For more information, please see the Arts Box Office website at http://artsandsciences.virginia.edu/boxoffice.

10. Pace Your Advice. Don’t bombard your children with all of this advice at once. Store it until you need it. If you aren’t sure how to get a conversation started, try some of these questions:

   » What are the names of all your professors? What do you know about them? Do you know their background, educational training, or interests? How often do you meet with them?
   » Has any faculty member given you encouragement? Have you even spoken to a faculty member? Have you ever met with your faculty advisor or academic dean?
   » Do you understand the objectives of each of your classes?
   » Have you had to do any report or research writing? On what? What did you think?
   » What is your academic situation for next term? Are you planning a larger course load or a smaller course load?
   » Academically, what has been the most interesting class or lecture?
   » Have you regularly attended all of your classes? Really?
   » Do you ever get discouraged? What about? Care to talk about it? Can you think of anything we could do to help? We would like to, you know.
   » Are there any groups or organizations you are thinking of joining? If you did, would such a group take a lot of your time? Would membership be of benefit to you academically?
   » How much of a shock was college life for you when compared with high school?
   » What is the title of the last book you read? Was it a textbook? Novel? Did you enjoy it?
   » Have you experienced total sleep deprivation and was it “all that studying” that did it?

BIBLIOGRAPHY
NACADA, www.nacada.ksu.edu/Clearinghouse/Advisingissues/To-The-Parents.htm
**STUDENT TIMELINE: What Happens When**

Many dates and events are predictable in the life of a UVA student. The following gives parents a view of what is happening with University students at a given time during a given year of study.

<table>
<thead>
<tr>
<th>ALL UNDERGRADUATES</th>
<th>FIRST-YEARS / TRANSFERS</th>
<th>SECOND-YEARS</th>
<th>THIRD-YEARS</th>
<th>FOURTH-YEARS</th>
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<tr>
<td><strong>MAY</strong></td>
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<tr>
<td>Exams</td>
<td>Admission acceptance</td>
<td>Possible internship/undergraduate research/education abroad during summer</td>
<td>Make hotel reservations for Finals Weekend a year in advance</td>
<td>Final Exercises (Graduation)</td>
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<td>(deposit due)</td>
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<td><strong>JUNE</strong></td>
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<tr>
<td>Internships</td>
<td>Submit first-year housing application (deadline is usually early June)</td>
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<td><strong>JULY</strong></td>
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<tr>
<td>Fall semester statement created</td>
<td>Summer Orientation Housing and roommate notification Summer Send-offs for new students and parents in cities around the world</td>
<td>Start thinking about declaring major (primarily CLAS)</td>
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<td><strong>AUGUST</strong></td>
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<tr>
<td>Tuition and fees payment due for fall semester</td>
<td>Move-In Day New Student Convocation Fall Orientation for new students, including transfers Student Activities Fair Submit Pre-Entrance Health Record (by August 31 to avoid penalty fee)</td>
<td>Potentially live off Grounds for first time</td>
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<td><strong>SEPTEMBER</strong></td>
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<td>Add/Drop Period</td>
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<td>Start attending University Career Center sessions and using their services Start using education abroad advising services Attend Education Abroad Fair Explore undergraduate research</td>
<td>Project SERVE Housing Seminars – Conversations about second-year housing options IFC/ISC recruitment (informal)</td>
<td>Register for On-Grounds Interviewing</td>
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<tr>
<td>ALL UNDERGRADUATES</td>
<td>FIRST-YEARS / TRANSFERS</td>
<td>SECOND-YEARS</td>
<td>THIRD-YEARS</td>
<td>FOURTH-YEARS</td>
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<td><strong>OCTOBER</strong></td>
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<tr>
<td>Midterms</td>
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<tr>
<td>(before or after Fall Break)</td>
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<td>Immunization Clinic</td>
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<td>Fall Break (reading days)</td>
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<tr>
<td>J-Term Abroad Deadline</td>
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<tr>
<td>Fall Job and Internship Fair</td>
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<tr>
<td>Social activities, including Halloween parties</td>
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<tr>
<td>Many education abroad deadlines</td>
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<tr>
<td><strong>NOVEMBER</strong></td>
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<tr>
<td>Family Weekend</td>
<td>Apply to live in a residential college or language house for the next academic year</td>
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<td>Explore winter internship possibilities</td>
<td>Final education abroad deadline for spring</td>
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<tr>
<td>Last home football game</td>
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<td>Fall Convocation and Intermediate Honors Ring Ceremony</td>
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<td>J-Term registration</td>
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<tr>
<td>Course offerings posted</td>
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<tr>
<td>Meet with faculty advisor</td>
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<tr>
<td>Register for spring classes</td>
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<tr>
<td>Thanksgiving Break</td>
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<tr>
<td>Spring semester statement created</td>
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<tr>
<td><strong>DECEMBER</strong></td>
<td>Light of the Lawn</td>
<td>Narrow down possibilities for major (CLAS)</td>
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<tr>
<td>Exams</td>
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<td>Winter Break begins (residence halls close)</td>
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<tr>
<td><strong>JANUARY</strong></td>
<td>January Term</td>
<td>Apply to live in an upperclass room/apartment for next academic year</td>
<td>Apply to be a Resident Advisor or Orientation Leader</td>
<td>Order graduation supplies (cap, gown, announcements, etc.)</td>
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<tr>
<td>IFC/ISC recruitment</td>
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<tr>
<td>ISC Bid Day</td>
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<td>Add/Drop Period</td>
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<tr>
<td>Tuition and fees payment due for spring semester</td>
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<tr>
<td>Spring Job &amp; Internship Fair</td>
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<tr>
<td><strong>FEBRUARY</strong></td>
<td>IFC Bid Night</td>
<td>Education abroad deadlines (February – April)</td>
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<td>Major student elections</td>
<td></td>
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<tr>
<td>Preparation for summer (internships, jobs, education abroad)</td>
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<tr>
<td><strong>MARCH</strong></td>
<td>Spring Break</td>
<td>Course offerings posted</td>
<td>Register for fall classes</td>
<td>Financial aid application deadline</td>
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<td>Midterms</td>
<td></td>
<td></td>
<td>Deadline to declare major (CLAS)</td>
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<td><strong>APRIL</strong></td>
<td>Meet with faculty advisor</td>
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<tr>
<td>Academic Crunch Time!</td>
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<td>Year-end awards and social events, including Foxfield</td>
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<td>Summer Session registration</td>
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The philosophy of student self-governance lies at the heart of student life. The primary student governing bodies—the Honor Committee, University Judiciary Committee, and Student Council—are run by the students. Faculty and administrators provide support and guidance, but decisions remain the responsibility of student leaders.

Jefferson envisioned education as the foundation for developing citizen-leaders. That vision remains true today as students experience living and learning in this unique community, ultimately going on to become leaders in their communities and society.

### A Defining Value

**By Patricia M. Lampkin**  
Vice President and Chief Student Affairs Officer

Student life at the University of Virginia is as individual as each student. With academics as its foundation, student life encompasses both the spaces where students spend time outside class and the activities where they develop new interests, make friends, and learn new skills. From the residence hall to the playing field, from music to community service—students discover countless avenues for personal and academic growth. Choices are everywhere, and sometimes learning how to balance all the choices is part of the growth process.

Student life at the University of Virginia is built on six core values:

- **Academic rigor**
- **Honor and integrity**
- **Student self-governance**
- **Public service**
- **Diversity**
- **Health and wellness**

These values guide our work with students. Together they create a strong residential community that is focused on academics but balanced with opportunities for leadership, service, self-discovery, and fulfillment of individual talents. From leadership positions in student organizations to service experiences in the local and global communities, life outside the classroom enriches the academic experience.

From their first day on the Grounds, students become part of a strong residential community based on student self-governance, an experience that builds knowledge, character, and independence.

Self-governance means that students have significant freedom to develop their talents and make decisions that matter to University life. With that freedom come high expectations of responsibility. Students are expected to hold themselves and their peers to high standards inside and outside the classroom, and to engage ethically in their local, national, and international communities. Preparing students for global citizenship relies on the high expectations and levels of responsibility that come from student self-governance, a combination that makes the UVA undergraduate experience unique.

Within the framework of student self-governance, students have the latitude to be creative, assume ownership, develop leadership, take risks, and learn from their mistakes. At the same time, the University provides support and guidance.

At the broad, systemic level, student self-governance means that students own the Honor System and the University Judiciary Committee. Students derive authority to run these systems directly from the University’s Board of Visitors. Students elect their own leaders, and those student leaders are responsible for operating these governing bodies on a day-to-day basis, for initiating policy revisions and other changes, and for making all decisions about disciplinary actions.

Unlike other institutions that employ administrative oversight, UVA truly grants ownership of these systems to the students. A huge responsibility to delegate to students, yes—but this tremendous educational opportunity has proven over time to be effective and of great value.

Students also assume responsibility for running the numerous student organizations that operate independently of the University but represent the vast range of student interests. Reflecting this autonomous relationship, these groups are known as CIOs, or contracted independent organizations. These groups can apply for funding from the Student Activity Fee, and they enliven the Grounds in numerous ways.

At the individual level, student self-governance means that students are responsible for their own actions. They...
have great freedom and latitude in making decisions about how to conduct themselves on a day-to-day basis. Most students come here already functioning at a high level, and they thrive on this freedom. Even if they make mistakes, this too becomes a valuable part of the educational process. Students also learn from and are influenced in positive ways by their fellow students, either through informal interactions or through formal peer support programs.

Within the framework of student self-governance, students still receive considerable support and guidance. Members of the University community, especially those of us whose daily responsibilities revolve around students, provide mentoring and support, and we continually work to ensure the overall safety and well-being of the community. We rely on students, too, to help in all of these areas and to demonstrate leadership within the community at large.

True to Jefferson’s founding principles, students learn to become educated citizens by experiencing student self-governance while they are part of this community. We believe they leave the Grounds well-prepared to assume positions of responsibility and leadership within larger society.

Many alumni say that the opportunities afforded by student self-governance were some of the most rewarding and significant aspects of their education. As new generations of students come and go, we believe that UVA’s strong residential community based on student self-governance continues to define the UVA experience.

The Honor System
Initiated in 1842, the Honor System at the University of Virginia originated as an effort to ease tensions between the faculty and the student body. Today, however, the central purpose of the Honor System is to preserve and protect a Community of Trust in which students can enjoy the freedom to develop their intellectual and personal potential.

The 27-member Honor Committee is ultimately responsible for the maintenance and administration of the Honor System. The committee is composed of five elected representatives from the College of Arts & Sciences, two from the Graduate School of Arts & Sciences, and two elected representatives from each of the other 10 University schools. Committee members oversee Honor investigations and hearings, disseminate information to new students, and establish special programs and policies for the Honor System from year to year.

To carry out these tasks, the Committee relies on more than 100 support officers drawn from the student body. Honor educators are trained to promote understanding of and investment in the Honor System among members of the University community. Honor advisors are trained to provide confidential emotional support and impartial information about the process to students under investigation. Honor investigators and counsel are trained to investigate alleged Honor offenses and to assist with the presentation of facts and arguments at hearings.

For what constitutes an Honor offense, see page 74.

For more information
www.virginia.edu/honor

At the 2016 Valediction Ceremony, President Sullivan accepts the class gift from Class Trustees Mary Winston Richardson, left, and Allison Rhea.
Dear Parents

On behalf of the University of Virginia Honor Committee, it is my pleasure to welcome you and your daughter or son to the University. This truly is an exceptional place to pursue an education. At UVA, this education extends well beyond the confines of the classroom. By signing his or her application for admission, your student has already become a part of the University’s Community of Trust.

Each member of the Community of Trust has committed to live a life of integrity, and specifically never to lie, cheat, or steal. Students steward the system not only by taking this pledge; they also are solely responsible for its administration. Students are entrusted with exclusive control of the Honor Committee’s Constitution, and it is thus students who have set and continually renew the system’s high standards.

The hallmark of these standards has not changed in more than 170 years: If a student’s peers find him or her guilty of committing an Honor offense, the consequence is permanent dismissal from the University. While living up to these high standards is certainly not easy, it was never intended to be — it is through the difficulty of doing what is right that generation after generation of students have discovered the meaning and value of living with honor.

The system also affords unique, meaningful benefits to students. Every UVA student is assumed to be honorable, and consequently, both a student’s word and work are presumed trustworthy in our community. Our Honor System typifies the chosen ideal and common endeavor of our institution: the pursuit of the truth.

Unsurprisingly, many alumni believe that the Honor System is the greatest gift they have left current students. As an incoming student, your daughter or son is one of the newest stewards of a proud and enduring community. Since you are members of this community as well, it is important that both you and your student understand the Honor System. The Honor Committee will present an introduction to the system during Summer Orientation to incoming students, and when they arrive on Grounds in August, they will receive more comprehensive information about the Honor System.

Please feel free to stop by the Honor Committee offices on the fourth floor of Newcomb Hall and chat with us at any time. Extensive information about the system is also available on our website at www.virginia.edu/honor. If you have any further questions or concerns, please feel free to contact the Honor Committee by phone at 434.924.7602.

Welcome to the University!

The Judiciary Committee

The University Judiciary Committee was established to “promote the principles of civility and self-discipline that are appropriate to the conduct of an academic community.” The UJC is responsible for investigating and reviewing complaints of student misconduct, as defined by the 12 Standards of Conduct adopted by the University’s Board of Visitors. All students are expected to abide by these standards. Any individual or group may file complaints with the UJC according to the committee’s statute of limitations. All complaints are heard by a panel of judges elected from the student body. Should the accused student be found guilty, the panel may choose to administer a variety of sanctions, ranging from oral admonition to expulsion.

The First-Year Judiciary Committee, a subcommittee of the UJC composed of first-year students, has jurisdiction over violations committed by first-year students.

Students interested in becoming involved will find opportunities to participate as a first-year judge, support officer, or elected representative and judge.

More information about the Standards of Conduct is available in the Policies section, pages 75-76.

For more information
www.virginia.edu/ujc

Student Council

Student Council is the governing organization for the student body at the University of Virginia. This organization provides a means for students to participate in issues and policies that affect the student body, while offering several services to the University.

The president and the executive board oversee the Council. The representative body, a council representing every University school, handles legislative matters. All of these positions are elected by the student body on a yearly basis.

Fifteen Student Council committees deal with every facet of student life and develop initiatives to serve the UVA community. The variety of the committees means that students can choose to work on any issue they are passionate about. Students also can develop leadership skills by serving as committee chairs.

Student Council also allocates more than $750,000 to student groups through its appropriations process. The appropriations committee reviews all funding requests, and the representative body hears any appeals after funds have been allocated.

When classes are in session, Student Council meets every Tuesday at 6 p.m. with rotating meeting locations announced via Council’s website. Meetings are open to the public and are covered by the student newspaper, the Cavalier Daily (www.cavalierdaily.com).

For more information
www.uvastudentcouncil.com
Class Councils and Trustees

The class councils and Fourth-Year Trustees foster unity within their respective undergraduate classes. An election for First-Year Council takes place in September. In the spring, students may apply to serve on Second- or Third-Year Council or to become a fourth-year trustee.

All four groups plan, implement, and promote educational, social, and philanthropic activities with special relevance for their classmates. Activities include study abroad workshops, study breaks, class dinners, Lighting of the Lawn in December, the Ring Ceremony for third-years, and workshops on topics such as resume preparation and personal finance. Officers frequently communicate with class members about key class or University events, working closely with offices such as the University Career Center.

The Fourth-Year Trustees develop and raise funds for the class giving program, plan Finals Weekend (graduation) activities, focus on bringing the graduating class together, and plan reunions. Trustees serve during their fourth year and for five years after graduating.

Meriwether Lewis Institute for Citizen Leadership

The Meriwether Lewis Institute for Citizen Leadership was launched in fall 2014 by the Office of the Vice President and Chief Student Affairs Officer. Each year, 25 rising third-year students are selected to become fellows in the second-year spring semester. Subsequent components include a six-week summer leadership institute, a Batten School “Leadership in Practice” seminar in the third-year spring semester, and ongoing work to improve the University in their fourth years.

UVA parents Rebecca and Bill Sanders generously provided seed funding to launch the program in partnership with the University.

Over the span of six weeks during the summer program, Lewis Fellows live on Grounds, immersed in discussions with University officials and engaged in skill-building and group projects. With opportunities for collaboration and teamwork, they examine how they and other student leaders can address challenges within the University. All this prepares them to contribute meaningfully to the University in their third and fourth years, either focusing on a particular student organization or examining broader issues on Grounds.

Named for the famous pathfinder who set out to explore the western territory with the backing of Thomas Jefferson, the institute is envisioned as a means to help students break new ground through citizen leadership.

Class of 2018 Meriwether Lewis Institute Fellows
Many housing options are available to UVA students. As part of the University’s commitment to creating community, all first-year students must live on the Grounds in one of two residential programs. After their first year, students may choose to continue living on Grounds or they may opt to move into an apartment or shared house near the University. Students who decide to join an ISC sorority or IFC fraternity may choose at some point to live in their house. These residences, while sometimes located near the Grounds, are not part of the University’s Housing & Residence Life program.

UVA’s First-Year Residential Experience

The University requires first-years to live on Grounds in order to welcome them into a community of learners and to provide opportunities for faculty and students to interact in meaningful ways outside the classroom. By living together, all entering students share experiences with other first-year students.

A living environment composed of individuals from different perspectives, experiences, and backgrounds allows for students to develop the art of persuasion and negotiation, problem-solving, critical thinking, and interpersonal skills.

The first-year residential experience begins with Summer Orientation and continues throughout the year, including opportunities for academic advising; self-governance; educational, cultural, and social programs; and special programs such as the First-Year Seminar and Professor’s Picks.

Student members of the Resident Staff, more than 245 in total, facilitate the first-year experience and provide leadership in all of the University’s residence halls. (See page 19.)

First-Year Housing

When applying for housing following admission, new students can state a preference for the housing program in which they are interested. Choice includes first-year housing or one of three residential colleges.

All first-year students who opt for a space in the University’s first-year housing program will have equal opportunity in the random assignment process if they submit their applications by the deadline. In addition to program preference, assignments are made according to mutual roommate requests and personal preference information from the application. Students are not guaranteed their first choice in housing.

While each residential area differs in room arrangement and amenities, each offers a great place to meet fellow students and to get involved in the residential community. New students live in one of two programs: the first-year program (Alderman Road, McCormick Road, or Gooch/Dillard) or a residential college (Hereford College, Brown College, or the International Residential College). Students may express a preference for a roommate and either a double or single room in first-year housing but cannot request a specific building or housing area.
Alderman Road Hall-Style
Alderman Road hallway-style buildings accommodate approximately 1,600 residents in nine houses. These houses are configured with double rooms off a common interior hallway. Each floor provides two shared bathrooms serving 20 to 25 residents each.
These buildings are the most recent additions to on-Grounds housing. Nearby are the O-Hill Dining Room, the Aquatic & Fitness Center, and Slaughter Recreation Center.
Features: large meeting rooms, study lounges, a mailroom, and laundry facilities located in eight of these buildings

Alderman Road Suite-Style
The Alderman Road suite-style houses include three buildings featuring units of five double or triple bedrooms accommodating 10 to 12 residents. Each suite contains a furnished shared living area and shared bathroom. Approximately 300 first-year students live in this area.
Rooms in these suite-style buildings are not air-conditioned, so residents are encouraged to bring fans. Laundry facilities for these buildings are located in Gibbons House or across the pedestrian path at Gooch. Also nearby are O-Hill and Runk dining rooms, the Aquatic & Fitness Center, and Scott Stadium.
Houses: Courtenay, Dunglison, and Fitzhugh
Features: air-conditioned community lounge, including a pool table, kitchen, TV lounge space, and study area

Gooch/Dillard
These suite-style buildings are located at the intersection of Alderman and Stadium roads. During the 2016-17 academic year, Dillard will be closed for renovation. Four buildings at Gooch were recently renovated and will accommodate approximately 300 first-year residents.
This area consists of four-floor structures with two two-story suites. A typical suite accommodates six students, but a few suites house up to 10 students. Each suite features a living area and bath facilities.
Bedrooms are primarily double rooms. A kitchen, laundry facilities, and large lounge area are located in the complex. Runk Dining Hall is conveniently located behind the center of the complex.

Mc Cormick Road Residence Area
This area houses more than 1,200 first-year students in 10 buildings, which accommodate approximately 125 students each. All of the bedrooms are doubles, with the exception of 30 small, single rooms located between the hallways of each floor. The buildings are coed. Rooms on a common corridor share a common bathroom.
Rooms in McCormick are not air-conditioned. A fan is especially helpful in the early fall and late spring.
Houses: Bonnycastle, Dabney, Echols, Emmet, Hancock, Humphreys, Kent, Lefevre, Metcalf, and Page
Features: study lounges, a mailroom, "The Castle" snack bar, laundry facilities, and vending machines

Resident Staff Program
The primary resource for a first-year student is the resident advisor (RA). The RA is an upperclass student who has been selected through a competitive process, has undergone training for responding to student concerns, and is familiar with University resources.
RAs live in close proximity to their first-year students, usually on the same hall or floor. This person is a good first contact for a student if she or he is not sure where to go for help. The RA may know the answer, or may refer the student elsewhere.
The RA also sponsors programs and helps residents to organize their own activities. Programs vary, from simple social events that help students get to know one another, to sessions that convey important information about safety or academic planning.
It is also a part of the RA’s responsibility to guide the community in responding to behavior that may violate the University’s Standards of Conduct (University Judiciary offenses) and the Housing & Residence Life agreement. Because the Resident Staff program operates under a peer support model, the RA will often encourage and expect first-year residents to approach one another and hold each person accountable. Finally, RAs know what to do in case of an emergency.
Residential Colleges

Both first-year and upperclass students can choose to live in one of three residential colleges. These living-learning communities, which foster interaction among faculty and residents through special programming and unique activities, mirror the ideals of Jefferson's Academical Village.

Faculty members serve as Principals of each residential college, living on site with family members. Their leadership and influence, combined with the active participation of Faculty Fellows and a strong sense of student self-governance, create special communities where learning is an around-the-clock adventure.

An environmental writers lecture series, international service trips over Spring Break, regular movie nights, and a community garden are just some examples of programming that identify the unique cultures of UVA’s residential colleges.

Each residential college requires a supplemental application within the Housing Application and Agreement. More details are available on the website for each residential college.

Hereford Residential College
Hereford Residential College houses are located on Observatory Mountain (O-Hill) between Stadium and McCormick roads. The buildings are coed, with rooms opening into a common hallway with shared bathrooms. Two lounges are located on each floor where students may come together for socializing. One lounge is equipped with a sink and microwave.

Hereford Residential College opened in 1992 and is named in honor of Frank Hereford, former president of the University. The college is led by a Principal and supported by graduate coordinators of study. Approximately 20 faculty members and Charlottesville community leaders are selected each year as Fellows at Hereford. The program houses 60 first-year students and 140 upperclass students each year.

For more information, see www.hereford.virginia.edu.

Houses: Norris and Whyburn
Features: air conditioning, study lounges, meeting space at Vaughan House (the Principal’s residence), TV lounges, a dining hall, laundry facilities, a mailroom, and community kitchens

Brown Residential College
Located on Central Grounds between Newcomb and McCormick roads, Brown Residential College consists of 12 buildings known as portals. Each portal has its own identity. Students create both a neighborhood and a home at Monroe Hill, infusing...
Approximately once a month during the semester, IRC students are invited to the Conversazione Grande Series, an opportunity to dine at Alumni Hall with fellow residents, UVA faculty, and a prestigious guest speaker.

Brown College with their passions, talents, and energy.

Monroe Hill opened in 1986 as the first modern residential college at the University (the Lawn was the original residential college). Now named Brown College at Monroe Hill in recognition of the endowment donated by the Brown family, the college is led by a Principal and a director of studies. In addition to two resident scholars, about 40 nonresident Faculty Fellows from many departments and schools of the University maintain close ties with Brown.

Residential spaces consist of air-conditioned suites occupied by two students who share bath areas with members of the adjoining suite(s). There are 262 spaces assigned in 143 suites, with 44 of the spaces reserved each year for first-year students. Tunnels located in the lower floors of the buildings offer a convenient means of connecting students, and provide access to on-site laundry facilities, study space, and two community lounges (one with a kitchen).

For more information, see http://browncollege.virginia.edu.

**Houses:** Davis, Gildersleeve, Harrison, Holmes, Long, Mallet, McGuffey, Peters, Rogers, Smith, Tucker, and Venable

**Features:** air conditioning, study lounge, kitchen, TV lounges, library, and laundry facilities

**International Residential College**

The International Residential College program is focused on international issues and experiences. It is an opportunity for students and scholars from the United States and other nations to learn together in a small residential setting. About 40 percent of the residents are from outside the United States.

Consisting of four houses, the IRC is located near the corner of Emmet Street and Spriggs Lane, across from Memorial Gym. A Principal provides overall leadership, and about 20 Faculty Fellows from various academic departments are affiliated with the IRC. This college consists of two types of housing. Munford and Gwathmey are two connected buildings arranged by hall; together they contain 80 double and 56 single, non-air-conditioned rooms. Lewis and Hoxton, located adjacent to Munford and Gwathmey, accommodate a total of 96 students in 26 double and 45 single rooms. These suite-style, air-conditioned rooms open onto a common area. A kitchen is located on each floor of the four houses, with laundry rooms located in Munford and Gwathmey.

A total of 331 residents live in the IRC, 72 of whom are first-year students and 241 of whom are upperclass, including transfer, students.

To learn more, see www.internationalresidentialcollege.com.

**Houses:** Gwathmey, Munford, Lewis, and Hoxton

**Features:** study lounges, kitchens on each floor, TV lounges, and laundry facilities
FREQUENTLY ASKED QUESTIONS

Q: How do I address mail to my student?
A: For your first-year student living on Grounds, you can look up the mailing address at http://hms.housing.virginia.edu/addresses. Following these instructions will help expedite the delivery.

Q: How does mail service work?
A: All residence areas have mailboxes assigned to students according to room number. A mailroom is located near each residence area. Housing & Residence Life manages six mailrooms to disseminate mail to most residential areas and to provide a point for package pickup for items sent through UPS, FedEx Express Mail, Priority Mail, and for accountable mail (certified and insured). The mailrooms will not receive registered, COD, or postage-due mail.

- The Emmet mailroom serves as a package pickup point for residents living in the McCormick Road Residence Area.
- The Shannon mailroom serves as a package pickup point for residents living in the Alderman Road Residence Area.
- The Runk mailroom serves as a package pickup point for residents living in the Brown College.
- Residents of Bice House, Copeley III and IV, Faulkner Apartments, Lambeth Field Apartments, the International Residential College, and the language houses have mailboxes and satellite package pickup locations in or near their residence areas.
- Residents of Brown College receive mail at the U.S. Postal Service office in Newcomb Hall.
- U.S. Mail service is provided for all occupants of the Lawn and the Range.

Q: What laundry facilities are available?
A: Laundry facilities are located throughout University housing areas. In the first-year residences, they are located on the ground floors of Dabney and Metcalf (McCormick Road Residence Area); Balz-Dobie, Caufield, Gibbons, Kellogg, Lile-Maupin, Shannon, Tuttle-Dunnington, and Watson-Webb (Alderman Road Residence Area); Runk Hall (Hereford College); Gooch, Gwathmey, and Munford (International Residential College); and Gildersleeve (Brown College). The washers and dryers accept payment only through Cavalier Advantage. To learn more about Cavalier Advantage, see pages 46 and 47.

Q: What about vending areas?
A: Vending machines that accept either coins or Cavalier Advantage are also located in the residence halls.

Q: Is Wi-Fi available in all the residence halls?
A: Yes, Wi-Fi is available in all residence halls, in the libraries, on the Lawn, and in virtually all classrooms. Wireless works like cell phone coverage — there may be a few “dead spots,” and it may be slower if a student is in a crowded location or is conducting bandwidth-intensive activities like video streaming or chatting. Students should consider bringing an Ethernet cable to school to access faster, more reliable wired Internet connections where available.

Q: What if my student has a medical condition or special needs?
A: Students needing special housing accommodations due to a medical condition or a disability must submit a Student Request form and appropriate documentation to the Student Disability Access Center (SDAC) within Student Health. (Learn more about SDAC on page 36.) The University has a number of air-conditioned housing units in the first-year program areas. Students with medical needs for air-conditioned housing must provide a written request from a family physician that describes a medical condition necessitating living in air-conditioned housing.

If students need to use needles of any type due to a medical condition, they can purchase a red “Sharps A-Gator” container from the Student Health Pharmacy for the proper disposal of syringes.

Q: How can my student become a Resident Staff member?
A: Students are eligible to be a Resident Staff member after their first year. The selection process involves an evaluation and two sets of interviews. Students should check the Housing & Residence Life website and watch for information sessions late in the fall semester and early January.

Q: What is the University decoration policy?
A: To personalize their rooms, students should plan ahead. No more than 10 percent of the total wall area may be covered by material that is combustible, defined as items that are easily ignited, such as unframed posters. Curtains, extension cords, and candles are strictly prohibited. Please see the Housing & Residence Life website for more information under “Decoration Policies.”

Q: What is the process for continuing to live on Grounds?
A: Students will receive information from Housing & Residence Life in the fall. An Open House will be held on Saturday during Family Weekend (November 4, 2016) that will outline the application process for returning students, as well as provide parents and students an opportunity to learn about upperclass options. The deadline to apply for on-Grounds housing will be posted on the Housing & Residence Life website.

Q: What if my daughter or son cannot come home for certain breaks? Can they remain in on-Grounds housing?
A: First-year students can remain in on-Grounds housing over Thanksgiving and Spring breaks. First-year residence areas close every year for Winter Break, which begins in December, and are not accessible. If first-year students are registered for January Term, then they can return to their first-year residence hall one day prior to the start of J-Term.

Upperclass housing, including all residential college spaces, remains open during Winter Break.

Q: If my student is returning to the same room on Grounds next year, can she or he leave belongings in the room over the summer?
A: No. The University takes care of repairs and maintenance, hosts conferences, and holds summer session during this time. Most residential areas are utilized, so it is not possible to leave items over the summer.

Planning Ahead: Second-Year Housing

Both students and parents should be aware of intense discussion that begins among some first-year students, often as early as September, about signing a lease for second-year housing in an off-Grounds apartment.

The University advises students and parents not to act too quickly, but to make
informed decisions based on factual information.

A variety of factors, including the local market, drive the publicity and resulting sense of pressure surrounding signing apartment leases. In truth, a surplus of apartment housing has been available in the Charlottesville area for the past few years. Many students wait until the spring to decide whether to live on or off Grounds, and they still are able to find attractive options open to them.

On-Grounds Housing for Upperclass and Transfer Students

About 40 percent of second-year students choose to live on Grounds. The options are varied, including halls, apartments, residential colleges, or language houses.

For students who prefer a single room, the greatest availability exists in Johnson, Malone, or Weedon; Copeley III and IV; and Faulkner Apartments. Double room opportunities are available in Bice House and Lambeth Field Apartments.

Transfer students may choose from any of the upperclass housing options. For complete details, go to www.virginia.edu/housing and click on “Transfer Students.”

Apartments

Apartment units, each housing two to six people, comprise most of the upper-level undergraduate housing on Grounds. Routine housekeeping is the residents’ responsibility. Students must provide their own linens, shower curtains, and cooking and eating utensils. They must also replenish or replace consumable items, such as bathroom tissue and light bulbs. All apartments are air-conditioned.

Bedrooms can be single or double occupancy. The common area of each apartment is furnished with a sofa, chairs, dining table and chairs, refrigerator, stove, and window coverings. Each bedroom contains one or two beds, desks with chairs, wardrobes, and window blinds. Depending on the area, wardrobes with built-in drawer space or dressers are provided. In other areas, dressers are provided. Laundry facilities are available in each of the apartment complexes.

All areas are served by the University Transit System to Central Grounds.

Benefits of Living on Grounds

On-Grounds housing offers a number of benefits. Students and parents should jointly consider:

Cost: All residence house costs are fixed for the academic year. All utilities, with the exception of telephone and cable TV, are included. In purely financial terms, adding up the cost of utilities and all the less obvious expenses (installation charges, deposits, gas, and other commuting expenses, etc.), reveals that on-Grounds living is a good value. The convenience, quality of accommodations, and opportunities to interact with fellow students as well as faculty are added pluses.

Convenience/Proximity: Living on Grounds ensures being close to the important...

Apartment options include:

» Bice House
» Copeley III and IV
» Faulkner
» Lambeth Field

Suites and Halls

Johnson, Malone, and Weedon

Located near Hereford College, these three corridor-style facilities are designated for upperclass and transfer students. The residential spaces are a combination of single and double air-conditioned rooms with central bath areas on each floor. Two lounges are located on each floor, and one is equipped with a sink and microwave. Area features include a dining hall, laundry facilities, and outdoor recreation areas.

Residential Colleges

Please see pages 20-21 for a description of the University’s three residential colleges. First-year and transfer students may also live in a residential college. Each requires a supplemental application.

Language Houses

The University offers three houses for 13 language groups. These houses provide residents with a unique opportunity for total language immersion. Ten of these groups are located in Shea House on the corner of Monroe Lane and Jefferson Park Avenue. A total of 75 students live in this building. The community in this building is made up of groups, or “pods,” speaking Arabic, Chinese, Hebrew, Hindi-Urdu, Italian, Japanese, Korean, Persian, German, or Russian.

Next door at 1408 Jefferson Park Avenue is La Casa Bolivar (the Spanish House), which houses 23 students. La Maison Française (the French House) is located at 1404 Jefferson Park Avenue, next to the Spanish House, and houses up to 27 students. Students may apply to live in a language house after their first year. Each house requires a supplemental application, and students may be required to participate in a meal plan. For more information, students should contact the appropriate language department.
centers of University life: classes, dining halls, the Student Health Center, Newcomb Hall, the libraries, and University events. All residence houses are either near Central Grounds or on the University transit routes, eliminating the need for daily driving and parking challenges.

**Continual Upgrades:** Wi-Fi is available in all first-year and upperclass residence halls. New furniture is purchased annually for several areas to continually upgrade University facilities.

**Services:** Students have the support of the Resident Staff and services of the University’s Facilities Management Division at their disposal. Housekeeping and maintenance services are two reasons that current residents enjoy living on Grounds. Laundry facilities are located in each living area.

**Friendships:** The most important reason for living on Grounds is that it provides a great opportunity to meet other students. The quality and frequency of interaction with other students play an important role in students’ sense of support and community.

### Living off Grounds

Apartments and rooms in the Charlottesville area can be found in almost any price range and description. Many of these apartments are within walking distance of the University or on University or Charlottesville city bus lines.

Most students choose to live in two-, three-, or four-person apartments with their own bedrooms. An individual student’s share of the rent typically ranges from $400 to $800 per month. Leases for most apartments run on a 12-month basis, usually starting in June or August.

### Comparison Guide: Deciding Where to Live Second Year

<table>
<thead>
<tr>
<th>FACTORS</th>
<th>OFF GROUNDS</th>
<th>ON GROUNDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Decision dates</td>
<td>Varies</td>
<td>December for Residential Colleges; early spring semester for all other locations</td>
</tr>
<tr>
<td>Furnished</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Rent cost (monthly)</td>
<td>$705 (average) 12-month lease</td>
<td>$725 (average) 9-month commitment, based on academic year</td>
</tr>
<tr>
<td>Utilities included</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Parking costs included</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Monthly utility costs</td>
<td>$70 (average) per student</td>
<td>$0</td>
</tr>
<tr>
<td>Cable TV/Wi-Fi</td>
<td>Varies</td>
<td>Wi-Fi available for no extra charge in all rooms</td>
</tr>
<tr>
<td>How do I secure my space?</td>
<td>Sign lease</td>
<td>Submit application, select room, sign housing agreement</td>
</tr>
<tr>
<td>Security deposit required</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Flexibility (study abroad/withdraw)</td>
<td>No flexibility (must continue to pay)</td>
<td>Released from University housing contract</td>
</tr>
<tr>
<td>Financial aid award</td>
<td>Student-managed</td>
<td>Paid directly to UVA Housing</td>
</tr>
<tr>
<td>Financial accountability</td>
<td>Roommates collectively responsible</td>
<td>Responsible only for self</td>
</tr>
<tr>
<td>University bus stops</td>
<td>Not always nearby</td>
<td>Always nearby</td>
</tr>
<tr>
<td>Maintenance and security of property</td>
<td>Landlord/management company responsible</td>
<td>University responsible</td>
</tr>
</tbody>
</table>

Students who want to live off Grounds may feel the need to make their housing decisions before the on-Grounds selection process, sometimes starting in the early fall. In truth, apartments for the following year often are available as late as May. First-year students in particular should not rush to make a decision. Instead, they are well-advised to take time to become acclimated to college life and living with other students, and to learn about the many housing options available, including on-Grounds housing.

As a means of helping students with decisions and procedures surrounding living off Grounds, the University and Student Council have developed off-Grounds housing resources. Housing & Residence Life works to provide resources to help students navigate the decisions involved in living off Grounds. The office sponsors programs and produces materials...
Living off Grounds: Considerations

Students planning to live off Grounds are urged to keep these guidelines in mind before signing a lease:

- **Determine what is covered in the rent when considering how much you can afford.**
- **Ask if there are additional expenses, such as utilities, cable, or Internet service. Some rental agencies include certain utilities in the cost of rent, so make a note of which ones are covered when signing a lease.**
- **Be sure to check the parking in and around the complex (is there a monthly fee for parking, a city permit required, or is it open parking?). Much of the parking in Charlottesville (including on-street parking) is restricted to permit-holders.**
- **Whenever possible, parents should go with students to meet landlords and look over rental property prior to the lease being signed. Generally, the landlord and the tenant will walk through the property to make sure that everything is in working order. Another option is to review the lease with Student Legal Services prior to signing.**
- **Review security needs with the landlord and discuss whether changes, if any, will be at the landlord’s or tenant’s expense. These details will be included in the written lease. Some features are controlled by city building codes and may not be under the landlord’s control.**
- **Purchasing renters’ insurance is strongly recommended if student possessions are not covered by a parent’s homeowners’ insurance policy.**
- **Always take safety into consideration!**

**Property Maintenance Inspector – A Resource for Students Living Off Grounds**

To enhance the safety and security of students living off Grounds, the University has funded a full-time property maintenance inspector since 2005. This official is responsible for enforcing building code and safety issues in residential areas near the University. He also joins the city fire marshal in annual inspections of each fraternity and sorority house in Charlottesville.

The housing inspector can help address health, fire, and other safety concerns. Students who live in off-Grounds housing and who have safety or building-related concerns should first contact their landlord or property manager. In the event that these issues are not corrected in a timely manner, students should contact the city of Charlottesville property maintenance inspector for assistance at 434.970.3184.

It is important to note that by law, the city’s inspector can only respond to requests made by the leasee — the student, for example, and not the parent.


**For more information**

*Housing & Residence Life*
434.924.3736
www.virginia.edu/housing

Many off-Grounds student apartments are located in the Corner area, which is adjacent to, but not part of, the University.
Meal Plans are convenient, flexible, and loaded with options. First-year students are required to have a meal plan for both semesters—either the Ultimate Access or the All Access 7. Membership gives your daughter or son access to more than 25 locations across Grounds, with hours ranging from 7 a.m. to 2 a.m.

UVA Dining offers these features:

**All Access Meal Plans**

First-year students have the option of two All Access Meal plans for their required meal plan membership.

The Ultimate Access Meal Plan and the All Access 7 Meal Plan provide all access to eat inside the University’s residential all-you-care-to-eat dining rooms (O’Hill, Fresh Food Co., and Runk) seven days a week, from 7 a.m. to 8 p.m.

All Access Meal Plans provide unlimited swiping in the residential dining rooms. This means as long as your student is eating in O’Hill Residential Dining Room, Fresh Food Co., or Runk Dining Room, they can swipe as many times a day as they want. Please note that unlimited swiping is for eating in UVA locations only. Students are encouraged to eat in to get the best value out of their meal plan.

**Plus Dollars**

Each dining plan includes Plus Dollars, which can be used in all of UVA’s dining locations. They work like an ATM or debit card. Students can use their Plus Dollars for beverages, snacks, coffee, and convenience food items at on-Grounds cafes, food courts, and convenience stores. The total purchase is subtracted from the student’s Plus Dollar dining plan balance. The balance can be checked through the Cavalier Advantage website. Plus Dollars can be added to your student’s card at any time.

**Meal Exchange and To-Go Meals**

Meal Exchange permits meal plan-holders to use a swipe for a meal at select retail locations on Grounds. Favorite combos have been created at several locations, and a Meal Exchange swipe can be used during each location’s Meal Exchange posted hours.

To-Go meals at residential dining halls also are considered a Meal Exchange swipe. Students may ask for a to-go box and a to-go cup to get their meal for take away. Please note and discuss with your student that To-Go meals are expected to be a well-balanced meal that fits in the container. There are limits to this program that are upheld by the spirit of the Honor Code.

The maximum number of swipes that can be used for both Meal Exchange and To-Go is two per day, one per hour. Students who purchase the Ultimate Access Meal Plan receive an additional Meal Exchange and To-Go swipe per day (for a total of three swipes per day, one per hour).

**Food Trucks and Delivery**

Food trucks are available during lunch in the Amphitheater for students’ dining convenience. Delivery from Domino’s Pizza and Ming Dynasty is also an option for Plus Dollar spending.

### First-Year Meal Plans

<table>
<thead>
<tr>
<th>PLAN</th>
<th>PLUS DOLLARS</th>
<th>GUEST MEALS</th>
<th>MEAL EXCHANGE/TO-GO MEALS</th>
<th>COST/SEMESTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ultimate Access</td>
<td>$300</td>
<td>15</td>
<td>3 (total per day, once per hour)</td>
<td>$2,540 billed each semester</td>
</tr>
<tr>
<td>All Access 7</td>
<td>$150</td>
<td>10</td>
<td>2 (total per day, once per hour)</td>
<td>$2,425 billed each semester</td>
</tr>
</tbody>
</table>

For first-year students living in Residential Colleges or Language Houses (Hereford/Brown/French/Spanish/Shea): Meal plan options are the same as above, with $55 added to the total cost per semester for special programming. Please select the Residential Ultimate Access or the Residential All Access 7 when purchasing your meal plan.

For first-year students who are varsity student-athletes: The only meal plan available is the Athletic All Access 7. Only student-athletes on varsity NCAA competing sports teams are eligible to participate in the Athletic meal plan program.

Students celebrate Pi[e] Day at Fresh Food Co. on March 14 (3.14).
Residential College Plans
First-year Residential College students must choose either the Residential Ultimate Access Meal Plan or the Residential All Access 7 Meal Plan.

The University offers unique Residential College programs rooted in Thomas Jefferson’s philosophies about education. Residential College students are required to dine together several times each week. The dining plans for these colleges include frequent banquets and events attended by Faculty Fellows of the colleges. Students who reside in Brown College, Hereford College, and the Language Houses (French, Spanish, and Shea) are required to participate in a Residential Dining Plan.

Transfer Student Options
Thousands of upperclass UVA students have a meal plan, whether they live on Grounds or off Grounds. The expanded upperclass meal plan options are listed and can be purchased on the Dining website at www.virginia.edu/dining. First-Year students are not permitted to purchase an upperclass meal plan. They must select the Ultimate Access or the All Access 7.

Upperclass students also have the option of selecting the Ultimate Access Meal Plan or the All Access 7 Meal Plan. Details on those meal plans are listed under the First-Year Meal Plan options. UVA Dining can help upperclass students choose the plan that best fits their lifestyle and dining preferences. Contact UVA Dining at dining@ virginia.edu or call 434.982.5141.

Frequently Asked Questions

Q: Can first-year students change their dining plan?
A: First-year students have two choices: The Ultimate Access Meal Plan and the All Access 7 Meal Plan. Students can upgrade to the Ultimate Access Meal Plan at any time. Any first-year student who did not sign up for a meal plan by the deadline of July 1, 2016, will be signed up for the default plan, the All Access 7 Meal Plan.

Q: What happens if a student has unused Plus Dollars at the end of the semester?
A: Unused Plus Dollars transfer from the fall to the spring semester, but must be used by the end of spring semester. At the end of the spring semester, any unused dollars are not refundable and cannot be transferred to the summer term or the new academic year.

Q: How can you add Plus Dollars?
A: When students purchase snacks or full meals, they can ask the cashier how many Plus Dollars they have remaining. If their balance is low, students or parents can add more Plus Dollars by going to www. virginia.edu/dining. The additional Plus Dollars will be credited to the student’s card in a separate account, and the bill will be sent to the email billing address on file with Student Services.

Please note, additional Plus Dollars are in a separate account and will not show up on the card readers until the original contractual balance of Plus Dollars has been totally depleted; the new funds are then immediately accessible. Check Plus Dollar balances by going to the Cavalier Advantage website.

Q: What is the difference between Plus Dollars and Cavalier Advantage?
A: Plus Dollars are a part of a student’s dining plan and are only available for use in dining locations on the Grounds. When students use Plus Dollars, they automatically receive a tax savings on their purchases, and Plus Dollars can be added at any time. A Cavalier Advantage account can be used just about anywhere on the Grounds—from vending machines, copy machines, and parking to the UVA Bookstore and all dining locations.

Q: What if my daughter or son has food allergies or needs dietary modification?
A: UVA Dining is a partner in the health and wellness of students. Food allergies and intolerances do not excuse first-year students from mandatory meal plans. An on-staff nutritionist, location managers, and executive chefs will all work together with your student to create a personalized dining plan. UVA Dining works with hundreds of students annually with food allergies and intolerances to ensure they are being served with excellence. Please have your student email dining@virginia.edu to start the process.

Q: Are vegetarian options available?
A: Yes. Students will find meatless entrees and vegan choices at all residential dining rooms during each meal period. Students are not excused from a meal plan because they are vegan or vegetarian. A variety of options are available at all dining rooms, all meals.

Q: What about kosher dining?
A: UVA Dining provides kosher dining in partnership with the Hillel House at the University of Virginia. Hillel House provides kosher meals at both lunch and dinner for Fresh Food Co. at Newcomb and O’Hill Dining Room. UVA Dining does not keep a kosher kitchen. All meals, therefore, come from Hillel House. For more information on this program, please contact dining@virginia.edu.

Q: Can parents eat in the dining rooms on Grounds?
A: Parents with students on a meal plan are welcome to eat for free in any residential dining room with their students when they visit after Move-In weekend. Students must be on a meal plan and must be dining in with their parents to take advantage of the “Parents Eat Free” program.
The University has three contemporary dining rooms located near the areas where students live and go to class. All three dining rooms offer extensive vegetarian and vegan menu options, salad bars, special carved entrees, and monthly theme meals. Daily features include traditional, home-style meals, fresh cooked pastas and simmering sauces, as well as hot and hearty traditional and vegetarian soups, bisques, and chowders. Also available are made-to-order deli sandwiches and a variety of homemade breads and desserts.

For students with food allergies and intolerances, a dedicated station just for them is available at all three residential dining rooms. The Copper Hood station serves lunch and dinner options that are free of eight of the big eight allergens and free of gluten-containing ingredients.

**Fresh Food Co. at Newcomb Hall:** Located on the second floor of Newcomb, in the heart of Central Grounds.

**O’Hill Dining Room:** Located on the corner of Alderman and McCormick roads in the midst of the first-year residence houses.

**Runk Dining Room:** Located between the Hereford Complex and Gooch/Dillard residence houses.

### Retail Locations

**Café McLeod:** Located in the School of Nursing, Café McLeod features Bleecker Street and Java City. Sandwiches and specialty coffee are available.

**The Castle:** Located on the ground floor of Bonnycastle residence hall, The Castle offers grilled burgers and breakfast items, Claymore’s hot subs and pizza, and gourmet salads to go.

**Convenience Stores on Grounds:** With four locations on Grounds, convenience stores offer health and beauty aids, household goods, snacks, drinks, cereal, chips, and much more. The 1819 Supply convenience stores are located on the first floor of Newcomb Hall and in the Medical Education Building. The C3 Convenience stores are located at Lambeth Field Residence Hall and Runk Dining Room. Students can use their Plus Dollars for food items at the convenience stores.

**The Crossroads:** Located on the first floor of O’Hill Dining Room, The Crossroads is a convenience store and food court in one.

**Einstein Bros. Bagels:** Located in Rice Hall with a satellite location at the UVA Bookstore, Einstein Bros. Bagels serves breakfast and lunch items.

### Locations

#### Residential Dining Rooms

The University has three contemporary dining rooms located near the areas where students live and go to class. All three dining rooms offer extensive vegetarian and vegan menu options, salad bars, special carved entrees, and monthly theme meals. Daily features include traditional, home-style meals, fresh cooked pastas and simmering sauces, as well as hot and hearty traditional and vegetarian soups, bisques, and chowders. Also available are made-to-order deli sandwiches and a variety of homemade breads and desserts.

For students with food allergies and intolerances, a dedicated station just for them is available at all three residential dining rooms. The Copper Hood station serves lunch and dinner options that are free of eight of the big eight allergens and free of gluten-containing ingredients.

#### Upperclass Meal Plan Options

<table>
<thead>
<tr>
<th>PLAN</th>
<th>PLUS DOLLARS</th>
<th>GUEST MEALS</th>
<th>MEAL EXCHANGE/TO GO MEALS</th>
<th>COST/SEMESTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Access 5</td>
<td>$300</td>
<td>10</td>
<td>2 (total per day, once per hour)</td>
<td>$2,115 billed each semester</td>
</tr>
<tr>
<td>Semester 100</td>
<td>$400</td>
<td>N/A</td>
<td>2 (total per day, once per hour)</td>
<td>$1,360 billed each semester</td>
</tr>
<tr>
<td>Semester 50</td>
<td>$350</td>
<td>N/A</td>
<td>2 (total per day, once per hour)</td>
<td>$885 billed each semester</td>
</tr>
</tbody>
</table>

First-year students are not permitted to sign up for the All Access 5, Semester 100, or Semester 50 meal plans. These are upperclass meal plan options only. First-year students are mandated to have a meal plan and must choose either the Ultimate Access or the All Access 7 Meal Plan.

For upperclass students living in Residential Colleges or Language Houses (Hereford/Brown/French/Spanish/Shea): Meal plan options are the same as above, with $55 added to the total cost per semester for special programming. Please select from the Residential Meal Plan options.

For upperclass students who are varsity student-athletes: Dining recommends that athletes consult with their coaches prior to selecting a meal plan from the Athletic Meal Plan options. Only student-athletes on varsity NCAA competing sports teams are eligible to participate in the Athletic meal plan program.

The grand opening of Pav XI was unforgettable.
**Fine Arts Café**: Located down Rugby Road in Campbell Hall, this café is the first on Grounds to focus on sustainable foods. The menu was designed using the Bull’s Eye program created by UVA Dining’s Green Dining student advisory group.

**Greenberry’s at Alderman Library and Clark Hall**: With two locations on Grounds, Greenberry’s Café offers a full line of Greenberry’s coffee and espresso beverages, salads, sandwiches, snacks, homemade bagels, pastries, and desserts.

**In the Nood**: Located on the second floor of Newcomb Hall, this gourmet noodle bar features a contemporary menu in all flavor profiles — Mediterranean, Italian, American, and Asian. Fun fact about this location: The name and general theme was conceptualized and designed by a group of UVA students (now alumni) for a class project.

**Pavilion XI**: Located on the first floor of Newcomb Hall, UVA’s largest retail food court offers a full-service Chick-fil-A, Five Guys Burgers and Fries, and a Subway fresh subs made to order.

**Poolside Café**: Located in the Aquatic & Fitness Center, Poolside Café features Freshens fruit and yogurt smoothies, gourmet salads and sandwiches, and fresh sushi.

**Rising Roll**: Located on the second floor of New Cabell Hall, Rising Roll offers unique gourmet sandwiches, salads, soups, and breakfast selections made from fresh ingredients daily.

**West Range Café**: Located on the south end of the West Range near Garrett Hall, this café offers a full-service Java City coffee bar, grilled sandwiches, Fresh Market smoothies, specialty salads and sandwiches, homemade bagels, pastries, and specialty desserts.

**Wilsdorf Café**: Located on the first floor of Wilsdorf Hall, this café features a full-service Argo Tea—specialty tea drinks and quality food options—sourced from the best local and global teas, coffees, and food artisans.

For more information  
www.virginia.edu/dining
The University Police Department (UPD) is a nationally accredited police department providing the same types of services as a municipal police department, as well as other services unique to an academic institution. The department works closely with administrators, students, faculty, and staff to create and maintain a secure atmosphere. Its statutory arrest jurisdiction includes the property of the University as well as adjacent streets and sidewalks.

In addition, the department participates in a mutual aid agreement with other local departments and in an agreement with the city of Charlottesville, which gives University officers concurrent jurisdiction in much of the city area surrounding the University.

Police officers patrol the Grounds on foot; in cars; and on bicycles, motor scooters, and motorcycles.

New safety initiatives at UVA include a Public Safety Substation on the Corner, increasing the presence of University and Charlottesville police, and the Ambassador program.

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For more information
www.virginia.edu/uvapolice
Emergencies: 911
Non-emergencies: 924.7166

STUDENT SAFETY
The University places high priority on student safety and welcomes suggestions from students and parents on how to make the Grounds as safe as possible. Given the openness of the University community, students always should pay attention to their surroundings and not hesitate to report activities or people that they find suspicious. What’s most important for students to remember: ALWAYS CALL 911 FOR HELP.

Student Safety Checklist
STAYING SAFE IS AN INDIVIDUAL AND COMMUNITY RESPONSIBILITY. SOME KEY ACTION STEPS FOR NEW STUDENTS AND PARENTS:

☐ Read the Safety Guide found in the back of the handbook. Students will receive copies at Orientation.
☐ Remember: If in doubt, always call 911.
☐ Follow the Safety Reminders listed in the Safety Guide. Take ownership of your own safety and that of your friends and fellow students.
☐ Know the options for late-night transportation, including Safe Ride, Charge-a-Ride, and University buses.
☐ Sign up for UVA Alerts. See page 33.
☐ Download apps that may be helpful.
☐ Enter important phone numbers as contacts in your cellphone.
☐ Parents, take time to discuss your expectations around alcohol use. See page 38.

Melanie Dudley, a member of the Ambassador program. Ambassadors patrol on foot, on bikes, and in vehicles.
The University of Virginia is an institution built upon foundational values of honor, integrity, trust, and respect. Consistent with these values, the University is committed to providing a safe and nondiscriminatory learning, living, and working environment for all members of the University community. To these ends, the University has adopted a Policy on Sexual and Gender-Based Harassment and Other Forms of Interpersonal Violence.

Through presentations, training, and ongoing programming, students will receive information about this issue during Summer Orientation and throughout the academic year.

In addition to information in the Policies section (pages 78-79), parents and students can learn more through the following websites:

- **UVA’s Comprehensive Website:** http://titleix-vawa.virginia.edu
- **Overview of Resources and Reporting Options:** www.virginia.edu/sexualviolence/get_help_now.pdf (see portion of infographic below)
- **Just Report It:** www.virginia.edu/justreportit

**“Just Report It”**

Students, faculty, staff, or others who experience or witness an incident of bias or abuse directed toward themselves, or other acts of sexual violence, stalking, harassment, or hazing in violation of University policy, are urged to report the incident through “Just Report It,” the University’s online incident reporting system. Operated by the Office of the Dean of Students, the system enables anyone to report a situation in which she or he believes a student was treated wrongly—whether verbally, physically, or in writing—by another individual. The perpetrator may or may not be a student.

**For more information**

www.virginia.edu/justreportit
Safety and Emergency Preparedness

Working closely with University Police, the Office of Safety and Emergency Preparedness (OSEP) champions a strong commitment to personal preparedness planning and education. The University enjoys a close partnership with the city of Charlottesville and county of Albemarle in the emergency preparedness arena, together assessing vulnerabilities to natural, human, epidemic, and terrorist hazards, assuring an appropriate response is planned for such events.

It is impossible to predict every emergency that could occur. The following information is offered as a general guide for you to plan ahead, prepare your student, and know in advance how the University communicates with students and parents when emergencies and critical incidents occur.

Regional Hazard Awareness

The University plans for all hazards. With a student population that comes from across the world, the risks and hazards familiar to some parents may be different from those of the Charlottesville area. A wide range of potential hazards exists, but the most likely are hurricanes and high wind storms, severe winter weather, and structure fires.

SEVERE WEATHER

While Charlottesville enjoys a generally mild climate, the area from time to time has been affected by hurricanes, tornadoes, and other forms of severe weather.

University-wide cancellation of classes is rare, but if students have questions, the best source of information is the University’s Emergency home page at www.virginia.edu/emergency. The University Hotlines also are used for communication during any form of inclement weather. Those numbers are 434.924.7669 (SNOW) and 434.243.7669 (SNOW). Notices about a change in operating schedule will be sent to University email accounts.

STRUCTURE FIRES

Through training programs, University staff, faculty, and students are educated on fire-safe practices. Talk to your student about taking fire safety seriously. Students should always evacuate buildings when they hear a fire alarm; identify emergency exits in living areas, classrooms, and libraries; and keep combustibles (pictures, posters, bulletin boards) away from all heating sources (e.g., stoves, fireplaces, furnaces, hot water heaters, etc.).

PANDEMIC FLU

A pandemic flu outbreak is another hazard that has been the focus of significant planning efforts at the University. Like many organizations in the United States and around the world, the University has taken a comprehensive look at how such a health emergency would affect day-to-day operations. To learn more about pandemic flu, a useful site is www.flu.gov.

Are You Ready?

Knowing what to do during an emergency is an important part of being prepared. New or returning students should take the following actions to minimize the impact of an emergent situation:

GET A KIT

While the University plans to maintain essential support services for students following a disaster, basic services such as electricity, gas, water, sewage treatment, and telephones may take time to be restored. An emergency kit can make the wait for those services to be restored more tolerable. See the sidebar for suggested supplies to include.

MAKE A PLAN

Students and parents should plan for the unexpected by creating personal emergency plans. The University will respond quickly in an event, but students will be best served by having individual plans to take care of themselves for a brief period of time.

All students, especially international students, should think about what their alternatives are if the University were forced to evacuate during a hurricane, or if a pandemic were to lead to the cancellation of classes and closure of the University. Staying with friends or relatives in another part of the country may be an option to explore in advance, especially if travel abroad is restricted during a large-scale crisis.

Communications Plan: Work with your student to create a plan that outlines how you will contact each other.

Technology does have limitations. Students are asked to contact home as soon as possible following a critical incident and advise you of their status. After that, they are asked to minimize the use of their phones to allow for telecommunication system use by emergency responders.

Identify an out-of-state contact to receive and relay messages among family members, since it may be easier to make a long-distance telephone call.

Add a list of important family contact information to the emergency kit.

Include a prepaid phone calling card to use to call the emergency contact. Identify landline phones. Emergency landlines are located within each residential area.

Items for an Emergency Kit

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flashlight and extra batteries</td>
<td>Prescription medications (at least a three-day supply)</td>
</tr>
<tr>
<td>First-aid kit</td>
<td>Extra pair of eyeglasses, if applicable</td>
</tr>
<tr>
<td>Whistle to signal for help</td>
<td>Copies of important documents, such as the communications plan and driver’s license</td>
</tr>
<tr>
<td>Dust mask</td>
<td>Bottle of water and non-perishable snacks</td>
</tr>
<tr>
<td>Moist towelettes</td>
<td>Rain poncho or large garbage bag</td>
</tr>
<tr>
<td>Some cash</td>
<td>Also see <a href="http://www.ready.gov/build-a-kit">www.ready.gov/build-a-kit</a></td>
</tr>
</tbody>
</table>
UVA Alerts

SIGN UP AT: www.virginia.edu/uvaalerts

All students are encouraged to sign up. Students can add a parent phone number and multiple email addresses as additional message recipients.

» Have your student add “In Case of Emergency” (ICE) numbers to her or his cell phone; for example, ICE Mom or ICE Dad. Medical professionals often look for ICE contacts in patient cell phones to assist in contacting family members when it is most needed.

Ready.gov provides a simple template to help you record your communications plan at www.ready.gov/make-a-plan.

» Emergency Procedures: Knowing what to do in specific emergency situations is important. A quick reference poster, available at www.virginia.edu/emergency/emergency-procedures, lists basic steps to shelter-in-place and evacuate, as well as incident-specific instructions.

» Critical Incident Management Plan: The University acts immediately in response to emergency situations using the Critical Incident Management Plan (CIMP). The CIMP is activated when an emergency affecting the University reaches proportions that cannot be handled by established measures. The CIMP is flexible to accommodate contingencies of all types, magnitude, and duration.

STA INFORMED

Accurate information about impending or actual threats or emergencies can literally mean the difference between life and death.

» Emergency Notification: The University employs a range of technologies to help alert the community to emergency situations as quickly as possible. Emergency alerts are reserved for critical incidents that pose an imminent threat to the health and safety of the UVA community. Your student may be alerted in several ways:

» Fire alarm
» Siren
» UVA Alerts (text and email notification, if registered)
» University email
» LCD, LED, and desktop displays
» Public address system announcements (where available)
» Alertus desktop notifications, available with registration by student

Encourage your student to sign up for UVA Alerts (see above for website and how parents can be signed up).

» Situation Updates: During an emergency, the best action is to check the University’s home page, www.virginia.edu, where you will see brief, high-level information and a link for more details.

An alternate home page will be accessible at http://emergency.virginia.edu if the main home page is disrupted for any reason.

Key staff and student leaders, such as the Resident Staff, also will be equipped to communicate directly with students. All available forms of communication will be used to convey needed information to students.

To keep parents informed, the vice president and chief student affairs officer will communicate with you on health and emergency issues.

Student Involvement

After Move-In Day, each residence hall holds an orientation period, which includes a discussion of emergency preparedness and safety topics. Copies of the Emergency Procedures poster are posted in every residence hall. The Office of Safety and Emergency Preparedness offers additional guidance and suggestions throughout the year on its website.

Several student groups are engaged in areas of emergency preparedness and response, both on Grounds and in the community. Students interested in becoming involved will have ample opportunities to learn more about these groups at the beginning of the school year.

For more information
www.virginia.edu/emergency
osep@virginia.edu

Crosswalk safety has been a recent focus on the UVA Grounds.
For many, a healthy mind in a healthy body is the mantra for a balanced life. From the Department of Student Health to recreational centers to programming offered by such organizations as the Gordie Center for Substance Abuse Prevention, students find support in achieving this goal.

Receiving Services at Student Health

Eligibility

Students who pay the comprehensive health fee are eligible to receive care at Student Health. Any student with questions regarding eligibility should contact Student Health Medical Records at 924.1525.

All students must submit a Pre-Entrance Health Form to Student Health. All first-year, transfer, and international students are required to submit this form by August 31, 2016. Failure to complete this form will lead to blocked access during the class registration period and also will result in a $100 late fee. A copy of the Pre-Entrance Health Form can be found at www.virginia.edu/studenthealth/PEHF.html.

ALL University of Virginia students are eligible to receive services from the Student Disability Access Center free of charge.

Costs

Visits with Student Health professionals have been prepaid through the comprehensive health fee.

Charges apply, however, for certain treatments, supplies, allergy injections, injectable medications administered in-house, inhalation therapy, immunization fees, and copies of the medical record.

Charges for services provided at Student Health, other than prescriptions and labs (see below), will be placed on your student’s account (or will be billed to the Aetna Student Health plan if the student has that plan).

The laboratory and pharmacy located in Student Health are satellites of the UVA Health System (the UVA Hospital) and will file prescription and lab charges to most insurance companies. The student is responsible for these charges, whether or not the University Hospital Laboratory is in-network for her or his insurance plan. To learn more about insurance filing for lab tests, please see www.virginia.edu/studenthealth/prices.html.

In addition, all services received outside Student Health, such as hospital care, specialty referrals, diagnostic X-rays and imaging studies, and Emergency Room care result in charges by that care provider. When seeing a provider outside Student Health, students are required to pay the applicable copay, co-insurance, and deductibles for all covered services, as well as the entire amount for services not included in their plan.

Health Insurance and Hard-Waiver Requirements

In an effort to ensure adequate health insurance coverage, the University requires that all currently enrolled undergraduate and graduate students be covered by an insurance plan from a licensed health-care insurance company.

Under the required Hard-Waiver Health Insurance Program, students who pay the comprehensive Health Fee must (1) carry health insurance that meets specific coverage requirements, called comparable coverage, and (2) provide proof of this insurance on an annual basis.

To determine whether their coverage meets the University’s requirements, students must complete a waiver application by going to the site administered by Aetna Student Health at www.uvastudentinsurance.com. The waiver site will be open and available to all students from July 11, 2016, through September 16, 2016. Any student who fails to demonstrate comparable coverage in the online waiver site by September 16, 2016, will automatically be enrolled in the Aetna Student Health plan. This includes students who fail to take action in the online system or who have filed a waiver application that has been denied. Once a student is enrolled in the plan, the coverage cannot be cancelled, and the charge of $2,735 (U.S.) will be due by October 31, 2016. These deadlines will be strictly enforced. For more information regarding the Hard-Waiver Health Insurance Program, please see www.virginia.edu/studenthealth/hardwaiver.html.
Student Health Insurance: Do the Math!

UVA requires all students to be covered by a health insurance plan. The University offers a plan through Aetna Student Health, and UVA is encouraging parents to take a look at this plan. In some cases, parents will find that this plan costs less and provides more comprehensive care than their current health-care plan.

**One major feature of the Aetna plan:** It covers situations unique to students. If any of these situations apply to you, then Aetna Student Health may prove to be a sound choice:

- Your student may decide to study abroad, even for a short period.
- Your student may decide to take a summer job or internship in another state.
- Your residence is far enough from Charlottesville that traveling home for medical care would be difficult for your student.
- Your current plan includes high deductibles, copayments, or co-insurance.

Students who do not have health insurance may obtain it from a company of their choice (as long as it is deemed comparable coverage) or purchase the plan currently endorsed by the University, Aetna Student Health. Additional insurance information, including a link to apply online, is available at www.virginia.edu/studenthealth/insurance.html.

Parents should make sure that their students have a copy of their insurance card when they come to the University in the fall. Most companies list a toll-free number for help with questions about benefits or claim procedures. Parents should help their student become familiar with how to request information about her or his insurance benefits.

**In-Network Provider vs. Out-of-Network Provider**

A frequent question from parents is whether Student Health and the University Hospital are participating in a particular insurance network.

Because Student Health cares for students from 50 states and 75 countries representing more than 900 different insurance plans, it is logistically and financially impossible for Student Health to be a network provider for all these plans. Student Health currently participates as a provider in only one network, the Aetna Student Health Insurance Network.

Students with other insurance plans who incur fees from Student Health will have those charges placed on their student accounts within one week of the service date. An appropriate receipt is available at www.healthyhoos.virginia.edu, which permits students or parents to file an insurance claim for covered services directly with the student’s insurance plan.

The UVA Health System (hospital, associated clinics, and other services) is a separate entity from Student Health. It participates in most major insurance networks located in the mid-Atlantic area and in a number of major national networks as well. If your student receives laboratory or pharmacy services from the UVA Health System satellite sites at Student Health, your student will be billed separately by the Health System, not by Student Health.

**Student Health Services**

**Counseling and Psychological Services**

Psychologists, social workers, psychiatrists, and other mental health care professionals provide assessment, counseling, and medication management for students coping with anxiety, mood, disordered eating, adjustment issues, relationship concerns, substance abuse, and other issues. Counselors are available to assist with emerging mental health crises. Case management services help bridge care into the community as needed. Additionally, programming to promote mental wellness and suicide prevention is delivered to the entire UVA community.

**General Medicine**

Physicians and mid-level clinicians board-certified in internal medicine, pediatrics, and family medicine provide primary care for acute illness and injury as well as chronic conditions. In addition, clinicians are able to perform certain office procedures, such as simple laceration repair and wart treatment. When medical specialty treatment is necessary, clinicians will arrange and coordinate referral to the UVA Health System or to a community provider. In addition, specialty services include:

**Allergy Clinic**

Allergy injections are provided Tuesday through Friday, 9 to 11:30 a.m. and 1 to 4 p.m., for an additional fee. New students must request that specific information

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**Do the Math:** Take a few minutes to fill out the online worksheet, available at www.virginia.edu/studenthealth/insurance/Dothemath.pdf. Once you do the math, assessing your own family situation and adding up what you pay for premiums, deductibles, copayments, prescriptions, and tests, you will have a better picture of how your current plan compares cost-wise with the UVA Aetna Student Health plan.


**For more information**

uvastudentinsurance.com 800.466.3027
from their allergist’s office be transferred to Student Health prior to beginning care. Once this information is received, the initial appointment must be scheduled by calling 982.3915. Follow-up appointments can be made using the Healthy Hoos website (see page 37). Student Health will store and administer the students’ immunotherapy according to the allergist’s instructions. For instructions and more information, please see www.virginia.edu/studenthealth/allergy.html.

**Immunization Clinic and TB Screening**

Immunizations are available Monday through Friday. (Tuberculosis skin testing is not available on Thursdays.) Students should make appointments on the Healthy Hoos website.

**International Travel Clinic**

International Travel Clinic is a service for all students who are planning international travel and need travel-related counseling, immunizations, and/or prescriptions. Travel clinic is ideal for travel to low resource destinations. Appointments are in group format and may last up to three hours, depending on the group size. Travel clinic appointments are in high demand during the three to four weeks before a break, and clinics may be filled to capacity. Students are encouraged to schedule appointments as soon as possible to ensure appointment availability and scheduling flexibility. For instructions and more information about the International Travel Clinic, please visit the Student Health website.

**Gynecology**

The staff members of Gynecology diagnose and treat most common gynecologic problems, provide annual preventive health-care visits, provide testing and treatment for sexually transmitted infections, offer contraceptive counseling and methods, and provide pregnancy testing and counseling for women.

**Office of Health Promotion • Gordie Center for Substance Abuse Prevention**

The Office of Health Promotion works in partnership with students to help them achieve their optimal level of health and well-being. Services include nutrition counseling with a registered dietician, BASICS, individual consultations, online education, group presentations, events targeting college health issues, and the Stall Seat Journal. Three peer health education groups are available: Peer Health Educators, ADAPT (Alcohol and Drug Abuse Prevention Team), and SAMs (Student-Athlete Mentors). The Gordie Center coordinates University-wide alcohol and other drug abuse prevention strategies and support for students in recovery.

**Student Disability Access Center (SDAC)**

The SDAC provides a range of services to students with disabilities. Such disabilities may include, but are not limited to, vision, hearing, or mobility impairments, or impairment related to a learning, attentional, or psychiatric disorder. The SDAC coordinates disability accommodations, which may include alternate text formats for course material, peer note-taking, extended time for tests, sign language and other interpreting, and housing arrangements.

**Support Services**

**Clinical Laboratory**

The UVA Hospital Laboratory located in Student Health performs most routine tests on site, and sends others to clinical laboratories in the UVA Hospital. Laboratory tests and charges are billed to the student or the appropriate insurance company. Diagnostic tests are usually covered, at least in part, by insurance. All lab results are confidential.

**Pharmacy**

» Spring and Fall Semester Hours:
  Monday-Friday, 9 a.m. to 5 p.m.
  (Closed for lunch, 1 to 1:45 p.m.)

» Summer Sessions/Break Hours:
  Monday-Friday, 8:30 a.m. to 4:30 p.m.
  (Closed for lunch, 1 to 1:45 p.m.)

The UVA Hospital Pharmacy located in Student Health fills prescriptions from Student Health physicians, as well as from outside prescribers. Student Health can also transfer prescriptions from another pharmacy. Students can use the pharmacy refill website (https://refillrx.healthsystem.virginia.edu). Most prescription insurance plans are accepted. Students should bring a copy of their insurance card with them to the pharmacy. Over-the-counter medications and personal care items also are available for purchase.

**Immunization Requirements**

Based on Centers for Disease Control guidelines, Virginia law, and national college health standards, UVA requires proof of immunization for required vaccines on the Pre-Entrance Health Form. Spring class registration will be blocked for students until they provide proof of immunization.

Student Health will conduct an immunization clinic on October 6, 2016. Students and parents will receive more information in the fall.

For more detailed immunization requirements, recommendations, and information, see www.virginia.edu/studenthealth/NSVaccineInfo.html.
Visiting Student Health

Students must bring their student ID card, insurance card, and prescription card each time they visit Student Health.

Making an Appointment
Students are encouraged to make an appointment when they need care at Student Health. If students have an urgent need and no appointment, a “triage” system is available, whereby students can see or speak with a care provider who will advise them, refer them for same-day care, or suggest a scheduled appointment.

Hours
Fall and Spring Semesters:
Weekdays – 8 a.m. to 5 p.m.

Summer Sessions and Breaks:
Weekdays – 8 a.m. to 4:30 p.m.

Location
Student Health is located at 400 Brandon Avenue. It is just off Central Grounds, between the South Lawn and UVA Hospital, at the corner of Jefferson Park and Brandon avenues. Parking is limited; handicapped parking is available for students with permits. University bus routes serving this area include the Green Route and the Inner/Outer University loops.

Confidentiality
A student’s medical record is confidential to the extent permitted by law and will not be discussed or released to anyone outside Student Health without permission of the student. This includes parents if the student is 18 or older.

Emergencies
In an emergency or life-threatening situation, students should call 911.

When Student Health is closed and a student needs to speak with someone about an urgent health concern, care providers are available through the answering service at 972.7004. Students should let the operator know whether they have a medical, gynecologic, or mental health concern, and they will be put in touch with the appropriate professional. Students may be directed by the on-call professional to the UVA Emergency Room or to a local urgent care center if care is required before Student Health re-opens. Students are responsible for any charges incurred at facilities outside Student Health.

Feedback
Student Health is always interested in opinions and concerns, and students and parents are welcome to email Student Health administration at studenthealth@virginia.edu.

For more information
www.virginia.edu/studenthealth
Alcohol Use among Students: How Parents Can be Partners in Prevention

The decisions college students make about alcohol use can have a powerful impact on their lives. UVA prevention programs are based on the belief that effective programs are science-based, comprehensive, and coordinated across the University. The culture of student self-governance ensures that students are significantly engaged in the decision-making process.

We work to prevent alcohol abuse through multiple tactics, including enforcement of state law and University policies, developmentally appropriate educational programs for students, intervention for students who are developing a more serious alcohol problem, and partnering with parents, faculty, and the community.

In each of our programs, we remind students that breaking the law by consuming alcohol under the age of 21 can result in legal consequences. This message alone, however, is not enough. Our data show that nearly half of UVA students (47 percent) report drinking with the intention of getting drunk at least once before they enrolled at UVA for their first year.

Our combined efforts are making an impact. Evaluation data show that UVA students today are less likely to drink in excessive ways, more likely to use protective strategies to reduce their risk, and less likely to experience negative consequences of drinking.

Despite these positive trends, we are acutely aware that use is prevalent among, and accepted by, some student sub-populations. We continually work to develop new initiatives to support the majority of students who engage in healthy choices around alcohol while challenging those who drink in a hazardous manner.

Here are a few suggestions on how parents can continue to support students in making healthy choices:

- **Initiate conversations about alcohol choices and make your expectations clear.** Your daughter or son probably won’t bring up the issue without some prompting. Parental expectations do have an impact on student drinking behaviors, both positively and negatively. Conversations that take place before Move-In Day have the greatest impact. The first weeks of college can set the tone for a student’s entire college career, so have a follow-up conversation (or two!) to check in.

- **Know that most parents do have these conversations.** A national study found that three-quarters of parents say they discussed family rules about alcohol use with their daughters and sons in the previous three months.

- **Avoid scare tactics.** Be factual and straightforward about your family beliefs and your concern about the choices your daughter or son may be facing. Ninety percent of young adults say the way to reach them is to focus more on health and safety issues than on legal consequences.

- **Know that UVA students drink far less than you might think.** When we give students accurate information about their peers’ actions, we increase healthy behaviors. A 2015 UVA study found that on a typical Friday night, a majority of students (60 percent) either don’t drink (38 percent) or consume no more than three alcoholic beverages. Regrettably, many students believe that all UVA students drink heavily, and this misperception of what is “normal” can influence them to make higher-risk drinking choices. Students underestimate the prevalence of protective behaviors such as calling 911 when they encounter an unresponsive student and, as a result, may falsely believe that their peers are reluctant to intervene in dangerous situations. In reality, nearly all students (90 percent) tell us they believe it is their responsibility to intervene when they notice a problem situation.

- **Treat addiction as you would any other health issue.** Those with a family history of substance abuse are four times more likely to develop a problem. Students need to be aware of their potential genetic risk so they can make more informed choices about alcohol use.

The University has many programs in place to assist students who make unhealthy choices around alcohol or other drugs. These include one-on-one meetings with University administrators; online education programs offered by the Gordie Center for Substance Abuse Prevention; the Hoos in Recovery student support group; and free consultation regarding alcohol and drug abuse issues through Counseling and Psychological Services.

For more information about substance abuse prevention programs and support for students in recovery from alcohol and drug addiction, contact Student Health’s Gordie Center for Substance Abuse Prevention at 924.5276 or see www.virginia.edu/gordiecenter.
Eating Disorders and Disordered Eating among College Students: A Holistic Approach at UVA

Eating issues and body image concerns involve complex emotional and physiological issues, and a multidisciplinary treatment team model provides the most effective care for individuals struggling with these issues. At UVA, the Eating Disorders Consultation and Treatment Team provides care and support for students dealing with eating issues, body image, and exercise concerns. The team approaches eating disorders from a holistic perspective that includes psychological, psychiatric, medical, and nutritional support.

The team works to provide students with the most ethical and effective assessment, consultation, and treatment. After a comprehensive evaluation, the team provides recommendations and collaborates with the student to develop a treatment plan. Treatment plans typically include medical monitoring, nutrition management, and psychotherapy. Over time, the team collaborates with students in making adjustments to treatment recommendations. As needed, referrals are made to psychiatry and gynecology services, or for a higher level of care. Additional services for students working toward recovery can include therapy or a support group through the Center for Counseling and Psychological Services (CAPS), or individual treatment offered by the Maxine Plater Lynn Women’s Center, Ainsworth Clinic, and CAPS.

In addition to clinical work, the University approaches the problem of disordered eating in several ways, including education and outreach. The Coalition on Eating Disorders and Exercise Concerns is a committee composed of students, faculty, and staff who are dedicated to advancing the understanding, prevention, and treatment of eating disorders and exercise abuse throughout the University community. The committee's goals are to promote positive body image and healthy living in mind, body, and spirit, as well as to provide referrals for those in need.

The Women’s Center’s Our Body Positive Program creates partnerships with organizations across Grounds to provide resources and create awareness about healthy relationships with food, exercise, and body image. In addition, students who are professionally trained as Peer Health Educators focus on healthy eating and lifestyle behaviors, giving presentations to their peers throughout the year.

Tips for Parents

Do you have concerns about your student? The following are ways in which parents can support their student who may be struggling with or at risk for disordered eating:

- **Send students positive messages that are not linked to appearance or eating behavior.** Your daughter or son may be focused on such issues due to peer influences, yet you can remain the voice that continues to recognize their internal, enduring qualities.
- **Be aware of dramatic weight changes in your student.** Weight changes are rare in this age group without engaging in disordered eating, and are usually accompanied by increases in social withdrawal, depressed mood, and worsening concentration.
- **Find a balance between supporting/nurturing and encouraging independence.** Because those struggling with eating difficulties often simultaneously struggle with separating from home and individuating, it can be challenging for parents to foster autonomy.

- **Offer a lot of support and encouragement.** Tell your daughter or son that you are concerned, that you care, and that you would like to help. Remember that it is not your job to be your daughter or son’s therapist, nutritionist, or food and/or bathroom police, but be aware of what creates anxiety and try to understand what your daughter or son feels.
- **Know that disordered eating is more than just “a phase.”** For most students, disordered eating that is present in late adolescence will remain without education or treatment. Students can find both educational resources and support through the University if they are struggling with their relationship with food and/or exercise. Encourage your student to seek out these resources and treatment if you think it is needed.

*Care providers who are part of the Eating Disorders and Consultation Treatment Team in Student Health include:*
- Deepti Athalye • Psychologist, Counseling and Psychological Services
- Dr. Maria Portilla • Physician, General Medicine
- Melanie Brede • Nutritionist, Office of Health Promotion
Opportunities for Leadership

The chance to develop leadership skills is available to every student. The first step is to learn about the many groups and activities on Grounds. Groups are defined based on their relationship with the University.

Agency Groups
These organizations act on behalf of the University and provide specific University services. Student leaders of these organizations assume responsibilities that are delegated by the Board of Visitors and through an administrative office on Grounds. Examples include University Programs Council, the University Judiciary Committee, and the Honor Committee.

Special Status Groups
These organizations act as agents of the University in the functions that are delegated to them by a University official. The functions of these groups are subject to the supervision and control of the University. Examples include Class Councils, Student Council, School Councils, and University Guides.

Contracted Independent Organizations (CIOs)
Most organizations at UVA are CIOs. These are student organizations that exist independently from the University. These organizations do not have official University advisors, and the University does not supervise, direct, or control the CIOs’ activities. This means that anything students do in conjunction with or for the organization, they are doing on their own authority. They are individually responsible for their actions. The students are learning from their own experiences and from one another.

With more than 700 CIOs available, students can find a group for nearly any interest and level of involvement. CIOs encompass a variety of activities such as hobbies, sports, publications, community service, culture, arts, professional development, and social communities.

Through their involvement in CIOs and other organizations, students gain skills in leadership, communication, conflict management, time and project management, budgeting, and teamwork.

Recreation and Sports

Recreation and Fitness Programs

In addition to intramural and club sports, the Intramural-Recreational Sports Department offers group and individual training and lessons for fitness, wellness, nutrition, tennis, and swimming, as well as massage therapy, outdoor adventure trips, and certifications in CPR, First Aid, and SCUBA.

Recreational Facilities
Several facilities at the University enable students to take a break from studying to exercise and enjoy recreational activities every day of the week.

The Intramural-Recreational Sports Department operates four fitness facilities:

Aquatic & Fitness Center
The Fraternity/Sorority Community

Since 1852, Greek-letter fraternities have been an active part of University life. Sororities arrived at the University in 1927. Fraternities and sororities provide opportunities for leadership, self-development, friendship, and service to the greater community. Philanthropy and community service play a large role in the fraternity and sorority community.

About 30 percent of the UVA student body is a part of the fraternity/sorority community. Four umbrella organizations govern and support all active fraternity and sorority chapters at the University:

- Inter-Fraternity Council
- Inter-Sorority Council
- Multicultural Greek Council
- National Pan-Hellenic Council

Fraternity and Sorority Life (FSL)

Fraternity and Sorority Life, based in the Office of the Dean of Students, serves as the University’s liaison to the fraternity and sorority community. FSL helps students build organizations that promote the principles of scholarship, leadership, service, and honor. The relationship between the undergraduate chapters and the University is defined through the Fraternal Organization Agreement (FOA).

For more information
www.virginia.edu/fsl

Inter-Fraternity Council (IFC)

The Inter-Fraternity Council is the governing board for 32 social fraternities and approximately 1,900 men at the University. Twelve members are elected to serve on the Executive Committee of the IFC. In addition to developing and enforcing all policies related to fraternity life, the IFC serves as an intermediary between fraternity members, fraternities, and the University community.

Inter-Fraternity Recruitment (Rush)

Fraternity recruitment is the formal period when prospective fraternity men can join a fraternity. Formal recruitment takes place in January during the spring semester and is open to all men at the University.

Public Service

Did you know that more than 80 percent of students do service while at UVA? Students can find volunteer and research opportunities using Learning in Action, the University’s online “front door” to opportunities for public service and experiential learning within the University and beyond. Together with staff in Student Affairs Community Engagement, students can use the site to connect with other students, faculty, and community partners interested in using social entrepreneurship and community engagement to apply classroom theory and knowledge to real-life problems and situations.

For more information
www.virginia.edu/publicservice

As part of Learning in Action, the Arts Mentors explore eco-acoustics by Charlottesville's Rivanna River with Music Professor Matthew Burtner.
Additionally, there is a brief informal recruitment period in late September for upperclassmen and transfer students.

Spring Recruitment lasts two weeks, with activities emphasizing various aspects of brotherhood. All recruitment events are required to conclude before midnight, and alcohol is prohibited. A man’s decision to participate in recruitment in no way binds him to join a fraternity. Every event and each phase of recruitment is a voluntary commitment. Recruitment is a chance for a young man to meet a large number of his peers and potentially join a group of friends who eventually will become his brothers.

Fraternity Costs
While costs vary from chapter to chapter, the average dues are generally between $800 and $1,000 per semester. It is important to remember that membership also allows access to housing and meal plans, which are usually much less expensive than those offered by the University or private businesses. The breakdown of dues varies greatly from chapter to chapter. At least $100 goes to insurance from the inter/national fraternity. A large portion of dues is a “parlor fee,” which is similar to rent for the common areas of a fraternity house. The inter/national fraternity also requires a one-time initiation fee. A portion of the dues also goes toward social events. Many national fraternities offer financial assistance to their members through scholarships and loans.

For more information
http://virginiaifc.com

Inter-Sorority Council (ISC)
The Inter-Sorority Council is the organization that presides over the 16 inter/national sororities at the University, represents them to the administration and community, and takes on issues pertinent to University life. The goal of the Inter-Sorority Council is to promote women, leadership, and service in the fraternity and sorority community and in the University community. Sororities require their members to maintain high academic standards, and each chapter has a required minimum grade point average. Each sorority has sisters with a wide array of academic experiences and majors. Sororities also provide leadership opportunities, both within the chapter itself and within the Inter-Sorority Council’s executive committee and governing board. At least once an academic year, each chapter sponsors a service project or philanthropy program to benefit its national philanthropy.
Sorority Recruitment
University women participate in Recruitment to become a member of an ISC sorority. The Formal Recruitment process begins in January. It is composed of four rounds: Round Robins, Philanthropy, House Tours, and Preferentials. The different rounds of Recruitment give potential new members opportunities to meet sisters of the individual chapters and to become familiar with the various chapter personalities. Recruitment lasts for approximately seven days, and during this period, potential new members and chapters will narrow their choices.

Additionally, informal recruitment occurs in the fall semester; second- and third-year students and transfer students are eligible to participate in informal recruitment.

Sorority Costs
Like fraternities, costs of sororities vary. The new member semester is usually the most expensive, due to new member initiation fees. Meal and housing requirements also vary for each chapter.

On average, membership dues range from $800 to $1,500 per semester. Specific information on membership costs is provided to all women during the sorority recruitment process.

For more information
http://virginiaisc.com

Multicultural Greek Council (MGC)
The Multicultural Greek Council promotes service events, leadership, and scholarship. Member organizations stress their commitment to the University and Charlottesville communities. Information sessions about the fraternities and sororities are held throughout the year. Additionally, individual organizations sponsor and co-sponsor educational programs regarding all facets of college life. The MGC currently consists of Latino, Asian, LGBT, and multicultural interest fraternities and sororities. Member organizations of the MGC do not discriminate on the basis of race or any other identity. Membership is available to all University students who recognize diversity as a priority.

National Pan-Hellenic Council (NPHC)
The National Pan-Hellenic Council is the umbrella organization for the historically Black Greek letter organizations (BGLOs). The mission of the National Pan-Hellenic Council is to promote the ideals and standards upon which their respective organizations were founded.

Member organizations carry out this mission through joint action and events, such as community service projects, forums, and step-shows within the University and Charlottesville community. BGLOs focus on community service as a primary principle. They do not have houses on Grounds, but maintain their sense of unity by relying on their founding principles and bonds they develop. Member organizations of the National Pan-Hellenic Council do not discriminate on the basis of race or any other identity. Black students are not limited to sororities and fraternities under the National Pan-Hellenic Council, just as non-black students are not limited to rushing only ISC/IFC organizations.

Membership is available to all University students with the minimum GPA requirements (varies by organization) who view service and betterment of the community as priorities.

Historically Black Greek letter organizations are very diverse and include members from a wide variety of racial, social, political, and economic backgrounds. Dues vary by organization. Details are discussed at the information sessions.

Joining an MGC or NPHC Fraternity or Sorority
NPHC and MGC groups do not participate in a formal recruitment process. Each member organization individually holds informational sessions where interested women and men are introduced to the organization and its members. The Membership Intake Process takes place during both fall and spring semesters, depending on the organization. Interested students should attend various events, such as service projects, forums, and programs, to learn more about individual organizations.
Computer Requirements and Resources

A laptop computer is essential for a student’s academic career at the University. Students may opt to buy a new computer or bring one from home, but it must meet minimum University standards. Students should also consider their likely major or field of study when making their choice, since many UVA schools have specific requirements. Recommendations to help your daughter or son choose the right computer are posted at www.its.virginia.edu/students/new.

Computer hardware and software can be purchased at special educational pricing through the Cavalier Computers website (www.uvastudentcomputers.com), or at its showroom inside the UVA Bookstore.

Cavalier Computers is also an authorized Verizon Wireless Retailer and can assist students with cellphone or 4G tablet needs.

Free and low-cost Microsoft software. ITS has negotiated licensing with Microsoft so that students may download a free antivirus program, Microsoft SC Endpoint Protection, and other Microsoft software like Office® from the UVA Software Gateway at its.virginia.edu/software.

Specialized software programs. Some specialized academic software packages may be accessed via the UVA Hive at www.its.virginia.edu/hive, which streams programs to students, on their own computers, from virtually anywhere. There are also some computers available in schools and libraries around Grounds with discipline-specific software.

Printing. Students may opt to have a printer in their residence hall room, but if bringing a printer, it should have a USB port and a cable, since wireless printing is not supported in residence halls. Cavalier Computers offers an inkjet cartridge refill service that saves students money on printer cartridges while helping to protect the environment.

Printing, provided by Printing and Copying Services, is supported in public locations around Grounds — either via a student’s own laptop or the public printer stations — starting at a cost of 8 cents per page. Funds for this will need to be reloaded on students’ Cavalier Advantage accounts. For more information on Cavalier Advantage, see pages 46-47.

Computing Accounts

New students take the Responsible Computing Tutorial in order to gain access to their new University computing accounts, including UVA email. This tutorial explains what it means to be a good digital citizen and that the use of computing resources is governed not only by the Honor System, but also by local, state, and federal laws pertaining to copyrights, security, and other statutes on electronic media. The Responsible Computing Student Handbook is available at www.its.virginia.edu/responsiblecomputing.

University email. Students are provided a Virginia email account for life through UVA Gmail. To check their University email, students should go to www.mail.virginia.edu and log in through NetBadge. It is important students check their UVA email account regularly, because that is where official communications from the University are sent.

NetBadge passwords. At first, students log in through NetBadge by providing their UVA computing ID (for example, mst3k) and temporary password, but later, after completing their identity
verification, students use their permanent passwords instead. This password will be the one they use to access most systems during their time at UVA and beyond.

**Online file storage.** With a permanent password, students can take advantage of UVA Box, the University’s online file storage and collaboration service. Box enables students to store up to 1TB of data securely in the cloud. Students can access UVA Box via its Web interface, or by downloading the Box Sync software to their computer; so students can access their files from anywhere. Students can get started by going to www.its.virginia.edu/box.

**Tech Support Services and Computing Help**
Students can receive 24/7 help with computing and communications.

» **Website.** The ITS website, www.its.virginia.edu, is where students can download software, connect to services such as online file storage, and learn the latest on downtimes and security issues at the University. It also links to ITS’s social media presence, if your student would prefer communications that way.

» **Help Desk.** The UVA Help Desk provides students with free troubleshooting for UVA-related IT questions. Students can reach the Help Desk for tech support anytime—24 hours a day, seven days a week, 365 days a year — by email, chat, or phone (call 434.924.HELP or toll-free at 866.469.4866).

While ITS does not provide hardware repair services, the Help Desk can assess whether a problem is hardware-related. Local repair services are available through Cavalier Computers and other vendors.

**For more information**
www.its.virginia.edu

**Web Resources**
» For New Students
  www.its.virginia.edu/students/new

» UVA Help Desk for IT Support
  www.its.virginia.edu/helpdesk

» Wireless at UVA
  www.its.virginia.edu/wireless

» Accounts and Passwords
  www.its.virginia.edu/accounts

» Software Downloads
  www.its.virginia.edu/software

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**Protecting Your Investment in a Computer**
Students’ computers represent an investment of both time and money. To protect this important investment, remind your student to:

Avoid spending too much on a computer with lots of software pre-installed beyond the operating system. Remember, Microsoft Office® and antivirus software can be downloaded at no cost from www.its.virginia.edu/software.

Pay attention to their online security: Choose strong passwords and be vigilant against spam and phishing emails. Learn more at www.virginia.edu/informationsecurity/tips.

Install software and operating system updates right away, whenever they are auto-downloaded.

Use a power surge protector with a circuit breaker for all computing equipment.

Protect yourself from data loss by backing up important files to the cloud using UVA Box, the University’s free online file storage and collaboration service.

Download Alertus, the University’s emergency notification software, to receive pop-up computer alerts from public safety personnel in case of severe weather or other emergencies from www.its.virginia.edu/software.
Cavalier Advantage
The Cavalier Advantage Program is an account on a student’s University ID card that can be used to access University services on Grounds. Cavalier Advantage offers convenience, value, safety, and security.

Cavalier Advantage can be used just about everywhere on Grounds, including all UVA Bookstore locations, University dining locations, vending, laundry, copy machines, printers, and a variety of other services on Grounds. Visit the website for a full listing of services and locations.

No application is necessary — each student automatically receives a Cavalier Advantage account on her or his UVA ID card. The account starts with a zero balance, and the first deposit activates the account. Balances roll over until the student graduates or withdraws from the University, at which time refunds of more than $30 can be requested.

For more information www.virginia.edu/cavalieradvantage

Student Bills
Student Financial Services generates term statements every July (for the fall semester) and December (for the spring semester). Term statements, viewable through the University’s e-billing and payment system, QuikPay@UVA, include charges for tuition and fees, room, and dining plan. Other charges, for such expenses as telecommunications, Bookstore purchases, parking tickets, and library fines, are available online through QuikPay@UVA as they are incurred. No paper statements are sent to the student or parent.

Students who are not able to demonstrate they have health insurance that meets UVA’s requirements may purchase the University’s policy through Aetna. More information is available in the Health and Well-Being section on pages 34-35.

Students can set up their parents or others as authorized payers in QuikPay@UVA. More information on how to establish authorized payers is available at sfs.virginia.edu/billing/authorizedpayer. When a term statement is generated, an email is sent to the UVA email address (the virginia.edu address) notifying the student that the statement is ready for viewing in the QuikPay@UVA system. Authorized payers also will receive an email at the address the student provided in the QuikPay@UVA system. Within the system, users can view their current statement and statement history, as well as view and print a PDF version of these statements and remittance advice.

Both the student and any authorized payer(s) are notified by email at the beginning of each month of any new account activity that occurred during the prior month and any past-due charges. Students can log into QuikPay@UVA through their Student Information System (SIS) accounts at www.virginia.edu/sis.

Payments can be made electronically by e-check (no service fee) or credit card (with a service fee) or by paper check with the remittance portion of the statement. A schedule of billing and due dates is available on the Student Accounts website at sfs.virginia.edu/billing/info.

It is important that payments are received on or before the due date to prevent late penalties and registration holds. It is the student’s responsibility to ensure that all bills are paid on time.

For further information about student bills, please see sfs.virginia.edu/billing.

Financial Aid
Student Financial Services provides need-based financial assistance to students, many of whom might otherwise be unable to attend the University.

AccessUVA is the University’s comprehensive financial aid program, designed to keep higher education affordable for all students who qualify for admission — regardless of economic circumstance. The University has a need-blind admission policy, meaning it does not consider financial circumstances of applicants when making admission decisions. The University also meets 100 percent of all students’ demonstrated financial need. More information about AccessUVA is available at http://accessuva.virginia.edu.

Every student applying to the University for admission is encouraged to apply for financial aid through Student Financial Services. This office will determine if a prospective student qualifies for federal, state, or institutional grants, federal work-study, or federal student loans.

The University has a number of need-based grants, loans, and employment...
opportunities available for undergraduate students. Financial aid applicants who apply by the March 1 application deadline are automatically considered for any grants for which they qualify. No academic or merit scholarships are available through Student Financial Services.

Student Financial Services maintains a website especially for parents, offering information on financial aid and links to resources both inside and outside the University at sfs.virginia.edu/parents.

University of Virginia students who receive financial aid must repay each year by completing a Free Application for Federal Student Aid (FAFSA), as well as the CSS Profile, available through the College Board. In addition, students must meet enrollment and satisfactory academic progress standards.

Regardless of whether a family qualifies for financial aid, Student Financial Services is committed to helping students successfully manage their finances and improve the quality of their student life.

FREQUENTLY ASKED QUESTIONS

Q: How does the University accept payments for student bills?
A: Payments can be made electronically by e-check (no service fee) or credit card (with a service fee) or by paper check with the remittance portion of the statement. A schedule of billing and due dates is available on the Student Accounts website at sfs.virginia.edu/billing/info.

For more information about becoming an authorized payer in the University’s e-billing and payment system, see the section on “Student Bills” (page 46).

Q: How can money be added to a student’s Cavalier Advantage account?
A: Students or parents can make deposits to a Cavalier Advantage account in the following ways:

- Visit one of the six cash deposit machines located around Grounds to add $1 to $20 bills to the account. The website provides complete details on how to make deposits.
- Go to the Cavalier Advantage website and use Visa, MasterCard, American Express, or Discover (minimum of $25 deposit plus a $2 processing fee).
- Deposits of $50 or more can be mailed, made over the telephone using a credit card (call 434.982.5735 during business hours), or made in person at the Cavalier Advantage Office in O’Hill Dining Room, the UVA Bookstore, or TJ’s Locker at the Aquatic & Fitness Center (minimum of $50 deposit plus a $2 processing fee). The website provides complete details on how to make deposits.

Q: What if my student loses her or his ID?
A: Any student who loses her or his ID card should deactivate it by going to the Cavalier Advantage website. Students also can call the ID office at 434.924.4508 or 434.982.5735. A replacement ID costs $15 and is available at the ID office in the O’Hill Dining Room.

Q: What is the difference between Cavalier Advantage and Plus Dollars?
A: Plus Dollars are included with meal plans from the Dining program; they are extra dollars that can be used at retail food locations such as Pavilion XI, Alderman Café, The Castle, Poolside Café, and many other locations. Plus Dollars can be used only to purchase food.

Cavalier Advantage can be used at all University dining locations on Grounds (including dining halls), but it also is accepted at vending machines, copiers, printers, laundry machines, all Bookstore locations, Newcomb Hall Post Office, Central Grounds Parking Garage, Student Health Pharmacy, Cavalier Computers, Student Financial Services, and many other locations.

When purchasing food at a location such as the Pav with an ID card, students should specify “Plus” or “Cav” to the cashier.

Q: What is the difference between Cavalier Advantage and Student Charge at the Bookstore?
A: Cavalier Advantage is a declining-balance account; the money must be available to make a purchase. Charging a purchase at the Bookstore (known as “Student Charge”) will result in a bill sent to the student through QuikPay@UVA (see page 46). Students should specify “Cav” or “Student Charge” to the Bookstore cashier when making a purchase, and they must present their student ID.

### 2016-2017 Estimated Expenses for Entering First-Year Students

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<tr>
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<th>ENTERING VIRGINIAN</th>
<th>ENTERING NON-VIRGINIAN</th>
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<tbody>
<tr>
<td>Tuition &amp; Fees</td>
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<td>Room</td>
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<td>Meals</td>
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<td>Books &amp; Supplies</td>
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<td><strong>$59,986 to 61,126</strong></td>
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Additional information is available at sfs.virginia.edu/cost/16-17.
Scholarships

The University of Virginia Alumni Association offers a number of scholarships available through an application process independent of the University’s financial aid process. For a listing of scholarships, to view the Scholarship Guide, or to apply, see http://alumni.virginia.edu/scholarships. You may also contact Molly Bass at 434.243.9000 or mcb7k@virginia.edu.

AMONG THE SCHOLARSHIPS AVAILABLE:

- Leslie Baltz Art Study Fund – $2,500
  Rising third- or fourth-year students majoring in art history or studio art; summer or semester studying abroad
- Robert Adams Bradford Scholarship – $10,000
  Students in the College; leadership and citizenship; from Wisconsin, Connecticut, New Hampshire, Massachusetts, Maine, Rhode Island, or Vermont. Can be renewed.
- Dr. Everett W. Butler, O.D., Memorial Scholarship – $3,500
  Current third- or fourth-year students; need; merit; science major; from North Carolina, Pennsylvania, or Virginia
- Quentin Alcorn Memorial Scholarship – $3,000
  Rising third- and fourth-year members of the Greek community; positive impact on UVA and Charlottesville; dedication; selfless service; love of learning; capacity for fun and humor
- Sky Alland Scholarship – Tuition and fees plus stipend
  Rising fourth-year students; enterprising spirit; leadership; achievement; humility; devotion to the University. For more information: www.SkyScholarship.com
- Elizabeth Rose Coggins Scholarship – $5,000
  Second-, third-, and fourth-year female students in School of Engineering and Applied Science; quick mind; sense of humor; loyalty to friends; faith in God
- Kenneth L. and Lorraine Harkavy Scholarship – $5,000
  Rising fourth-year students majoring in a pre-med science or nursing; merit; achievement in the arts
- Melissa Holland Memorial Scholarship – $5,000
  First-, second-, and third-year students from the Westchester, N.Y./Fairfield, Conn. alumni region; merit; need; community service
- Sherri King Memorial Scholarship – In-state tuition and fees
  Second- and third-year women; excellence in mathematics, economics, or finance
- Glenn D. Kirwin September 11th Fund – $20,000
  Rising third- and fourth-year students; warmth, openness; piercing, explosive intellect; leadership, determination; generosity and wisdom; vast capacity for silliness; capability for original and creative thought
- Patrick Sean Murphy ’87 Memorial Scholarship – $7,500
  Rising third- or fourth-year; academic achievement; leadership; citizenship; contribution to student life
- Kelly O’Hara Memorial Fund – $15,000
  Rising fourth-year women; 2.8 GPA; enthusiasm for God; service to others
- Walter M. Ridley Scholarships – Varies
  African-American students; merit; leadership; community service; first-year. First-year and transfer students, apply directly at http://aig.alumni.virginia.edu/ridley.
- Dana H. Rowe Scholarship – $5,500
  Rising third- or fourth-year students in the College; rising second-year graduate students in School of Architecture; rising second-year students in School of Law; merit; need; from a New England state (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, or Vermont); contributions to student life
- Candice M. Ruff Memorial Scholarship – $7,500
  Students majoring in psychology, Spanish, or religious studies; merit; Christian leadership and service to others; spiritual, mental, and physical self-development
- Sigma Pi Scholarship – $2,000
  Rising second-, third-, or fourth-year students; exhibiting the most active and productive efforts toward improving the safety of all students from sexual assault and violence of any type on the Grounds at UVA
- Peter J. Sposato Scholarship – $2,000
  Rising second-, third-, or fourth-year students; merit; integrity; love for UVA
- TASC (The Alumni-Student Cooperative) Scholarship – $2,000, total of 20 annual awards
  Rising second-, third-, and fourth-year students; leadership; merit; need; service to UVA and the Charlottesville community
General Information
There are many ways to get around the Grounds and Charlottesville. Students can walk, bike, and ride University Transit and Charlottesville Transit. The Department of Parking & Transportation (P&T) is a good resource for exploring transportation in the area, whether it be on foot, bike, or a bus.

FOR MORE INFORMATION
www.virginia.edu/parking
Department of Parking & Transportation
1101 Millmont Street,
Charlottesville, VA 22903
434.924.7231 (parking inquiries) and
434.924.7711 (transit inquiries)
P&T also manages parking regulations, including rules governing parking bikes and scooters. Visit the website to find maps, schedules, services, announcements, after-hours transportation options, parking information, and much more.

Walking
Walking is a great way of getting around Grounds, particularly during the day. Resources for walkers include the lighted pathway map and emergency phones in highly trafficked pedestrian corridors.

Biking
The University and the city of Charlottesville have a vibrant biking community. Information about biking can be found on the P&T SMART Transportation map, including the location of striped and shared bike lanes, bike racks, dismount zones, bike fix-it stations, interaction with Transit, and more. Both UVA and city buses are equipped with bike racks to extend the range of bikers. Bike safety classes, taught by instructors certified by the League of American Bicyclists, are announced on the P&T website throughout the year.

Bike Share with UBike
UVA’s bike sharing program, UBike, offers access to bikes through a membership subscription. UBikes are spread throughout Grounds in conveniently located UBike hubs. Members can unlock a bike from one hub and lock the bike to another, yielding a quick and easy way to get around Grounds. A variety of membership plans are available, including Pay As You Go, the most popular.

University Transit Service (UTS)
UTS provides frequent transit service throughout Grounds and in the immediate surrounding area, including on- and off-Grounds student housing areas, commuter and storage parking areas, and the Barracks Road Shopping Center. During the school year, service runs:

- Monday-Wednesday 6 a.m. to 12:30 a.m.
- Thursday and Friday from 6 a.m. to 2:30 a.m.
- Saturdays from noon to 2:30 a.m.
- Sundays from noon to 12:30 a.m.

During student holiday periods (Fall, Spring, Winter, and Summer breaks), weekday service is reduced; service after 12:30 a.m. and on the weekends is eliminated.

Specific service schedule information, including unexpected interruptions due to events, inclement weather, and other emergencies, can be obtained in a number of ways, including:

- “HoosWhere” transit app - www.virginia.edu/parking/uts/GPS
- UTS411 opt-in email alert - www.virginia.edu/parking/uts/411.html
- P&T online service calendar - www.virginia.edu/parking/service/schedule.html
- UTS Dispatcher at 434-924-7711

Charlottesville Area Transit (CAT)
The city of Charlottesville operates Charlottesville Area Transit (CAT), a bus system that provides links to major shopping areas, downtown, and neighborhoods. CAT’s most popular route, linking UVA to the downtown area, is free. On all other routes, a UVA ID can be scanned in lieu of paying the fare.

Car Sharing with Zipcar
Zipcar provides car-sharing services on Grounds. Through membership subscriptions, self-serve Zipcars, located in several pods around Grounds and in the city, are available 24/7. Reservations include gas, insurance, 180 miles, and roadside assistance.

Ride Sharing with Zimride
Free online ride matching is available on Grounds through software called Zimride. Through a UVA-specific secure log-in, Zimride is an easy way to share the seats in a car with UVA friends, classmates, and coworkers.

Bringing a Vehicle to Grounds (including moped/scooter)
Parking on Grounds, including moped/scooter parking, is managed through a variety of eligibility requirements and
parking permits. Students may purchase parking permits based on their year in school, where they live, and whether the permit is for a moped/scooter. Annual permits are available for sale online in August. Semester and shorter term permits are available by visiting P&T during office hours. Permit parking can be affected by events on Grounds.

The University’s parking regulations are strictly enforced. Parking violations carry fines and late fees, and if uncollected for a period of time, may result in referral to Student Financial Services or a collection agency. Outstanding parking fines also may result in vehicles being towed or immobilized (booted), and can result in blocked registration and additional fees.

**After Hours Parking and Transportation Options**
P&T operates Safe Ride, an after-hours on-request van shuttle service. Safe Ride is intended to provide students with safe transportation home in lieu of walking alone after UTS has gone out of service. Safe Ride operates within a specific service area. The service can be requested via the TransLoc OnDemand online or mobile app or by calling 434.242.1122.

For students parking on Grounds, many parking permit restrictions are lifted after 5 p.m. and on weekends. Signs at the entrance of each lot detail the restriction in place. Students should be careful to watch for special event-related parking restrictions, also posted at the lot entrance.

**Services for Students with Mobility Impairments**
P&T works with the Student Disability Access Center, a department within Student Health, to establish special parking and transportation accommodations for students with either temporary or permanent mobility impairments.

**Visitor Parking**
After 5 p.m. and on weekends, visitors are welcome to park in one of the many lots where the permit restriction is lifted after hours. Visitors should check signs at the entrance to determine if the lot is available. For those visiting during other times, many options are available, including:

- Central Grounds Parking Garage on Emmet Street. Hourly fees apply Monday through Friday, 8 a.m. to midnight. Payment is by cash or credit card.
- Culbreth Road Parking Garage located in the Arts Grounds. Hourly fees apply Monday through Friday, 7:30 a.m. to 5 p.m. Payment is by coin or by credit card through the Parkmobile app.
- Metered parking located at the fitness centers, O’Hill Dining Room, McCormick Road, Scott Stadium, Law School, Darden School, and a number of other locations. Hourly fees apply Monday through Friday, 7:30 a.m. to 5 p.m. Payment is by coin or by credit card through the Parkmobile app.

**Local Taxi/Limousine Services**
Several limousine and taxi services operate in the Charlottesville area, including several companies that use hailing and vehicle tracking technology.

**Intercity Bus, Train, and Air Transportation Services**
Intercity bus providers include Greyhound, NYC Shuttle, and Home Ride of Virginia. Passenger train services are provided by Amtrak from Charlottesville’s Union Station. Amtrak routes that directly serve Charlottesville include the Cardinal, the Crescent, and the Northeast Regional, each providing links to cities in the Northeast, South, and Midwest.

Air Transportation services are provided through Charlottesville Airport (CHO). Airlines serving Charlottesville Airport include American Airlines, Delta, and United, each providing links to large cities and airports, including Atlanta, Charlotte, Chicago, Philadelphia, New York, and Washington, D.C.
The University of Virginia Career Center empowers students in their professional development through personalized advising and industry-specific programs. We can help with every step of your career development—from choosing a major to interviewing with recruiters from top companies nationwide.

FREQUENTLY ASKED QUESTIONS

Q: How can I assist my student with her or his career choices and concerns?
A: Listen to your student’s career concerns and ideas. You can provide support, feedback, and information as new interests and goals develop. Talk about your own work, your industry, and your employer. Discuss different workplace cultures and offer to have your student job-shadow you or a friend for a day to experience different types of environments. Share your own values, interests, and goals, but respect your student’s interests, especially if they differ from your own.

Q: What can my student do to increase her or his chances of finding a good job?
A: Obtain marketable skills. Regardless of her or his academic major, challenge your student to work on developing supplemental marketable skills, such as quantitative skills, communication skills, foreign language fluency, and leadership. Take advantage of internships and externships. Experiential learning can give your student a taste of the real world of work. Internships are a chance to field-test a career (many occur over the summer), while externships offer students short-term job-shadowing experiences. Increasingly, employers choose new hires from their pool of former interns.

Provide personal contacts for your daughter or son. Neighbors, friends, and relatives are great resources for informational interviews. These face-to-face connections with professionals in your student’s field of interest can be vital, as up to 80 percent of jobs are never advertised. Leave the actual interviewing up to your student—it’s an important part of the career development process.

Make the most of the University of Virginia Career Center. With many demands on time, students too often put off career planning “until tomorrow.” Encourage your student to use the center’s services early and often. Do not despair, however, if your student graduates without a job. Many career fields have different search deadlines, and it takes time to find the right opportunity. Being a full-time student and a full-time job-seeker is challenging. Career assistance is available to students for six months after graduation.

Participate in extracurricular activities. Community service, athletics, clubs, and other school leadership activities can help broaden and define career and leisure interests, while providing valuable career skills and experiences. Challenge your student to balance these opportunities with a strong emphasis on academics.
For Students: Adapting to Life at UVA

<table>
<thead>
<tr>
<th>EXPLORATION</th>
<th>PREPARATION</th>
<th>ACTION</th>
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<tbody>
<tr>
<td>Take courses that interest you.</td>
<td>Convert your high school resume to a professional college document.</td>
<td>Attend a Career Exploration Workshop and other UVA Career Center events to explore career options.</td>
</tr>
<tr>
<td>Get involved on Grounds.</td>
<td>Bring your resume to walk-in hours at the Career Center for review and feedback.</td>
<td>Apply for summer jobs, internships, and/or study abroad.</td>
</tr>
<tr>
<td>Talk with upperclass students about their majors, favorite classes, and previous internships.</td>
<td>Meet with a career counselor to learn about the internship process.</td>
<td>Meet with a career counselor to create a personalized “action” plan.</td>
</tr>
<tr>
<td>Research different career fields by exploring the career communities.</td>
<td>Begin searching for summer opportunities through Handshake: UVA’s job database.</td>
<td>Update your resume to reflect your college experiences.</td>
</tr>
<tr>
<td>Consider taking a career assessment.</td>
<td></td>
<td>Seek out opportunities to gain real-life experience in your field of interest.</td>
</tr>
<tr>
<td>Find out where alumni are employed by connecting on LinkedIn.</td>
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Q: What happens during a career counseling appointment?
A: Career counseling appointments are available throughout the academic year. One-on-one meetings provide the opportunity for a student and counselor to discover and explore topics ranging from major selection to post-graduation planning (and everything in between). Students should be ready to speak to the counselor candidly about their interests and to ask questions. Students can be assured that what they share about their goals, dreams, or even their fears, will be kept confidential. For some students, meeting once a semester with a counselor helps keep them focused on their goals. Others may schedule a series of appointments around an internship search or the process of selecting a major.

While counselors themselves cannot disclose student information to parents, counselors encourage students to speak with the people in their lives whose outlooks and opinions are important to them in order to make informed decisions and ensure that all possible options have been uncovered.

Q: What can my student do with a liberal arts degree?
A: In a survey of 2016 College of Arts & Sciences graduates, industries for employment include advertising/public relations, education, consulting services, healthcare, and politics. Choice of a major, however, is only one factor in determining future job prospects and career path. Your student’s grades, the electives they choose, and the skills they acquire through general liberal arts coursework often tells employers more about what they have to offer than a major does. Furthermore, other factors such as energy and enthusiasm, goals, experiences (jobs, extracurricular activities, volunteer work, internships, externships), and demonstrated interest in a career field play a large part in determining an employer’s response to the job-seeker.

Fourth-year Mechanical Engineering students, from left, Christine Lenardson, Tatiana Sokolava, and Joel Tsung, at a Fall 2015 Career Fair
Connect with Career Communities

What is a Career Community?
Career Communities offer industry-specific resources and relevant networks for the internship and job search. Students can join these industry-focused communities to access specialized advising, programs, and handpicked job and internship opportunities.

How can students get connected to a community?
Encourage your student to create a Handshake profile, being sure to indicate preferences that reflect their communities of interest. They can choose more than one preference if they have multiple interests. They also are encouraged to:
- Call 434.924.8900 to meet with the career counselor for their community, and
- Check the Career Center calendar for upcoming events representing a wide range of industries.

Communities for 2016–2017

**Business**
- Marketing/Advertising/PR
- Management
- Financial Services
- Consulting
- Information Systems/Data Analytics
- Accounting, Actuarial Science
- Human Resources
- Operations/Logistics

**Creative Arts, Media, and Design**
- Visual Arts and Design
- Performing Arts
- Entertainment
- Tourism and Culinary Arts
- Media/Communications
- Arts Management

**Education**
- Early Childhood
- K-12
- Higher Education
- Library Science
- Special Education
- Instructional Technology
- Counselor Education
- Training and Professional Development

**Engineering, Science, and Technology**
- Engineering (Civil, Electrical, etc.)
- Environmental Science
- Energy/Natural Resources
- Research and Development
- Manufacturing
- Information Technology
- Biotech/Medical Technology

**Healthcare**
- Public Health
- Wellness
- Administration
- Informatics
- Health Policy

**Public Service and Government**
- Community Organizations and Nonprofits
- Foreign Service
- Politics
- International Development
- Religious/Spiritual Organizations
- NGOs

For more information
www.career.virginia.edu
UVA Career Center
@UVACareerCenter
Throughout the University, students will find a number of resources to help them become acclimated to the University and involved in student life. Faculty and staff in Student Affairs—which includes the Office of the Dean of Students, African-American Affairs, the University Career Center, and Student Health—welcome students’ questions, ideas, and involvement.

Dean of Students
The Office of the Dean of Students (ODOS) works with individual students, student organizations, families, and faculty members to provide information, advice, support, and advocacy in solving problems.

The University Dean of Students is located in Peabody Hall and oversees the following units located elsewhere on Grounds: Orientation and New Student Programs; Housing & Residence Life; Student Activities; Fraternity and Sorority Life; and several facilities, including Newcomb Hall and Ern Commons.

The Dean-on-Call program, providing 24/7 incident response, follow-up, and support for students, is managed out of Peabody Hall, as is the Parent Help Line. Parents may contact the Dean-on-Call after hours by calling the University Police at 434.924.7166.

Within ODOS are staff who support a broad range of student groups and organizations. ODOS also provides outreach and advising to identified populations, and the Peabody Hall office provides support services for any student who has been the victim of sexual violence, stalking, or harassment, or who may need the support of a dean for any reason.

**For more information**
[www.virginia.edu/deanofstudents](http://www.virginia.edu/deanofstudents)

Asian and Asian Pacific American Students
Programming supports Asian and Asian Pacific American students by furthering their individual and collective education and success at the University; by providing support and advocacy on behalf of these students and their organizations; by designing and implementing responsive programs and services; and by articulating these interests to the larger University. Program Coordinator Marc Paulo Guzman oversees this work.

**For more information**
[www.virginia.edu/deanofstudents/programsandservices/aapa.html](http://www.virginia.edu/deanofstudents/programsandservices/aapa.html)

Multicultural Student Support
A broad array of programming supports Hispanic/Latino, Native American, and Middle Eastern/Arab students, a growing component of the student body. Peer Mentor Programs, for example, assist first-year and entering transfer students in these communities with their college transition by providing guidance. A Program Coordinator works closely with students and student groups that identify as Hispanic/Latino, Native American, or Middle Eastern/Arab. The University also manages the Multicultural Student Center, a gathering space for students located on the lower level of Newcomb Hall.

**For more information**
[www.virginia.edu/deanofstudents/programsandservices/hlnamme.html](http://www.virginia.edu/deanofstudents/programsandservices/hlnamme.html)

Lesbian, Gay, Bisexual, Transgender, and Questioning Students
The LGBTQ Center at the University of Virginia supports lesbian, gay, bisexual, transgender, and questioning students. The center, located on the lower level of Newcomb Hall, serves to raise both awareness and inclusion of sexual and gender minorities and to provide a safe, informal gathering space.

Program Coordinator Scott Rheinheimer leads the University’s support of LGBTQ students and student organizations.

**For more information**
[www.virginia.edu/deanofstudents/lgbtq](http://www.virginia.edu/deanofstudents/lgbtq)
Newcomb Hall
As the hub for student activities at UVA, Newcomb Hall provides opportunities for social, intellectual, and recreational exploration in a comfortable interactive environment. Undergraduate students frequently spend time at Newcomb, whether planning or attending an event, getting a bite to eat, or relaxing in one of the lounge areas.

In addition to meeting spaces, lounges, multiple dining facilities, a theater, a convenience store, and a game room, other student services at Newcomb include:

- Office of the Dean of Students units: Fraternity and Sorority Life, and Student Activities
- Student Activities Center
- Media Activities Center (MAC), and the Cavalier Daily office
- Student Council, Class Council, Honor Committee, and University Judiciary Committee offices
- Information Center
- Event Ticket Office
- U.S. Post Office
- Bank of America full-service bank
- Wells Fargo ATM, second floor

For more information www.virginia.edu/newcomb

African-American Affairs
Established in 1976, the Office of African-American Affairs (OAAA) assists the University in developing a welcoming, supportive environment for African-American students. As a proponent of their interests and needs, the office’s primary responsibility is to promote the active involvement of African-American students in all aspects of the University community. In addition, through its programming and outreach, it enhances the University’s sensitivity to and awareness of African-American issues, culture, and history.

The office is equipped to provide academic support and career development counseling in pre-commerce, pre-medicine, humanities, and other professional areas. Faculty-student mentoring is provided. OAAA also sponsors cultural programs and a Peer Advisor Program, which matches each entering African-American student with an upperclass Peer Advisor, who provides personal and sensitive support throughout the year.

For more information http://oaaa.virginia.edu

Newcomb also is home to several major student programming organizations, including the Arts Board, the Cultural Programming Board, and the University Programs Council (UPC). The student-run UPC is responsible for providing the University and Charlottesville communities with exciting, diverse, and entertaining programs, and is a great way for students to get involved.
Athletics
The Department of Athletics is an integral part of the student experience at UVA. Students can find hundreds of opportunities to cheer on the Cavaliers as well as to pursue club and intramural sports and individual fitness programs, as described on pages 40-41. By using their student IDs or UVAShots.com, the online student ticket claim system for home men’s basketball games, students can attend football, basketball, and other home, regular season UVA sporting events free of charge. They also may purchase guest tickets to home football and men’s basketball games. Tickets available to the public also may be purchased by students. Different procedures apply for different sports, so students should check the official websites of Virginia Athletics, VirginiaSports.com, and UVAShots.com for complete details.

Season tickets also are available for several of Virginia’s home schedules. Visit VirginiaSports.com for more information.

John Paul Jones Arena serves not only as the home of Cavalier Basketball, but also as a venue for concerts and family entertainment. Students and parents who wish to receive advance notice of events and ticket pre-sales may sign up for “Keeping up with the Joneses” email alerts. Please go to www.johnpauljonesarena.com/email.asp.

For more information
www.VirginiaSports.com
www.VirginiaSportsTV.com
Virginia Cavaliers
@VirginiaSports

Alumni Association
The University of Virginia Alumni Association offers a variety of services for current students, including information sessions on housing, dining options, and financial aid. Of special note is its involvement with the First-, Second-, and Third-Year Class Councils, and with the Fourth-Year Trustees, who receive support from the association in selecting officers, coordinating the class gift, and planning more than 150 events each year, such as Lighting of the Lawn, Casino Night, class parties, career and life skills events, and graduation weekend activities (see page 17).

Parents receive the Alumni Association’s award-winning University of Virginia Magazine (see page 81). Current students can join the Alumni Association and enjoy dues-free membership privileges until they graduate.

For more information
http://alumni.virginia.edu/membership/student-life-membership
Center for Undergraduate Excellence
This center advises students regarding undergraduate research opportunities and national scholarships and fellowships, such as the Fulbright, Truman, and Rhodes scholarships. It is located in the Harrison Institute/Small Special Collections Library, next to Alderman Library. Students are encouraged to visit the center throughout their undergraduate careers. See also “Undergraduate Research,” page 72.

For more information
www.virginia.edu/cue

International Students and Scholars Program
Since 1826, when the first international student was enrolled, UVA has demonstrated a commitment to international scholars by providing opportunities to citizens from around the world to study, conduct research, and teach at the University and participate in Jefferson’s academic community.

International students enhance academic and student life by contributing to the education of fellow students and by contributing to the production of knowledge at the University. The student body includes more than 2,500 international students from 120 countries. Roughly 350 visiting scholars join the University community each year. The International Students and Scholars Program is part of the International Studies Office (ISO). Staff collaborate with colleagues from across the University to assist international students and visiting scholars during their transition and throughout their time at the University and in the United States.

The ISO staff are trained to provide a range of services for members of the University’s international community and those who work with members of that community.

For more information
http://issp.virginia.edu

Lorna Sundberg International Center
A unit of the International Studies Office, the Lorna Sundberg International Center initiates, facilitates, and supports international and intercultural activities, programs, and services at the University. The center provides a comfortable and dynamic forum for learning about the world’s cultures and for exploring the community’s rich diversity.

For more information
http://internationalcenter.virginia.edu

Russell Bogue ’16, UVA’s 51st Rhodes Scholar

Shortly after their arrival in August, international students and family members are welcomed over dinner with students, faculty, and staff.
Maxine Platzer Lynn Women’s Center

The Women’s Center provides free resources that support the growth of students, both men and women. Staff members mentor student leaders by combining classroom study of social justice issues with service. Together they raise awareness of the role that gender norms play in contemporary issues, such as educational and economic opportunity, sexual assault, and attitudes toward eating and exercise. Students also lead, support, and attend events that celebrate trailblazing women. Through the Young Women Leaders Program and Men’s Leadership Project, students mentor middle-school girls and boys in the community while studying adolescent development in Curry School of Education courses paired with these programs. Professional counselors also provide confidential services to students from all backgrounds and identities. Counselors support students whose concerns range from the stresses of young adulthood to traumatic events in their lives or within their families or communities. Frequent digital and print publications inform students and others of ways to improve their own well-being or support friends or family through mental health challenges.

For more information http://womenscenter.virginia.edu

Student Legal Services

Legal counsel is available through this office to students who pay the student activities fee. One lawyer and an administrative assistant help students with a wide variety of civil and criminal legal matters, including contracts, criminal/traffic, consumer, uncontested divorce, landlord/tenant, name change, nonprofit organizations, and wills. The program also provides referrals for matters it does not handle (e.g., bankruptcy, estates, immigration, real estate, personal injury, tax). The initial consultation is free, and subsequent fees are very low. The office does not offer any advice regarding conflicts between University students, nor in matters involving the University or the Commonwealth of Virginia.

For more information www.student.virginia.edu/~stud-leg

Transfer Student Peer Advisor Program

This program assists all incoming transfer students with integration into the University. Every year, approximately 45 students are selected to serve as Transfer Student Peer Advisors (TSPAs). Each advisor initiates contact with 14 to 18 transfer students during the summer and then serves as a primary resource and guide for these students as they enter the University. Associate Dean of Students Aaron Laushway coordinates programming and support for new transfer students.

For more information www.virginia.edu/orientation/transfer-students www.virginia.edu/deanofstudents/transfer_student

UREG (Office of the University Registrar)

This office provides services related to the creation and maintenance of academic records. The office oversees student enrollment and registration, coordinates the schedule of classes and grade submission, maintains academic records, produces academic transcripts, and coordinates veterans’ educational benefits. The office also produces the Undergraduate and Graduate Record (catalogs); provides diplomas and Intermediate Honors certificates; facilitates enrollment verifications, degree verifications, and loan deferrals; and assigns classroom space.

For more information www.virginia.edu/registrar

Address Updates

It is important that students keep their personal records with the University updated, especially their home and mailing addresses. Regularly reading email also is extremely important. It is University policy to send official communications to students via their University email accounts.

Students can update their addresses and other personal information through SIS, the Student Information System. A link to SIS is available from the UVA home page.

For more details www.virginia.edu/sis

Dean Maurice Apprey congratulates Hawa Ahmed at the Donning of the Kente ceremony celebrating the achievements of African-American students.
Students can find an array of art supplies at UVA’s main Bookstore.

**UVA Bookstores**
The UVA Bookstores are nonprofits owned and operated by the University. All net proceeds are returned to the University in direct support of AccessUVA and student programming. The Bookstores consist of the main store, located at 400 Emmet Street South atop the Central Grounds parking garage, and four other retail outlets across Grounds. The main Bookstore is open seven days a week. It was recently expanded to provide students with more convenient shopping offerings.

**Goods and services include:**

» **Textbooks:** Working directly with faculty and carrying virtually all undergraduate course books and materials, the UVA Bookstore is the only full-service textbook department in Charlottesville. In order to combat the high price of textbooks, it offers an extensive selection of used books, textbook rentals on more than 1,000 titles, and e-books when available from publishers. Books also can be ordered online at www.uvabookstores.com for pickup at the beginning of each semester.

» **General Books:** This department offers a wide variety of popular interest, reference, and computer books; magazines and journals; as well as a broad selection of scholarly books and study guides that support the University’s academic mission.

» **General Merchandise:** Students can find just about every school, office, art, and computer supply they will need for their studies. At the main Bookstore and at T.J.’s Locker, patrons can find a wide selection of UVA gifts and clothing, everyday gifts, sporting goods, health and beauty aids, and dorm accessories.

» **Special Services:** The main Bookstore offers a variety of special services, including UPS shipping, dry cleaning, custom engraving and imprinting, a notary public service, purchase of USPS stamps, and the sale of Home Ride of Virginia bus tickets to northern Virginia, Richmond, and the Tidewater area. Students also can make deposits to their Cavalier Advantage accounts.

» **Special Services:** The main Bookstore offers a variety of special services, including UPS shipping, dry cleaning, custom engraving and imprinting, a notary public service, purchase of USPS stamps, and the sale of Home Ride of Virginia bus tickets to northern Virginia, Richmond, and the Tidewater area. Students also can make deposits to their Cavalier Advantage accounts.

Einstein Bros. Bagels features a full-service coffee bar, bagels, sandwiches, and snacks for sale.

A Printing and Copying Center, custom embroidery, and a full-service pharmacy are located in the rear of the main store. Students can drop off and pick up prescriptions or consult with a licensed pharmacist.

The Bookstore accepts cash, personal check, or major credit cards (VISA, MasterCard, American Express, and Discover) and offers online shopping through its website. In addition, students can charge purchases by showing their student ID and specifying Cavalier Advantage or Student Charge. Available to all full-time students once they have registered. Student Charge is issued with a credit limit of $1,000. Student Charge purchases from the Bookstore are billed on a monthly basis, along with other charges accrued at the University. The bill is sent to the student through QuikPay@UVA.

**Other retail locations:**

» **Cavalier Computers:** Inside the main UVA Bookstore and T.J.’s Locker www.cavaliercomputers.com

» **T.J.’s Locker:** Inside the Aquatic & Fitness Center www.uvabookstores.com/tjslocker

» **Courts and Commerce:** Inside Slaughter Hall at the Law School www.uvabookstores.com/shop_law.asp

» **Darden Exchange:** Inside Sponsors Hall at the Darden School www.uvabookstores.com/darden

Graduation supplies, including caps and gowns, are available at the UVA Bookstore each spring.
A-School: Short for the School of Architecture.

Academical Village: The community of UVA students, faculty, and staff, the Academical Village is the basis of Thomas Jefferson’s idea that living and learning are connected. The Lawn is built around this concept with faculty living in the Pavilions and students in the Lawn rooms, with the Rotunda — formerly the University library — at its heart.

AFC: Short for the Aquatic & Fitness Center, the AFC is located across from the Alderman Road residence area. The facility features cardiovascular and weight-training equipment, an indoor track, basketball court, group exercise rooms, an enormous hot tub, and an Olympic-size pool, among other amenities.

Arts$ or Arts Dollars: A portion of the Student Activity Fee gives each full-time, degree-seeking student the opportunity to reserve one complimentary ticket online for various arts-related events around the Grounds. This includes most events presented by the Department of Drama, McIntire Department of Music, and the Virginia Film Festival. Arts$ also enable students to register for a free student membership to the Fralin Museum of Art. For more information, please see arts.virginia.edu/resources-opportunities/arts-dollars.

Association Dean: First-year students who enroll in the College of Arts & Sciences are assigned an association dean for academic advising based on where they live or the program in which they are enrolled (Echols, for example). The association dean’s primary responsibilities are to advise on academic matters, to help with an academic plan, and to provide resources for other avenues of assistance. Students keep the same association dean for as long as they remain in the College.

Beta Bridge: Bridge on Rugby Road that students frequently paint to publicize events or display messages.

Carr’s Hill: The home of UVA’s president. Carr’s Hill is located across Rugby Road from the sports field known as “Mad Bowl.”

The CD: a.k.a. The Cavalier Daily or the Cav Daily, the CD is the University’s newspaper run and produced by students. Sign up to receive the email edition at www.cavalierdaily.com.

Collab: UVACollab is the University’s online course management software. Students use it to access their course syllabi, share resources, and do many other class-related activities. They also may use Collab to create a shared Web space for project teams, research groups, and organizations.

COLAs: COLA courses are one-credit, graded seminars that meet once each week for 75 minutes in the fall semester. Enrollment is capped at 18 first-year students, all of whom are assigned to the instructor for their lower-division advising. (For College of Arts & Sciences students only.)

Comm School: Short for the McIntire School of Commerce, the undergraduate business school.

The Corner: Located on University Avenue, the Corner is the strip of restaurants and shops that is a favorite spot for food and drink for UVA students.

E School: Short for the School of Engineering and Applied Science.

Ed School: The Curry School of Education.

First-Year, Second-Year, Third-Year, Fourth-Year: Instead of freshman, sophomore, junior, senior, students are referred to by their year of study at the University. Why? To be a “senior” implies that a person has reached the final phase of learning, a feat that Mr. Jefferson believed impossible, arguing instead that education is a lifelong process.

“Good Old Song”: UVA’s alma mater. It is sung to the tune of “Auld Lang Syne.”

Grounds: The term used by students, faculty, and alumni to refer to the University. “Campus” is never used.
**Gusburger:** A University tradition: one hamburger patty with a fried egg and bacon, served at a favorite Corner spot.

**Lawnie:** The term referring to students who live on the Lawn. Selection of Lawn residents, a peer process, is by application and is based on GPA, activities, and service to the University. Students can apply to live on the Lawn during their final year of undergraduate study at the University. Each of the 54 single, non-air-conditioned Lawn rooms is furnished with a bed, desk and chair, sink, bookcase, wardrobe, rocking chair, and fire tools. All except one (50 East Lawn) have fireplaces.

**Mad Bowl:** The sunken field across the street from the Rotunda on Rugby Road. Some club sports teams use this space for games. Mad Bowl is a great place to study, play Frisbee, or have a snowball fight!

**Mem Gym:** The shortened name for the University’s oldest gym facility, Memorial Gymnasium.

**Nova:** The term that most students hailing from Northern Virginia use to describe where they are from. Instead of saying, “I am from Alexandria or McLean,” students more often will say, “I am from Nova.”

**Pav:** The term given to Pavilion XI, the food court located on the first floor of Newcomb Hall.

**QuikPay@UVA:** The University’s e-billing and payment system. Billing statements for tuition and other charges are generated electronically; paper bills and tax forms are not sent to the student or parent. Students can set up their parents as authorized payers in QuikPay@UVA. (See page 46.)

**The Record:** This online publication details student regulations and policies, both academic and nonacademic, and it includes course descriptions for each school. Two versions are available: The Undergraduate Record and The Graduate Record. Find The Record at http://records.ureg.virginia.edu.

**Ring Ceremony:** Held in conjunction with Family Weekend and the awarding of Intermediat Honors, the Ring Ceremony brings together third-year students and their families for a program celebrating their time at the University.

**Rugby Road:** Rugby Road is often used to refer to the home of fraternity and sorority life at UVA, although there are houses located on other streets as well.

**SIS:** The abbreviation for the Student Information System, which is used by students to register for classes and to maintain academic records and student accounts. Students connect to SIS by going to www.virginia.edu/sis.

**USEMs:** University Seminars are small classes for first-year students only. They are capped at 18 students each and are taught by various prominent faculty from an array of disciplines.

**VIRGO:** The University Library’s online search catalog, available at www.library.virginia.edu.

**Wahoos and Hoos:** An alternative name for the Cavaliers or the students at the University of Virginia.

**Zs, Ravens, 7s, IMPs, Purple Shadows, P.U.M.P.K.I.N., etc:** These are just a few of the societies on Grounds, most of which are philanthropic organizations. In some instances, members are known, but in others, members’ names are kept secret.
The University of Virginia includes 11 schools. First-year students apply to one of four undergraduate schools: College of Arts & Sciences, Architecture, Engineering, or Nursing, or to the Kinesiology program in the Curry School of Education. Students interested in other programs in the School of Education, the McIntire School of Commerce, or the Batten School of Leadership and Public Policy apply for those schools after one or two years in the College.

College of Arts & Sciences

With close to 11,000 students, the College of Arts & Sciences is the University's largest undergraduate school, offering more than 50 majors spanning the natural and social sciences, and the arts and humanities. Since the University of Virginia’s founding nearly two centuries ago, the College has set the standard for a rigorous liberal arts education that equips students for lives of purpose and informed, engaged citizenship. Through a challenging curriculum that combines pioneering research and teaching in an expanding array of enduring and newly emerging fields of study, the College prepares its graduates for a broad spectrum of career paths.

Graduates leave the College with an array of analytical, problem solving, and communication skills honed during their liberal arts educations, arming them with a nimbleness of mind, a depth of historic understanding, and an ability to philosophically investigate issues in a variety of fields. Whether they pursue careers in the arts, business or governance, in scientific research or public policy, in medicine, law, or entrepreneurship, College graduates leave UVA prepared to be agile leaders in their chosen professions.

The Honor System

Under the University’s Honor System, an Honor offense is defined as a significant act of lying, cheating, or stealing, where the student knew (or a reasonable University of Virginia student should have known) that such an act was or could have been considered an Honor offense. Three criteria determine whether an Honor offense has occurred.

- **Act**: Was an act of lying, cheating, or stealing committed?
- **Knowledge**: Did the student know, or should a reasonable University of Virginia student have known, that the act in question was or could have been considered lying, cheating, or stealing? (Ignorance of the scope of the Honor System is not considered a defense.)

**Significance**: Would open toleration of the act in question be inconsistent with the Community of Trust?

If a student’s peers find her or him guilty of committing an Honor offense, the consequence is permanent dismissal from the University. A student who is convicted of an Honor offense following graduation will generally have her or his degree revoked by the General Faculty. Dismissed students may receive assistance from the vice president and chief student affairs officer as they apply to transfer to another institution.

A student who has committed a dishonorable act and wishes to make amends has two options. Before the student has reason to believe the act in question has come under suspicion by anyone, she or he may file a “conscientious retraction,” which, if both valid and complete, operates to exonerate the student as to the act in question. After a student has been reported to the Honor Committee, she or he may file an “informed retraction,” which allows students to take a two-semester leave of absence before recommitting to the Community of Trust.

For details and further information about the Honor System, see the Honor Committee’s website or call 434.924.7602.

For more information

www.virginia.edu/honor

Every fall, students sign the Honor Pledge at Opening Convocation.
Exploring the Liberal Arts

The broad network of advising resources available to first-year students includes the option of taking a voluntary, college-advising seminar, or COLA. These popular one-credit seminars are open to first-year students in the College and aim to foster productive, long-lasting advising experiences with their COLA instructors, who serve as their academic advisor until the students select a major.

COLA classes are limited to 18 students to facilitate lively seminar discussions. First-years may select COLAs covering course topics ranging from life on other planets (“Are We Alone in the Universe?”) to seminars on food (“The Words We Eat,” “Food Talk,” or “Food and Culture”) to the upcoming election (“Religion and the 2016 Elections” or “Watching the Election”). About 20 percent of the weekly class time is reserved for group advising topics, such as navigating the add/drop process for classes, exploring majors, and the summer internship and employment resources available at the University Career Center, study abroad opportunities, and more.

More information on the 80-plus COLAs being offered can be found at http://college.as.virginia.edu/COLA.

Another College program, the Liberal Arts Seminars (LASE), helps students understand how to transfer the value of their liberal arts educations into lives of professional success.

The “Liberal Arts and the World of Work” seminar for first- and second-year students features guest lectures by some of the University’s most distinguished faculty, as well as accomplished alumni invited to offer students their perspective on how their liberal arts educations prepared them for their careers. A separate LASE, “The Liberal Arts and Professional Engagement,” requires third- and fourth-year students to complete a semester-long group project that includes career-planning visits off Grounds and organizing forums and roundtable meetings with professionals outside the University.

The Exploring the Liberal Arts (ELA) classes include course materials on study skills, leadership, and professional and strategic career development. In the new “Collect, Select, Reflect” ELA class, for example, students will learn how to use video/audio editing tools and other digital resources to assemble “learning portfolios” (for educational and reflective purposes) as well as “presentational portfolios” (for prospective employers and other external audiences).

For more information on LASE and ELA classes, see http://college.as.virginia.edu/LASE_ELA.

For the 2016-17 academic year are the Forums, an innovative way for students to fulfill their College Area Requirements in their first two years at UVA. Beginning with the incoming class of 2020, up to 200 students will be selected to participate in the five Forums—tailored groups of courses organized around a central theme or topic, such as epidemics, human impact on the environment, creative processes and practices, mobility and community, and visions of the good. The Forums were designed and are being led by some of the University’s most committed scholar-teachers, each with years of expertise researching their Forum topic.

More information on the Forums is available at http://college.as.virginia.edu/the-forums.

Advising Resources

When students arrive, they have access to a broad network of advising resources. Each College student is assigned to both an association dean and to a faculty member who can assist them with scheduling classes and defining their academic interests.

College Association Deans by Residence Hall or Affiliation

To facilitate academic advising, every student is placed in an “association.” The association dean’s primary responsibility is to advise students on academic matters and to refer them to the various agencies and offices the University has established to assist them. Students should never hesitate to call on their dean. Each of the association deans schedules office hours in Monroe Hall, and the College staff are happy to arrange appointments.

There are 12 association deans in the College (see listing on page 64), and they all have offices located in Monroe Hall. They are an important source for students throughout their four years. The association deans advise students on academic matters, help with academic plans, and provide resources for other avenues of
assistance. The deans are useful resources for discussing classes and potential majors, for making plans for studying abroad, or for providing help when facing academic challenges.

Students are assigned to their association deans based on either their first-year housing assignment or based on their designation as an Echols scholar, student-athlete, or transfer student. Students remain with the same association as long as they remain in the College.

The deans have daily office hours; students can make an appointment to meet with their association dean at any time by calling 924.3351 or by visiting 101 Monroe Hall. The College also offers Walk-In Advising from 2:30 to 4 p.m. every Monday through Friday (no appointment is needed).

Other Sources of Advising Help
In addition to discussing courses, the faculty advisor also can refer students to other University resources (both academic and nonacademic) as needed. Students also should get to know their professors, as the classroom is an ideal setting to develop relationships between students and faculty, and these less formal faculty relationships often become important advising relationships as a student develops her or his academic interests.

When students are ready to learn more about particular majors, they can talk with the director of the undergraduate program in that department or program. Students are encouraged to seek out these faculty whenever they have questions about a specific major, even if they are not yet ready to declare that major. Once a student has declared a major, then she or he will be assigned to an advisor in that major.

College Council
Also available to help College students is the College Council, which is the governing body for students in the College. For more than 100 years, this organization has represented the interests, ambitions, and academic needs of students in the College, and has worked to build a constructive community of learning. Its fundamental mission is to foster a sense of unity within the College. The council
also provides peer academic advising to all students in the College. Representatives from each of the 37 academic departments and interdisciplinary degree programs are trained as peer academic advisors. These representatives aid students in choosing classes and majors and are especially useful to first- and second-year students.

For more information http://collegecounciluva.com

FREQUENTLY ASKED QUESTIONS

Q: What if my daughter or son cannot get into the courses that she or he really wants?
A: When new students sign up for classes during Summer Orientation, it is very likely they will not get into all the classes they want. However, Orientation is just the beginning of the course enrollment process. Some students have a better chance of admission into the classes of their choice when the SIS (Student Information System, the online class enrollment system) reopens in early August. Once classes begin, space is more likely to open up as students drop and add to adjust their schedules. Students should also remember they have seven more semesters (as well as summers and January Term) in which to take classes.

Q: Why is my daughter or son’s advisor not in a field of study she or he is interested in?
A: While the College does its best broadly to match students to an advisor in the same area of interest (e.g., social sciences, humanities, sciences), it is not uncommon to assign incoming first-year students to a faculty member outside their field of possible study. The University recognizes that a student often changes her or his mind about a major at least once during the first year. Faculty members who work with first-year students are trained to help create a balanced schedule, which fulfills requirements for a student’s first year. Faculty members and advisors also can educate first-year students on the numerous academic resources within the University. Finally, advisors working with first-years are not your student’s final advisor or her or his only advisor. They are just one of the many people who can provide guidance to your daughter or son.

Q: How does my daughter or son declare a major?
A: Your student must enroll in a major degree program by the last day of final exams in her or his fourth semester. In declaring a major, your daughter or son must create a program of approximately 30 credits/10 to 11 classes in a major subject, approved by a departmental advisor and presented to the College. Majors are declared by meeting with a faculty member from the major department.

Q: Why does my daughter or son have so much free time, yet is carrying a full load?
A: For each hour that students spend in class, they should spend at least two to three hours outside class studying and preparing. Time management will be a huge part of your first-year’s learning experience.

For more information http://as.virginia.edu
UVA College of Arts & Sciences
@UVA_College
Founded in 1836, the UVA School of Engineering and Applied Science is committed to providing undergraduate students with a high-impact, hands-on educational experience that prepares them to be engineering leaders who can meet the technological challenges of the 21st century.

The school emphasizes leadership, service, and engineering solutions that benefit society. The undergraduate program offers rigorous technical training, interdisciplinary research opportunities, service learning, entrepreneurship, and international study. Courses include engineering, business, entrepreneurship, ethics, mathematics, the sciences, and the humanities.

Twenty-one percent of UVA Engineering’s undergraduate students are enrolled in the engineering business minor; 20 percent hold minors in engineering areas outside their major; and 13 percent plan to graduate with a double major.

Distinguished faculty members work directly with students in courses and laboratories across an array of engineering disciplines, in innovative research fields such as creating a sustainable future, engineering improved health care, advancing cyber and physical infrastructure, and providing personal and societal security.

The school has nine departments: biomedical; chemical; civil and environmental; computer science; electrical and computer; engineering and society; materials science; mechanical and aerospace; and systems and information.

The school also has a strong commitment to increasing the number of women and minority students, who traditionally have been underrepresented in science and engineering; of the 2,662 undergraduates at UVA Engineering, 32 percent are women, above the national average of 19 percent. Such organizations as the National Society of Black Engineers, the Society of Hispanic Professional Engineers, and the Society of Women Engineers have student chapters. And the school’s students and faculty participate in outreach programs designed to interest future generations in engineering.

For more information
www.seas.virginia.edu
UVA School of Engineering and Applied Science
@UVAEngineers
Curry School of Education

Undergraduates in the Curry School of Education are preparing to make an impact in schools, in their communities, and around the world. Through the school's three majors, minor, and five-year teacher preparation program, Curry graduates are on their way to careers in a variety of professions.

In the Youth & Social Innovation major, students consider what it takes to design and implement effective youth policy and programming. The Speech Pathology & Audiology major is designed for undergruates considering a career as speech clinicians. Kinesiology is open to students wanting to pursue careers in such fields as medicine, exercise science, physical therapy, and athletic training. Students in the Global Studies in Education minor strive to understand the effectiveness of educational policies and practices in an increasingly interconnected world.

Students interested in the five-year Teacher Education program apply to the Curry School in their second year of enrollment in the College of Arts & Sciences. Programs leading to teacher certification include elementary education, secondary education (English, foreign language, mathematics, science, social studies), physical education, and special education. Graduates earn both an undergraduate and graduate (BA/MT) degree.

Across Curry's undergraduate areas of study, students share a strong commitment to rigorous scholarship and meaningful engagement with professionals already in the field. They also contribute, in large part, to the unique sense of community found at UVA and at Curry.

For additional information, parents and students can review the Curry website. Students should plan to attend information sessions scheduled throughout the fall semester. Alumni from these programs are working in careers that directly make positive impacts on society.

For more information curry.virginia.edu Curry School of Education @uvacurry

Curry students engage in class discussion.
Ranked among the top 3 percent of U.S. nursing schools, lauded for its compassion-focused, interprofessional curricula, and renowned for its warmth and collegiality, UVA Nursing offers a range of degrees for nurses at every stage.

Half of the school’s population are undergraduates, including a growing number enrolled in the RN to BSN program for nurses with two-year degrees seeking the benefits of a baccalaureate degree.

The other half are engaged in graduate studies that span 15 programs and specialties, including a No. 2-ranked Clinical Nurse Leader (CNL) master’s program, a No. 7-ranked psych-mental health nurse practitioner master’s, a No. 18-ranked doctor of nursing practice (DNP), and a No. 20-ranked family nurse practitioner master’s program. The school’s two doctoral degrees—a DNP for clinicians and a Ph.D. for future nursing faculty and researchers—offer multiple entry points for students with a BSN or MSN.

Whatever the path, all nursing students are exposed to an innovative curriculum emphasizing skills and knowledge in parity with compassion and resilience, an acknowledgement of the link between safe, quality care and self-care. Every student conducts research independently or on a team, benefits from regular interactions with their School of Medicine peers, and has access to rich international programs to study and serve abroad.

A state-of-the-art Clinical Simulation Learning Center—a 9,200 square-foot “hospital” with mock labor and delivery, ICU and isolation units, and a battery of computerized high-tech patients—prepares students for care and specialty practice. After mastering basic assessment skills in the lab, undergraduates begin clinical rotations their second year—spending time in pediatrics, cancer, geriatric, labor and delivery, mental health, hospice, palliative and medical-surgical units—under the careful guidance and supervision of clinical instructors and talented RN preceptor-mentors. These rotations enable budding nurses to find their interest area, inform their research projects, their path into graduate school, leadership and management positions, and beyond.

BSN and CNL graduates are eligible to take the National Council Licensure Examination (NCLEX), also known as “boards,” required for licensure of every new nurse.

In an era in which nurses are ever more central to patient advocacy and care, UVA nurses emerge with the skills, confidence, leadership, compassion, and critical thinking required for 21st-century caregivers. Most receive multiple job offers prior to graduation, and find their degree and pedigree opens doors across a spectrum of professions.

For more information
www.nursing.virginia.edu
UVA School Of Nursing
@uvason
School of Architecture

The mission of the School of Architecture is to educate leaders who will envision courageous new futures and who will build a better world that is more beautiful, sustainable, functional, and socially equitable. The school offers three undergraduate majors: architecture, architectural history, and urban and environmental planning.

The architectural history major examines the historic development of buildings, landscapes, and urban form through critical analysis in a social and cultural context. The urban and environmental planning major explores cities that are vital, livable, and sustainable, as well as rural landscapes that are productive and appropriately protected. The architecture major offers two pre-professional tracks: one that focuses on the design of buildings, and another that is a design-thinking track addressing broader issues of creative design and entrepreneurship.

For all students, the first year includes shared foundation courses that engage the disciplines of all three majors. Advanced courses are structured to promote a well-rounded liberal arts education with a broad choice of electives affording each student a customized course of study. Each of the three majors has a corresponding minor. Multidisciplinary minors in historic preservation and global sustainability also are offered. In addition, students are encouraged to explore courses and pursue minors in the larger University.

With nearly 20,000 square feet of open studio space and state-of-the-art digital fabrication labs, the approximately 350 School of Architecture undergraduate students enjoy a close-knit community. Small class sizes afford them the experience of engaged learning and one-on-one dialogue with professors.

The school’s highly recognized faculty create an energetic and productive learning environment with an exciting and diverse curriculum. Many faculty members pursue advanced research as well as participate in design practices. They are innovators of new technologies and leading methods that change trends and trajectories.

For more information
www.arch.virginia.edu
UVA School of Architecture
@UVaSARC

First-year A-school students (from left) Jennifer Tran, Charlotte Reiter, and Carley Leckie race the clock to complete their final project for their architectural foundation studio class.

McIntire School of Commerce

The McIntire School of Commerce allows students to combine a world-class business program with a strong foundation in liberal arts at the University. Students in the school’s top-rated B.S. in Commerce Program acquire a comprehensive understanding of business and have the opportunity to gain special expertise in one or more of the school’s five areas of concentration: accounting, finance, information technology, management, and marketing.

Students not enrolled in the B.S. in Commerce Program can position themselves for a career in business by combining Commerce electives with another major at the University. Some undergraduates enroll in the McIntire Business Institute (MBI), a certificate program that provides solid preparation for a career in business and industry. The school also offers an intensive one-year M.S. in Commerce Program, a graduate program with a strong, integrated focus on global business specifically for recent nonbusiness undergraduate degree-holders.

The school’s newest offering, the groundbreaking M.S. in Global Commerce Program, will give students a valuable set of international business skills, experience, and perspectives.

McIntire is widely regarded as a leader in global business education. Third-year students participate in the Integrated Core Experience, a continuously updated curriculum that integrates the most current skills and perspectives needed in the business world. In the nine consecutive years (2006-2014) that Bloomberg Businessweek ranked American undergraduate business programs, the McIntire program is the only one to have been ranked either first or second each year. McIntire’s job and graduate placement record is outstanding.

Most students enter the B.S. in Commerce Program after their second year. Admission to the McIntire School is based upon overall qualifications. Important factors include cumulative grade point average, academic performance in those courses related to business, and the degree of difficulty of the courses taken to date as a demonstration of the student’s general ability and desire. Skills and personal characteristics, such as leadership, communication, work experience, and time management, will be considered as demonstrated through extracurricular activities.

For more information
www.commerce.virginia.edu
Social media: www.commerce.virginia.edu/follow
Frank Batten School of Leadership and Public Policy

The newest school at the University, the Batten School trains undergraduate and graduate students for public service careers in today’s increasingly globalized world. Graduates will assume leadership positions in local, state, and federal government; the nonprofit sector; consulting firms; and the private sector. Others choose to pursue domestic and international post-graduate fellowships, or advanced degree programs at the nation’s top law, business, and graduate schools.

The Batten School offers both undergraduate and master’s degrees. Second-year undergraduates may apply for the Batten School’s selective Public Policy and Leadership major, completing the program over the course of their remaining two years at the University. Third-year undergraduates may apply for the Batten School’s accelerated Master of Public Policy program, allowing them to earn a master’s degree only one year after receiving their bachelor’s degree. The Batten School also offers a traditional two-year post-graduate Master of Public Policy degree.

Finally, the Batten School partners with several schools across Grounds to offer five joint degrees: MPP/JD, MPP/MBA, MPP/PhD in Education Policy, MPP/MPH, and MPP/MUEP. Competitive admission to all of the Batten School’s degree programs is predicated upon demonstrated academic excellence and a record of leadership, either through co-curricular involvement or engagement in the community and workplace.

For more information
www.batten.virginia.edu
Frank Batten School of Leadership and Public Policy
@uvabatten
Other Academic Opportunities

January Term
January Term takes place during Winter Break. It provides students with unique opportunities: new courses that address topics of current interest, education abroad programs, undergraduate research seminars, and interdisciplinary courses. The intensive format of January Term classes encourages extensive student-faculty contact and allows students and faculty to immerse themselves in a subject. Students who enroll in January Term courses have access to a variety of student services and cocurricular activities. Financial aid is available for those who qualify.

For more information
http://januaryterm.virginia.edu

Summer Session
Each summer, more than 4,000 students take advantage of a rich selection of programs and courses through UVA's Summer Session. Many of these programs and courses are not available during the academic year, including the University’s well-known Summer Language Institute.

Students commonly enroll in the Summer Session to fulfill requirements for a degree or double major, improve their GPA, shorten time to their degree, or explore new interests. Summer Session students have access to an array of support services and cocurricular activities.

For more information
http://summer.virginia.edu

Undergraduate Research
To enrich their classroom studies, students may take advantage of an array of undergraduate research opportunities. Working in collaboration with a UVA faculty member, students can plan and implement substantial and significant research projects. Opportunities for research are available across all disciplines.

The student-run Undergraduate Research Network hosts several workshops each semester, holds a research symposium each year, and publishes The Oculus, a journal that showcases undergraduate research.

Students in the School of Engineering and Applied Science write, edit, and produce The Spectra: the Virginia Engineering and Science Research Journal, which highlights undergraduate research. The University’s Harrison Undergraduate Research Awards program funds outstanding undergraduate research projects. Awards of up to $3,000 each are granted on a competitive basis to current first-, second-, and third-year undergraduate students.

The Undergraduate Student Opportunities in Academic Research (USOAR) program matches work-study eligible students with paid research positions with faculty within their area of interest.

For more information
www.virginia.edu/cue

Education Abroad
The University of Virginia views education abroad as an important academic endeavor, enriching students both intellectually and personally, and crucial in preparing students for leadership in a global context. This unique learning experience combines intellectual pursuits with firsthand exposure to different peoples, cultures, and values. It provides students with an opportunity to gain an international perspective on their chosen academic field or career path and to learn and practice important life skills — critical thinking, creativity, independence, maturity, flexibility, resilience, and the ability to interact and communicate with individuals from other cultures.

UVA is committed to making education abroad affordable and accessible to all students. Students receiving financial aid through Student Financial Services can apply this funding toward their education abroad programs. Additional need- and merit-based funding is available.

The key to a successful education abroad experience lies in early planning. The online Education Abroad Workshop introduces students to the steps involved in planning and preparing for their international experience. Education abroad Advisors guide students through these steps and support them throughout the sojourn.

For more information
www.virginia.edu/studyabroad

Jefferson Public Citizens
To help advance the University’s public service mission, the Jefferson Public Citizens program encourages students to put their learning into action by connecting classrooms with communities. Students can enroll in academic community engagement courses, lead research-service projects, and apply their knowledge to social issues. Undergraduates from all schools in their first three years of study are eligible to apply. JPC students publish their project results in a scholarly journal, present their work at an academic forum, and earn designation as a Jefferson Public Citizen on their transcript. (See related information about Learning in Action on page 41.)

For more information
www.virginia.edu/jpc
Center for American English Language and Culture
The Center for American English Language and Culture (CAELC) provides an array of English language support services for UVA students whose native language is one other than English. CAELC is charged with helping members of the UVA community attain the level of linguistic and cultural proficiency needed for success at a research university in the United States. In addition to services available during the academic year, CAELC offers an intensive English for Academic Purposes (EAP) program mid-July through mid-August. The EAP program is for entering UVA students and research associates.

For more information http://caelc.virginia.edu

UVA Library
The University of Virginia Library plays an integral role in the University’s ability to maintain its standing as a top-ranked public institution of higher education. The Library provides access to a rich array of scholarly materials that include more than 18 million manuscripts and archives, 5 million printed volumes, half a million e-books, as well as databases, 150,000 journals, and millions of non-text materials.

Ten libraries and a sophisticated online environment (www.library.virginia.edu) serve the entire University community and all academic programs. Alderman Library houses materials in the social sciences and humanities, open stacks for browsing, and the popular McGregor Reading Room. The Charles L. Brown Science and Engineering Library and its satellites (Astronomy, Chemistry, Mathematics, and Physics) serve the research needs of the University’s scientific community.

The University’s world-renowned collection of manuscripts and rare books is located in the Albert and Shirley Small Special Collections Library, in the same building where public programs and exhibits are hosted by the Mary and David Harrison Institute for American History, Literature, and Culture. Clemons Library is a 1,500-seat facility open 24/5. It contains video materials, group study spaces, and help with digital media creation in the Robertson Media Center.

Additional collections and services are available in the Fiske Kimball Fine Arts Library, the Music Library, and the Curry School of Education. In addition to the University Library system, the Claude Moore Health Sciences Library, the Camp Library in the Darden Graduate School of Business Administration, and the Arthur J. Morris Law Library serve the University’s professional schools. Most collections and library spaces also are open to the public and to scholars worldwide.

In addition to rich collections and generous hours, the Library system has a knowledgeable staff that contributes daily to the academic endeavor, from building innovative programs for the digital humanities to helping a student with a paper topic. Librarians with subject expertise are available to collaborate with faculty on their research and teach students how best to use and evaluate information.

The Scholars’ Lab, Digital Media Lab, and Research Data Services offer specialized expertise and tools for technology-intense scholarship. In addition to face-to-face services, the University Library provides virtual services that maximize access to Web-accessible content, and ensure the preservation of born-digital material. Virgo (http://search.lib.virginia.edu) can be used to search the Library’s collections as well as online article content. The research portal (www.library.virginia.edu/research) connects scholars with resource databases, subject guides, and online help and instruction. Libra (http://libra.virginia.edu) is the University’s institutional repository where faculty and students can deposit their theses, dissertations, and articles.

For more information www.library.virginia.edu

University of Virginia Library
Alderman
Brown (in Clark Hall)
Camp (at Darden School)
Claude Moore (Health Sciences)
Clemons
Fine Arts
Harrison Institute
Morris (at Law School)
Music (in Old Cabell Hall)
Special Collections
Branch Science Libraries
Astronomy
Math (in Kerchoff Hall)
Physics
Chemistry

Manuscripts and archives: 19 million
Books: 5 million
Visits per year: 2 million-plus
E-books: 501,605
Journal subscriptions: 152,902
Films and videos: 62,809
Study room reservations: 52,150
As members of a community that values self-responsibility and self-direction, students are free to make choices and determine how they spend their time. They also are held accountable for their actions and behavior. Summarized here are some of the primary standards, policies, and laws with which students and parents should be familiar. Complete details about the University’s Non-Academic Regulations are available on The Record website, under “University Regulations” at http://records.ureg.virginia.edu.

The Honor System
Under the University’s Honor System, an Honor offense is defined as a significant act of lying, cheating, or stealing, where the student knew (or a reasonable University of Virginia student should have known) that such an act was or could have been considered an Honor offense. Three criteria determine whether an Honor offense has occurred.

- **Act:** Was an act of lying, cheating, or stealing committed?
- **Knowledge:** Did the student know, or should a reasonable University of Virginia student have known, that the act in question was or could have been considered lying, cheating, or stealing? (Ignorance of the scope of the Honor System is not considered a defense.)
- **Significance:** Would open toleration of the act in question be inconsistent with the Community of Trust?

If a student’s peers find her or him guilty of committing an Honor offense, the consequence is permanent dismissal from the University. A student who is convicted of an Honor offense following graduation will generally have her or his degree revoked by the General Faculty. Dismissed students may receive assistance from the vice president and chief student affairs officer as they apply to transfer to another institution.

A student who has committed a dishonorable act and wishes to make amends has two options. Before the student has reason to believe the act in question has come under suspicion by anyone, she or he may file a “conscientious retraction,” which, if both valid and complete, operates to exonerate the student as to the act in question. After a student has been reported to the Honor Committee, she or he may file an “informed retraction,” which allows students to take a two-semester leave of absence before recommitting to the Community of Trust.

For details and further information about the Honor System, see the Honor Committee’s website or call 434.924.7602.

*For more information www.virginia.edu/honor*
Standards of Conduct
The University’s Standards of Conduct cover all student behavior other than lying, cheating, and stealing. The student-run University Judiciary Committee administers the Standards of Conduct. Generally, prohibited conduct for which a student is subject to discipline is defined as:

1. Physical assault of any person on University-owned or leased property, at any University-sanctioned function, at the permanent or temporary local residence of a University student, faculty member, employee, visitor, or in the City of Charlottesville or Albemarle County, or Prohibited Conduct, as defined in the University of Virginia Policy on Sexual and Gender-Based Harassment and Other Forms of Interpersonal Violence.

2. Conduct that intentionally or recklessly threatens the health or safety of any person on University-owned or leased property, at a University-sanctioned function, at the permanent or temporary local residence of a University student, faculty member, employee, or visitor, or in the City of Charlottesville or Albemarle County.

3. Unauthorized entry into or occupation of University facilities that are locked, closed to student activities, or otherwise restricted as to use.

4. Intentional disruption or obstruction of teaching, research, administration, disciplinary procedures, other University activities, or activities authorized to take place on University property.

5. Unlawfully blocking or impeding normal pedestrian or vehicular traffic on or adjacent to University property.

6. Violation of University policies or regulations referenced in The Record, including policies concerning residence halls and the use of University facilities.

7. Alteration, fabrication, or misuse of, or obtaining unauthorized access to, University identification cards, other documents, or computer files or systems.

8. Disorderly conduct on University-owned or leased property or at a University-sanctioned function. Disorderly conduct is defined to include, but is not limited to, acts that breach the peace, are lewd, indecent, or obscene, and that are not constitutionally protected speech.

9. Substantial damage to University-owned or leased property or to any property in the city of Charlottesville or Albemarle County or to property of a University student, employee, faculty member, or visitor, occurring on University-owned or leased property or at the permanent or temporary local residence of any student, faculty member, employee, or visitor.

10. Any violation of federal, state, or local law, if such directly affects the University’s pursuit of its proper educational purposes and only to the extent such violations are not covered by other Standards of Conduct and only where a specific provision of a statute or ordinance is charged in the complaint.

11. Intentional, reckless, or negligent conduct that obstructs the operations of the Honor or Judiciary Committee, or conduct that violates their rules of confidentiality.

12. Failure to comply with directions of University officials acting under provisions 1-11 set above. This shall include failure to give identity in situations concerning alleged violations of sections 1-11.

Should a trial panel determine that an accused student is guilty of the offense(s) alleged, the Judiciary Committee may impose any sanction(s), ranging from admonition up to expulsion from the University.

Any violation of the University Standards of Conduct motivated by the age, color, disability, national or ethnic origin, political affiliation, race, religion, sex (including pregnancy), sexual orientation, or veteran status of the victim will be deemed an aggravating circumstance, and will result in a more serious sanction up to, and including, expulsion from the University.

Except for cases appealed directly to the Judicial Review Board, University Judiciary Committee decisions are automatically subject to review by the vice president and chief student affairs officer. The vice president
may affirm the Judiciary Committee’s decision or, if s/he believes the decision is not in the best interest of the University, s/he may: (a) remand the decision to the Judiciary Committee for review, reconsideration, or retrial with an explanation of why the vice president believes the case warrants further action by the committee; or (b) refer the decision directly to the University Judicial Review Board, or its successor body.

**Interim Suspension:** An official of the University may temporarily suspend a student reasonably believed to pose a threat to himself or herself, to the health or safety of other members of the University, to University property, or to the educational process, pending a hearing on an underlying offense charged under the Standards of Conduct.

Interim Suspension is also authorized where a student has engaged in violation(s) of the Standards of Conduct and/or federal, state, local, or international law, such that the official could reasonably conclude that the student is not fit to be a part of the community of responsibility and trust that is the University.

Any student so suspended who thereafter enters upon those areas of the Grounds denied the student by the terms of the suspension, other than with the permission of or at the request of University officials or of a duly authorized hearing body for purposes of a hearing, is subject to further discipline by the University as well as possible arrest and criminal prosecution.

**Cases Involving Psychiatric Issues:** The University has established two separate procedures to address allegations of misconduct for certain student cases involving psychiatric and psychological issues: Procedure for Psychological Hearings on Honor Offenses, and Procedure for Student Disciplinary Cases Involving Psychological Issues.

The Procedure for Student Disciplinary Cases Involving Psychological Issues is available to address appropriate cases before the University Judiciary Committee and relevant issues arising in the context of Interim Suspension. The dean of students may also invoke the Procedures for Student Disciplinary Cases Involving Psychological Issues whether or not judicial charges are filed or pending when there is good cause to believe that, based upon a student’s conduct or behavior, a student’s presence at the University poses a significant risk.

In any such instance, the dean of students may request that the Office of the Vice President and Chief Student Affairs Officer require that the student undergo a mental health assessment as one of the conditions for the student’s return or continued enrollment at the University. Contact the Office of the Dean of Students (434.924.7429 or odos@virginia.edu) for full information on these procedures.

**For more information**

[www.student.virginia.edu/~judic/standards-of-conduct](http://www.student.virginia.edu/~judic/standards-of-conduct)

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**FERPA and Privacy of Academic Records**


**Student Rights**

Students are considered to be “in attendance” once they have enrolled for courses for their initial term of enrollment. Students attending, or who have attended, the University (hereinafter “students”) are given certain rights under the Act and Rules. Student rights under the Act and Rules may be summarized as follows:

- To inspect and review the content of the education records. The University shall comply with a request for access to records within a reasonable period of time, not to exceed 45 days after it has received the request;
- To obtain copies of education records upon payment of 15 cents per page, where the failure to provide copies would effectively prevent the student from exercising the right to inspect and review the education records;
- To receive a response from the University to reasonable requests for explanations of those records;
- To obtain an opportunity for a hearing to challenge the content of those records;
- To receive confidential treatment by the University of their education records. Except for directory information, neither such records, nor personally identifiable information contained therein shall be released without student permission to anyone other than those parties specifically authorized by the Act;
- To refuse to permit the release of their directory information;
- To file complaints with the Family Policy Compliance Office (FPCO) of the Department of Education concerning alleged failures by the University to comply with the requirements of the Act and Rules: Family Policy Compliance Office, United States Department of Education, 400 Maryland Avenue S.W., Washington, DC 20202-4605;

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**Academic Record Access**

The University of Virginia only releases educational records in compliance with the Family Education Rights and Privacy Act of 1974 (FERPA). The intent of this Act is to protect the rights of students and to ensure the privacy and accuracy of the educational records.

The quickest and easiest way to obtain grades at the University of Virginia is for the student to do so by accessing SIS (the Student Information System). Students have 24-hour access to their academic information through SIS. The student also may order an official transcript at [www.virginia.edu/registrar/transcripts.html](http://www.virginia.edu/registrar/transcripts.html). The University urges parents and students to communicate about academic record matters.

In the Commonwealth of Virginia, the educational records of a tax-dependent student are available to her or his parents in compliance with Section 23-9.2:3 of the Virginia Code, as allowed within the guidelines of FERPA. Dependency information is collected at the beginning of each academic year.

The University has created a process for parents of tax-dependent students to obtain the most recent semester grades for their student, if necessary. For more information, please see [www.virginia.edu/registrar/accessacadrecord.html](http://www.virginia.edu/registrar/accessacadrecord.html) or contact UREG (Office of the University Registrar) at ureg@virginia.edu.
To exercise all rights on the student’s own behalf, regardless of the student’s status as a dependent upon parents. Parents may, however, obtain access to the student’s records if the student is regarded as a dependent for federal income tax purposes, once the Office of the University Registrar has contacted the student and he or she is aware of the request. The parent must present evidence that the student has been claimed as a dependent on their most recent federal tax returns.

Note: A student may exercise all rights granted under the Act and Rules without regard to possible status as his or her parents’ dependent.

For more information www.virginia.edu/registrar/privacy.html

Parental Notification Policy: Alcohol and Other Drugs

The University strives to educate all students on the dangers associated with substance abuse and the improper or illegal use of alcohol or other drugs. In addition, the University intervenes to engage students who may commit alcohol or drug-related infractions or who demonstrate a pattern of substance abuse. In furtherance of its effort to engage students and their families regarding these issues, the University has adopted this Parental Notification Policy pertaining to the illegal or improper use of alcohol or other drugs.

Whenever the Office of the Dean of Students (ODOS) becomes aware that a University of Virginia student has been arrested for an alcohol- or drug-related violation, and the student is a dependent (for federal tax purposes), ODOS will notify that student’s parent(s) or guardian(s). Violations that trigger notifications under this paragraph include, but are not limited to, frequent or severe episodes of drug use, drunkenness, and/or binge drinking.

Virginia Laws Concerning Alcohol

STUDENTS SHOULD BE AWARE OF THE FOLLOWING VIRGINIA LAWS REGARDING ALCOHOL.

Safe Reporting of Overdoses

This law provides an affirmative defense to prosecution of an individual for unlawful alcohol possession or use when in good faith, a person seeks emergency medical attention by reporting an alcohol, marijuana, or other drug overdose to 911, law enforcement, or medical personnel. Under this law, someone who seeks emergency medical attention for self or others due to a drug- or alcohol-related overdose in progress may be protected from being convicted for certain possession or intoxication crimes.

Age of the Alcohol Consumer

Persons who are 21 years of age may buy, drink, and possess beer, wine, and distilled spirits (hard liquor). The minimum penalty if caught with possession of alcohol under the age of 21 is a fine of at least $500 and/or performance of a minimum of 50 hours of community service and suspension of an individual’s driver’s license for at least six months. Breaking this law constitutes a Class 1 Misdemeanor.*

Serving Alcohol to Anyone under 21

The penalty for providing, giving, or assisting in providing alcohol to persons under age 21 is mandatory suspension of an individual’s driver’s license for one year. Penalties may also include a fine of up to $2,500 and up to one year in jail. A person in her or his own home may provide alcoholic beverages to her or his family members under 21, but guests provided alcohol must be of legal age unless they are accompanied by their parent, guardian, or spouse age 21 or older. Constitutes a Class 1 Misdemeanor.*

False IDs to Purchase Alcohol

Persons under the age of 21 years who posses, use, or attempt to use any altered, fictitious, facsimile, or simulated license or identification card (including identification documents of another person) to establish false identification or false age to consume, purchase, or attempt to consume or purchase an alcoholic beverage shall be guilty of a Class 1 Misdemeanor.* The penalty is a mandatory minimum fine of $500 or mandatory minimum of 50 hours of community service and license suspension for at least six months. Creating or selling false IDs can result in fines up to $2,500 and up to a one-year jail sentence. Knowingly providing an underage person with the use of your own ID also constitutes a Class 1 Misdemeanor.*

Drinking in Public

It is illegal for any individual to drink or offer a drink of alcohol to another individual in a public place (excluding areas licensed for on-premise alcohol consumption). Under Virginia State Law, a person can be fined up to $250 if caught drinking alcoholic beverages in public. Constitutes a Class 4 Misdemeanor.

Publicly Intoxicated

Public intoxication is appearing in public under the influence of alcohol. Violators may be arrested and confined to jail until sober or transported to a detoxification center. Individuals also can receive a fine of not more than $250. Constitutes a Class 4 Misdemeanor.

Underage Drinking and Driving

This “zero tolerance” law provides that underage drinking and driving (0.02% or higher BAC) is punishable as a Class 1 Misdemeanor.* The minimum penalty for those found guilty includes forfeiture of the license to operate a motor vehicle for a period of one year from the date of conviction and either a mandatory minimum fine of $500 or 50 hours of community service. Those convicted of DUI (regardless of age) must have an ignition interlock system installed on their vehicles as a condition of a restricted driver’s license.

* A Class 1 Misdemeanor is punishable by up to 12 months in jail and/or a $2,500 fine and is the most serious misdemeanor that can be committed before becoming a felony.
The University will make notifications under this policy unless the University, family, or other circumstances make such notifications incompatible with the student’s best interests. The University relies on the professional judgment of its faculty and administrators when assessing each student’s situation. Students whose family or other circumstances make notification under this policy inappropriate will be referred immediately to the University’s professional counseling resources.

When making a notification under this policy, time and circumstances permitting, a professional staff member in ODOS ordinarily will encourage the student to make the initial call to his or her parent(s) or guardian(s). The staff member then will follow up with a call directly to the student’s parent(s) or guardian(s).

A notification under this policy will be in addition to the intervention and education programs already offered to students when such infractions are brought to the University’s attention. Intervention may include one or more of the following: substance abuse assessment by a trained clinician; psychological assessment by a trained clinician; substance abuse counseling; enrollment in educational programs; and/or sanctions imposed for violations of the University’s Standards of Conduct.

A notification under this policy is authorized by the Family Educational Rights and Privacy Act of 1974, 20 U.S.C. 1232g (“FERPA”), which permits the disclosure of information from education records to parents of dependent students.

The University reserves the right in its sole discretion to notify parents of alcohol- or drug-related incidents falling outside this policy to the extent permitted by FERPA or other applicable law.

For more information
http://gordiecenter.studenthealth.virginia.edu/parental-notification-policy

Parental Notification Policy: Mental Health

In accordance with Virginia state law, Va. Code §23-9.2.3.C, the University of Virginia will notify a parent of any student who is dependent (for federal tax purposes) and receives mental health treatment at Elson Student Health when there exists a substantial likelihood that, as a result of mental illness, the student will, in the near future, (a) cause serious physical harm to himself or herself or others as evidenced by recent behavior or any other relevant information or (b) suffer serious harm due to his or her lack of capacity to protect himself or herself from harm or to provide for his or her basic human needs.

A treating health professional will inform the dean of students whenever notification is required in these instances. The dean of students or his or her designee will then notify the parent.

Parental notification may be withheld if a licensed health professional treating the student determines, in the exercise of his or her professional judgment, that notification would be reasonably likely to cause substantial harm to the student or another person.

Sexual and Gender-Based Harassment and Other Forms of Interpersonal Violence

The University of Virginia is an institution built upon foundational values of honor, integrity, trust, and respect. Consistent with these values, the University is committed to providing a safe and nondiscriminatory learning, living, and working environment for all members of the University community. To these ends, the University has adopted a Policy on Sexual and Gender-Based Harassment and Other Forms of Interpersonal Violence. The policy prohibits Sexual Assault, Sexual Exploitation, Intimate Partner Violence, Stalking, Sexual and Gender-Based Harassment, and Complicity in the commission of any act prohibited by the policy, and Retaliation against a person for the good faith reporting of any of these forms of conduct or participation in any investigation or proceeding under the policy. These forms of conduct (the “Prohibited Conduct”) are defined in the policy. Prohibited Conduct also may violate federal and/or state law and may be subject to criminal prosecution. Read the full University policy at http://uvapolicy.virginia.edu/policy/HRM-041.

A detailed discussion of the resources available to students affected by Prohibited Conduct is contained in the Resource Guide available on the UVA Title IX and VAWA website at http://titleix-vawa.virginia.edu. This Resource Guide provides information about how to obtain medical assistance; how to report Prohibited Conduct to the University and/or to law enforcement; how and where to obtain confidential support; and how to obtain certain appropriate and available protective and remedial measures in the aftermath of Prohibited Conduct. An overview of these resources and reporting options is available in the form of an infographic, entitled “What Students Need to Know: Obtaining Information, Assistance and Support,” found at www.virginia.edu/sexualviolence/get_help_now.pdf.

Students’ health, safety, and well-being are the University’s primary concern. If a student has been affected by Prohibited Conduct, the student is strongly urged to seek immediate assistance. Assistance can be obtained 24 hours a day, seven days a week, from:

> Police (UVA, Charlottesville, Albemarle County) • 911
> Sexual Assault Resource Agency (SARA) 434.977.7273
> Shelter for Help in Emergency (SHE) 434.293.8509
Students may report Prohibited Conduct to the University through Just Report It, the University’s online reporting website, or by contacting the University’s Title IX Coordinator or any Deputy Title IX Coordinator, as listed in the policy. The Just Report It website is available at www.virginia.edu/justreportit.

**Hazing**

Hazing is a crime in Virginia and is prohibited by University policy and the University Standards of Conduct. The University does not condone hazing in any form. The University defines “hazing” as any action taken or situation created by a member or members of a student organization toward one or more organization members or toward prospective members (as a part of the new member selection process) that is designed to produce or does produce mental or physical harassment, humiliation, fatigue, degradation, ridicule, shock, or injury. Examples of hazing activities and situations include, but are not limited to, the following*:

1. Paddling;
2. Kidnapping;
3. All forms of physical activity which are used to harass, punish, or harm an individual;
4. Forced excursions or road trips;
5. Confinement;
6. Spraying, painting, or pelting with any substance;
7. Burying in any substance;
8. Nudity with the intent to cause embarrassment;
9. Servitude;
10. Exposure to uncomfortable elements;
11. Verbal abuse;
12. Forced wearing of apparel which is conspicuous and/or indecent;
13. Forcing consumption of alcohol or any other substance, legal or illegal;
14. Depriving students of sufficient sleep (six consecutive hours per day is normally considered to be a minimum);
15. Burning, branding, or tattooing any part of the body;
16. Psychological hazing, defined as any act which is likely to:
   a. Compromise an individual’s dignity;
   b. Cause an individual embarrassment or shame;
   c. Cause an individual to be the object of malicious amusement or ridicule;
   or d. Cause an individual emotional distress;
17. Interrogating an individual in an intimidating or threatening manner;
18. Misleading prospective members in an effort to convince them that they will not become members unless they complete tasks, follow instructions, or act in a certain way;
19. Misleading prospective members into believing that they will be hurt during induction or initiation;
20. Carrying any items (shields, paddles, bricks, hammers, etc.) that serve no constructive purpose or that are designed to punish or embarrass the carrier;
21. Blindfolding and parading individuals in public areas, blindfolding and transporting in a motor vehicle, or privately conducting blindfolding activities that serve no constructive purpose;
22. Binding or restricting an individual in any way that would prohibit them from moving on their own; and
23. Requiring or suggesting that an individual obtain or possess items or complete tasks in an unlawful manner (i.e., for a scavenger hunt).

Student organizations and/or individual members found to have engaged in hazing as defined in this statement shall be in violation of University policy and the University’s Standards of Conduct and may also be in violation of state law. The state statute on hazing, Section 18.2-56 of the Virginia Code, states:

“It shall be unlawful to haze so as to cause bodily injury, any student at any school, college, or university. Any person found guilty thereof shall be guilty of a Class 1 misdemeanor. Any person receiving bodily injury by hazing shall have a right to sue, civilly, the person or persons guilty thereof, whether adults or infants.

“[The] president or other presiding official of any school, college or university receiving appropriations from the state treasury shall, upon satisfactory proof of the guilt of any student hazing another student, sanction and discipline such student in accordance with the institution’s policies and procedures. The institution’s policies and procedures shall provide for expulsions or other appropriate discipline based on the facts and circumstances of each case and shall be consistent with the model policies established by the Department of Education or the State Council of Higher Education for Virginia, as applicable. The president or other presiding official of any school, college or university receiving appropriations from the state treasury shall report hazing which causes bodily injury to the attorney for the Commonwealth of the county or city in which such school, college or university is, who shall take such action as he deems appropriate.

“For the purposes of this section, ‘hazing’ means to recklessly or intentionally endanger the health or safety of a student or students or to inflict bodily injury on a student or students in connection with or for the purpose of initiation, admission into or affiliation with or as a condition for continued membership in a club, organization, association, fraternity, sorority, or student body regardless of whether the student or students so endangered or injured participated voluntarily in the relevant activity.”

Any violation of Section 18.2-56 shall be deemed a violation of the University’s Standards of Conduct.

State and/or local law enforcement agencies investigate allegations of hazing under Virginia law. The Office of the Dean of Students (ODOS) investigates allegations of hazing under University policy. The University has created a website, www.virginia.edu/hazing, that provides information and resources aimed at hazing prevention and education.

Anyone with concerns about hazing and/or the well-being of any student is encouraged to contact ODOS at 434.924.7133, call the Hazing Hotline at 434.243.4293, or file a report at www.virginia.edu/justreportit/hazing. All information will be handled discreetly and efficiently.

*Examples included in the list have been adapted from the Commonwealth of Virginia’s model hazing prevention policy developed by the State Council of Higher Education for Virginia.

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**Hazing Education and Prevention**

The University maintains a comprehensive website aimed at hazing education and prevention. From this website, parents are able to access information on reporting hazing, recognizing hazing, and alternative activities that do not constitute hazing.

**For more information**

www.virginia.edu/hazing
As the parent or family member of a University of Virginia student, you are invited to become involved in the life of the University. Opportunities on Grounds, in your region, events especially for you such as Family Weekend—all are ways for you to become an active member of the extended community.

Staying in Touch: Communications with Parents

If your daughter or son included your email address on the admission application to UVA, then you automatically will receive major email communications from the University. These include messages from the vice president and chief student affairs officer as well as invitations to events hosted by UVA Clubs in your geographic region. You may unsubscribe from individual messages at any time.

**Parent Help Line**

434-243-3333
parents@virginia.edu

The University operates a Parent Help Line, making it easy to get an answer to your question. If you cannot find the answers you need in this handbook or on the University’s website, then contact the Parent Help Line.

If you have an emergency and need to reach the University, please see page 2 for where to call. If necessary, you can reach a dean 24/7.

**Communications**

PARENT HANDBOOK


**Parent Handbook**

A central resource, the Parent Handbook is updated annually, and online versions are available in English, Chinese, and Spanish.

**PARENTS WEBSITE**

[www.virginia.edu/parents](http://www.virginia.edu/parents)

Find news, information, reminders, and topics specifically for parents and family members.

**UVA TODAY DAILY REPORT**

[http://news.virginia.edu](http://news.virginia.edu)

Visit UVA Today for the most up-to-date University news and to subscribe to the UVA Today Daily Report, a weekday e-newsletter.
STUDENT AFFAIRS COMMUNICATION
http://vpsa.virginia.edu/communications
Members of the Student Affairs team, including the vice president, send messages to parents throughout the year about events and issues influencing student life. You also will receive reminders about special events, such as Family Weekend and Final Exercises. To ensure that you receive these messages, sign up at http://hoosonline.virginia.edu/parentsemail.

EMERGENCIES
www.virginia.edu/emergency
During an emergency, the best source of official information will be the University’s Emergency home page. For more details on how the University plans for emergencies, including communicating with students and parents, see pages 32-33.

WEB CALENDARS
» Alumni, Parents, and Friends Calendar: alumni.virginia.edu/events
» University Calendar: calendar.virginia.edu
If you need to confirm a date, want to know what UVA events may be taking place in your city or region, or simply want to know what student groups are doing, then you will find details in these two online calendars.

UNIVERSITY OF VIRGINIA MAGAZINE
uvamagazine.org
The UVA Alumni Association’s award-winning magazine offers an independent window into life on Grounds and UVA’s place in the world, covering students, faculty, and alumni among other key players, and providing the larger narrative of the University’s rich history, its engaging present, and the promise of tomorrow. Virginia Magazine, which parents automatically receive, publishes four print and eight online-extra editions. Find current and back issues on the magazine website and follow it on social media.

CAREER SUPPORT
» Friday Forum Webinars: www.alumni.virginia.edu/career
» UVAlumniJOBS: alumni.virginia.edu/careerservices/view-job-opportunities
Parents and family members are invited to take advantage of programs and services offered by the UVA Alumni Association’s Career Services team. The Friday Forum Webinar Series features current topics on career and professional development.

And pay it forward by letting your employers know about UVAlumniJOBS, where job opportunities, from entry level to experienced professionals, can be posted free of charge for the benefit of University of Virginia graduates from all schools.

To learn more about communications with parents, please contact Virginia E. Carter, director of communications for Student Affairs, at parentcommunications@virginia.edu or at 434.924.1036.

For more information
www.virginia.edu/parents

Social Media

Many individuals and departments at UVA reach out through social media. These are a few of the major ones:
• Facebook: www.facebook.com/universityofvirginia
• Instagram: www.instagram.com/theuniversityofvirginia
• Linkedin: www.linkedin.com/groups/74737
• Twitter: @UVA
• YouTube: www.youtube.com/uva

Visit social.virginia.edu for more, including a directory of University accounts.
Events for Parents and Families

Parents and family members are welcome to visit UVA at any time. Final Exercises, Family Weekend, and Parent Orientation are times especially for parents and families. The University welcomes parents and family members at other activities and events, exhibits, and special programs.

Final Exercises

Final Exercises, or commencement, occur each May for undergraduate and graduate degree candidates. In 2017, the Final Exercises ceremony for the College and Graduate School of Arts & Sciences will be on Saturday, May 20, and the other 10 schools and the Data Science Institute will hold Final Exercises on Sunday, May 21.

Barring severe weather conditions, both Final Exercises ceremonies (on Saturday and Sunday mornings) take place on the Lawn. Complete details are on the Web, but some important things to keep in mind:

» Tickets are required for both Lawn ceremonies. Please visit the Finals website for guest seating ticket information. Seating opens at 7:30 a.m., with the academic procession starting at 10 a.m.

» Guests without tickets are welcome to watch the ceremonies from air-conditioned remote viewing locations in several locations on the Grounds.

» The University suggests parking in the large, designated UVA parking areas (such as the lots at Scott Stadium or John Paul Jones Arena/University Hall) and using the shuttle bus service to reach the ceremonies.

» Area accommodations fill up fast for Finals weekend, so it is advisable to make reservations as soon as possible. Many hotels will accept reservations for the coming year on the day after Finals of the current year. Some hold telephone lotteries in June. Since policies and practices vary among hotels, it is best to check with individual facilities.

» To provide an affordable, on-Grounds housing option for guests attending Finals Weekend, the University offers student-style accommodations in dorm rooms located in the new Alderman Road hall-style residence area. Online registration for Finals Weekend 2017 begins September 1, 2016. For more information, see www.virginia.edu/housing/conferences/grad_2017.php.

DATES FOR UPCOMING FINAL EXERCISES:

» May 20, 2017 (College and Graduate School of Arts & Sciences)

» May 21, 2017 (all schools other than the College and Graduate School of Arts & Sciences)

» May 18 and 19, 2019

» May 16 and 17, 2020

For more information: www.virginia.edu-finals
Family Weekend
November 4-6, 2016
A time especially for parents and family members, Family Weekend features a full schedule of activities, including open classes to attend, faculty presentations, cultural celebrations, open houses, concerts, and many other programs. Family Weekend is also a great time to get a feel for the day-to-day life of today’s students. Fall Convocation and the awarding of Intermediate Honors to third-year students officially mark the start of Family Weekend on Friday afternoon. After Convocation, the third-year class holds its Ring Ceremony for students, family members, and friends.

For more information
www.virginia.edu/familyweekend

Parent Orientation
Offered each summer in conjunction with Orientation for new students, the orientation program for parents covers topics ranging from health and safety to student housing. Families also can get their questions answered about financial aid, Cavalier Advantage, the academic environment, and Move-In Day. It is a time to learn about what is in store for new students and the many resources available to both students and parents.

For more information
www.virginia.edu/orientation

Educational Programs
The University of Virginia offers a wide variety of educational opportunities for parents, family members, and friends.

LIFETIME LEARNING
http://alumni.virginia.edu/learn
An Alumni and Parent Engagement program, Lifetime Learning hosts programs on the Grounds, in locations around the country and the world, and online. You will find many opportunities to expand your mind and broaden your horizons through lectures, symposia, talks, and online offerings.

CONTINUING AND EXECUTIVE EDUCATION
http://www.virginia.edu/academics/continuinged
Whether you want to finish an undergraduate degree, earn a certificate in a specialty, or prepare for executive leadership, UVA offers programs in Charlottesville and around the state to meet the needs of adult learners.

OAAA Parents Advisory Association
Based in the Office of African-American Affairs, the Parents Advisory Association is an important component of a holistic approach to student retention, where parents and University administrators, faculty, and staff work in partnership to support African-American students. The organization has been influential in assisting the University with wide-ranging issues encompassing diversity and climate. The OAAA Parents Advisory Association sponsors activities in Northern Virginia, Richmond, and the Tidewater area of Virginia.

For more information
http://oaaa.virginia.edu/parents-advisory-association
ARTS AND EXHIBITS
http://arts.virginia.edu
The Fralin Museum of Art hosts exhibits, programs, and social events throughout the year. The Kluge-Ruhe Aboriginal Art Collection offers educational public programs, including exhibits, tours, lectures, and concerts. Regular exhibits also are featured through the UVA Libraries.

VIRGINIA FESTIVAL OF THE BOOK
http://vabook.org
The Virginia Foundation for the Humanities hosts the Virginia Festival of the Book in Charlottesville in March, featuring more than 200 authors and book professionals in educational programs for adults, children, and youth.

VIRGINIA FILM FESTIVAL
http://virginiafilmfestival.org
Every fall, the Virginia Film Festival attracts thousands of film enthusiasts from across the country. The 2016 festival takes place November 3-6, coinciding with Family Weekend.

LECTURES, CONCERTS, SPEAKERS
calendar.virginia.edu
The University Calendar lists University-wide events of general interest, including public lectures, concerts, and presentations, as well as student events.

Sporting Events
The University knows that parents are some of its biggest fans. All parents and family members can support athletics by purchasing season tickets or single game tickets at VirginiaSports.com/Tickets or by calling the Virginia Athletics Ticket Office at 1.800.542.UVA1 (8821).

The athletics ticket office is located in Bryant Hall at Scott Stadium and is open weekdays from 9 a.m. until 5 p.m.

For more information
www.VirginiaSports.com
www.VirginiaSportsTV.com
Virginia Cavaliers
@VirginiaSports

The Virginia men’s tennis team repeated as NCAA Champions in 2016. It was the Cavaliers’ third title in the past four years.
Parents and families are invited to participate in many activities on Grounds and in cities across the world to connect with each other, with alumni, and with the University of Virginia. Below you will find ways to get involved and stay connected through UVA’s alumni and parent engagement programs.

**LIFETIME LEARNING**
You are invited to continue your pursuit of intellectual knowledge through a variety of ways. For more information, visit www.alumni.virginia.edu/learn.

- Faculty lectures in your hometown with UVA Clubs.
- “More Than the Score” lectures before each home football game.
- Engaging the Mind public lectures in Virginia.
- Summer Jefferson Symposium, an on-Grounds educational experience.
- One-Day UVA, an in-depth, daylong learning experience designed to educate, provoke thought, and encourage dialogue.
- An online catalog of educational resources, Podcast recordings of faculty lectures, and the blog, “Thoughts from the Lawn.”

**UVA CLUBS**
With locations in more than 100 cities worldwide, parents and family members are invited to participate in social events, community service projects, educational activities, and professional development in the community where you live. To find a UVA Club near you, go to http://uvaclubs.virginia.edu. Activities include:

- Community service projects and volunteer leadership opportunities with your local UVA Club.
- Meet and get to know other UVA parents in your hometown by coming together to socialize and share experiences at a Hoos Up for Coffee event.
- Learn from the University’s top faculty during regional talks on a variety of topics.
- Cheer on UVA sports teams with fellow Cavalier fans at game watching events and tailgates.
- Get to know fellow UVA students and parents at Student Send-offs where you can meet current students, parents, alumni, and University staff.

**ALUMNI AND PARENT TRAVEL**
The University of Virginia’s Alumni and Parent Travel program offers a variety of educational travel journeys to worldwide destinations with UVA faculty and local experts. To learn more, visit http://alumni.virginia.edu/travel. Upcoming destinations include:

- **Cuba II**  
  September 17-25, 2016
- **Danube River**  
  October 17-29, 2016
- **Burma: Alumni Service Trip**  
  September 23-30, 2016

To stay up to date about happenings on Grounds and in your hometown, check the following event calendars:

- **University Calendar of Events:**  
  http://calendar.virginia.edu
- **Alumni and Friends Calendar of Events:**  
  alumni.virginia.edu/events

Please join us this fall for the Family Weekend Breakfast to find out more ways to stay connected to UVA.

For more information about ways to get involved, contact Beverly Wakefield, senior associate director for alumni and parent engagement, at beverlyw@virginia.edu or 434.243.2202.
Many parents support the University through gifts to the Parents Fund and become involved by joining the Parents Fund Committee. Parents also direct their philanthropy to the University’s institutional priorities.

### UVA Parents Fund and Parents Fund Committee
Gifts to the Parents Fund enhance the University of Virginia undergraduate student experience. In 2015-2016, nearly 4,000 parents generously supported this mission.

The fund is administered by the Parents Fund Committee, a group of dedicated alumni and nonalumni parents who share an interest in maintaining the unmatched UVA student experience.

The Parents Fund has an immediate, tangible impact. Funds raised each fiscal year are allocated the next academic year in support of student life and organizations, safety and health, University traditions, diversity, and parent resources like this handbook.

Formed in 1980, the committee provides grants to student groups and fundraises for special initiatives.

The University president and the vice president and chief student affairs officer each receive a portion of the Parents Fund monies to be used at their discretion for student programming and important needs. Fifty percent of the fund is allocated by the Parents Fund Committee for grants and special initiatives.

Since its inception, the Parents Fund Committee has awarded more than $8 million to more than 1,650 student groups, organizations, and programs around Grounds.

Parents Fund Committee Grants and Special Initiatives have a broad purpose and help foster a unique and welcoming community for all students. The grants aim to:
- encourage student leadership, creativity, and enterprise;
- support the academic core and increase student-faculty interaction;
- promote student health and safety;
- prepare students for internships and career development; and
- maintain rich traditions.

**More than $1 million was awarded by the Parents Fund Committee during the 2015-2016 academic year to more than 90 projects and special initiatives. Selected allocations include:**
- University Career Center’s Internship Center and the Job Developer Position
- Days on the Lawn
- Madison House
- Lighting of the Lawn
- Cavalier Daily
- Quidditch at UVA
- Virginia Baja Racing Society of Automotive Engineers
- University Singers

A complete list of grants can be found at uvaparents.virginia.edu/grants.

### Institutional Priorities
The University of Virginia is dedicated to preparing student-leaders who are imaginative, globally aware, and ready for public service to the Commonwealth, the nation, and the world.

Guided by its new strategic plan, the University is laying the foundation for its third century by focusing on three institutional priorities: providing outstanding students with scholarships, retaining and recruiting top faculty, and restoring and renewing the Jeffersonian Grounds.

**Advancing Faculty Excellence**
The University’s ability to prepare future generations for leadership rests squarely on the talent, drive, and character of its faculty.

Faculty teach and mentor students, conduct research, and actively participate in moving the academic mission forward. In addition, close student-faculty interaction is key to the student experience and central to the University’s longstanding reputation for undergraduate excellence.

With the support of alumni, parents, and friends, the University will recruit and retain researchers and teachers who are demonstrated leaders in their areas of scholarship.

**Restoring the Academical Village**
The Jeffersonian Grounds Initiative (JGI), the University’s comprehensive program to restore, renovate, and repair Thomas Jefferson’s Academical Village, will ensure that this historic precinct remains a thriving academic center for students and faculty.

Time, the elements, and continual use
have taken a toll on the Academical Village. JGI includes funding for programs and endowments necessary for the long-term stewardship of the Academical Village, the heart of the UVA experience.

**Need-Based Scholarships: Investing in Talent**

Talented students from all walks of life make the University a special place. The University is committed to providing need-based scholarships and financial aid to ensure that all qualified students have the opportunity for a world-class education at UVA.

Creating a sustainable source of funding for student financial support is essential to ensuring that UVA continues to attract outstanding students from around the country.

Scholarship support allows a new generation of students to study honor, ethics, citizenship, leadership, and to carry these values with them into the world.

**Making your Gift of Support**

Your gift to the Parents Fund or to an institutional priority helps maintain the unparalleled experience that attracted your child to UVA and that affection we all feel when visiting the Grounds. Whether you make a Parents Fund gift, create an endowment, or provide support in your estate plan, your gift matters.

**For more information, contact the Parents Fund team:**

Jeff Boyd, Director
434.924.3010 or 800.688.9882
jsb2e@virginia.edu

Marilyn Wright, Senior Associate Director
434.924.7493 or 800.688.9882
marilynwright@virginia.edu

Jennifer Huebner, Specialist
434.924.1310 or 800.688.9882
jenniferh@virginia.edu

UVA Parents Fund
P.O. Box 400807
Charlottesville, VA 22904
Physical Address: 400 Ray C. Hunt Drive, Charlottesville, VA 22903
Fax: 434.924.0556
uvaparents.virginia.edu
http://giving.virginia.edu
uvaparentscommittee@virginia.edu

As the parent of one former and one current student, it is rewarding to know that the monies raised by the Parents Fund will be spent on directly enhancing the student experience.

**Mary Beth Hakanson Thomas**
McIntire School of Commerce ’86
Parent of Bailey ’15 and Will ’17
McLean, Virginia and Tampa, Florida

Jennifer Huebner, Specialist
434.924.1310 or 800.688.9882
jenniferh@virginia.edu

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uvaparentscommittee@virginia.edu

The UVA Parents Fund Team, from left: Marilyn Wright, Jeff Boyd, and Jennifer Huebner
NOTES

Use this page to keep track of your student's contact information and class schedules.

Email Address

First-year Mailing Address (see page 22)

Second-year mailing address

Third-year mailing address

Fourth-year mailing address

ROOMMATE'S / SUITEMATES' NAMES AND CONTACT INFORMATION

CLASS SCHEDULES

FALL 2016  SPRING 2017

FALL 2017  SPRING 2018

FALL 2018  SPRING 2019

FALL 2019  SPRING 2020
Student Safety Guide

UVA Emergency Notification System

In an emergency, the University uses multiple systems to quickly make community members aware of a threat and the steps to take to stay safe.

In case of an imminent threat, one or more of the following notifications will be used:

**UVA ALERTS**
Notifies registered users through text messages and email. Students can register parents and others.
Sign up at www.virginia.edu/uvaalerts.

**SIREN AND PUBLIC ADDRESS BROADCASTS**
Outdoor warning system audible throughout many areas of the Grounds.

**UNIVERSITY EMAIL**
Notifies everyone with an @virginia.edu account.

**ALERT NOTICES**

**DESKTOP NOTIFICATIONS**
For all registered users. Students can register at http://uvaemergency.virginia.edu/alertus-desktop.

**LCD AND LED SCREEN MESSAGING**
In classrooms and public spaces.

CLERY ACT TIMELY WARNINGS

To provide timely notice to the University community in the event of a crime that may pose a serious or ongoing threat, the University Police Department (UPD) may issue a “timely warning” generally for the following crimes: arson; aggravated assault; criminal homicide; robbery; burglary; rape; fondling, incest, statutory rape; and hate crimes. Timely warnings also may be issued for other Clery Act crimes as deemed necessary. The purpose of a timely warning is to notify the University community of the Incident and to provide information that may enable community members to better protect themselves from similar incidents.

UPD will issue a timely warning whenever the following criteria are met: (1) a Clery Act crime is reported, (2) the crime occurred in a Clery reportable location, (3) the perpetrator has not been apprehended, and (4) there is a serious or ongoing threat to the campus community because of this crime.

In certain circumstances, an incident may not meet the criteria of a Clery Act crime, but may constitute a serious or ongoing threat to the University community. When a timely warning is not required by law, the Chief of Police and/or the Assistant Vice President for Clery Compliance (or designee) may choose to issue a “community alert” via email notifying the campus community of the threat. The content of a community alert may vary depending on the type of incident reported and the location where it occurred.

Very truly yours,

Teresa A. Sullivan
President
SAFETY NEAR THE UVA GROUNDS

Ambassador Program
The University provides Ambassadors who patrol a broad area off Grounds where students live and spend time. Ambassadors are not police, and they are not armed. They provide “eyes and ears” on the street helping students and anyone else who needs assistance. An Ambassador will be your buddy if you need one.

Ambassadors patrol on foot, on bicycle, and in vehicles in densely populated areas, including the Corner (the business area near UVA that students frequent).

On foot, Ambassadors cover an area from University Avenue to Preston Avenue, and from Rugby Road to 14th Street, as well as along Westland Avenue. Ambassadors on bikes extend further, patrolling east along West Main Street to Ridge Street, and south on Jefferson Park Avenue to Maury Avenue.

For the full territory, see the map at http://www.virginia.edu/uvapolice/AmbassadorZoneMap.pdf.

Ambassadors are highly visible — look for their green neon shirts — and highly engaged with the community. You should feel free to approach them to ask for a walking escort or for help in calling Safe Ride, a taxi, or an ambulance. Ambassadors also can assist you to get help for someone else.

Ambassadors are not a substitute for calling 911.

Public Safety Substation
A Public Safety Substation located in the heart of the Corner is staffed by Ambassadors 24/7. The substation increases the presence of University Police and city of Charlottesville Police in the area by providing a location for officers to carry out administrative duties.

Students can use the substation as a place to get non-emergency help on the Corner or as a meeting place to wait for friends or a ride. The substation is not a substitute for calling 911.

TRANSPORTATION AFTER HOURS

Late Night Bus Service
The University Transit Service operates until 12:30 a.m. When school is in session, on Thursday, Friday, and Saturday nights, bus service is extended until 2:30 a.m. on the North Lane and Outer U-Loop with buses running approximately every 20 minutes. Use Transloc, a bus tracking app, for live service predictions at http://uva.transloc.com.

Safe Ride
Safe Ride is an on-demand van shuttle service intended to provide UVA students with safe transportation in lieu of walking alone when UTS buses are not in service.

HOURS DURING FALL AND SPRING SEMESTERS:
• Overnight Sunday through Wednesday: 12:30 a.m. to 7 a.m.
• Overnight Thursday through Saturday: 2:30 a.m. to 7 a.m.

HOURS DURING SUMMER AND ACADEMIC BREAKS:
• 12:30 a.m. to 7 a.m. every night

Safe Ride operates within a specific service area to maximize van availability and minimize wait times. Riders may be requested via Transloc OnDemand (an online or mobile app that requires registration) or by calling 434.242.1122. Ride requests will be grouped with nearby pick-up and drop-off points. Learn more at www.virginia.edu/parking/saferide.
Call 911 whenever something doesn’t feel right or if you need emergency assistance. Always trust your instincts.

**SAFETY TRAINING**

**R.A.D. Self-Defense Training**

UVA police officers lead classes in self-defense for students. R.A.D. (Rape Aggression Defense) instruction is designed for female students and covers escape, physical attack, personal awareness, risk avoidance, community assistance, and procedures for prosecution. Self-defense training also is available for male students. For more information, contact UPD Officer Rexrode at br7u@virginia.edu.

**Fire Safety Training**

UVA's Office of Environmental Health and Safety provides comprehensive fire and life safety programs, serving as a model for other colleges and universities. For more information or to request services, contact fire-safety@virginia.edu.

**Fire Drills**

UVA fire professionals conduct drills in all residence halls to ensure that students understand how to evacuate and where to assemble. By state code, four drills are required per year. The first drill is conducted within the first 10 days of classes, and at least one drill is conducted at night.

**Mandatory Residence Hall Fire Inspections**

The State Fire Marshal’s Office is required to conduct inspections of UVA residence halls. About 20 to 25 percent of all rooms are randomly selected for inspection. Notices are written for violations.

**Courtesy Inspections for Residence Halls**

UVA fire safety inspectors are available to educate and assist students in residence halls in correcting fire safety issues and violations upon request. This service is educational and informative; no violations are issued during these voluntary inspections.

**Safety Presentations**

University fire professionals are available to review evacuation procedures, fire prevention information and tips, fire protection systems, testing of smoke alarms, and other safety topics. Available to small groups upon request.

**Green Dot**

The Green Dot program, adopted by UVA in 2015, is grounded in research and aimed at measurably and systematically reducing power-based personal violence (sexual assault, dating violence, and stalking) by creating a cultural shift. In order to create a cultural shift within a community, a critical mass of individuals needs to engage in a new behavior that makes violence less sustainable. That new behavior is a Green Dot. The power of Green Dot is the momentum that can be built and sustained when individuals see themselves in connection with others as part of something ultimately bigger than the sum of its parts. Students are invited to learn more and get involved in Green Dot. See [http://notonourgrounds.virginia.edu/greendot](http://notonourgrounds.virginia.edu/greendot).

**ORGANIZATIONS AND EVENTS**

**Hoos Ready**

With a goal to enhance safety at UVA, Hoos Ready acts as an extension of the Office of Safety and Emergency Preparedness, serving as a liaison with the student body and as a sounding board for administration. Hoos Ready helps increase students’ awareness of the safest practices for living both on and off Grounds.

To learn more about Hoos Ready and how you can get involved, see [www.facebook.com/hoosreadyuva](http://www.facebook.com/hoosreadyuva) or contact Ben Cosgro at bcc5d@virginia.edu.

**Student Council Safety and Wellness Committee**

Student Council’s Safety and Wellness Committee serves as the primary advocate for student safety at UVA. The committee seeks to create an environment in which safety- and wellness-related organizations can collaborate on initiatives and work to educate the student body on available resources. Contact Ben Webel (bkw4dp@virginia.edu) and Madalyn Kimlick (mkhl9jr@virginia.edu), the committee co-chairs, with any questions or concerns.

**Student Safety Fair**

Look for announcements about an annual fall Student Safety Fair, designed to build awareness about safety and response measures that can save lives. Representatives from UVA and the Charlottesville community share information and provide engaging hands-on exhibits to help students ramp up their personal safety knowledge.

**UVA Security and General Safety Committee**

The Security and General Safety Committee receives suggestions and recommendations for improvement of safety conditions in various University facilities and reports its

**Alcohol and Personal Safety**

- Stay in a group in which at least one person does not drink that night.
- Know that students drink less than you think. On a typical Friday, 60 percent of students don’t drink, or they consume three or fewer drinks.
- Never leave a drunken friend alone. A person’s Blood Alcohol Concentration (BAC) may continue to rise after passing out or stopping drinking. Use PUBS as a guide to the symptoms of alcohol overdose.
- Puking while passed out.
- Unresponsive to stimulation (pinch or shaking).
- Breathing (slow, shallow, or no breathing).
- Skin (blue, cold, or clammy).
- If you see even one sign of alcohol overdose, call 911.
- If you are unsure, call the Poison Center at 800.222.1222 for confidential, expert advice.

**Make Safety a Routine**

- Be familiar with all available safety resources, and use them.
- Make safety part of your day or an event. When you go out, especially to socialize, follow the plan you’ve created with your friends for getting there and getting back safely. Check in with your friends throughout the evening, and make sure everyone leaves together.
- Be an active bystander—within your own comfort level. When your “gut” tells you things aren’t right, do what you can—comfortably and safely—to confront the situation.
- Learn about the Green Dot initiative at UVA and all the ways you can help prevent power-based violence.

**Charge-a-Ride (with Yellow Cab)**

Students who find themselves in uncomfortable situations with no reliable or safe means of local transportation and no money for cab fare can call Yellow Cab Charge-a-Ride at 434.295.4131.

Using your valid UVA ID card, you can charge the ride to UVA and be billed via the Student Information System—no questions asked. For more information, see [www.virginia.edu/deanofstudents/programsandservices](http://www.virginia.edu/deanofstudents/programsandservices).

**UBike**

UBike’s bike-sharing program, UBike, provides access to bicycles across 15 conveniently located UBike hubs on Grounds. The bikes can be taken from one hub and returned to another, allowing students to cover a lot of ground in a short amount of time. UBike requires purchase of a subscription online. For more information and to download the app, go to [http://ubike.virginia.edu/](http://ubike.virginia.edu/).

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findings to the Executive Vice President and Chief Operating Officer. The committee encourages the practice of safety procedures in everyday routines and recommends training programs for the University community. Contact the Office of Safety and Emergency Preparedness at 434.982.0565.

**Night Tours.** The committee conducts annual fall and spring night tours to assess safety conditions across Grounds in darkness. Students are encouraged to submit suggested locations for night tours to sosp@virginia.edu.

**Pedestrian Crosswalks.** The University is continuously improving pedestrian crosswalks and has recently installed a crosswalk warning system called Rapid Flashing Beacons (RFBs). RFBS allow the University to put more lights in more locations across the Grounds. The main key to using the RFB: Pedestrians must push the button to activate the lights.

### REPORTING TOOLS

**Just Report It**
Students, faculty, staff, or others who experience or witness an incident of bias or abuse directed toward themselves, or other acts of sexual violence, stalking, harassment, or hazin in violation of University policy, are urged to report the incident through Just Report It. This online incident reporting system is operated by the Office of the Dean of Students.

The system enables anyone to report a situation in which she or he believes a student was treated wrongly — whether verbally, physically, or in writing — by another individual. The perpetrator may or may not be a student.

Information can be submitted anonymously or may include a name or other personally identifying information. The University’s ability to act on reports submitted anonymously may be limited. See www.virginia.edu/justreportit.

**Report a Safety Hazard**
Anyone can make the University aware of a safety concern (such as cracked steps, a malfunctioning emergency phone or AED) via this online tool at www.virginia.edu/emergency/safety.

**Report a Barrier**
This online tool facilitates the reporting of barriers that would prevent an individual with disabilities from equally accessing and participating in the University’s academic programs, sponsored events, or the Grounds. See http://reportabarrier.virginia.edu.

**TipSoft**
This confidential platform allows members of the community to supply information or tips to the University Police. You can submit tips through UPD’s website at www.virginia.edu/uvapolicetine or use the TipSubmit app.

For an emergency, or to report a crime or an act of threat of violence in progress, call 911 immediately.

**Safety Apps**
For help in an emergency, dial 911 on any phone or press the word “emergency” on the locked screen of a mobile phone. As technology advances, the University continues to evaluate safety applications. Students are free to choose the app that works best for them, especially since apps change frequently. “Circle of 6” is a free app for iPhone and Android that quickly connects you with six friends of your choice. This offers you the advantage of choosing local friends who can help you when you may need it.

### RELATED SAFETY AND HEALTH RESOURCES

**Counseling and Psychological Services**
CAPS is located within the Department of Student Health. Psychologists, social workers, psychiatrists, and other mental health care professionals provide assessment, counseling, and medication management for students coping with anxiety, mood, disordered eating, adjustment issues, relationship concerns, substance abuse, and other issues. Counselors are available to assist with emerging mental health crises. Case management services help bridge care into the community as needed. Additionally, programming to promote mental wellness and suicide prevention is delivered to the entire UVA community.


To reach CAPS, call 434.243.5150 during business hours. For emergencies after 5 p.m. and on weekends, call 911 or 434.972.7004.

**Sexual Violence Support**
UVA takes gender-based violence seriously and provides support and information to survivors, friends and families of survivors, and the University community. The Sexual Violence Education and Resources website provides information on what to do after an assault, how to support a survivor, reporting options, and how to get involved in addressing and preventing sexual violence.

See www.virginia.edu/sexualviolence.

An infographic, “What Students Need to Know,” is an important resource informing students about assistance, support, and reporting options. See www.virginia.edu/sexualviolence/get_help_now.pdf.

Additional training and programming around sexual violence are available to students when they enter the University and throughout the academic year.

**Gordie Center for Substance Abuse Prevention**
Student Health’s Gordie Center for Substance Abuse Prevention coordinates University-wide alcohol and other drug abuse prevention strategies and support for students in recovery. See http://gordiecenter.studenthealth.virginia.edu.

### IMPORTANT PHONE NUMBERS

**EMERGENCY 911**

| **Ambassadors** | 924.7166 |
| **Public Safety Substation** | 924.7166 |
| **Building Issues** | 924.1777 |
| **Hazing Hotline** | 243.4293 |
| **Inclement Weather** (recording) | 924.7669 or 243.7669 |
| **Office of the Dean of Students** | 924.7133 |
| **Safe Ride** | 242.1122 |
| **Sexual Assault Resource Agency** | 977.7273 |
| **Student Health** | 924.5362 |
| **UVA Police** (non-emergency) | 977.9041 |
| **Charge-a-Ride** (with Yellow Cab) | 295.4131 |

(Area Code 434 for all numbers above)
The following list of Charlottesville-area businesses and organizations is not intended to be exhaustive, nor is any endorsement implied by the University of Virginia. For more information about visiting Charlottesville, please see www.visitcharlottesville.org.

**HOTELS**

200 South Street Inn  
200 W. South Street (Downtown)  
www.southstreetinn.com  
979.0200

Best Western–Charlottesville Airport  
5920 Seminole Trail (Ruckersville)  
www.bestwesternvirginia.com  
800.780.7794  
985.1855

The Boar’s Head Inn  
200 Ednam Drive  
www.boarshedheadinn.com  
296.2181  
855.457.2295

Cavalier Inn at the University of Virginia  
105 Emmet Street N.  
www.cavalierinn.com  
296.8111

Clifton Inn  
1296 Clifton Inn Drive  
www.clifton-inn.com  
971.8100

Collegeweekends.com  
709 Lyons Court Lane  
http://uva.collegeweekends.com  
800.704.6914  
245.0700

Comfort Inn, University  
1803 Emmet Street N.  
www.choicehotels.com  
877.424.6423  
293.6188

Comfort Inn, Monticello  
2097 Inn Drive  
www.choicehotels.com  
877.424.6423  
977.3300

Courtyard by Marriott – Charlottesville North  
638 Hillsdale Drive  
(by Fashion Square Mall)  
www.marriott.com  
888.236.2427  
973.7100

Courtyard by Marriott – UVA/Medical Center  
1201 W. Main Street  
www.marriott.com  
888.236.2427  
977.7100

Days Inn University Area  
1600 Emmet Street N  
www.daysinn.com  
800.225.3297  
293.2111

Dinsmore House Inn  
121 W. Main Street  
(near the UVA Corner, across from Medical Center)  
www.dinsmorehouse.com  
877.822.7829  
974.4663

Doubletree Hotel Charlottesville  
900 Hilton Heights Road  
www.doubletree.com  
888.610.8733  
973.2121

Econo Lodge North  
2014 Holiday Drive  
www.econolodge.com  
877.444.6423  
295.2185

English Inn of Charlottesville  
2000 Morton Drive  
www.englishincharlottesville.com  
800.786.5400  
971.9900

Excel Inn  
140 Emmet Street N.  
www.budgetmuncharlottesville.com  
800.292.5144  
293.5141

Fairfield Inn (Marriott)  
577 Branchlands Boulevard  
www.marriott.com  
888.236.2427  
964.9411

Foxfield Inn  
2280 Garth Road  
www.foxfieldinn.com  
866.369.3536  
923.8892

Graduate Charlottesville  
1309 W. Main Street  
www.graduatecharlottesville.com  
295.4333

Guesthouses Reservation Services  
(Bed and breakfast reservations)  
1922 Arlington Boulevard  
www.va-guesthouses.com  
979.7264

Hampton Inn  
2015 India Road  
www.hamptoninn.com  
800.445.8667  
978.8888

Hampton Inn and Suites  
900 W. Main Street  
www.hamptoninn.com  
800.445.8667  
923.8600

Hilton Garden Inn  
1793 Richmond Road  
www.hiltongardeninn.com  
877.782.9444  
979.4447

Holiday Inn Monticello  
1200 Fifth Street Extended  
www.holidayinn.com  
888.466.4329  
977.7700

Holiday Inn University Area  
1901 Emmet Street N.  
www.holidayinn.com  
888.466.4329  
977.7700

Homewood Suites  
2036 India Road  
www.homewoodsuites3.hilton.com  
888.222.2222  
973.9500

Hyatt Place Charlottesville  
2100 Bond Street  
www.charlottesville.place.hyatt.com  
995.5200

Inn at Court Square  
410 E. Jefferson Street  
www.inнатcourtsquare.com  
866.466.2877  
295.2800

Inn at Darden  
100 Darden Boulevard (located on UVa’s North Grounds)  
www.innatdarden.com  
243.5000

Keswick Hall at Monticello  
701 Club Drive (Keswick)  
www.keswick.com  
888.778.2565  
979.3440

Omni Charlottesville Hotel  
212 Ridge McIntire Road (Downtown Mall)  
www.omnihotels.com  
888.444.6664  
971.5500

Red Carpet Inn  
405 Premier Circle  
973.8133

Residence Inn Charlottesville  
111 Millmont Street  
www.marriott.com  
923.0300

Residence Inn Charlottesville Downtown  
315 W. Main Street  
220.0075

Silver Thatch Inn  
3001 Hollymead Drive  
www.silverthatch.com  
978.4686

Sleep Inn & Suites  
1185 Fifth Street Extended  
www.sleepinn.com  
244.9969

Super 8 Motel  
390 Greenbrier Drive  
www.super8.com  
800.444.6664  
973.0888

Village Inn Motel  
8010 Thomas Nelson Highway (Lovington)  
800.672.5337  
263.5068

Wintergreen Resort  
Route 664 (43 miles southwest of Charlottesville)  
www.wintergreenresort.com  
885.699-1858

**RESTAURANTS**

The dollar symbols ($) denote approximate prices for the average single dinner entrée:

- $ under $10
- $$ $10-$25
- $$$ $25 and over

105 Grill & Pub  
105 Fourteenth Street N.W.  
282.2045  
Asian American Fusion $

Aberdeen Barn  
2018 Holiday Drive  
296.4630  
Steakhouse $$$

Aromas Café & Catering  
1105 Emmet Street N.  
244.286  
Mediterranean $$

Baja Bean Co.  
2291 Seminole Lane  
975.1070  
Mexican $

Bang!  
213 Second Street S.W. (Downtown)  
984.2264  
Asian Tapas $$
Basil Mediterranean Bistro
109 Fourteenth Street (the Corner)
977-5700
Mediterranean $$

Bellair Market (and gas)
2401 Ivy Road
971-6608
Sandwiches $-

Bella’s Restaurant
707 W. Main Street
327-4233
Italian $$

Biltmore
16 Ellicwood Avenue (the Corner)
202-1498
American Grill $

Bizu
119 W. Main Street (Downtown Mall)
977-1818
Modern American $$

Bluegrass Grill & Bakery
315 Second Street S.E. (Downtown)
293-9700
Breakfast and Lunch $

Blue Moon Diner
512 W. Main Street
980-6666
Burgers, Sandwiches $

Bodo’s Bagels
1. 1418 Emmett Street N.
2. 505 Preston Avenue
3. 1609 University Avenue (the Corner)
Bagels and Delicatessen $

Bonefish Grill
269 Conner Drive
975-2474
Seafood $$

Boylan Heights
102 Fourteenth Street (the Corner)
984-5707
Burgers $

Buffalo Wild Wings Grill & Bar
1935 Arlington Boulevard
977-1882
American $

Burtons Grill
2010 Bond Street
977-1111
American $$$

Café Caturra
127 W. Main Street (the Corner)
202-2051
European Café and Wine Bar $$-

C & O Restaurant
515 E. Water Street (Downtown)
971-7044
Fine Dining $$$

Chipotle
1. 953 Emmett Street N.
2. 2040 Abbey Road
Mexican $

Chili’s Grill & Bar
100 Zan Road
975-0800
Southwestern $-

Christian’s Pizza
1. 100 Emmett Street N.W.
2. 118 W. Main Street (Downtown Mall)
3. 1880 Abbey Road
4. 3440 Seminole Trail
5. 193-6788
Pizza $

Citizen Burger Bar
212 E. Main Street (Downtown Mall)
979-9944
Burgers $$-

Clifton Inn
1296 Clifton Inn Drive
971-1800
Fine Dining $$$-

College Inn
1511 University Avenue (the Corner)
977-2710
Italian, Greek, American $

Continental Divide
811 W. Main Street
984-0143
Southwestern $$

Cook-Out
1254 Emmett Street N.
866-547-0011
Fast Food $

Coupe’s
9 Ellicwood Avenue (the Corner)
282-2141
American $

Crozet Pizza
1. 5704 Three Notch’d Road (Crozet)
2. 20 Ellicwood Avenue
American $

Downtown Grille
201 W. Main Street (Downtown Mall)
817-7080
Steaks, Seafood $$$-

Dunner’s
4372 Ivy Road
928-382
Seasonal Menu $$$-

Dury Nelly’s Pub and Wayside Deli
2000 Jefferson Park Avenue
293-1278
Sandwiches $

Eddy’s Tavern
1517 University Avenue (the Corner)
984-4633
American $$-

Escafé
215 W. Water Street (Downtown)
295-8668
Seasonal Menu $$-

Fallini’s #9
200 W. Market Street (Downtown)
979-4729
Italian $$-

Five Guys
1. 1119 Emmett Street N.
2. 321 E. Main Street (Downtown Mall)
3. 201 Connor Drive
Burgers $

Flaming Wok & Teppan Yaki
1305 Seminole Trail
974-6555
Chinese, Japanese, Korean, Sushi $$-

Fossett’s inside Keswick Hall
701 Club Drive (Keswick)
979-3440
European $$$-

Fry’s Spring Station
2115 Jefferson Park Avenue
202-2257
Pizza $$-

Guadalajara Mexican Restaurant
1. 205 Greenbrier Drive
2. 2206 Fontaine Avenue Extended
3. 3450 Seminole Trail
4. 806 E. Market Street (Downtown)
5. 107 Town Country Lane
Mexican $

Hamilton’s
101 W. Main Street (Downtown Mall)
295-6649
American $$$-

American $$-

The Ivy Inn
2244 Old Ivy Road
977-1222
American $$-

Jimmy John’s
1650 E. Rio Road
975-2100
Sandwiches $

Lemongrass
104 Fourteenth Street N.W.
American $$-

Littlejohn’s New York Deli
1. 1427 University Avenue (the Corner)
2. 2050 Bond Street
Deli $

The Local
824 Hinton Avenue
984-9749
American $$-

Lord Hardwicke’s
1748 Emmett Street N.
293-6668
American $$-

Maharaja
139 Zan Road
973-1110
Indian $$-

Marco & Luca’s Noodle Shop
1. 112 W. Main Street (Downtown Mall)
2. 107 Ellicwood Avenue (the Corner)
Dumplings, Noodles $

Mas Tapas
904 Monticello Road
976-6932
Tapas $$$-

Maya
633 W. Main Street
976-6929
Southern $$-

Mel’s Cafe
719 W. Main Street
971-8819
Southern Soul $

Mellow Mushroom
1321 W. Main Street (the Corner)
972-9366
Sandwiches, Pizza $

The Melting Pot
501 E. Water Street (Downtown)
244-3463
Fondue $$$-

Michael’s Bistro & Taphouse
1427 University Avenue (the Corner)
977-3597
American $$-

Michie Tavern ca. 1784
683 Thomas Jefferson Parkway
977-1234
(midday only)
American $$-

Milan Indian Cuisine
1817 Emmit Street N.
984-2826
Indian $$-

Miller’s
109 W. Main Street (Downtown Mall)
971-8511
American $$-

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All telephone numbers are Area Code 434 unless otherwise indicated.
Mono Loco
200 W. Water Street (Downtown)
979.0688
Latin/Cubano $$

Noodles & Company
2035 Bond Street
984.9621
Noodles, Pasta, Soup, Sandwiches $

Old Mill Room inside Boar’s Head Inn
200 Ednam Drive
972.2230
American $$$

Outback Steakhouse
1101 Seminole Trail
975.4329
American $$

Panera Bread
1. 1121 Emmet Street N.
   245.6192
2. 121 Community Street
   973.5264
Sandwiches, Soups, Salads $

Parallel 38
2015 Bond Street
923.3838
Mediterranean, Tapas $$$

Peter Chang’s China Grill
2162 Barracks Road
244.9818
Chinese/Szechuan $$

Public Fish & Oyster
513 W. Main Street
995.5542
Seafood $$$

Qdoba Mexican Grill
1415 University Avenue (the Corner)
293.6399
Mexican $

Rapture
303 E. Main Street (Downtown Mall)
293.9526
American $$

Revolutionary Soup
1. 104 Fourteenth Street N.W.
   (the Corner)
   979.9988
2. 108 Second Street S.W.
   (Downtown Mall)
   296.7687
Soups, Sandwiches $

Roots Natural Kitchen
1325 W. Main Street (the Corner)
539.6279

Ruby Tuesday
1114 Emmet Street N.
295.9118
American $$

St. Maarten Café
1400 W. Main Street (the Corner)
293.2233
Caribbean-American $

Shebeen Pub & Braai
247 Ridge McIntire Road
296.3185
South African $$$

South Street Brewery
106 South Street W. (Downtown)
293.6550
American $$

Take It Away Sandwich Shop
115 Elliewood Avenue (the Corner)
295.1899
Soups, Sandwiches $

Tavola
826 Hinton Avenue
972.9463
Italian $$

Ten
120 E. Main Street (Downtown Mall)
295.6691
Modern Japanese $$$

Tokyo Rose
2171 Ivy Road
296.2366
Japanese/Sushi $$

Travina Italian Kitchen & Wine Bar
2075 Bond Street
244.3904
American Italian $$

The Villa
129 Emmet Street N.
296.9977
Breakfast, American, Italian, Greek $

The Virginian
1521 University Avenue (the Corner)
984.4667
American $$

Vivace
2244 Ivy Road
979.0994
Italian $$

Wayside Takeout & Catering
2203 Jefferson Park Avenue
977.5000
Fried Chicken $

White Spot
1407 University Avenue (the Corner)
295.9899
Greek, American $

Wild Wing Café
820 W. Main Street
979.9464
American $

Zazus Fresh Grille
2214 Ivy Road
293.3454
Wraps, Salads $

Zinburger
973 Emmet Street N.
244.2604
Burgers $

Zocalo
201 E. Main Street (Downtown Mall)
977.4944
Spanish $$

Zoe’s Kitchen
973 Emmet Street N.
995.5334
Mediterranean $

HAIR SALONS

Bristles
716 Rio Road W.
977.1411

Hair Cuttery
1. 1106 Emmet Street N.
   977.3809
2. 153 Community Street
   296.7653
3. 1974 Abbey Road
   293.8014
4. 1768 Rio Hill Center
   973.9274

Moxie Hair & Body Lounge
612 Preston Avenue
979.5556

Salon Clieo
143 Emmet Street N.
293.2667

Salon Drukyra
221 W. Main Street (Downtown Mall)
979.0012

CLOTHING

Altar’d State
(women’s apparel and charity-minded accessories)
2055 Bond Street
984.0661

American Eagle Outfitters
Charlottesville Fashion Square Mall
973.0144

Anthropologie
1207 Emmet Street N.
295.1749

Banana Republic
1044 Emmet Street N.
872.9393

Beecroft & Bull
2126 Emmet Street N.
979.9010

Chico’s
1123 Emmet Street N.
295.4085

Darling
(consignment boutique)
105 S. First Street (Downtown)
202.0664

Eljo’s
1067 Millmont Street
293.9290

Eloise
505 W. Main Street
295.3905

Gap
Charlottesville Fashion Square Mall
973.5026

Heidi’s Perfect Fit
(Formal wear rental and alterations)
131 Wiltland Street (the Corner)
295.8777

Irressibiles
2126 Barracks Road
245.0007

J. Crew
Charlottesville Fashion Square Mall
975.2889

Jean Theory
101 W. Water Street
296.5326

Jos. A. Bank Clothiers
1127 Emmet Street N.
244.0015

Levy’s of Charlottesville
2120 Barracks Road
295.4270

Loft
1107 Emmet Street N.
295.3232

Men & Boy’s Shop
410 E. Main Street (Downtown Mall)
296.6924

Men’s Wearhouse
200 Twenty-ninth Place Court
973.8094

Old Navy
945 Emmet Street N.
984.0167

Stein Mart
750 Twenty-ninth Place Court
964.1757

Talbots
1027 Emmet Street N.
296.3580

Trade
(buys and sells gently worn designer women’s clothing)
2124 Barracks Road
529.8455

White House Black Market
1041 Emmet Street N.
293.6448

HOUSEHOLD OR RESIDENCE HALL ITEMS

Atlantic Organic Natural Sleep Shop
421 W. Main Street
atlanticorganicsleepshop.com
295.3410

Bed Bath & Beyond
975 Emmet Street N.
971.3098

Crutchfield
825 Gardens Boulevard
817.1100

CVS Pharmacy
1. 1137 Emmet Street N. (open 24 hours)
   293.9151
2. 1417 University Avenue (the Corner)
   244.4028
3. 208 E. Main Street (Downtown Mall)
   293.6052

All telephone numbers are Area Code 434 unless otherwise indicated.
Folly Home Furnishings
603 W. Main Street
295.0688

HomeGoods
300 Shoppers World Court
975.0275

Kmart
1801 Hydraulic Road
296.5646

Lowe’s Home Improvement
400 Woodbrook Drive
975.7140

Martin Hardware
941 Preston Avenue
293.8171

Pier 1 Imports
1951 Swanson Drive
244.3773

Pottery Barn
2030 Bond Street
964.0092

Target
312 Connor Drive
964.0231

Walmart
975 Hilton Heights Road
973.1412

Williams-Sonoma
2030 Bond Street
973.2155

OFFICE SUPPLIES

FedEx Office
2154 Barracks Road
296.5000

Staples
1. 600 Twentieth Place Court
   975.0501
2. 243 Ridge McIntire Road
   977.5506

SERVICE STATIONS

Finley’s Barracks Road Service Center
2161 Barracks Road
295.0395

Holiday Exxon Service Center
1700 Emmet Street N
293.3785

Jenkins Automotive Service
1564 Seminole Trail
974.6680

Jim Price Automotive
2150 Seminole Trail
817.1881

Ronnie’s Auto Service
835 Cherry Avenue
295.0513

Scott’s Ivy Exxon
4260 Ivy Road
293.2033

University Tire & Auto Center
1. 200 Seminole Court
   975.2500
2. 616 W. Main Street (Downtown)
   244.3700

OPTICAL GOODS AND RETAIL

Spectacle Shop
www.specshop.net
1. 1047 Millmont Street
   979.7730
2. 407 E. Main Street (Downtown Mall)
   296.8774
3. 614 Berkmar Circle
   973.8636

Visionworks
1114 Emmet Street N
www.visionworks.com
293.3225

BANKS

Bank of America
1. Newcomb Hall First Floor
   (on Grounds)
   296.3160
2. 2013 Barracks Road
   963.2907
3. 300 E. Main Street
   (Downtown Mall)
   977.2365
4. 1619 University Avenue
   (the Corner)
   963.2904

BB&T
1. 1425 Seminole Trail
   973.4233
2. 305 E. Jefferson Street
   (Downtown)
   293.2231
3. 2490 Barracks Road
   293.2705
4. 2033 Ivy Road
   977.9336

First Citizens Bank
1. 2101 Dominion Drive
   975.2725
2. 2013 Abbey Road
   244.0283

SunTrust
1. 255 Albemarle Square
   975.0951
2. 1904 Emmet Street (Kroger)
3. 142 Hansen Road
   293.0880
4. 1980 Rio Hill Center (Kroger)

Union First Market Bank
1. 2151 Barracks Road
   970.1139
2. 400 E. Main Street
   (Downtown Mall)
   951.2000
3. 1930 Parham Circle
   293.3159
4. 410 Gander Road
   964.2303
5. 1658 State Farm Boulevard
   970.1177
6. 3290 Worth Crossing
   970.1400

United Bank
1265 Seminole Trail
973.1664

University of Virginia Community Credit Union
964.2001
1. 1936 Arlington Boulevard
2. 3200 Berkmar Drive
3. 1018 W. Main Street (Downtown)
4. 900 E. Jefferson Street
   (Downtown)
5. 220 Wayles Lane
6. ATM – Alderman Library (on Grounds)

Virginia National Bank
1. 222 E. Main Street (Downtown Mall)
   817.8621
2. 1609 University Avenue
   817.8621
3. 1900 Arlington Boulevard
   817.8550
4. 404 People Place
   817.7676
5. 1580 Seminole Trail
   817.8540

Wells Fargo
1. ATM – Newcomb Hall Second Floor
   (on Grounds)
2. 901 Emmet Street N
   984.3710
3. 2100 Ivy Road
   984.1901
4. 1617 Emmet Street
   979.2262
5. Charlottesville Fashion Square Mall
   964.1110
6. 123 E. Main Street
   (Downtown Mall)
   244.3900
7. 406 Tenth Street N.E.
   984.3550
8. 1420 Rolkin Court
   293.5717

RENTAL PROPERTY CONTACTS

Blue Ridge Apartment Council
www.bracom.com

CBS Rentals
120 Thirteenth Street NW
   (the Corner)
   971.9922
www.cbsrentals.com

Management Services Corporation
Leasing 780 Madison Avenue
977.8203
Corporate 102 S. First Street,
   Suite 301
www.msc-rents.com
977.4181

University Apartments
1025 West Street
977.9000
www.u-apt.com

Woodard Properties
www.woodardproperties.com
971.8860

MOVING AND STORAGE

AAA Professional Movers
1550 Garth Court
974.4998

Charlottesville Self Storage
1. 150 Avon Street Extended
   www.neighborhooldselstorage.net
   264.5376
2. 346 Seminole Trail
   264.5267
3. 5290 Three Notch’d Road
   (Crozet)
   264.5364

Community Self Storage
1525 Putt Putt Place
973.5123

Package Depot
2123 Ivy Road
984.2121

Public Storage – Self-Storage
1616 Seminole Trail
www.publicstorage.com
800.688.8057
326.0335

Storage Solution Center
1728 Seminole Trail
www.storagesolutionville.com
973.4052

Student Services Moving & Storage Co.
1501 Avon Street Extended
www.studentservicesmoving.com
977.2705

Team Logistics, LLC
10465-B Dow Gil Road
   (Ashland)
www.teamlogistics.net
804.253.1370
(This company picks up, stores, and delivers items for students.)

U-Stor-It
3064 Berkmar Drive
www.ustoritva.com
973.6500

All telephone numbers are Area Code 434 unless otherwise indicated.
HISTORIC ATTRACTIONS

Albemarle Charlottesville Historical Society
Take advantage of exhibits, programs, publications, and a library highlighting the history of Charlottesville and Albemarle. Walking tours of historic downtown Charlottesville offered from April through October. Annual Spirit Walk in late October. McIntire Building 200 Second Street N.E. 296.1492 www.albemarlehistory.org

James Monroe’s Highland
Tour Highland, the home of James Monroe and his wife, Elizabeth. The site continues today as a working farm and events center in Albemarle County. Owned by the College of William and Mary. Open every day except Thanksgiving, Christmas, and New Year’s. 2050 James Monroe Parkway 293.8000 www.highland.org

Michie Tavern ca. 1784
Visitors encounter the tavern’s past through lively interactive tours and hearty midday fare offered by servers in period attire. Open every day except Christmas and New Year’s. 683 Thomas Jefferson Parkway 977.1234 www.michietavern.com

Monticello
Experience the home, furnishings, gardens, and landscape of Thomas Jefferson at his beloved mountaintop home, Monticello. Advance sales of reserved tickets available online. Open every day except Christmas. 931 Thomas Jefferson Parkway 984.8800 www.monticello.org

Wesley Foundation (Methodist)
1908 Lewis Mountain Road 977.6500
Wesley Memorial United Methodist
1901 Thomson Road 296.6976
Westminster Presbyterian
400 Rugby Road 293.3133
United Ministries at UVA also provides services and religious-based resources to members of the UVA community. http://unitedministriesatuva.blogspot.com

PLACES OF WORSHIP

Baptist Student Center
1500 Jefferson Park Avenue 977.8743
Bahá’í Community
1000 Linden Avenue, No. 208 971.1107
Brody Jewish Center
Hillel at the University of Virginia
1824 University Circle 295.4993
Charlottesville Community Church
1757 Avon Street Extended 409.0574
Congregation Beth Israel
301 E. Jefferson Street 295.6362

Holy Transfiguration Greek Orthodox Church
100 Perry Drive 295.5337
Islamic Society of Central Virginia
708 Pine Street 971.4728
St. Mark Lutheran
100 Alderman Road 293.3131
St. Nicholas Orthodox Church (Ukrainian Orthodox)
7581 Rockfish Gap Turnpike Greenwood 540.456.6981

St. Paul’s Memorial (Episcopal)
1700 University Avenue 295.2156
St. Thomas Aquinas (Roman Catholic)
401 Alderman Road 293.8081
Thomas Jefferson Memorial (Unitarian Universalist)
717 Rugby Road 293.8179
University Baptist
1223 W. Main Street 293.5106

First Call Taxi
906.6670
Home Ride of Virginia
www.homeride.com (Independently owned bus service providing weekend and holiday transportation for college students to Northern Virginia, Richmond, and Hampton)
James Limousine
218.0198
Star Taxi
409.9451

Starlight Express
www.nycshuttle.com 295.4782
(Special-amenities bus service between Charlottesville and New York City)
Yellow Cab
977.4131
(See Student Safety Guide, pages 89-90, for more information about the University’s Charge-a-Ride program with Yellow Cab)
About the handbook

Published since 2006 by the Office of the Vice President and Chief Student Affairs Officer, the Parent Handbook has been recognized with the following awards:

- 2014 Virginia Public Relations Award of Merit for Publications
- 2014 Central Virginia American Marketing Association EMMA Award for Excellence in Cross-Media Campaign
- 2006 Council for Advancement and Support of Education Award of Excellence for Improvement in Design

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Spanish translation: spanish.parenthandbook.virginia.edu

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“Seven years ago indeed, I embarked in an enterprise ... I hope it will prove a blessing to my own state, and not useless perhaps to some others.”

THOMAS JEFFERSON
Letter to Edward Livingston, American Jurist and Statesman
March 25, 1825
So if you cannot imagine the future, how do you prepare for it? There are moments in life — and this might be one of those moments — that offer us a multidimensional sense of time, to see ahead as well as look behind you, assessing what has gone before, to reflect upon what has led up to this instant and what will hopefully spiral out of it. Poets call it the lyric moment. Lyric: The word comes from the ancient Greek *lyrikos*, or *lyre*, the stringed musical instrument favored by poets of the day. The lyric moment, therefore, is one that sings — when emotions bubble up so thickly, they cannot be contained in a paragraph or captured with logic or framed in a snapshot. And so my final wish for you: May you have many, many more moments that sing.

**Rita Dove**
Poet and UVA Professor
Remarks at Final Exercises
May 21, 2016