2015–2016 Academic Calendar

Move-In Days (as assigned)  August 21 & 22
New Student Convocation  August 23
Fall Orientation  Through August 24
Fall classes begin  August 25
Reading Days  October 3-6
Homecomings Weekend  October 16-18
Fall Convocation and Intermediate Honors  October 23
Third-Year Ring Ceremony  October 23
Family Weekend  October 23-25
Thanksgiving Break  November 25-29
Fall classes end  December 8
Reading Days  December 9, 13, 16
Fall exams begin  December 10
Fall exams end  December 18
First-year residence halls close (other halls remain open)  December 19, noon
January Term  January 4-15
First-year residence halls re-open  January 17
Spring classes begin  January 20
Spring Break  March 5-13
Spring classes end  May 3
Reading Days  May 4, 8, 11
Spring exams begin  May 5
Spring exams end  May 13
First-year residence halls close  May 14, noon
Finals Weekend  May 20-22
Upperclass residence halls and residential colleges close (Lawn and Range rooms close May 24, noon)  May 23, noon

For updates to the academic calendar, please see www.virginia.edu/registrar/calendar.html.
How to Reach the University

IN CASE OF EMERGENCY
Parents can reach a member of the Dean of Students’ on-call team 24 hours a day, seven days a week in the event of an emergency:

Business Hours
434-924.7133
(Monday through Friday, 8 a.m. to 5 p.m.)
Office of the Dean of Students

After Hours
434-924.7166
(after 5 p.m., weekends, holidays)
University Police will put you in touch with the Dean-on-Call.

Dean-on-Call
The Office of the Dean of Students provides 24-hour crisis management services to students. Deans rotate in serving as the Dean-on-Call.

This symbol beside a photo in the handbook indicates a member of the Dean-on-Call team.

Parent Help Line
434-243.3333
parents@virginia.edu
Also see the Parents website at www.virginia.edu/parents
Emergency or crisis situations should be reported to the Dean-on-Call.

NON-EMERGENCIES
Please refer to the list at right for frequently contacted areas. Other important numbers and websites are included throughout the handbook. If you cannot find the answers you need, please contact the Parent Help Line.

AccessUVa
http://accessuva.virginia.edu
866.391.0063
982.6000

African-American Affairs
www.virginia.edu/oaaa
924.7923

Alumni Association
www.alumni.virginia.edu
243.9000

Athletics
www.VirginiaSports.com
www.VirginiaSportsTV.com
800.542.8821 (ticket information)

Bookstore
www.uvabookstores.com
924.3721

Career Services
www.career.virginia.edu
924.8900

Cavalier Advantage
www.virginia.edu/cavalieradvantage
982.5735

Cavalier Computers
www.uvastudentcomputers.com
924.3475

Center for American English Language and Culture
www.virginia.edu/provost/caelc
924.3371

Center for Undergraduate Excellence
www.virginia.edu/cue
924.6082

College of Arts & Sciences
http://as.virginia.edu
924.3351

Counseling and Psychological Services
www.virginia.edu/studenthealth/caps.html
243.5150

Curry School of Education
http://curry.virginia.edu
924.0742

Dean of Students Office
www.virginia.edu/deanofstudents
924.7133
odos@virginia.edu

Dining at UVa
www.virginia.edu/dining
982.5141

Education Abroad
www.virginia.edu/studyabroad
982.3010

Emergency Preparedness Office
www.virginia.edu/emergency
preparation
982.0565
uvaoep@virginia.edu

Emergency Room (UVa Hospital)
924.2231

Family Weekend
www.virginia.edu/familyweekend
982.4555

Frank Batten School of Leadership and Public Policy
http://batten.virginia.edu
924.0812
Dear UVa Parents and Family Members

Welcome to the University of Virginia. This Handbook for Parents serves as an important resource to introduce you to the University, to acquaint you with student life here, and to provide guidance for the practical decisions that your son or daughter will be making with your help.

This year’s edition of the handbook includes important updates for 2015-16. You can rely on it for information, and you can also refer to the many online resources mentioned throughout the handbook.

I hope you will become involved in the life of the University. You will have opportunities to participate in Family Weekend, attend cultural events, cheer on the Cavaliers at games, and take part in activities especially for parents and alumni around the country and world.

The parents and family members of students are part of a special community—the UVa family. I welcome you to this extended family, and I look forward to working in partnership with you in the years ahead.

Very truly yours,

Teresa A. Sullivan
President
Students

Enrollment, Fall 2014 (on Grounds)
Undergraduate: 15,405
Graduate and Professional: 6,395
Total on Grounds: 21,800
Rhodes Scholars: 50

Undergraduate Student Profile
» Students come from 49 states and 124 foreign countries.
» Virginia residents make up 69 percent of the undergraduate student body.
» 55 percent of undergraduates are women.
» Student-to-faculty ratio is 15 to 1.

Graduation Rates
» The six-year graduation rate for students who entered in fall 2008 is 94 percent.
» The six-year graduation rate for African-American students who entered in fall 2008 is 86 percent, representing one of the highest African-American graduation rates among major public institutions in the United States.

Land and Facilities
» 3,388 acres of land in Charlottesville and elsewhere
» 547 buildings or major facilities with a replacement value of more than $3.7 billion in December 2014

University Budget, 2015-2016
University (all divisions): $3.07 billion
Academic Division: $1.52 billion
Medical Center: $1.51 billion
UVa’s College at Wise: $41.3 million
State Appropriations: For the 2015-16 budget year, state appropriations will provide approximately 9.8 percent of the Academic Division’s operating budget and 5.2 percent of the total University budget.

Bond Ratings
In early 2015, Moody’s, Fitch, and Standard & Poor’s all re-affirmed the University’s AAA bond rating, citing UVa’s strong financial profile, premier reputation and stable demand, low debt burden, solid liquidity, and solid fundraising. UVa is one of only a few select universities to receive the highest possible bond ratings from the major bond-rating agencies.

Academical Village
Key Dates
1817: Laying of cornerstone, Pavilion VII
1819: University’s official founding
1826: Rotunda completed
1895: Fire guts Rotunda
1898: Restoration by Stanford White
1976: Rotunda Restoration

Pavilions: 10
Lawn rooms: 54
Range rooms: 53

Budget for 2014-2016 Rotunda restoration: $42.5 million
Source of funds: Donations and state appropriations (no tuition dollars)

For more information
www.virginia.edu/uvatours/shorthistory

Restoration of the Rotunda

Designed by Thomas Jefferson, UVa’s Rotunda sits at the heart of the Grounds, anchoring the Academical Village.
Here, students study, play, converse, dine, sleep, and dream. Visitors come from around the world to admire the architecture and the manifestation of Jefferson’s vision.

Both a living, working structure and a historic landmark, the Rotunda is now undergoing a much-needed, major restoration that includes updating utility systems, restoring historical features, and expanding its future use.

Once the restoration is completed in 2016, the Rotunda will resume its central role in student life. Students will meet there for classes, study there into the evenings, and continue to enjoy all the seasons of their student days in its presence.

For more information
http://rotunda.virginia.edu
Starting college is a major transition not only for your student, but also for you as a parent. It’s normal for many questions to arise as you begin this journey, whether you are undertaking it for the first time or the fourth.

Time of Transition

Throughout life, transitions mark endings and beginnings. They usher in periods of forward movement and backward slides. Transitions bring both anxiety and excitement, uncertainty and sureness.

As you begin the college transition with your daughter or son, having answers to your questions can help alleviate the anxiety so you can enjoy the excitement.

Below are some of the questions most commonly asked by parents of new UVA students. You will see references to subsequent handbook pages that provide more detailed information.

Every fall, the University undergoes its own transition with the arrival of new students. Along with you – their parents and families – the UVA community continues to grow and change in exciting new ways.

FREQUENTLY ASKED QUESTIONS

Getting Started

Q: What should be my role during this time of transition?
A: Starting college is a major step toward independence. You can help foster this independence by allowing your student to make decisions around things big and small. Selecting classes, for example, is a major way for new students (when the curriculum is not preset) to establish a sense of autonomy and engage directly in a process that will occur numerous times during their years at UVA. In her “Top Ten Tips for Parents,” Associate Dean Rachel Most describes ways to support your student in the journey to becoming more independent. She says “your role is changing from coach to cheerleader” (page 11).

Q: Who will help my daughter or son become acclimated to UVA?
A: Many individuals are available to help new students find their way. They include:

» Resident Advisers: The RA is one of the best resources readily available to all students living on Grounds, especially to first-year and transfer students. From basic questions to advice about classes or other aspects of University life, RAs are trained to help students (page 19).

» Peer Advisers: Upper class students often serve as peer mentors to new students. One notable initiative that was established more than three decades ago is the African-American Peer Advising Program (page 57), which pairs upperclass students with new students. Similar programs serve transfer students (page 61) or encompass peer mentoring around academics, careers, and health. The College Council, for example, provides peer academic advising (page 67).

» Student Affairs Staff: Students can find a range of help from faculty and staff in the division of Student Affairs. From help in navigating the University to career counseling to a kind ear, your student can find assistance here. The Office of the Dean of Students is a good place to start (pages 56-57, 59).

» Association Dean, Academic Deans, and Staff in Individual Schools: Each school has deans and staff in place to help students. In the College of Arts & Sciences, students should look to their association dean for academic assistance. College students are assigned to an association dean based on their first-year housing assignment or their status as a transfer student, student-athlete, or Echols Scholar. Students keep the same association dean for as long as they remain in the College (pages 65-66).
Counseling and Psychological Services: If your student is feeling stressed, down, or worried, she or he can find help at CAPS. Based in Student Health, CAPS is a full-service outpatient clinic that addresses mild, moderate, and severe mental health conditions (page 37).

Health and Safety
Q: What if my student gets sick?
A: Students should consider Student Health as the primary option for their health care while at UVA. Medical services include the Center for Counseling and Psychological Services, General Medicine (including an allergy clinic, an immunization clinic with TB screening, and the International Travel Clinic), Gynecology, Health Promotion, the Gordie Center for Substance Abuse Prevention, and the Student Disability Access Center. After hours, for urgent health concerns, students can call the answering service at 434.972.7004 to be connected with an on-call care provider. In an emergency or life-threatening situation, students should always call 911.

Student Health’s services, including information about health insurance requirements, are described on pages 35-39.

Q: Is it possible to get prescriptions filled on Grounds?
A: Yes, Student Health has a pharmacy that will fill all prescriptions (even those not written by Student Health), and a UVa licensed pharmacist is conveniently located inside the UVa Bookstore on Central Grounds. In addition, a retail pharmacy is located on the Corner.

Q: What safety measures are in place for students?
A: Student safety is a priority at UVA, and several new programs began in spring 2015. Safety initiatives in the Corner area, where numerous students live and socialize, include G4S Ambassadors, a Public Safety substation, and blue-light telephones. These services supplement joint patrolling by University Police and city of Charlottesville Police (page 30).

In addressing the issue of sexual violence, the University has taken several major steps, including implementing a new policy. Education and prevention efforts around this issue will increase beginning in summer 2015 (page 34).

On any given day, as many as 33,000 students, faculty, staff, and visitors come to the Grounds and surrounding area. Everyone plays a role in creating a safe community. Students are urged to be aware of their surroundings, to watch out for one another, and to always call 911 if they need help or see a person or situation that seems suspicious.

Q. So calling 911 is not considered “bothering” the police?
A: Absolutely not. University Police and local police would rather come and check out a situation than not have the opportunity to stop potential criminal activity. Emphasize to your student that calling 911 is the fastest way to get help. Review basic safety guidelines with them (page 31). They will be hearing these guidelines often in safety messages they receive from their RA and University officials.
Cycles of Student Life

Q: How can I keep track of what is going on in my daughter or son’s life at UVa?

A: Certain events, such as midterms, occur at predictable times during the academic year. A number of UVa traditions, such as the Third-Year Ring Ceremony, also occur at set times. See “Student Timetable: What Happens When” (pages 12-13) for an overview of key activities during all four years. The timetable highlights social events as well. You know your student best, but these are occasions when a simple but direct message from you about safe, sensible celebrating may be important.

Q: When you say “social events,” what do you mean?

A: Halloween, the last home football game, St. Patrick’s Day, and Foxfield are occasions when students tend to celebrate, sometimes to excess. The University offers a variety of education and prevention programs around these times. Parents can be supportive by talking with their students about the importance of being responsible. For students not from Virginia, it is important for them to familiarize themselves with state laws concerning alcohol (page 79).

Q. Any pointers on how to talk with my daughter or son about alcohol use?

A: Yes, see the column, “Alcohol Use among Students: How Parents Can be Partners in Prevention” (page 41). Susie Bruce, director of the Gordie Center for Substance Abuse Prevention, offers practical tips on how to approach these vitally important conversations. She also discusses some of the misperceptions, especially among students, about the prevalence of drinking among their peers. A 2013 UVa study, for example, found that on a typical Saturday night, a majority of students either don’t drink or consume no more than three alcoholic beverages.

Q: What is Foxfield?

A: The Foxfield steeplechase races is a popular spring event with many students from UVa as well as from other schools in Virginia and nearby states. Held at a racetrack several miles from the UVa Grounds, the races are not sponsored by UVa. The presence of law enforcement is significant, and it is not unusual for a handful of students to be arrested for alcohol violations, especially underage possession. Both student peer groups and

Resources


You’re on Your Own (but I’m here if you need me) by Marjorie Savage. Simon & Schuster, 2003.
University officials communicate safety messages to students prior to the event. It is especially important for students to find safe transportation to and from the event. Parents can help reinforce the importance of planning to have a fun, but safe time.

**Concerns**

**Q:** My son is disappointed that he did not get the classes he wanted during registration at Orientation. What can he do?

**A:** First, you and he should not worry. Course registration reopens in August, and students can add and drop classes then. During the first week of classes, students also can attend different courses even if they are full, and sometimes professors will allow more people to take the class.

**Q:** Things don’t seem to be going well between my daughter and her roommate. Can she switch to a different room?

**A:** For many students, this is the first time they have had to share private space with another individual. This experience can be a tremendous learning opportunity, bringing self-knowledge and life lessons in compromise, communication, diversity, and assertiveness. Encourage your student to enter this new relationship with a sense of adventure and patience.

Occasional conflicts are to be expected in such a relationship, and in a very small percentage of cases, roommate assignments do not work. Because the University believes the experience of living with a roommate is a valuable one, it is expected that first-year students make a good faith effort to resolve roommate conflicts before a room change is considered.

Upon arrival, roommates create and sign a contract with their RA. The contract serves as a guide to prevent issues between roommates before they develop. In addition, many resources are available for addressing roommate conflict, including formal and informal mediation processes. If your student is having roommate concerns, encourage her or him to try to work it out together with the roommate. If that is not successful, your student should contact her or his RA who will help or refer the situation to an assistant dean or area coordinator in Housing and Residence Life. The ability to change rooms depends upon the situation and the spaces available.

**Q:** It’s February, and my first-year son just does not seem to be adjusting to college life. What can I do?

**A:** Sometimes parents feel that their student needs help. It is strongly encouraged that you guide your student to seek out that help on her or his own. By dealing directly with the student, the Housing and Residence Life staff are able to develop a relationship, ascertain the student’s needs, provide your student with an experienced perspective, and allow your student to choose the option she or he feels is best. Of course, there are times when it is important that a parent call the University directly to partner on a problem. For instance, if you believe that your student is unable to seek her or his own help (such as in cases of severe depression), if you are unable to reach your child in an emergency, or if you believe someone may be in danger, please call Housing and Residence Life (434.924.3736), the Office of the Dean of Students (434.924.7133), or the University Police (434.924.7166). Someone is available 24/7.

As part of the current Rotunda restoration, UVa art history students learn from Gianluca Ceccarelli, left, how his team from Pedrini Sculpture Studio in Carrara, Italy, used laser technology to duplicate the original capitals. Inset: Detail of a newly carved capital.
Practical Considerations
Q: What’s the easiest way for my daughter or son to get home?
A: Depending on where you live, transportation is available through the Charlottesville Airport, Amtrak, Greyhound, independently owned bus services, and ride-sharing. See page 52 for more information.

Q: How do I send mail to my student?
A: You can get your first-year student’s mailing address by going to http://hms.housing.virginia.edu/addresses. For more information about mail service to the residence halls, see page 22.

Thinking Ahead
Q: How can my student plan for studying abroad?
A: Although students may prefer not to miss a semester at UVa, many options are available for studying abroad. After the acclimatization period of first semester, encourage your student to attend the Education Abroad fair in the spring semester or in the fall semester of her or his second year.

The most popular times to study abroad are second and third years. As an initial step, students should meet with an education abroad adviser and with her or his academic adviser early in the semester to discuss academic requirements and deadlines. Students should be aware that there may be a great deal of paperwork involved, so planning early will help facilitate the process. Many deadlines are in October for the upcoming spring, but as early as September in some cases. See page 74 for more information about Education Abroad, as well as other academic opportunities, such as January Term and Undergraduate Research.

Q: What help is available for students to find internships and jobs?
A: The University of Virginia Career Center provides direct student services, programs, and career fairs for students beginning in their first year. Encourage your student to visit the center early and often. New on the horizon for fall semester 2015 are the Internship Center and Career Communities. Learn more on pages 53-55.
Contributed by Rachel Most
Associate Dean, Professor, College of Arts & Sciences; Mother of a 2007 college graduate and a 2010 college graduate.

1. Does your child get himself/herself up in the morning? If not, the summer is the time to learn!

2. Grades, Problems, and Asking for Help. Students must make academics a high priority beginning with the first year. Remind your children that it may take them a while to adjust to the rigorous academic demands of college. Tell them you heard that there were lots of resources to help; encourage them to seek out these resources.

3. Taking Care of Business. Tell your children to pay attention to email from their school, from faculty, and to the school’s academic calendar. They should check websites frequently. Help them help themselves.

4. Establish Strong Relationships with Advisers and Faculty. Many of the strongest bonds between students and faculty are either formed in a classroom setting or happen as part of the advising relationship. Tell your children to seek out their instructors and adviser; they should go to faculty office hours and introduce themselves. Tell them to ask for help when needed.

5. Course Selection. Don’t take care of your children’s academic business; provide just enough assistance for them to get the job done independently. In other words, your role is changing from coach to cheerleader. Be supportive but let them find their own way. It is crucial for students to take responsibility for their own education. To that end, please don’t register for your children, pick their classes, or develop a four-year plan for them.

6. Choosing a Career/Choosing a Major.
   > Each student must make her or his own choice—not you. Students will need 10 or more courses in their major, so they should select something they truly enjoy studying. The more they like what they do, the better they will do in that area.
   > An economics or business major doesn’t guarantee a job, and an archaeology major doesn’t mean a jobless future.
   > Just because an occupation is “hot” now does not mean it will be equally in demand in five or 10 years, or that your child has the aptitude or motivation for it. They need to make this decision; they need to choose—not you.
   > There are some excellent websites that help students understand how to apply what they have learned from their major, any major, to the workplace.

Regardless of what your child chooses for a major, he or she should be able to demonstrate strengths in at least two or three of the following areas:

- Computer skills
- Quantitative skills (e.g., statistics, economics)
- Communication skills (e.g., written and oral)
- Scientific skills (e.g., lab skills, scientific research)
- Foreign language skills
- Leadership skills (e.g., supervisory, extracurricular leadership roles, teamwork/team leader)

7. Taking Time Off. Many students choose to take time off during college or after graduation and before attending graduate school or taking a career-related job. We support such decisions because we find that students who want time away benefit from the break and return strong.

8. Using the University Career Center. Students should begin using the University Career Center in their first year and no later than the second year. The office provides individual career counseling/advising, career planning workshops, internship assistance, and career fairs and programs. The office also has a full-time pre-health and full-time pre-law adviser. (See pages 53-55.)

9. Outside-the-Classroom Events. Encourage your children to go to lectures, plays, sporting events, concerts, etc. A portion of the Student Activity Fee gives each student the opportunity to reserve one complimentary ticket online for herself or himself for every performance of each Arts Dollars-subsidized event. This includes events presented by the Department of Drama, McIntire Department of Art, McIntire Department of Music, Fralin Museum of Art, and the Virginia Film Festival. For more information, please see the Arts Box Office website at http://artsandsciences.virginia.edu/boxoffice.

10. Pace Your Advice. Don’t bombard your children with all of this advice at once. Store it until you need it. If you aren’t sure how to get a conversation started, try some of these questions:

- What are the names of all your professors? What do you know about them? Do you know their background, educational training, or interests? How often do you meet with them?
- Has any faculty member given you encouragement? Have you even spoken to a faculty member? Have you ever met with your faculty adviser or academic dean?
- Do you understand the objectives of each of your classes?
- Have you had to do any report or research writing? On what? What did you think?
- What is your academic situation for next term? Are you planning a larger course load or a smaller course load?
- Academically, what has been the most interesting class or lecture?
- Have you regularly attended all of your classes? Really?
- Do you ever get discouraged? What about? Care to talk about it? Can you think of anything we could do to help? We would like to, you know.
- Are there any groups or organizations you are thinking of joining? If you did, would such a group take a lot of your time? Would membership be of benefit to you academically?
- How much of a shock was college life for you when compared with high school?
- What is the title of the last book you read? Was it a textbook? Novel? Did you enjoy it?
- Have you experienced total sleep deprivation and was it “all that studying” that did it?

Bibliography
NACADA, www.nacada.ksu.edu/Clearinghouse/AdvisingIssues/To-The-Parents.htm
Many dates and events are predictable in the life of a UVa student. The following gives parents a view of what is happening with University students at a given time during a given year of study.

<table>
<thead>
<tr>
<th>MAY</th>
<th>All Undergraduates</th>
<th>First-Years / Transfers</th>
<th>Second-Years</th>
<th>Third-Years</th>
<th>Fourth-Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exams</td>
<td>Admission acceptance (deposit due)</td>
<td>Possible internship/undergraduate research/ education abroad during summer</td>
<td>Make hotel reservations for Finals Weekend a year in advance</td>
<td>Apply to take graduate entrance exams (GRE, LSAT, MCAT, etc.)</td>
<td>Final Exercises (Graduation)</td>
</tr>
</tbody>
</table>

| JUNE | Internships | Submit first-year housing application (deadline is usually early June) |

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<thead>
<tr>
<th>JULY</th>
<th>Fall semester statement created</th>
<th>Summer Orientation</th>
<th>Start thinking about declaring major (primarily CLAS)</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Summer Orientation</td>
<td>Housing and roommate notification</td>
<td>Summer Send-offs for new students and parents in cities around the world</td>
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<thead>
<tr>
<th>AUGUST</th>
<th>Tuition and fees payment due for fall semester</th>
<th>Move-In Day</th>
<th>Potentially live off Grounds for first time</th>
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<tbody>
<tr>
<td></td>
<td>Move-In Day</td>
<td>New Student Convocation</td>
<td>Student Activities Fair</td>
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<tr>
<td></td>
<td>New Student Convocation</td>
<td>Fall Orientation for new students, including transfers</td>
<td>Submit Pre-Entrance Health Record (by August 31 to avoid penalty fee)</td>
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<td></td>
<td>Fall Orientation for new students, including transfers</td>
<td>Student Activities Fair</td>
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<tr>
<th>SEPTEMBER</th>
<th>Add/Drop Period</th>
<th>Project SERVE</th>
<th>IFC/ISC recruitment (informal)</th>
<th>Register for On-Grounds Interviewing</th>
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<tbody>
<tr>
<td></td>
<td>Start attending University Career Center sessions and using their services</td>
<td>Housing Seminars – Conversations about second-year housing options</td>
<td>IFC/ISC recruitment (informal)</td>
<td>Register for On-Grounds Interviewing</td>
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<td>Start using education abroad advising services</td>
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<td></td>
<td>Attend Education Abroad Fair</td>
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<td></td>
<td>Explore undergraduate research</td>
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<td>All Undergraduates</td>
<td>First-Years / Transfers</td>
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<td>Third-Years</td>
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<td><strong>OCTOBER</strong></td>
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<td>Midterms (before or after Fall Break)</td>
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<td>Fall Convocation and Intermediate Honors Ring Ceremony</td>
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<td>Family Weekend</td>
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<td>Immunization Clinic</td>
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<td>Fall Break (reading days)</td>
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<tr>
<td>J-Term Abroad Deadline</td>
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<tr>
<td>Fall Job and Internship Fair</td>
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<tr>
<td>Social activities, including Halloween parties</td>
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<td>Many education abroad deadlines</td>
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<td><strong>NOVEMBER</strong></td>
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<td>Last home football game</td>
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<td>Explore winter internship possibilities</td>
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<td>J-Term registration</td>
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<td>Final education abroad deadline for spring</td>
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<td>Course offerings posted</td>
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<td>Meet with faculty adviser</td>
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<td>Register for spring classes</td>
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<td>Thanksgiving Break</td>
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<td>Spring semester statement created</td>
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<td>Apply to live in a residential college or language house for the next academic year</td>
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<td><strong>DECEMBER</strong></td>
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<td>Lighting of the Lawn</td>
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<td>Narrow down possibilities for major (CLAS)</td>
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<td>Exams</td>
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<td>Winter Break begins (residence halls close)</td>
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<td><strong>JANUARY</strong></td>
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<td>January Term</td>
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<td>Order graduation supplies (cap, gown, announcements, etc.)</td>
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<td>IFC/ISC recruitment</td>
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<td>ISC Bid Day</td>
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<td>Add/Drop Period</td>
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<td>Tuition and fees payment due for spring semester</td>
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<td>Spring Job and Internship Fair</td>
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<td>Apply to live in an upperclass room/apartment for next academic year</td>
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<td>Apply to be a Resident Adviser or Orientation Leader</td>
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<td><strong>FEBRUARY</strong></td>
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<td>IFC Bid Night</td>
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<td>Education abroad deadlines (February – April)</td>
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<td>Major student elections</td>
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<td>Preparation for summer (internships, jobs, education abroad)</td>
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<td><strong>MARCH</strong></td>
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<td>Spring Break</td>
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<td>Course offerings posted</td>
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<td>Register for fall classes</td>
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<td>Financial aid application deadline</td>
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<td>Engineering students apply to a major</td>
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<td><strong>APRIL</strong></td>
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<td>Meet with faculty adviser</td>
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<td>Deadline to declare major (CLAS)</td>
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<td>Academic Crunch Time!</td>
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<td>Year-end awards and social events, including Foxfield</td>
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<td>Summer Session registration</td>
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The philosophy of student self-governance lies at the heart of student life. The primary student governing bodies — the Honor Committee, University Judiciary Committee, and Student Council — are run by the students. Faculty and administrators provide support and guidance, but decisions remain the responsibility of student leaders.

Jefferson envisioned education as the foundation for developing citizen-leaders. That vision remains true today as students experience living and learning in this unique community, ultimately going on to become leaders in their communities and society.

**STUDENT SELF-GOVERNANCE**

A Defining Value

By Patricia M. Lampkin
Vice President and Chief Student Affairs Officer

Student life at the University of Virginia is as individual as each student. With academics as its foundation, student life encompasses both the spaces where students spend time after class and the activities where they develop new interests, make friends, and learn new skills. From the residence hall to the playing field, from music to community service — students can find many ways to get involved, enjoy themselves, serve others, confront issues, strengthen values, and achieve personal goals. Choices are everywhere, and sometimes learning how to balance all the choices is part of the growth process.

Student life at the University of Virginia is built on six core values:

- Academic rigor
- Honor and integrity
- Student self-governance
- Public service
- Diversity
- Health and wellness

These values guide our work with students. Together they create a strong residential community that is focused on academics but balanced with opportunities for leadership, service, self-discovery, and fulfillment of individual talents. From leadership positions in student organizations to service experiences in the local and global communities, students find opportunities that complement their classroom experiences.

From their first day on the Grounds, students become part of a strong residential community based on student self-governance, an experience that builds knowledge, character, and independence.

Self-governance means that students have significant freedom to develop their talents and make decisions that matter to University life. With that freedom comes high expectations of responsibility. Students are expected to hold themselves and their peers to high standards inside and outside the classroom, and to engage ethically in their local, national, and international communities. Preparing students for global citizenship relies on the high expectations and levels of responsibility that come from student self-governance, a combination that makes the UVa undergraduate experience unique.

Within the framework of student self-governance, students have the latitude to be creative, assume ownership, develop leadership, take risks, and learn from their mistakes. At the same time, the University provides support and guidance.

At the broad, systemic level, student self-governance means that students own the Honor System and the University Judiciary Committee. Students derive authority to run these systems directly from the University’s Board of Visitors. Students elect their own leaders, and those student leaders are responsible for operating these governing bodies on a day-to-day basis, for initiating policy revisions and other changes, and for making all decisions about disciplinary actions.

Unlike other institutions that employ administrative oversight, UVa truly grants ownership of these systems to the students. A huge responsibility to delegate to students, yes — but this tremendous educational opportunity has proven over time to be effective and of great value.

Students also assume responsibility for running the numerous student organizations that operate independently of the University but represent the vast range of student interests. Reflecting this autonomous relationship, these groups are known as CIOs, or contracted independent organizations. These groups can apply for funding from the Student Activity Fee, and their presence is a major part of student life.
At the individual level, student self-governance reflects the philosophy that students are responsible for their own actions. They have great freedom and latitude in making decisions about how to conduct themselves on a day-to-day basis. Most students come here already functioning at a high level, and they thrive on this freedom. Even if they make mistakes, this too becomes a valuable part of the educational process. Students also learn from and are influenced in positive ways by their fellow students, either through informal interactions or through formal peer support programs.

Within the framework of student self-governance, students still receive considerable support and guidance. Members of the University community, especially those of us whose daily responsibilities revolve around students, provide mentoring, seek out students who may need additional support, and continually work to ensure the overall safety and well-being of the community. We rely on students, too, to help in all of these areas and to demonstrate leadership within the community at large.

Jefferson believed that the preservation of freedom and democracy depended on the active participation of an educated citizenry. Today, students learn to become educated citizens by experiencing student self-governance while they are part of this community. We believe they leave the Grounds well-prepared to assume positions of responsibility and leadership within larger society.

Many alumni say that the opportunities afforded by student self-governance were some of the most rewarding and significant aspects of their education. As new generations of students come and go, we believe that UVa’s strong residential community based on student self-governance continues to define the essence of the UVa experience.

The Honor System
Initiated in 1842, the Honor System at the University of Virginia originated as an effort to ease tensions between the faculty and the student body. Today, however, the central purpose of the Honor System is to preserve and protect a Community of Trust in which students can enjoy the freedom to develop their intellectual and personal potential.

The 27-member Honor Committee is ultimately responsible for the maintenance and administration of the Honor System.

The committee is composed of five elected representatives from the College of Arts & Sciences, two from the Graduate School of Arts & Sciences, and two elected representatives from each of the other 10 University schools. Committee members oversee Honor investigations and hearings, disseminate information to new students, and establish special programs and policies for the Honor System from year to year.

To carry out these tasks, the Committee relies on more than 100 support officers drawn from the student body. Honor educators are trained to promote understanding of and investment in the Honor System among members of the University community. Honor advisers are trained to provide confidential emotional support and impartial information about the process to students under investigation. Honor support officers are trained to investigate alleged Honor offenses and to assist with the presentation of facts and arguments at trial.

For what constitutes an Honor offense, see page 76.

For more information
www.virginia.edu/honor

Class of 2015 trustees pose with President Sullivan and their Valediction speaker, actor Ed Helms. Each year, the Fourth-Year Trustees are responsible for selecting the individual who addresses graduates during this special ceremony, which occurs on Friday afternoon of Finals Weekend.
Dear Parents

On behalf of the University of Virginia Honor Committee, it is my pleasure to welcome you and your daughter or son to the University. This truly is an exceptional place to pursue an education. At UVa, this education extends well beyond the confines of the classroom. By signing his or her application for admission, your student has already become a part of the University’s Community of Trust.

Each member of the Community of Trust has committed to live a life of integrity, and specifically never to lie, cheat, or steal. Students steward the system not only by taking this pledge; they are also solely responsible for its administration. Students are entrusted with exclusive control of the Honor Committee’s Constitution, and it is thus students who have set and continually renew the system’s high standards.

The hallmark of these standards has not changed in more than 170 years: If a student’s peers find him or her guilty of committing an Honor offense, the consequence is permanent dismissal from the University. While living up to these high standards is certainly not easy, it was never intended to be — it is through the difficulty of doing what is right that generation after generation of students have discovered the meaning and value of living with honor.

The system also affords unique, meaningful benefits to students. Every UVa student is assumed to be honorable, and consequently, both a student’s word and work are presumed trustworthy in our community. Our Honor System typifies the chosen ideal and common endeavor of our institution: the pursuit of the truth.

Unsurprisingly, many alumni believe that the Honor System is the greatest gift they have left current students. As an incoming student, your daughter or son is one of the newest stewards of a proud and enduring community. Since you are members of this community as well, it is important that both you and your student understand the Honor System. The Honor Committee will present an introduction to the system during Summer Orientation to incoming students, and when they arrive on Grounds in August, they will receive more comprehensive information about the Honor System.

Please feel free to stop by the Honor Committee offices on the fourth floor of Newcomb Hall and chat with us at any time. Extensive information about the system is also available on our website at www.virginia.edu/honor. If you have any further questions or concerns, please feel free to contact the Honor Committee by phone at 434.924.7602.

Welcome to the University!

The Judiciary Committee

The University Judiciary Committee was established to “promote the principles of civility and self-discipline that are appropriate to the conduct of an academic community.” The UJC is responsible for investigating and reviewing complaints of student misconduct, as defined by the 12 Standards of Conduct adopted by the University’s Board of Visitors. All students are expected to abide by these standards. Any individual or group may file complaints with the UJC according to the committee’s statute of limitations. All complaints are heard by a panel of judges elected from the student body. Should the accused student be found guilty, the panel may choose to administer a variety of sanctions, ranging from oral admonition to expulsion.

The First-Year Judiciary Committee, a subcommittee of the UJC composed of first-year students, has jurisdiction over violations committed by first-years in first-year living areas.

Students interested in becoming involved with the University Judiciary Committee will find opportunities to participate as a first-year judge, support officer, or elected representative and judge.

More information about the Standards of Conduct is available in the Policies section, pages 77-78.

For more information www.virginia.edu/ujc

Student Council

Student Council is the governing organization for the student body at the University of Virginia. The purpose of Student Council is to provide a medium for students to participate in discussing issues and drafting policies that affect the student body, while offering several services to the University community to address these issues.

The president and the executive board oversee the Council. The representative body, a council representing every University school, handles legislative matters. All of these positions are elected by the student body on a yearly basis.

Seventeen Student Council committees deal with every facet of student life and develop initiatives to serve the UVa community. The variety of the committees means that students can choose to work on any issue they are passionate about. Students also can develop leadership skills by serving as committee chairs.

Student Council also allocates more than $800,000 to student groups through its appropriations process. The appropriations committee reviews all funding requests, and the representative body hears any appeals after funds have been allocated.

When classes are in session, Student Council meets every Tuesday at 6:10 p.m., with rotating meeting locations announced via Council’s website. Council meetings, which are open to the public, are covered
Class Councils and Trustees
The class councils and Fourth-Year Trustees foster unity within their respective undergraduate classes. An election for First-Year Council takes place in September. In the spring, students may apply to serve on Second- or Third-Year Council or to become a fourth-year trustee.

All four groups plan, implement, and promote educational, social, and philanthropic activities with special relevance for their classmates. Activities include study abroad workshops, study breaks, class dinners, Lighting of the Lawn in December, the Ring Ceremony for third-years, and workshops on topics such as resume preparation and personal finance. Officers frequently communicate with class members about key class or University events, working closely with offices such as the University Career Center.

The Fourth-Year Trustees develop and raise funds for the class giving program, plan Finals Weekend (graduation) activities, focus on bringing the graduating class together, and plan reunions. Trustees serve during their fourth year and for five years after graduating.

Meriwether Lewis Institute for Citizen Leadership
The Meriwether Lewis Institute for Citizen Leadership was launched in spring 2015 by the Office of the Vice President and Chief Student Affairs Officer. Incorporating academic, experiential, and applied learning elements, the institute consists of 25 rising third-year students who are selected for the program in the fall of their second year. The program includes a School of Commerce course on “Leadership across Disciplines” in the second-year spring semester, a six-week summer leadership institute, and ongoing work to improve the University in their third and fourth years.

Funding for the pilot class of fellows was generously provided by UVA parents Rebecca and Bill Sanders.

Over the span of six weeks during the summer program, Lewis Fellows live on Grounds, immersed in discussions with University officials and engaged in classes and presentations. They find opportunities for collaboration and teamwork. They focus on long-term goals, examining how they and other student leaders can address challenges within the University. All this prepares them to undertake independent projects in their third and fourth years, either focusing on a particular student organization or examining broader issues on Grounds.

Named for the famous pathfinder who set out to explore the western territory with the backing of Thomas Jefferson, the institute is envisioned as a means to help students break new ground through citizen leadership.
UVa’s First-Year Residential Experience

The University requires first-years to live on Grounds in order to welcome them into a community of learners and to provide opportunities for faculty and students to interact in meaningful ways outside the classroom. By living together, all entering students have the opportunity to share experiences with other first-year students.

A living environment composed of individuals from different perspectives, experiences, and backgrounds fosters an opportunity for students to develop the art of persuasion and negotiation, problem-solving, critical thinking, and interpersonal skills.

The first-year residential experience begins with Summer Orientation and continues throughout the year, including opportunities for academic advising; self-governance; educational, cultural, and social programs; and special programs such as the First-Year Seminar and Professor’s Picks.

Student members of the Resident Staff, more than 245 in total, facilitate the first-year experience and provide leadership in all of the University’s residence halls. (See page 19.)

First-Year Housing

When submitting their applications for housing following admission, new students can state a preference for the housing program in which they are interested. Choice includes first-year housing or one of three residential colleges.

All first-year students who opt for a space in the University’s first-year housing program will have equal opportunity in the random assignment process if they submit their applications by the deadline. In addition to program preference, assignments are made according to mutual roommate requests and personal preference information from the application. Students are not guaranteed their first choice in housing.

While each residential area differs in room arrangement and amenities, each offers a great place to meet fellow students and to get involved in the residential community. New students live in one of two programs: the first-year program (Alderman Road, McCormick Road, and Gooch/Dillard) or a residential college (Hereford College, Brown College, or the International Residential College). Students may express a preference for a roommate and either a double or single room in first-year housing but cannot request a specific building or housing area.
Alderman Road Residence Area
Alderman Road accommodates up to 1,950 residents in 12 houses for the 2015-16 academic year. The buildings are coed, although the floors are single-sex.

Nine buildings feature an interior hallway configuration, with double rooms off a common hallway. These buildings are the most recent additions to on-Grounds housing, including a new building, which will open in August 2015. Nearby are the O’Hill Dining Room, the Aquatic and Fitness Center, and Slaughter Gym.

Suite-style Houses: Courtenay, Dunglison, and Fitzhugh

Features: large meeting rooms, study lounges, an ATM machine, a mailroom, and laundry facilities located in seven of these buildings.

Average room size: 15’11”l x 11’11”w

Gooch/Dillard
These suite-style buildings are located at the intersection of Alderman and Stadium roads. During the 2015-2016 academic year, two buildings will be closed for renovation. The remaining seven buildings will accommodate approximately 410 first-year residents.

This area consists of four-floor structures with two two-story suites. A typical suite accommodates six students, but a few suites house up to 10 students. Each suite features a living area and bath facilities.

Bedrooms are a combination of single and double rooms. Two kitchens and two laundry facilities are located in various buildings. There are two small and two large lounge areas. Runk Dining Room is conveniently located behind the center of the complex.

Features: air conditioning, study lounges, meeting space, laundry facilities, and a mailroom.

Average room size: 11’6”l x 7’6”w (single) or 11’6”l x 15’w (double)

McCormick Road Residence Area
This area houses more than 1,200 first-year students in 10 buildings, which accommodate approximately 125 students each. All of the bedrooms are doubles, with the exception of 30 small, single rooms located between the hallways of each floor. The buildings are coed, although the floors are single-sex. Rooms on a common corridor share a common bathroom.

Rooms in McCormick are not air-conditioned. A fan is especially helpful in the early fall and late spring.

Houses: Bonnycastle, Dabney, Echols, Emmet, Hancock, Humphreys, Kent, Lefevre, Metcalf, and Page

Features: study lounges, a mailroom, “The Castle” snack bar, laundry facilities, and vending machines.

Average room size: 16’l x 12’w

Resident Staff Program
The primary resource for a first-year student is the resident adviser (RA). The RA is an upperclass student who has been selected through a competitive process, has undergone training for responding to student concerns, and is familiar with University resources.

RAs live in close proximity to their first-year students, usually on the same hall or floor. This person is a good first contact for a student if she or he is not sure where to go for help. The RA may know the answer, or may refer the student to other University resources.

The RA also sponsors programs or helps residents to organize them. Program topics and purposes vary. They may be simple social events to help students get to know one another, or they may convey important information about safety or academic planning.

It is also a part of the RA’s responsibility to guide the community in responding to behavior that may violate the University’s Standards of Conduct (University Judiciary offenses) and the Housing and Residence Life agreement. Because the Resident Staff program operates under a peer support model, the RA often will encourage and expect first-year residents to approach one another and hold each person accountable. Finally, RAs know what to do in case of an emergency.
Residential Colleges

Both first-year and upperclass students can choose to live in one of three residential colleges. These living-learning communities, which foster interaction among faculty and residents through special programming and unique activities, mirror the ideals of Jefferson’s Academical Village. Faculty members serve as Principals of each residential college, living on site with family members. Their leadership and influence, combined with the active participation of Faculty Fellows and a strong sense of student self-governance, create special communities where learning is an around-the-clock adventure.

An environmental writers lecture series, international service trips over Spring Break, regular movie nights, and a community garden are just some examples of programming that identify the unique culture of each residential college.

Each residential college requires a separate application in addition to the Housing Application and Agreement. Applications and more details are available on the website for each residential college.

Hereford Residential College
Hereford Residential College houses are located on Observatory Mountain (O-Hill) between Stadium and McCormick roads. The buildings are coed, single-sex by floor, with rooms opening into a common hallway with shared bathrooms. Two lounges are located on each floor where students may come together for socializing. One lounge is equipped with a sink and microwave.

Hereford Residential College opened in 1992 and is named in honor of Frank Hereford, former president of the University. The college is led by a Principal and supported by three graduate coordinators of study. Approximately 20 faculty members and Charlottesville community leaders are selected each year as Fellows at Hereford. The program houses 60 first-year students and 120 upperclass students each year.

For more information, see www.hereford.virginia.edu.

Houses: Norris and Whyburn
Features: air conditioning, study lounges, meeting space at Vaughan House (the Principal’s residence), TV lounges, a dining hall, laundry facilities, a mailroom, and community kitchens.

Average room size: 15’4”l x 11’4”w (double)

Brown Residential College
Located on Central Grounds between Newcomb and McCormick roads, Brown Residential College consists of 12 buildings...
known as portals. Each portal has its own identity. Students create both a neighborhood and a home at Monroe Hill, infusing Brown College with their passions, talents, and energy.

Monroe Hill opened in 1986 as the first modern residential college at the University (the Lawn was the original residential college). Now named Brown College at Monroe Hill in recognition of the endowment donated by the Brown family, the college is led by a Principal and a director of studies. In addition to two resident scholars, about 40 nonresident Faculty Fellows from many departments and schools of the University maintain close ties with Brown.

Residential spaces consist of air-conditioned suites occupied by two students who share bath areas with members of the adjoining suite(s). There are 282 spaces assigned in 144 suites, with 46 of the spaces reserved each year for first-year students. Tunnels located in the lower floors of the buildings offer a convenient means of connecting students, and lead residents to on-site laundry facilities, study space, and two community lounges (one with a kitchen).

For more information, see http://browncollege.virginia.edu.

Houses: Davis, Gildersleeve, Harrison, Holmes, Long, Mallet, McGuffey, Peters, Rogers, Smith, Tucker, and Venable

Features: air conditioning, study lounge, kitchen, TV lounges, library, and laundry facilities.

Average room size: 11’10” l x 12’w

International Residential College
The International Residential College program is focused on international issues and experiences. It is an opportunity for students and scholars from the United States and other nations to learn together in a small residential setting.

Consisting of four houses, the IRC is located near the corner of Emmet Street and Sprigg Lane, across from Memorial Gym. A Principal provides overall leadership, and about 20 Faculty Fellows from various academic departments are affiliated with the IRC. This college consists of two types of housing. Munford and Gwathmey are two connected buildings arranged by hall; together they contain 81 double and 63 single, non-air-conditioned rooms. Lewis and Hoxton, located adjacent to Munford and Gwathmey, accommodate a total of 96 students in 28 double and 46 single rooms. These rooms are air-conditioned and grouped together, suite-style, opening onto a common area. A kitchen is located on each floor of the four houses, with laundry rooms located in Munford and Gwathmey.

A total of 286 residents live in the IRC, 60
The Emmet mailroom serves as a package pickup point for residents living in Gooch/Dillard, Hereford College, and Johnson, Malone, and Weeden. Residents of Bice House, Copeley III and IV, Faulkner Apartments, Lambeth Field Apartments, the International Residential College, and the language houses have mailboxes and satellite package pickup locations in or near their residence areas. Residents of Brown College receive mail at the U.S. Postal Service office in Newcomb Hall. U.S. mail service is provided for all occupants of the Lawn and the Range.

**QUESTIONS**

**Q: What laundry facilities are available?**

**A:** Laundry facilities are located throughout University housing areas. In the first-year residences, they are located on the ground floors of Dabney and Metcalf (McCormick Road Residence Area); Balz-Dobie, Cauthen, Gibbons, Kellogg, Lile-Maupin, Shannon, Tuttle-Dunnington, and Watson-Webb (Alderman Road Residence Area); Runk Hall (Hereford College); 382 Gooch and 387 Dillard; Lewis, Gwathmey, and Munford (International Residential College); and Gildersleeve (Brown College). The washers and dryers accept coins and Cavalier Advantage. To learn more about Cavalier Advantage, see pages 48 and 49. Change machines are available as well.

**Q: What about vending areas?**

**A:** Vending machines that accept either coins or Cavalier Advantage also are located in the residence halls.

**Q: Is Wi-Fi available in all the residence halls?**

**A:** Yes. Wi-Fi is available in all residence halls, in the libraries, on the Lawn, and in virtually all classrooms. Wireless works like cell phone coverage — there may be a few “dead spots,” and it may be slower if a student is in a crowded location or is conducting bandwidth-intensive activities like video streaming or chatting. Students should consider bringing an Ethernet cable to school to access the faster, more reliable wired Internet connections where available.

**Q: What if my student has a medical condition or special needs?**

**A:** Students needing special housing accommodations due to a medical condition or a disability must submit a Student Request form and appropriate documentation to the Student Disability Access Center (SDAC) of the UVa Student Health Center. (Learn more about SDAC on page 38.) The University has a number of air-conditioned housing units in the first-year program areas. Students with medical needs for air-conditioned housing must provide, from a family physician, a written request that describes a medical condition necessitating living in air-conditioned housing.

If students require needles of any type because of a medical condition, they can purchase a red “Sharps A-Gator” container from the Student Health Pharmacy for the proper disposal of syringes.

**Q: How can my student become a Resident Staff member?**

**A:** Students are eligible to be a Resident Staff member after their first year. The selection process involves an evaluation and two sets of interviews. Students should check the Housing and Residence Life website and watch for information sessions late in the fall semester and early January.

**Q: What is the University decoration policy?**

**A:** To personalize their rooms, students should plan ahead. No more than 10 percent of the total wall area may be covered. Curtains, decorative lights, and candles are strictly prohibited. Please see the Housing and Residence Life website for more information under “Decoration Policies.”

**Q: What is the process for continuing to live on Grounds?**

**A:** Students will receive information from Housing and Residence Life in the fall. An Open House will be held on Saturday during Family Weekend (October 23, 2015) that will outline the application process for returning students, as well as provide parents and students an opportunity to learn about upperclass options. The deadline to apply for on-Grounds housing will be posted on the Housing and Residence Life website.

**Q: What if my daughter or son cannot come home for certain breaks? Can they remain in on-Grounds housing?**

**A:** First-year students can remain in on-Grounds housing over Thanksgiving and Spring breaks. First-year residence areas close every year for Winter Break, which begins in December, and are not accessible. If first-year students are registered for January Term, then they can return to their first-year residence hall one day prior to the start of J-Term.
Planning Ahead: Second-Year Housing

Both students and parents should be aware of intense discussion that begins among some first-year students, often as early as September, about signing a lease for second-year housing in an off-Grounds apartment. The University advises students and parents not to make hasty decisions. It is important to make informed decisions based on factual information.

A variety of factors, including the local market, drive the publicity and resulting sense of pressure surrounding signing apartment leases. In truth, a surplus of apartment housing has been available in the Charlottesville area for the past few years. Many students wait until the spring to decide whether to live on or off Grounds, and they still are able to find attractive options open to them.

On-Grounds Housing for Upperclass and Transfer Students

About 40 percent of second-year students choose to live on Grounds. The options are varied, including halls, apartments, residential colleges, or language houses. For students who prefer a single room, most opportunities will be in Johnson, Malone, or Weedon; Copeley III and IV; and Faulkner Apartments. Double room opportunities are available throughout the Grounds.

Transfer students may choose from among any of the upperclass housing options. For complete details, go to www.virginia.edu/housing and click on “Transfer Students.”

Apartments

Apartment units, each housing two to six people, comprise most of the upper-level undergraduate housing on Grounds. Routine housekeeping is the residents’ responsibility. Students must provide their own linens, shower curtains, and cooking and eating utensils. They must also replenish or replace consumable items, such as bathroom tissue and light bulbs. All apartments are air-conditioned.

Bedrooms can be single or double occupancy. The common area of each apartment is furnished with a sofa, chairs, dining table and chairs, refrigerator, stove, and window coverings. Each bedroom contains one or two beds, desks with chairs, study lamps, wardrobes, and Venetian blinds. Depending on the area, some wardrobes feature built-in drawer space. In other areas, dressers are provided. Laundry facilities are available in each of the apartment complexes.

All areas are served by the University Transit System to Central Grounds. Apartment options include:

» Bice House
» Copeley III and IV
» Faulkner Complex
» Lambeth Field

Suites and Halls

Johnson, Malone, and Weedon

Located near Hereford College, these three corridor-style facilities are designated for upperclass and transfer students. The residential spaces are a combination of single and double air-conditioned rooms with central bath areas on each floor. Two lounges are located on each floor, one equipped with a sink and microwave. Area features include a dining hall, laundry facilities, and outdoor recreation areas.

Residential Colleges

Please see pages 20-22 for a description of the University’s three residential colleges. First-year and transfer students may also live in a residential college. Each requires a separate application process.

Language Houses

The University offers three houses for 11 language groups. These provide a unique opportunity for students to live in an environment of total language immersion. Eight of these groups are located in Shea House on the corner of Monroe Lane and Jefferson Park Avenue. A total of 75 students live in this building. The community in this building is made up of groups, or “pods,” speaking Arabic, Chinese, Hebrew, Hindi-Urdu, Italian, Japanese, Korean, or Persian.

Next door at 1408 Jefferson Park Avenue is La Casa Bolivar (the Spanish House), which houses 23 students. La Maison Française (the French House) is located at 1404 Jefferson Park Avenue, next to the Spanish House, and houses up to 27 students. Max Kade (German) is located on the second floor of Bice House and houses
seven students. Students may apply to live in a language house after their first year. Each house requires a separate application process, and students may be required to participate in a meal plan. For more information, students should contact the appropriate language department.

Benefits of Living on Grounds

On-Grounds housing does offer a number of benefits. Students and parents should jointly consider:

**Cost:** All residence house costs are fixed for the academic year. All utilities, with the exception of cable TV, are included. In purely financial terms, if you add the cost of utilities and all the less obvious expenses (installation charges, deposits, gas, and other commuting expenses, etc.), you will find that on-Grounds living is a good value. The convenience, quality, and opportunities to meet people are added pluses.

**Convenience/Proximity:** Living on Grounds ensures being close to the important centers of University life: classes, dining halls, the Student Health Center, Newcomb Hall, the libraries, and University events. All residence houses are either near Central Grounds or on the University transit routes, eliminating the need for daily driving and parking challenges.

**Continual Upgrades:** Wi-Fi is available in all first-year and upperclass residence halls. New furniture is purchased annually for several areas to continually upgrade University facilities.

**Services:** Students have the support of the Resident Staff and services of the University’s Facilities Management Division at their disposal. Housekeeping and maintenance services are the top two reasons that current residents enjoy living on Grounds. Laundry facilities are located in each living area.

**Friendships:** The most important reason for living on Grounds is that it provides a great opportunity to meet other students. The quality and frequency of interaction with other students play an important role in students’ sense of support and community.

Living off Grounds

Apartments and rooms in the Charlottesville area can be found in almost any price range and description. Many of these apartments are within walking distance of the University or on University or Charlottesville city bus lines.

Most students choose to live in two-, three-, or four-person apartments with their own bedrooms. An individual student’s share of the rent typically ranges from $400 to $800 per month. Leases for most apartments run on a 12-month basis, usually starting in June or August.

### Comparison Guide: Deciding Where to Live Second Year

<table>
<thead>
<tr>
<th>FACTORS</th>
<th>OFF GROUNDS</th>
<th>ON GROUNDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Decision dates</td>
<td>Varies</td>
<td>December for Residential Colleges; early spring semester for all other locations</td>
</tr>
<tr>
<td>Furnished</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Rent cost (monthly)</td>
<td>$600 (average) 12-month lease</td>
<td>$685 (average) 9-month commitment, based on academic year</td>
</tr>
<tr>
<td>Utilities included</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Parking costs included</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Monthly utility costs</td>
<td>$30-100 per student</td>
<td>$0</td>
</tr>
<tr>
<td>Cable TV/Wi-Fi</td>
<td>Varies</td>
<td>Wi-Fi available for no extra charge in all rooms</td>
</tr>
<tr>
<td>How do I secure my space?</td>
<td>Sign lease</td>
<td>Submit application, select room, sign housing agreement</td>
</tr>
<tr>
<td>Security deposit required</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Flexibility (study abroad/withdraw)</td>
<td>No flexibility (must continue to pay)</td>
<td>Released from contract</td>
</tr>
<tr>
<td>Financial aid award</td>
<td>Student-managed</td>
<td>Paid directly to UVa Housing</td>
</tr>
<tr>
<td>Financial accountability</td>
<td>Roommates collectively responsible</td>
<td>Responsible only for self</td>
</tr>
<tr>
<td>University bus stops</td>
<td>Not always nearby</td>
<td>Always nearby</td>
</tr>
<tr>
<td>Maintenance and security of property</td>
<td>Landlord/management company responsible</td>
<td>University responsible</td>
</tr>
</tbody>
</table>
Living off Grounds: Considerations

Students planning to live off Grounds are urged to keep these guidelines in mind before signing a lease:

- **Determine what is covered in the rent when considering how much you can afford.**
- **Ask if there are additional expenses, such as utilities, cable, or Internet service.** Some rental agencies include certain utilities in the cost of rent, so make a note of which ones are covered when signing a lease.
- **Be sure to check the parking in and around the complex (is there a monthly fee for parking, a city permit required, or is it open parking?).** Much of the parking in Charlottesville (including on-street parking) is restricted to permit-holders.
- **Whenever possible, parents should go with students to meet landlords and look over rental property prior to the lease being signed.** Generally, the landlord and the tenant will walk through the property to make sure that everything is in working order. Another option is to review the lease with Student Legal Services prior to signing.
- **Review security needs with the landlord and discuss whether changes, if any, will be at the landlord’s or tenant’s expense.** These details will be included in the written lease. Some features are controlled by city building codes and may not be under the landlord’s control.
- **Purchasing renters’ insurance is strongly recommended if student possessions are not covered by a parent’s homeowners’ insurance policy.**
- **Always take safety into consideration!**

**Property Maintenance Inspector – A Resource for Students Living Off Grounds**

To enhance the safety and security of students living off Grounds, the University and Student Council have developed off-Grounds housing resources. Housing and Residence Life works to provide resources to help students navigate the decisions involved in living off Grounds. The office sponsors programs and produces materials aimed at helping students decide where to live, understand leases, create a safe living environment, develop a budget, and more.

Student Legal Services, also funded through Student Council, assists students with the review of leases and other landlord/tenant legal matters. For more information, see page 60.

Many off-Grounds student apartments are located in the Corner area, which is adjacent to, but not part of, the University.

For more information

Housing and Residence Life
434.924.3736
www.virginia.edu/housing

UVa Dining offers these features:

All Access Meal Plans
First-year students have the option of two All Access Meal plans for their required meal plan membership.

The Ultimate Access Meal Plan and the All Access 7 Meal Plan provide all access to eat inside the University’s residential all-you-care-to-eat dining rooms (O’Hill, Fresh Food Co., and Runk) seven days a week, from 7 a.m. to 8 p.m.

All Access Meal Plans provide unlimited swiping in the residential dining rooms. This means as long as your student is eating in O’Hill Residential Dining Room, Fresh Food Co., or Runk Dining Room, they can swipe as many times a day as they want. Please note that unlimited swiping is for eating in UVa locations only. Students are encouraged to eat in to get the best value out of their meal plan.

Plus Dollars
Each dining plan includes Plus Dollars, which can be used in all of UVa’s dining locations. They work like an ATM or debit card. Students can use their Plus Dollars for beverages, snacks, coffee, and convenience food items at on-Grounds cafes, food courts, and convenience stores. The total purchase is subtracted from the student’s Plus Dollar dining plan balance. The balance can be checked through the Cavalier Advantage website. Plus Dollars can be added to your student’s card at any time.

Meal Exchange and To-Go Meals
Meal Exchange permits meal plan holders to use a swipe for a meal at retail locations on Grounds (see list on pages 28-29). Favorite combos have been created at several locations, and a Meal Exchange swipe can be used during each location’s Meal Exchange posted hours.

To-Go meals at residential dining halls also are considered a Meal Exchange swipe. Students may ask for a to-go box and a to-go cup to get their meal for take away. Please note and discuss with your student that To-Go meals are expected to be a well-balanced meal that fits in the container. There are limits to this program that are upheld by the spirit of the Honor Code.

The maximum number of swipes that can be used for both Meal Exchange and To-Go is two per day, one per hour. Students who purchase the Ultimate Access Meal Plan receive an additional Meal Exchange and To-Go swipe per day (for a total of three swipes per day, one per hour).

Food Trucks and Delivery
Food trucks are available during lunch in the Amphitheater for students’ dining convenience. Delivery from Domino’s Pizza is also an option for Plus Dollar spending.

First-Year Meal Plans

<table>
<thead>
<tr>
<th>PLAN</th>
<th>PLUS DOLLARS</th>
<th>GUEST MEALS</th>
<th>MEAL EXCHANGE/TO GO MEALS</th>
<th>COST/SEMESTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ultimate Access</td>
<td>$300</td>
<td>15</td>
<td>3 (total per day, once per hour)</td>
<td>$2,470</td>
</tr>
<tr>
<td>All Access 7</td>
<td>$150</td>
<td>10</td>
<td>2 (total per day, once per hour)</td>
<td>$2,360</td>
</tr>
</tbody>
</table>

For first-year students living in Residential Colleges or Language Houses (Hereford/Brown/French/Spanish/Shea): Meal plan options are the same as above, with $55 added to the total cost for special programming. Please select the Residential Ultimate Access or the Residential All Access 7 when purchasing your meal plan.

For first-year students who are varsity student-athletes: The only meal plan available is the Athletic All Access 7. Only student-athletes on varsity NCAA competing sports teams are eligible to participate in the Athletic meal plan program.
Residential College Plans
The University of Virginia offers unique Residential College programs rooted in Thomas Jefferson’s philosophies about education. Residential College students are required to dine together several times each week. The dining plans for these colleges include frequent banquets and events attended by Faculty Fellows of the colleges. Students who reside in Brown College, Hereford College, and the Language Houses (French, Spanish, and Shea) are required to participate in a Residential Dining Plan.

Residential Dining Plans combine the first-year and upperclass dining plan offerings with the additional residential special events. Based on needs, first-year Residential College students must choose either the Residential Ultimate Access Meal Plan or the Residential All Access 7 Meal Plan.

Transfer Student Options
Thousands of upperclass UVa students have a meal plan, whether they live on Grounds or off Grounds. The expanded upperclass meal plan options are listed on page 28 and can be purchased on the dining website at www.virginia.edu/dining.

Upperclass students also have the option of selecting the Ultimate Access Meal Plan or the All Access 7 Meal Plan. Details on those meal plans are listed under the First-Year Meal Plan options. UVa Dining can help upperclass students choose the plan that best fits their lifestyle and dining preferences. Contact UVa Dining at dining@virginia.edu or call 434.982.5141.

FREQUENTLY ASKED QUESTIONS

Q: Can first-year students change their dining plan?
A: First-year students have two choices: The Ultimate Access Meal Plan and the All Access 7 Meal Plan. Students can upgrade to the Ultimate Access Meal Plan at any time. Any first-year student who did not sign up for a meal plan by the deadline of July 3, 2015, will be signed up for the default plan, the All Access 7 Meal Plan.

Q: What happens if a student has unused Plus Dollars at the end of the semester?
A: Unused Plus Dollars transfer from the fall to the spring semester, but must be used by the end of spring semester. At the end of the spring semester, any unused dollars are not refundable and cannot be transferred to the new academic year.

Q: How can you add Plus Dollars?
A: When students purchase snacks or full meals, they can ask the cashier how many Plus Dollars they have remaining. If their balance is low, students or parents can add more Plus Dollars by going to www.virginia.edu/dining. The additional Plus Dollars will be credited to the student’s card in a separate account, and the bill will be sent to the email billing address on file with Student Financial Services.

Please note, additional Plus Dollars are in a separate account and will not show up on the card readers until the original contractual balance of Plus Dollars has been totally depleted; the new funds are then immediately accessible. Check Plus Dollar balances by going to the Cavalier Advantage website.

Q: What is the difference between Plus Dollars and Cavalier Advantage?
A: Plus Dollars are a part of a student’s dining plan and are only available for use in dining locations on the Grounds. When students use Plus Dollars, they automatically receive a tax savings on their purchases, and Plus Dollars can be added at any time. A Cavalier Advantage account can be used just about anywhere on the Grounds — from vending machines, copy machines, and parking to the UVa Bookstore and all dining locations.

Q: What if my daughter or son has food allergies or needs dietary modification?
A: UVa Dining is a partner in the health and wellness of students. Food allergies and intolerances do not excuse first-year students from mandatory meal plans. An on-staff nutritionist, location managers, and executive chefs will all work together with your student to create a personalized dining plan. UVa Dining works with hundreds of students annually with food allergies and intolerances to ensure they are being served with excellence. Please have your student email dining@virginia.edu to start the process.

Q: Are vegetarian options available?
A: Yes. Students will find meatless entrees and vegan choices at all residential dining rooms during each meal period. Students are not excused from a meal plan because they are vegan or vegetarian. A variety of options are available at all dining rooms, all meals.

Q: What about kosher dining?
A: UVa Dining provides kosher dining in partnership with the Hillel House at the University of Virginia. Hillel House provides kosher meals at both lunch and dinner for Newcomb Dining Room and Observatory Hill Dining Room. UVa Dining does not keep a kosher kitchen. All meals, therefore, come from Hillel House. For more information on this program, please contact dining@virginia.edu.

Q: Can parents eat in the dining rooms on Grounds?
A: Parents with students on a meal plan are welcome to eat for free in any residential dining room with their students when they visit after Move-In weekend. Students must be on a meal plan and must be dining in with their parents to take advantage of the “Parents Eat Free” program.
The University has three contemporary dining rooms located near the areas where students live and go to class. All three dining rooms offer extensive vegetarian and vegan menu options, salad bars, special carved entrees, and monthly theme meals. Daily features include traditional, home-style meals, fresh cooked pastas and simmering sauces, as well as hot and hearty traditional and vegetarian soups, bisques, and chowders. Also available are made-to-order deli sandwiches and a variety of homemade breads and desserts.

For students with food allergies and intolerances, a dedicated station just for them is available at all three residential dining rooms. The Copper Hood station serves lunch and dinner options that are free of seven out of the big eight allergens (fin fish is on the menu rotation) and free of gluten-containing ingredients.

**Fresh Food Co. at Newcomb Hall:** Located on the second floor of Newcomb, in the heart of Central Grounds.

**O’Hill Dining Room:** Located on the corner of Alderman and McCormick roads in the midst of the first-year residence houses.

**Runk Dining Room:** Located between the Hereford Complex and Gooch/Dillard residence houses.

### Retail Locations

- **Café McLeod:** Located in the School of Nursing, Café McLeod features Bleecker Street and Java City. Sandwiches and specialty coffee are available.
- **The Castle:** Located on the ground floor of Bonnycastle residence hall, The Castle offers grilled burgers and breakfast items, Claymore’s hot subs and pizza, and gourmet salads to go.

**Convenience Stores on Grounds:** With four locations on Grounds, convenience stores offer health and beauty aids, household goods, snacks, drinks, cereal, chips, and much more. The 1819 Supply convenience stores are located on the first floor of Newcomb Hall and in the Medical Education Building. The C3 Convenience stores are located at Lambeth Field Residence Hall and Runk Dining Room. Students can use their Plus Dollars for food items at the convenience stores.

**The Crossroads:** Located on the first floor of O’Hill Dining Room, The Crossroads is a convenience store and food court in one. The Crossroads features Sbarro Italian Eatery with whole and by-the-slice pizza, Pao’s Deli with sandwiches and specialty

### Locations

**Residential Dining Rooms**

The University has three contemporary dining rooms located near the areas where students live and go to class. All three dining rooms offer extensive vegetarian and vegan menu options, salad bars, special carved entrees, and monthly theme meals. Daily features include traditional, home-style meals, fresh cooked pastas and simmering sauces, as well as hot and hearty traditional and vegetarian soups, bisques, and chowders. Also available are made-to-order deli sandwiches and a variety of homemade breads and desserts.

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### Upperclass Meal Plan Options

<table>
<thead>
<tr>
<th>Plan</th>
<th>Plus Dollars</th>
<th>Guest Meals</th>
<th>Meal Exchange/To Go Meals</th>
<th>Cost/Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Access 5</td>
<td>$300</td>
<td>10</td>
<td>2 (total per day, once per hour)</td>
<td>$2,055</td>
</tr>
<tr>
<td>Semester 100</td>
<td>$400</td>
<td>NA</td>
<td>2 (total per day, once per hour)</td>
<td>$1,325</td>
</tr>
<tr>
<td>Semester 50</td>
<td>$350</td>
<td>NA</td>
<td>2 (total per day, once per hour)</td>
<td>$860</td>
</tr>
</tbody>
</table>

First-year students are not permitted to sign up for the All Access 5, Semester 100, or Semester 50 meal plans. These are upperclass meal plan options only. First-year students are mandated to have a meal plan and must choose either the Ultimate Access or the All Access 7 Meal Plan.

For upperclass students living in Residential Colleges or Language Houses (Hereford/Brown/French/Spanish/Shea): Meal plan options are the same as above, with $55 added to the total cost for special programming. Please select from the Residential Meal Plan options.

For upperclass students who are varsity student-athletes: Dining recommends that athletes consult with their coaches prior to selecting a meal plan from the Athletic Meal Plan options. Only student-athletes on varsity NCAA competing sports teams are eligible to participate in the Athletic meal plan program.
salads, and GrilleWorks with burgers and sandwiches.

**Einstein Bros. Bagels:** Located in Rice Hall with a satellite location at the UVa Bookstore, Einstein Bros. Bagels serves breakfast and lunch items.

**Fine Arts Café:** Located down Rugby Road in Campbell Hall, this café is the first on Grounds to focus on sustainable foods. The menu was designed using the Bull’s Eye program created by UVa Dining’s Green Dining student advisory group.

**Greenberry’s at Alderman Library and Clark Hall:** With two locations on Grounds, Greenberry’s Cafe offers a full line of Greenberry’s coffee and espresso beverages, salads, sandwiches, snacks, homemade bagels, pastries, and desserts.

**In the Nood:** Located on the second floor of Newcomb Hall, this gourmet noodle bar features a contemporary menu in all flavor profiles — Mediterranean, Italian, American, and Asian. Fun fact about this location: The name and general theme was conceptualized and designed by a group of UVa students (now alumni) for a class project.

**Pavilion XI:** Located on the first floor of Newcomb Hall, UVa’s largest retail food court offers a full-service Chick-fil-A, Five Guys Burgers and Fries, and a Subway fresh subs made to order.

**Poolside Café:** Located in the Aquatic and Fitness Center, Poolside Café features Freshens fruit and yogurt smoothies, gourmet salads and sandwiches, and fresh sushi.

**Rising Roll:** Located on the second floor of New Cabell, Rising Roll offers unique gourmet sandwiches, salads, soups, and breakfast selections made from fresh ingredients daily.

**West Range Café:** Located on the south end of the West Range near Garrett Hall, this café offers a full-service Java City coffee bar, grilled sandwiches, Fresh Market smoothies, specialty salads and sandwiches, homemade bagels, pastries, and specialty desserts.

**Wilsdorf Café:** Located on the first floor of Wilsdorf Hall, this café features a full-service Argo Tea — specialty tea drinks and quality food options — sourced from the best local and global teas, coffees, and food artisans.

For more information
www.virginia.edu/dining
The University places high priority on student safety and welcomes suggestions from students and parents on how to make the Grounds as safe as possible. Given the openness of the University community, students always should pay attention to their surroundings and not hesitate to report activities or people that they find suspicious. What’s most important for students to remember: ALWAYS CALL 911 FOR HELP.

**University Police**
The University Police Department (UPD) is a nationally accredited police department providing the same types of services as a municipal police department, as well as other services unique to an academic institution. The department works closely with administrators, students, faculty, and staff to create and maintain a secure atmosphere. Its statutory arrest jurisdiction includes the property of the University as well as adjacent streets and sidewalks.

In addition, the department participates in a mutual aid agreement with other local departments and in an agreement with the city of Charlottesville, which gives University officers concurrent jurisdiction in much of the city area surrounding the University.

Police officers patrol the Grounds on foot, in cars; and on bicycles, motor scooters, and motorcycles.

**For more information**
[www.virginia.edu/uvapolicy](http://www.virginia.edu/uvapolicy)
Emergencies: 911
Non-emergencies: 434.924.7186

### Safety Resources

Safety is both the University’s and the student’s responsibility. Students will learn more about the following resources during Fall Orientation, but it is helpful for parents to reinforce their use.

**Safe Ride (434.242.1122):** This program provides rides home to students who would otherwise have to walk alone. When school is in session, Safe Ride operates from Sunday through Wednesday midnight to 7 a.m., and Thursday through Saturday 2:30 a.m. to 7 a.m. On weekends, Safe Ride operates in concert with late-night University bus transportation. More details are available at [www.virginia.edu/uvapolicy/saferide.html](http://www.virginia.edu/uvapolicy/saferide.html).

**G4S Ambassadors:** These personnel patrol on foot, on bicycle, and by vehicle in areas near the Grounds where students live and spend time. They are not law enforcement. They serve as extra eyes and ears on the street and will help anyone who needs assistance, whether that means a walking escort or calling for an ambulance. Students and visitors should look for their neon green shirts and vests marked “Ambassador” and not hesitate to ask them for help.

**Late-Night Buses:** The University Transit System (UTS) currently extends service every Thursday, Friday, and Saturday when school is in session and during exam weeks. Buses run every 15 minutes. The service calendar, routes, and timetables are available at [www.virginia.edu/parking/service](http://www.virginia.edu/parking/service).

**Public Safety Substation:** The substation increases the visibility of both University Police and city of Charlottesville Police in the Corner area while providing a location for officers to meet with community members and to carry out administrative duties. Temporary since January 2015, the substation will move into a permanent home on the Corner in summer 2015.

**Charge-a-Ride (434.295.4131):** If students find themselves in situations where they need a cab but do not have the money to pay, they can show their student ID, be billed, and later reimburse the University with no questions asked. The University provides this program in partnership with Yellow Cab of Charlottesville.

**Safety Apps:** Students are free to choose the app that works best for them, especially since apps change frequently. “Circle of 6” is a free app for iPhone and Android that quickly connects users with six friends of their choice. This offers students the advantage of choosing local friends who can help them when they may need it.

**TipSoft:** This service is an anonymous way to submit information about crime to the University Police. Students and others can access it through the UPD website or through a free app called TipSubmit.

**Blue-Light Telephones:** More than 500 blue-light phones are located throughout Grounds—in every residence hall, along frequently traveled sidewalks, and in parking lots. If students need assistance, all they need to do is pick up the phone and they immediately will be connected with the police. In addition, several blue-light telephones have been installed off Grounds, near the Corner, in areas where students live and congregate.

**Rape Aggression Defense Classes:** Students from a residence hall or student organization can request self-defense classes taught by University Police officers. Classes last for 12 hours and are broken down into three-hour blocks.

**Bicycle Registration:** Students are encouraged to register their bicycles, scooters, and mopeds through University Police. Registration offers a safeguard in the event the bicycle is lost or stolen. Register online at [www.virginia.edu/uvapolicy/bicycle.html](http://www.virginia.edu/uvapolicy/bicycle.html).
Safety Reminders for Students
Through programming and mass emails, students often are reminded to take responsibility for the safety of themselves and their friends. Parents can help reinforce safety tips such as the following:

Summoning Help
- Call 911 from any phone, including your cell phone. You will be connected to a regional dispatcher who will send help based on your location.
- If on Grounds, just pick up one of the blue-light telephones. You automatically will be connected to University Police.

Personal Safety
- Be aware of your surroundings.
- Avoid isolated areas.
- Avoid walking alone at night. Use Safe Ride, walk with friends, or take a late-night weekend bus.
- Use the lighted pathway system.
- Tell a friend where you are going and when you will return.
- Do not hesitate to contact police, by calling 911, about a person or situation that does not seem right. You will not have to give your name to police. Even if everything is fine, University Police do not in any way consider this “bothering” them.

Residence Hall Safety
- Never allow strangers to follow you into the building.
- Call 911 if you see someone in the building who seems suspicious.
- Never prop open card-reader doors or leave room doors open.
- Secure doors and windows prior to leaving.

Home/Apartment Safety
- Keep doors and windows locked.
- Use outdoor lighting.
- Trim shrubs and trees to prevent the possibility of prowlers hiding in dense, darkened areas.
- If you see any of the following, immediately call 911: a prowler; someone peeping into a residence; an individual watching, photographing, or filming an area; or any other behavior that under the circumstances seems odd, out of place, or suspicious.
- Work with your neighbors and fellow community members to ensure a safe environment.

Pedestrian and Biking Safety
- Use caution when crossing the street, especially in the dark. Cross only in designated areas, and do not let music or a cell phone conversation distract you.
- Likewise, use caution when bicycling.
- Wear a helmet and reflective clothing, and follow all rules of the road, whether you are a biker or motorist.

Make Safety a Routine
- Be familiar with all available safety resources, and use them.
- Make safety part of planning your day or an event. When you go out, especially to socialize, follow the plan you’ve created with your friends for getting there and getting back safely. Check in with your friends throughout the evening, and make sure everyone leaves together.
- Be an active bystander — within your own comfort level. When your “gut” tells you things aren’t right, do what you can – comfortably and safely – to confront the situation.
- Learn about the Green Dot initiative at UVA and all the ways you can help prevent power-based violence.

Alcohol and Personal Safety
Even small amounts of alcohol can impair a person’s judgment, making it less likely that the individual will assess risky situations accurately. Some individuals may take advantage of an intoxicated person or facilitate incapacitation by encouraging participation in drinking games or spiking beverages with high-concentration alcohol or other drugs.

The University provides harm reduction strategies throughout the year and through multiple media. Messages include using a buddy system, avoiding “punches” of unknown alcohol content, and using caution in unfamiliar environments.

Students are reminded never to leave an intoxicated friend alone “to sleep it off.” They are urged to call 911 immediately if they observe even one sign of alcohol overdose (vomiting while passed out; unresponsive to stimulus; breathing is slow or shallow; or skin is blue, cold, or clammy) since death may result if untreated.

Student Health’s Gordie Center for Substance Abuse Prevention coordinates University-wide alcohol and other drug abuse prevention strategies and support for students in recovery. More information is available in the section on Health and Wellness, page 41.

Although they are not law enforcement officers, G4S Ambassadors serve as extra eyes and ears in areas near the Grounds where students live and socialize.
Emergency Preparedness

Working closely with University Police, the Office of Emergency Preparedness (OEP) champions a strong commitment to personal preparedness planning and education. The University enjoys a close partnership with the city of Charlottesville and county of Albemarle in the emergency preparedness arena, together assessing vulnerabilities in natural, human, epidemic, and terrorist hazards to assure an appropriate response is planned for such events. It is impossible to predict every emergency that could occur. The following information is offered as a general guide for you to plan ahead, prepare your student, and know in advance how the University communicates with students and parents when emergencies and critical incidents occur.

Regional Hazard Awareness

The University plans for all hazards. With a student population that comes from across the world, the risks and hazards familiar to some parents may be different from those of the Charlottesville area. A wide range of potential hazards exists, but the most likely are hurricanes and high wind storms, severe winter weather, and structure fires.

Severe Weather

While Charlottesville enjoys a generally mild climate, the area from time to time has been affected by hurricanes, tornadoes, and other forms of severe weather. University-wide cancellation of classes is rare, but if students have questions, the best source of information is the University’s Emergency home page at www.virginia.edu/emergency. The University Hotlines also are used for communication during any form of inclement weather. Those numbers are 434.924.7689 (SNOW) and 434.243.7689 (SNOW). Notices about a change in operating schedule will be sent to University email accounts.

Structure Fires

Through training programs, University staff, faculty, and students are educated on fire-safe practices. Talk to your student about taking fire safety seriously. Students should always evacuate buildings when they hear a fire alarm; identify emergency exits in living areas, classrooms, and libraries; and keep combustibles (pictures, posters, bulletin boards) away from all heating sources (e.g., stoves, fireplaces, furnaces, hot water heaters, etc.).

Pandemic Flu

A pandemic flu outbreak is another hazard that has been the focus of significant planning efforts at the University. Like many organizations in the United States and around the world, the University has taken a comprehensive look at how such a health emergency would affect day-to-day operations. To learn more about pandemic flu, a useful site is www.flu.gov.

Are You Ready?

Knowing what to do during an emergency is an important part of being prepared. New or returning students should take the following actions to minimize the impact of an emergent situation:

- Get a Kit

Get a Kit

While the University plans to maintain essential support services for students following a disaster, basic services such as electricity, gas, water, sewage treatment, and telephones may take time to be restored. An emergency kit can make the wait for those services to be restored more tolerable. See the sidebar for suggested supplies to include.

- Make a Plan

Make a Plan

Students and parents should plan for the unexpected by creating personal emergency plans. The University will respond quickly in an event, but students will be best served by having individual plans to take care of themselves for a brief period of time.

All students, especially international students, should think about what their alternatives are if the University were forced to evacuate during a hurricane, or if a pandemic were to lead to the cancellation of classes and closure of the University. Staying with friends or relatives in another part of the country may be an option to explore in advance, especially if travel abroad is restricted during a large-scale crisis.

Communications Plan: Work with your student to create a plan that outlines how you will contact each other.

- Technology does have limitations. Students are asked to contact home as soon as possible following a critical incident and advise you of their status. After that, they are asked to minimize the use of their phones to allow for telecommunication system use by emergency responders.

- Identify an out-of-state contact to receive and relay messages among family members, since it may be easier to make a long-distance telephone call.

- Add a list of important family contact information to the emergency kit.

- Include a prepaid phone calling card (and even coins are still a good idea to have on hand, despite a decreased presence of payphones) to use to call the emergency contact. Identify landline phones.

Items for an Emergency Kit

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flashlight and extra batteries</td>
<td>Prescription medications (at least a three-day supply)</td>
</tr>
<tr>
<td>First-aid kit</td>
<td>Extra pair of eyeglasses, if applicable</td>
</tr>
<tr>
<td>Whistle to signal for help</td>
<td>Copies of important documents, such as the communications plan and driver’s license</td>
</tr>
<tr>
<td>Dust mask</td>
<td>Bottle of water and non-perishable snacks</td>
</tr>
<tr>
<td>Moist towelettes</td>
<td>Rain poncho or large garbage bag</td>
</tr>
</tbody>
</table>

Also see www.ready.gov/build-a-kit.
UVa Alerts

SIGN UP AT: www.virginia.edu/uvaalerts

All students are encouraged to sign up. Students can add a parent phone number and multiple email addresses as additional message recipients.

» Have your student add “In Case of Emergency” (ICE) numbers to her or his cell phone; for example, ICE Mom or ICE Dad. Medical professionals often look for ICE contacts in patient cell phones to assist in contacting family members when it is most needed.

Ready.gov provides a simple template to help you record your communications plan at www.ready.gov/make-a-plan.


» Critical Incident Management Plan: The University acts immediately in response to emergency situations using the Critical Incident Management Plan (CIMP). The CIMP is activated when an emergency affecting the University reaches proportions that cannot be handled by established measures.

The CIMP is flexible to accommodate contingencies of all types, magnitude, and duration.

Stay Informed
Accurate information about impending or actual threats or emergencies can literally mean the difference between life and death.

» Emergency Notification: The University employs a range of technologies to help alert the community to emergency situations as quickly as possible. Emergency alerts are reserved for critical incidents that pose an imminent threat to the health and safety of the UVa community. Your student may be alerted in several ways:

» Fire alarm
» Siren
» UVa Alerts (text and email notification, if registered)
» University email
» LCD, LED, and desktop displays
» Public address system announcements (where available)

Encourage your student to sign up for UVa Alerts (see above for website and how parents can be signed up).

» Situation Updates: During an emergency, the best action is to check the University’s Emergency home page, www.virginia.edu/emergency, where you will find the most up-to-date information.

Key staff and student leaders, such as the Resident Staff, will also be equipped to communicate directly with students. All available forms of communication will be used to convey needed information to students.

To keep parents informed, the vice president and chief student affairs officer will communicate with you on health and emergency issues.

Student Involvement
After Move-In Day, each residence hall holds an orientation period, which includes a discussion of emergency preparedness and safety topics. Students will receive a copy of the Emergency Procedures poster in their residence hall early in the academic year. The Office of Emergency Preparedness offers additional guidance and suggestions throughout the year on its website.

Several student groups are engaged in areas of emergency preparedness and response, both on Grounds and in the community. Students interested in becoming involved will have ample opportunities to learn more about these groups at the beginning of the school year.

For more information
www.virginia.edu/emergencypreparedness
uvaoep@virginia.edu
Addressing Sexual and Gender-Based Violence

The University of Virginia is an institution built upon foundational values of honor, integrity, trust, and respect. Consistent with these values, the University is committed to providing a safe and nondiscriminatory learning, living, and working environment for all members of the University community. To these ends, the University has adopted a Policy on Sexual and Gender-Based Harassment and Other Forms of Interpersonal Violence.

Through presentations, training, and ongoing programming, students will receive information about this issue during Summer Orientation and the 2015-2016 academic year.

In addition to information in the Policies section (pages 80-81), parents and students can learn more through the following websites:

- **UVA’s Comprehensive Website:** http://titleix-vawa.virginia.edu
- **Overview of Resources and Reporting Options:** www.virginia.edu/sexualviolence/get_help_now.pdf (see portion of infographic below)
- **Just Report It:** www.virginia.edu/justreportit

“Just Report It”

Students, faculty, staff, or others who experience or witness an incident of bias or abuse directed toward themselves, or other acts of sexual violence, stalking, harassment, or hazing in violation of University policy, are urged to report the incident through “Just Report It,” the University’s online incident reporting system. Operated by the Office of the Dean of Students, the system enables anyone to report a situation in which she or he believes a student was treated wrongly — whether verbally, physically, or in writing — by another individual. The perpetrator may or may not be a student.

For more information
www.virginia.edu/justreportit
For many, a healthy mind in a healthy body is the mantra for a balanced life. From the Department of Student Health to recreational centers to programming offered by such organizations as the Gordie Center for Substance Abuse Prevention, students find support in achieving this goal.

Receiving Services at Student Health

Eligibility
Students who pay the comprehensive student fee are eligible to receive care at Student Health.

Any student with questions regarding eligibility should contact Student Health Medical Records at 924.1525.

All eligible students must have a Pre-Entrance Health Record on file in order to utilize the services at Student Health. All first-year, transfer, and international students are required to submit this form by August 31, 2015. Failure to complete this form will lead to blocked access during the class registration period and also will result in a $100 late fee. A copy of the Pre-Entrance Health Record can be found at www.virginia.edu/studenthealth/PEHF.html.

Costs
Students are not charged for visits with Student Health professionals because those costs are included in the prepaid comprehensive student fee.

Other services provided by Student Health, however, incur charges. Examples include supplies, allergy injections, injectable medications administered in-house, inhalation therapy, immunization fees, and copies of the medical record.

Charges for services provided at Student Health, other than prescriptions and labs (see below), will be placed on your student’s account (or will be billed to the Aetna Student Health plan if the student has that plan).

The laboratory and pharmacy located in Student Health are satellites of the UVa Health System (the UVa Hospital) and will file prescription and lab charges to most insurance companies. The student is responsible for these charges, whether or not the University Hospital Laboratory is in-network for her or his insurance plan. To learn more about insurance filing for lab tests, please see www.virginia.edu/studenthealth/prices.html.

In addition, all services received outside Student Health, such as hospital care, specialty referrals, diagnostic X-rays and imaging studies, and Emergency Room care result in charges. When seeing a provider outside Student Health, students are required to pay the applicable copay, coinsurance, and deductibles for all covered services, as well as the entire amount for services not included in their plan.

Health Insurance and Hard-Waiver Requirements
In an effort to ensure adequate health insurance coverage, the University requires that all currently enrolled undergraduate and graduate students be covered by an insurance plan from a licensed health-care insurance company.

Starting with the 2015-16 academic year, the University implemented a hard-waiver health insurance program. Under this program, UVa requires students who pay the comprehensive Health Fee to (1) carry health insurance that meets specific coverage requirements (called comparable coverage) and (2) provide proof of this insurance on an annual basis.

To determine whether their coverage meets the University’s requirements, students must complete a waiver application by going to the site administered by Aetna Student Health at www.uvastudentinsurance.com. The waiver site will be open and available to all students from July 6, 2015, through September 15, 2015. Any student who fails to demonstrate comparable coverage in the online waiver site by September 15, 2015, will automatically be enrolled in the Aetna Student Health plan. This includes students who fail to take action in the online system or who have filed a waiver application that has been denied. Once a student is enrolled in the plan, the coverage cannot be cancelled, and the charge of $2,613 (U.S.) will be due...
Student Health Insurance: Do the Math!

UVa requires all students to be covered by a health insurance plan. The University offers a plan through Aetna Student Health, and UVa is encouraging parents to take a look at this plan. In some cases, parents will find that this plan costs less and provides more comprehensive care than their current health-care plan.

One major feature of the Aetna plan: It covers situations unique to students.

If any of these situations apply to you, then Aetna Student Health may prove to be a sound choice:

- Your student may decide to study abroad, even for a short period.
- Your student may decide to take a summer job or internship in another state.
- Your residence is far enough from Charlottesville that traveling home for medical care would be difficult for your student.
- Your current plan includes high deductibles, copayments, or co-insurance.

Do the Math: Take a few minutes to fill out the online worksheet, available at www.virginia.edu/studenthealth/insurance/Dothemath.pdf. Once you do the math, assessing your own family situation and adding up what you pay for premiums, deductibles, copayments, prescriptions, and tests, you will have a better picture of how your current plan compares cost-wise with the UVa Aetna Student Health plan.

Students and Parents: New health insurance hard-waiver requirements are now in place for all students. Please see pages 35-36.


For more information
uvastudentinsurance.com
1.800.466.3027

by October 31, 2015. These deadlines will be strictly enforced. For more information regarding the hard-waiver health insurance program, please see www.virginia.edu/studenthealth/hardwaiver.html.

Students who do not have health insurance may obtain it from a company of their choice (as long as it is deemed comparable coverage—see page 35) or purchase the plan currently endorsed by the University, Aetna Student Health. Additional insurance information, including a link to apply online, is available at www.virginia.edu/studenthealth/insurance.html.

Parents should make sure that their students have a copy of their insurance card when they come to the University in the fall. Most companies list a toll-free number for help with questions about benefits or claim procedures. Parents should help their student become familiar with how to request information about her or his insurance benefits.

In-Network Provider vs. Out-of-Network Provider
A frequent question from parents is whether Student Health and the University Hospital are participating in a particular insurance network.

Because Student Health cares for students from 50 states and 75 countries representing more than 900 different insurance plans, it is logistically and financially impossible for Student Health to be a network provider for all these plans. Student Health currently participates as a provider in only one network, the Aetna Student Health Insurance Network.

Students with other insurance plans who incur fees from Student Health will have those charges placed on their student accounts within one week of the service date. An appropriate receipt is available at www.healthyhoos.virginia.edu, which permits students or parents to file an insurance claim for covered services directly with the student’s insurance plan.

The UVa Health System (hospital, associated clinics, and other services) is a separate entity from Student Health. It participates in most major insurance networks located in the mid-Atlantic area and in a number of major national networks as well. If your student receives laboratory or pharmacy services from the UVa Health System satellite sites at Student Health, your student will be billed separately by the Health System, not by Student Health.

Student Health Medical Services
Counseling and Psychological Services
See page 37 for description.

General Medicine
Physicians and mid-level clinicians board-certified in internal medicine, pediatrics, and family medicine provide primary care for acute illness and injury as well as chronic conditions. In addition, clinicians are able to perform certain office procedures, such as simple laceration repair and wart treatment. When medical specialty treatment is necessary, clinicians will arrange and coordinate referral to the UVa Health System or to a community provider. In addition, specialty services include:

Allergy Clinic
Allergy injections are provided Tuesday through Friday, 9 to 11:30 a.m. and 1 to 4 p.m., for an additional fee. New students must request that specific information from their allergist’s office be transferred to Student Health prior to beginning care. Once this information is received, the initial appointment must be scheduled by calling 982.3915. Follow-up appointments can be made using the Healthy Hoos website (see page 39). Student Health will store and
Addressing the Mental and Emotional Health of Students

Depression and anxiety can be a common occurrence among college students as they deal with the multiple stresses of classes, relationships, tests and exams, and thoughts about the future. Some students may struggle with even more serious mental health issues. Colleges and universities continue to seek ways to appropriately support students and address their overall health needs.

One resource available to UVA students is the Harrison Bowne “Tersh” Smith Jr. Memorial Center for Counseling and Psychological Services (CAPS), a full-service outpatient clinic based in Student Health.

CAPS provides a broad and comprehensive range of services: psychological and psychiatric assessment; referral; individual, couple, and group psychotherapy; psychiatric medication services; emergency walk-in and crisis consultation; 24-hour on-call crisis consultation; and consultation to students concerned about their use of alcohol and other drugs. CAPS provides suicide prevention programming and educational outreach.

Brief Treatment Approach: CAPS utilizes a brief treatment approach when seeing students in psychotherapy. Duration of psychotherapy generally lasts from six to 10 sessions, with the goal of helping students return to a level of functioning needed to be successful in their academic work.

When students’ needs do not fit with a brief therapy approach, they are referred to alternate clinic sites or to psychotherapists within the Charlottesville private practice community. In situations where factors may interfere with a community referral, then exceptions to a brief treatment approach may be made on a case-by-case basis. Additionally, if students are not referred outside of CAPS, they may receive psychiatric services for up to one year. Issues of treatment duration will be explored in detail with students once they are seen for an appointment at CAPS.

Eligibility: Enrolled students who have paid the Student Health fee are eligible to receive assistance from CAPS at no charge. Students are able to schedule a brief screening during which they receive an initial assessment of their presenting problems as well as recommendations for follow-up treatment and/or referrals.

Appointments: Students should contact CAPS (243-5150), and they will be set up for a brief phone screening with a mental health clinician often within 72 hours. At that time, their needs will be assessed, and a follow-up appointment or alternate recommendations will be provided.

Emergency Appointments: For students in the midst of an emergency, a clinician is available to see students between 11 a.m. and 4 p.m., Monday through Friday. After hours and on weekends, a CAPS on-call clinician is available to respond to emergencies and can be reached through the Student Health answering service at 972-7004.

Parent Inquiries: Parents who wish to speak with the on-call clinician about issues pertaining to a student should call during the same times listed above. If parents want to receive consultation, they should be aware that professional staff will not be able to share any information about a student who is a patient at CAPS without a signed release from the student.

A comprehensive list of counseling resources on Grounds, as well as selected Web resources, can be found on the Student Health website.

For more information
www.virginia.edu/studenthealth/caps.html

Dr. Baozhen Xie, one of several CAPS psychologists on staff.
administer the students’ immunotherapy according to the allergist’s instructions. For instructions and more information, please see www.virginia.edu/studenthealth/allergy.html.

**Immunization Clinic and TB Screening**
Immunizations are available Monday through Friday, 8:30 a.m. to 12 noon and 1 to 4 p.m. (Tuberculosis skin testing is not available on Thursdays.) Students should make appointments on the Healthy Hoos website.

**International Travel Clinic**
International Travel Clinic is a service for all students who are planning international travel and need travel-related counseling, immunizations, and/or prescriptions. Travel clinic is ideal for travel to low resource destinations. Appointments are in group format and may last up to three hours, depending on the group size. Travel clinic appointments are in high demand during the three to four weeks before a break, and clinics may be filled to capacity. Students are encouraged to schedule appointments as soon as possible to ensure appointment availability and scheduling flexibility. For instructions and more information about the International Travel Clinic, please visit the International Travel Clinic website.

**Gynecology**
The staff members of Gynecology diagnose and treat most common gynecologic problems, provide annual preventive health-care visits, provide testing and treatment for sexually transmitted infections, offer contraceptive counseling and methods, and provide pregnancy testing and counseling for women.

**Office of Health Promotion • Gordie Center for Substance Abuse Prevention**
This office works in partnership with students to help them achieve their optimal level of health and wellness. Services include nutrition counseling with a registered dietician, individual consultations, online education, group presentations, events targeting college health issues, and the Stall Seat Journal. Three peer health education groups are available: Peer Health Educators, ADAPT (Alcohol and Drug Abuse Prevention Team), and SAM (Student-Athlete Mentors). The Gordie Center coordinates alcohol and other drug abuse prevention strategies and support for students in recovery.

**Student Disability Access Center (SDAC)**
The SDAC provides a range of services to students with disabilities. Such disabilities may include, but are not limited to, vision, hearing, or mobility impairments, or impairment related to a learning, attentional, or psychiatric disorder. The SDAC coordinates disability accommodations, which may include alternate text formats for course material, peer note-taking, extended time for tests, sign language and other interpreting, and housing arrangements.

**Support Services**

**Clinical Laboratory**
The UVa Hospital Laboratory located in Student Health performs most routine tests on site, and sends others to clinical laboratories in the UVa Hospital. Laboratory tests and charges are billed to the student or the appropriate insurance company. Diagnostic tests are usually covered, at least in part, by insurance. All lab results are confidential.

**Pharmacy**
- Spring and Fall Semester Hours: Monday-Friday, 9 a.m. to 5 p.m. (Closed for lunch, 1 to 1:45 p.m.)
- Summer Sessions/Break Hours: Monday-Friday, 8:30 a.m. to 4:30 p.m. (Closed for lunch, 1 to 1:45 p.m.)

The UVa Hospital Pharmacy located in Student Health fills prescriptions from Student Health physicians as well as from outside prescribers. Student Health can also transfer prescriptions from another pharmacy. To transfer prescriptions to the UVa pharmacy or to have prescription refills ready upon arrival, students can use the pharmacy refill website (https://refillrx.healthsystem.virginia.edu). Over-the-counter medications and personal care items also are available for purchase. Prescription costs are not covered through the Student Health fee; however, most prescription insurance plans are accepted. Students should bring a copy of their insurance card with them to the pharmacy.

**Immunization Requirements**

Based on Centers for Disease Control guidelines, Virginia law, and national college health standards, UVa requires proof of immunization for required vaccines on the Pre-Entrance Health Record. Spring class registration will be blocked for students until they provide proof of immunization.

Student Health will conduct an immunization clinic on October 8, 2015. Students and parents will receive more information in the fall.

For more detailed immunization requirements, recommendations, and information, see www.virginia.edu/studenthealth/NSVaccineInfo.html.
Visiting Student Health

Students must bring their student ID card, insurance card, and prescription card each time they visit any of the services at Student Health.

Making an Appointment
Students are encouraged to make an appointment when they need care at Student Health. If students have an urgent need and no appointment, a “triage” system is available, whereby students can see or speak with a care provider who will advise them, refer them for same-day care, or suggest a scheduled appointment.

Hours
Fall and Spring Semesters:
Weekdays – 8 a.m. to 5 p.m.
Summer Sessions and Breaks:
Weekdays – 8 a.m. to 4:30 p.m.

Location
Student Health is located at 400 Brandon Avenue. It is just off Central Grounds, between the South Lawn and UVA Hospital, at the corner of Jefferson Park and Brandon avenues. Parking is limited; handicapped parking is available for students with permits. University bus routes serving this area include the Green Route and the Inner/Outer University loops.

Confidentiality
A student’s medical record is confidential to the extent permitted by law and will not be discussed or released to anyone outside Student Health without permission of the student. This includes parents if the student is 18 or older.

Emergencies
In an emergency or life-threatening situation, students should call 911.

When Student Health is closed and a student needs to speak with someone about an urgent health concern, care providers are available through the answering service at 972.7004. Students should let the operator know whether they have a medical, gynecologic, or mental health concern, and they will be put in touch with the appropriate professional. Students may be directed by the on-call professional to the UVA Emergency Room or to a local urgent care center if care is required before Student Health re-opens. Students are responsible for any charges incurred at facilities outside Student Health.

Feedback
Student Health is always interested in opinions and concerns, and students and parents are welcome to call Student Health Administration at 924.5471.

For more information
www.virginia.edu/studenthealth


Eating Disorders and Disordered Eating among College Students: Tips for Parents

Eating disorders and disordered eating represent a serious concern on college campuses, and one that the University of Virginia is continuing to address through increased education and treatment. The prevalence rates of anorexia nervosa and bulimia nervosa on university campuses range widely, and UVa CAPS is similar to peer institution counseling centers in treating about 4 percent of the students we see for such difficulties each year (approximately 320 students). The rate, however, of students exhibiting subclinical disordered eating is substantially higher.

Disordered eating is defined as unhealthy eating behaviors that do not meet full criteria for an eating disorder. Examples are binging and purging, but doing so less than twice weekly, or restricting food intake resulting in a variety of negative health consequences yet not being under 85 percent of “ideal body weight.”

According to White et al’s research (2011), the overall number of students engaging in disordered eating has significantly increased since 1995, and the number has more than tripled in men. A 2011 study (Haines et al) further showed that of a late high school population, 12 percent of females and 3 percent of males showed bulimic symptoms, and an even higher rate is evident for binge-eating difficulties.

The University approaches the problem of disordered eating in several ways, including education, outreach, and treatment. The Coalition on Eating Disorders and Exercise Concerns (CEDEC) is a committee composed of students, faculty, and staff who are dedicated to the education and prevention of eating disorders, disordered eating, and weightism. The committee’s goals are to promote positive body image and healthy living in mind, body, and spirit, as well as to provide referrals for those in need.

In addition, the students who are professionally trained as Peer Health Educators focus on healthy eating and lifestyle behaviors, and they give presentations to their peers throughout the year.

CAPS also provides outreach to those at risk for disordered eating, referral and consultation services specific to eating problems, and a therapy/support group for students working toward recovery. For students needing a multidisciplinary approach, Student Health’s Eating Disorders Treatment Team (EDTT) offers team-based outpatient support with psychotherapy, medical care, nutritional consultation, and other services as needed. At times, the EDTT will recommend a higher level of care such as residential or inpatient treatment for high complexity difficulties or when outpatient services are not adequate for recovery.

Additional services, which can include individual psychological treatment and regularly facilitated treatment groups, also are offered by the Maxine Platzer Lynn Women’s Center and Ainsworth Clinic.

The following are ways in which parents can support students who are struggling with or at risk for disordered eating:

• Send students positive messages that are not linked to appearance or eating behavior. Your daughter or son may be focused on such issues due to peer influences, yet you can remain the voice that continues to recognize the internal, enduring qualities of your child.

• Be aware of dramatic weight changes in your child. Weight changes are rare in this age group without engaging in disordered eating, and are usually accompanied by increases in social withdrawal, depressed mood, and worsening concentration.

• Find a balance between supporting/
The decisions college students make about alcohol use can have a powerful impact on their lives. UVa prevention programs are based on the belief that effective programs are science-based, comprehensive, and coordinated across the University. The culture of student self-governance ensures that students are significantly engaged in the decision-making process.

We work to prevent alcohol abuse through multiple tactics, including enforcement of state law and University policies, developmentally appropriate educational programs for students, intervention for students who are developing a more serious alcohol problem and partnering with parents, faculty, and the community.

In each of our programs, we remind students that breaking the law by consuming alcohol under the age of 21 can result in legal consequences. This message alone, however, is not enough. Our data show that nearly half of UVa students (47 percent) report drinking with the intention of getting drunk at least once before they enrolled at UVa for their first year.

Our combined efforts are making an impact. Evaluation data show that UVa students today are less likely to drink in excessive ways, more likely to use protective strategies to reduce their risk, and less likely to experience negative consequences of drinking.

Despite these positive trends, we are acutely aware that use is prevalent among, and accepted by, some student sub-populations. We continually work to develop new initiatives to support the majority of students who engage in healthy choices around alcohol while challenging those who drink in a hazardous manner.

Here are a few suggestions on how parents can continue to support students in making healthy choices:

- **Initiate conversations about** alcohol choices and make your expectations clear. Your daughter or son probably won’t bring up the issue without some prompting. Parental expectations do have an impact on student drinking behaviors, both positively and negatively. Conversations that take place before Move-in Day have the greatest impact. The first weeks of college can set the tone for a student’s entire college career, so have a follow-up conversation (or two!) to check in.
  - **Know that most parents do have these conversations.** A national study found that three-quarters of parents say they discussed family rules about alcohol use with their daughters and sons in the previous three months.
  - **Avoid scare tactics.** Be factual and straightforward about your family beliefs and your concern about the choices your daughter or son may be facing. Ninety percent of young adults say the way to reach them is to focus more on health and safety issues than on legal consequences.
  - **Know that UVa students drink far less than you might think.** When we give students accurate information about their peers’ actions, we increase healthy behaviors. A 2013 UVa study found that on a typical Saturday night, a majority of students (67.8 percent) either don’t drink (44.9 percent) or consume no more than three alcoholic beverages. Regrettably, many students believe that all UVa students drink heavily, and this misperception of what is “normal” can influence them to make higher-risk drinking choices. Students underestimate the prevalence of protective behaviors such as calling 911 when they encounter an unresponsive student and, as a result, may falsely believe that their peers are reluctant to intervene in dangerous situations. In reality, nearly all students (90 percent) tell us they believe it is their responsibility to intervene when they notice a problem situation.
  - **Treat addiction as you would any other health issue.** Those with a family history of substance abuse are four times more likely to develop a problem. Students need to be aware of their potential genetic risk so they can make more informed choices about alcohol use.

The University has many programs in place to assist students who make unhealthy choices around alcohol or other drugs. These include one-on-one meetings with University administrators; online education programs offered by the Gordie Center for Substance Abuse Prevention; the Hoos in Recovery student support group; and free consultation regarding alcohol and drug abuse issues through Counseling and Psychological Services.

For more information about substance abuse prevention programs and support for students in recovery from alcohol and drug addiction, contact Student Health’s Gordie Center for Substance Abuse Prevention at 924.5276 or see [www.virginia.edu/gordiecenter](http://www.virginia.edu/gordiecenter).
Students discover literally hundreds of ways to take ownership and step up as leaders in the UVa community. On any given day, students will find a wide range of ways to be involved academically and socially — from lectures and guest speakers to musical performances, athletic events, art exhibits, community service, and student organizations.

Opportunities for Leadership

The chance to develop leadership skills is available to every student. The first step is to learn about the many groups and activities on Grounds. Groups are defined based on their relationship with the University.

Agency Groups

These organizations act on behalf of the University and provide specific University services. Student leaders of these organizations assume responsibilities that are delegated by the Board of Visitors and through an administrative office on Grounds. Examples include University Programs Council, the University Judiciary Committee, and the Honor Committee.

Special Status Groups

These organizations act as agents of the University in the functions that are delegated to them by a University official. The functions of these groups are subject to the supervision and control of the University. Examples include Class Councils, Student Council, School Councils, and University Guides.

Contracted Independent Organizations (CIOs)

Most organizations at UVa are CIOs. These are student organizations that exist independently from the University. These organizations do not have official University advisers, and the University does not supervise, direct, or control the CIOs’ activities. This means that anything students do in conjunction with or for the organization, they are doing on their own authority. They are individually responsible for their actions. The students are learning from their own experiences and from one another.

With more than 700 CIOs available, students can find a group for nearly any interest and level of involvement. CIOs encompass a variety of activities such as hobbies, sports, publications, community service, culture, arts, professional development, and social communities.

Through their involvement in CIOs and other organizations, students gain skills in leadership, communication, conflict management, time and project management, budgeting, and teamwork.

For more information
http://atuva.student.virginia.edu/organizations

Recreation and Sports

Recreational Programs

Recreational Programs

Recreational Facilities

Several facilities at the University enable students to take a break from studying to exercise and enjoy recreational activities every day of the week.

The Intramural-Recreational Sports Department operates four fitness facilities:

- Aquatic and Fitness Center
- North Grounds Recreation Center
- Slaughter Recreation Center
- Memorial Gymnasium and the Outdoor Recreation Center

These facilities collectively house cardiovascular and strength training equipment; basketball, volleyball, squash, racquetball, handball, and wallyball courts;
Indoor running tracks; swimming pools, whirlpools, and saunas; showers and locker rooms; and multipurpose rooms with more than 100 group exercise/ training classes per week.

Outdoor facilities include two turf fields, three softball fields, three grass fields, and 17 tennis courts. For outdoor adventure needs, the Outdoor Recreation Center offers a bouldering wall and a rental center, as well as a variety of trips.

**For more information**
http://recsports.virginia.edu

**Madison House**
Madison House serves as a student volunteer center at the University of Virginia. It coordinates volunteers, develops leaders, builds community partnerships, and promotes lifelong volunteer service. Student leaders coordinate weekly volunteer opportunities at more than 100 sites at local community agencies, schools, senior service centers, childcare centers, and medical facilities. Every year, more than 3,000 UVA students volunteer on a weekly basis in the Charlottesville community through Madison House.

**For more information**
www.madisonhouse.org

**The Fraternity/Sorority Community**

Since 1852, Greek-letter fraternities have been an active part of University life. Sororities arrived at the University in 1927. Fraternities and sororities provide opportunities for leadership, self-development, friendship, and service to the greater community. Philanthropy and community service play a large role in the fraternity and sorority community.

About 30 percent of the UVA student body is a part of the fraternity/sorority community. Four umbrella organizations govern and support all active fraternity and sorority chapters at the University:

- Inter-Fraternity Council
- Inter-Sorority Council
- Multicultural Greek Council
- National Pan-Hellenic Council

**Fraternity and Sorority Life (FSL)**

Fraternity and Sorority Life, based in the Office of the Dean of Students, serves as the University’s liaison to the fraternity and sorority community. FSL helps students build organizations that promote the principles of scholarship, leadership, service, and honor. The relationship between the undergraduate chapters and the University is defined through the Fraternal Organization Agreement (FOA).

**For more information**
www.virginia.edu/fsl

**Inter-Fraternity Council (IFC)**

The Inter-Fraternity Council is the governing board for 32 social fraternities and approximately 1,900 men at the University. Twelve members are elected to serve on the Executive Committee of the IFC. In addition to developing and enforcing all policies related to fraternity life, the IFC serves as an intermediary between fraternity members, fraternities, and the University community.

**Inter-Fraternity Recruitment (Rush)**

Fraternity recruitment is the formal period when prospective fraternity men can join a fraternity. Formal recruitment takes place in January during the spring semester and is open to all men at the University. Additionally, there is a brief informal recruitment period in late September for upperclassmen and transfer students.

Spring Recruitment lasts two weeks, with activities emphasizing various aspects of brotherhood. All recruitment events are required to conclude before midnight, and alcohol is prohibited. A man’s decision to

**PUBLIC SERVICE**

Did you know that more than 80 percent of students do service while at UVA? Students can find volunteer and research opportunities using Learning in Action, the University’s online “front door” to opportunities for public service and experiential learning within the University and beyond. Together with staff in Student Affairs Community Engagement, students can use the site to connect with other students, faculty, and community partners interested in using social entrepreneurship and community engagement to apply classroom theory and knowledge to real-life problems and situations.

**For more information**
www.virginia.edu/publicservice
dues also goes toward social events. Many national fraternities offer financial assistance to their members through scholarships and loans.

For more information
http://virginiaifc.com

Inter-Sorority Council (ISC)
The Inter-Sorority Council is the organization that presides over the 16 inter/national sororities at the University, represents them to the administration and community, and takes on issues pertinent to University life. The goal of the Inter-Sorority Council is to promote women, leadership, and service in the fraternity and sorority community and in the University community. Sororities require their members to maintain high academic standards, and each chapter has a required minimum grade point average. Each sorority has sisters with a wide array of academic experiences and majors. Sororities also provide leadership opportunities, both within the chapter itself and within the Inter-Sorority Council’s executive committee and governing board. At least once an academic year, each chapter sponsors a service project or philanthropy program to benefit its national philanthropy.
Sorority Recruitment
University women participate in Recruitment to become a member of an ISC sorority. The Formal Recruitment process begins in January. It is composed of four rounds: Round Robins, Philanthropy, House Tours, and Preferentials. The different rounds of Recruitment give potential new members opportunities to meet sisters of the individual chapters and to become familiar with the various chapter personalities. Recruitment lasts for approximately seven days, and during this period, potential new members and chapters will narrow their choices.

Additionally, informal recruitment occurs in the fall semester; second- and third-year students and transfer students are eligible to participate in informal recruitment.

Sorority Costs
Like fraternities, costs of sororities vary. The new member semester is usually the most expensive, due to new member initiation fees. Meal and housing requirements also vary for each chapter.

On average, membership dues range from $800 to $1,500 per semester. Specific information on membership costs is provided to all women during the sorority recruitment process.

For more information
http://virginiais.com

Multicultural Greek Council (MGC)
The Multicultural Greek Council promotes service events, leadership, and scholarship. Member organizations stress their commitment to the University and Charlottesville communities. Information sessions about the fraternities and sororities are held throughout the year. Additionally, individual organizations sponsor and co-sponsor educational programs regarding all facets of college life. The MGC currently consists of Latino, Asian, and multicultural interest fraternities and sororities. Member organizations of the MGC do not discriminate on the basis of race or any other identity. Membership is available to all University students with the minimum GPA requirements (varies by organization) who view service and betterment of the community as priorities.

National Pan-Hellenic Council (NPHC)
The National Pan-Hellenic Council is the umbrella organization for the historically Black Greek letter organizations (BGLOs). The mission of the National Pan-Hellenic Council is to promote the ideals and standards upon which their respective organizations were founded.

Member organizations carry out this mission through joint action and events, such as community service projects, forums, and step-shows within the University and Charlottesville community.

BGLOs focus on community service as a primary principle. They do not have houses on Grounds, but maintain their sense of unity by relying on their founding principles and bonds they develop. Member organizations of the National Pan-Hellenic Council do not discriminate on the basis of race or any other identity. Black students are not limited to sororities and fraternities under the National Pan-Hellenic Council, just as non-black students are not limited to rushing only ISC/IFC organizations.

Membership is available to all University students with the minimum GPA requirements (varies by organization) who view service and betterment of the community as priorities.

Historically Black Greek letter organizations are very diverse and include members from a wide variety of racial, social, political, and economic backgrounds. Dues vary by organization. Details are discussed at the information sessions.

Joining an MGC or NPHC Fraternity or Sorority
NPHC and MGC groups do not participate in a formal recruitment process. Each member organization individually holds informational sessions where interested women and men are introduced to the organization and its members. The Membership Intake Process takes place during both fall and spring semesters, depending on the organization. Interested students should attend various events, such as service projects, forums, and programs, to learn more about individual organizations.

Julian Jackson, a 2015 graduate, went from leading NPHC at UVa to serving as a national board member and adviser for Alpha Phi Alpha Fraternity, Inc.
Computer Requirements and Resources
A laptop computer is essential for a student’s academic career at the University. Students may opt to buy a new computer or bring one from home, but it must meet minimum University standards. Students should also consider their likely major or field of study when making their choice, since many UVa schools have specific requirements. Recommendations to help your daughter or son choose the right computer are posted at www.its.virginia.edu/students/new.

Computer hardware and software can be purchased at special educational pricing through the Cavalier Computers website (www.uvastudentcomputers.com), or at its showroom inside the UVa Bookstore. Cavalier Computers is also an authorized Verizon Wireless Retailer and can assist students with cellphone or 4G tablet needs.

Free and low-cost Microsoft software. ITS has negotiated licensing with Microsoft so that students may download a free antivirus program, Microsoft SC Endpoint Protection, at www.its.virginia.edu/software and purchase other Microsoft software for just $15 — a significant savings from the full-priced software, and even the educational discount pricing. This agreement covers the most recent edition of Microsoft Office® for both Windows and Mac OS X, an upgrade to the newest Windows operating system from the previous version, or a copy of Windows to run on an Apple computer — all for only $15 each.

Specialized software programs. Some specialized academic software packages may be accessed via the UVa Hive at www.its.virginia.edu/hive, which streams programs to students, on their own computers, from virtually anywhere. There are also some computers available in schools and libraries around Grounds with discipline-specific software.

Printing. Students may opt to have a printer in their residence hall room, but if bringing a printer, it should have a USB port and a cable, since wireless printing is not supported in residence halls. Cavalier Computers offers an inkjet cartridge refill service that saves students money on printer cartridges while helping to protect the environment.

Printing, provided by Printing and Copying Services, is supported in public locations around Grounds — either via a student’s own laptop or the public printer stations — at a cost of 8 cents per page. Funds for this will need to be reloaded on students’ Cavalier Advantage accounts. For more information on Cavalier Advantage, see page 48.

Wireless. Wi-Fi is available in all residence halls, in the libraries, on the Lawn, and in virtually all classrooms. Wireless works like cell phone coverage — there may be a few “dead spots,” and it may be slower if a student is in a crowded location or is conducting bandwidth-intensive activities like video streaming or chatting. Students should consider bringing an Ethernet cable to school to access the faster, more reliable wired Internet connections where available in residence hall rooms and all around Grounds.

Computing Accounts
New students take the Responsible Computing Tutorial in order to gain access to their new University computing accounts, including UVa email. This tutorial explains what it means to be a good digital citizen and that the use of computing resources is governed not only by the Honor System, but also by local, state, and federal laws pertaining to copyrights, security, and other statutes on electronic

University email. Students are provided a Virginia email account for life through UVa Gmail. To check their University email, students should go to www.mail.virginia.edu and log in through NetBadge. It is important students check their UVa email account regularly, because that is where official communications from the University are sent.

NetBadge passwords. At first, students log in through NetBadge by providing their UVa computing ID (for example, mst3k) and Temporary password, but later, after completing their identity verification, students use their Permanent passwords instead. This password will be the one they use to access most systems during their time at UVa and beyond.

Online file storage. With a Permanent password, students can take advantage of UVa Box, the University’s online file storage and collaboration service. Box enables students to store up to 50GB of data securely in the cloud. Students can access UVa Box via its Web interface, or by downloading the Box Sync software to their computer, so students can access their files from anywhere. Students can get started by going to www.its.virginia.edu/box.

Cable TV. ITS provisions the cable television available in residence halls. Only one hook-up is available per room, so roommates will need to coordinate sign-up and payment (billed monthly to the student account). Note that ITS does not provide Internet or cable TV to students living off Grounds. Students in private apartments or homes will need to make their own arrangements for these services through local service providers.

Tech Support Services and Computing Help

Students can receive 24/7 help with computing and communications.

Website. ITS’s website, www.its.virginia.edu, is where students can download software, connect to services such as online file storage and cable TV, and learn the latest on downtimes and security issues at the University. It also links to ITS’s social media presence, if your student would prefer communications that way.

Help Desk. The UVa Help Desk provides students with free troubleshooting for UVa-related IT questions. Students can reach the Help Desk for tech support anytime – 24 hours a day, seven days a week, 365 days a year — by email, chat, or phone (call 434.924.HELP or toll-free at 866.469.4866).

While ITS does not provide hardware repair services, the Help Desk can assess whether a problem is hardware-related. Local repair services are available through Cavalier Computers and other vendors.

Web Resources

For New Students
www.its.virginia.edu/students/new

UVa Help Desk for IT Support
www.its.virginia.edu/helpdesk

Wireless at UVa
www.its.virginia.edu/wireless

Accounts and Passwords
www.its.virginia.edu/accounts

Software Downloads
www.its.virginia.edu/software

Protecting Your Investment in a Computer

Students’ computers represent an investment of both time and money. To protect this important investment, remind your student to:

Avoid spending too much on a computer with lots of software pre-installed beyond the operating system. Remember, Microsoft Office is available to all UVa students for just $15, and a licensed antivirus program can be downloaded at no cost from www.its.virginia.edu/software.

Bring an Ethernet cable to take advantage of the high-speed wired Internet connections available in residence hall rooms and some locations around Grounds. While wireless is offered almost everywhere, the wired connection is always faster and more reliable.

Install software and operating system updates right away, whenever they are auto-downloaded.

Use a power surge protector with a circuit breaker for all computing equipment.

Protect yourself from data loss by backing up important files to the cloud using UVa Box, the University’s free online file storage and collaboration service.

Download Alertus, the University’s emergency notification software, to receive pop-up computer alerts from public safety personnel in case of severe weather or other emergencies from www.its.virginia.edu/software.
Cavalier Advantage

The Cavalier Advantage Program is an account on a student’s University ID card that can be used to access University services on Grounds. Cavalier Advantage offers convenience, value, safety, and security.

Cavalier Advantage can be used just about everywhere on Grounds, including all UVa Bookstore locations, University dining locations, vending, laundry, copy machines, printers, and a variety of other services on Grounds. Visit the website for a full listing of services and locations.

No application is necessary — each student automatically receives a Cavalier Advantage account on her or his UVa ID card. The account starts with a zero balance, and the first deposit activates the account. Cash cannot be withdrawn once it is deposited, but the balance rolls over until the student graduates or withdraws from the University.

For more information
www.virginia.edu/cavalieradvantage

Student Bills

Student Financial Services generates term statements every July (for the fall semester) and December (for the spring semester). Term statements, viewable through the University’s e-billing and payment system, QuikPay@UVA, include charges for tuition and fees, room, and dining plan. Other charges, for such expenses as telecommunications, Bookstore purchases, parking tickets, and library fines, are available online through QuikPay@UVA as they are incurred. No paper statements are sent to the student or parent.

Students can set up their parents or others as authorized payers in QuikPay@UVA. When a term statement is generated, an email is sent to the UVa email address (the virginia.edu address) notifying the student that the statement is ready for viewing in the QuikPay@UVA system. Authorized payers also will receive an email at the address the student provided in the QuikPay@UVA system. Within the system, users can view their current statement and statement history, as well as view and print a PDF version of these statements and remittance advice.

Both the student and any authorized payer(s) are notified by email at the beginning of each month of any new account activity that occurred during the prior month and any past-due charges. Students can log into QuikPay@UVA through their Student Information System (SIS) accounts at www.virginia.edu/sis.

Payments can be made electronically by e-check (no service fee) or credit card (with a service fee) or by paper check with the remittance portion of the statement. A schedule of billing and due dates is available on the Student Accounts website at sfs.virginia.edu/billing/info.

It is important that payments are received on or before the due date to prevent late penalties and registration holds. It is the student’s responsibility to ensure that all bills are paid on time.

For further information about student bills, please see sfs.virginia.edu/billing.

Financial Aid

Student Financial Services provides need-based financial assistance to students, many of whom might otherwise be unable to attend the University.

AccessUVa is the University’s comprehensive financial aid program, designed to keep higher education affordable for all students who qualify for admission — regardless of economic circumstance. The University has a need-blind admission policy, meaning it does not consider financial circumstances of applicants when making admission decisions. The University also meets 100 percent of all students’ demonstrated financial need. More information about AccessUVa is available at http://accessuva.virginia.edu.

Every student applying to the University for admission is encouraged to apply for financial aid through Student Financial Services. This office will determine if a prospective student qualifies for federal, state, or institutional grants, federal work-study, or federal student loans.

The University has a number of need-based grants, loans, and employment opportunities available for undergraduates. Financial aid applicants who apply by the March 1 application deadline are automatically considered for any grants for which they qualify. No academic or merit scholarships are available through Student Financial Services.

Student Financial Services maintains a website especially for parents, offering information on financial aid and links to...
resources both inside and outside the University at sfs.virginia.edu/parents.

University of Virginia students who receive financial aid must reapply each year by completing a Free Application for Federal Student Aid (FAFSA), as well as the University’s financial aid application located in the Student Center in SIS. In addition, students must meet enrollment and satisfactory academic progress standards.

Regardless of whether a family qualifies for financial aid, Student Financial Services is committed to helping students successfully manage their finances and improve the quality of their student life.

Affordable Excellence

In March 2015, the Board of Visitors approved Affordable Excellence, a comprehensive financial model that has at its core a commitment to reduce need-based student indebtedness and to create a long-range financial plan for the University that will produce resources necessary to ensure future excellence.

Beginning in the 2015-16 academic year, Affordable Excellence significantly reduces the maximum amount of need-based loans that Virginia families will be offered. Under the new model, the maximum amount of need-based loans Virginia families will be offered is reduced by $10,000 during a four-year undergraduate career. Low-income Virginians will be offered no more than $1,000 per year in need-based loans, and all other Virginians with need will be offered no more than $4,500 per year in need-based loans. Out-of-state students’ need-based borrowing is limited to $7,000 per year. Affordable Excellence also offers a guaranteed tuition option for Virginia families who want the option of locking in a base tuition price for four years. For more information including family scenarios, see www.virginia.edu/affordableexcellence.

**FREQUENTLY ASKED QUESTIONS**

**Q: How does the University accept payments for student bills?**

**A:** Payments can be made electronically by e-check (no service fee) or credit card (with a service fee) or by paper check with the remittance portion of the statement. A schedule of billing and due dates is available on the Student Accounts website at sfs.virginia.edu/billing/info.

For more information about becoming an authorized payee in the University’s e-billing and payment system, see the section on “Student Bills” (page 48).

**Q: How can money be added to a student’s Cavalier Advantage account?**

**A:** Students or parents can make deposits to a Cavalier Advantage account in the following ways:

» Go to the Cavalier Advantage website and use Visa, MasterCard, American Express, or Discover (minimum of $25 deposit plus a $2 processing fee).

» Deposits of $50 or more can be mailed, made over the telephone using a credit card (call 434.982.5735 during business hours), or made in person at the Cavalier Advantage Office in O’Hill Dining Room, the UVa Bookstore, or TJ’s Locker at the Aquatic and Fitness Center (minimum of $50 deposit plus a $2 processing fee).

» Visit one of the six cash deposit machines located around Grounds to add $1 to $20 bills to the account. The website provides complete details on how to make deposits.

**Q: What if my student loses his ID?**

**A:** Any student who loses her or his ID card should deactivate it by going to the Cavalier Advantage website. Students also can call the ID office at 434.924.4508 or 434.982.5735. A replacement ID costs $15 and is available at the ID office in the O’Hill Dining Room.

**Q: What is the difference between Cavalier Advantage and Plus Dollars?**

**A:** Plus Dollars are included with meal plans from the Dining program; they are extra dollars that can be used at retail food locations such as Pavilion XI, Alderman Café, The Castle, Poolside Café, and many other locations. Plus Dollars can be used only to purchase food.

Cavalier Advantage can be used at all University dining locations on Grounds (including residential dining halls), but it also is accepted at vending machines, copiers, printers, laundry machines, all Bookstore locations, Newcomb Hall Post Office, Central Grounds Parking Garage, Student Health Pharmacy, Cavalier Computers, Student Financial Services, and many other locations.

When purchasing food at a location such as the Pav with an ID card, students should specify “Plus” or “Cav” to the cashier.

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When purchasing food at a location such as the Pav with an ID card, students should specify “Plus” or “Cav” to the cashier.

**Q: What is the difference between Cavalier Advantage and Student Charge at the Bookstore?**

**A:** Cavalier Advantage is a declining-balance account; the money must be available to make a purchase. Charging a purchase at the Bookstore (known as “Student Charge”) will result in a bill sent to the student through QuikPay@UVA (see page 48). Students should specify “Cav” or “Student Charge” to the Bookstore cashier when making a purchase, and they must present their student ID.

### 2015-2016 Estimated Expenses for Entering First-Year Students

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<tr>
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<th>ENTERING VIRGINIAN</th>
<th>ENTERING NON-VIRGINIAN</th>
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<td><strong>$58,518 to 59,498</strong></td>
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Additional information is available at sfs.virginia.edu/cost/15-16.
Scholarships
The University of Virginia Alumni Association offers a number of scholarships available through an application process independent of the University’s financial aid process. For a complete listing of scholarships, or to apply, see http://alumni.virginia.edu/student-programs/scholarships. You may also contact Molly Bass at 434.243.9000 or mcb7k@virginia.edu.

Among the scholarships available:

» $2,500 Leslie Baltz Art Study Fund
Third- or fourth-year students majoring in art history or studio art; summer or semester studying abroad
*Competition schedule: Spring semester

» $10,000 Robert Adams Bradford Scholarship
Students in the College; leadership and citizenship; from Wisconsin, Connecticut, New Hampshire, Massachusetts, Maine, Rhode Island, or Vermont
*Competition schedule: Spring semester

» $3,500 Dr. Everett W. Butler, O.D., Memorial Scholarship
Third- or fourth-year; need; merit; science major; from North Carolina, Pennsylvania, or Virginia
*Competition schedule: Fall semester

» $20,000 Elsie Hughes Cabell Endowed Scholarship
Second-, third-, and fourth-year female students in School of Engineering and Applied Science; quick mind; sense of humor; loyalty to friends; faith in God
*Competition schedule: Fall semester

» $15,000 Kelly O’Hara Memorial Fund
Rising fourth-year women; 2.8 GPA; enthusiasm for God; service to others
*Competition schedule: Fall semester

» $2,500 to $12,000 Walter M. Ridley Scholarships
African-American students; merit; leadership; community services. First-year and transfer students apply directly at www.ridleyuva.com.
*Competition schedule: After May 1, after accepting admission to UVa

» $4,500 Kenneth L. and Lorraine Harkavy Scholarship
Rising fourth-year students majoring in pre-med science; merit; achievement in the arts
*Competition schedule: Spring semester

» $20,000 Glenn D. Kirwin September 11th Fund
Warmth, openness; piercing, explosive intellect; leadership, determination; generosity and wisdom; vast capacity for silliness; capability for original and creative thought
*Competition schedule: Spring semester

» $7,000 Patrick Sean Murphy ’87 Memorial Scholarship
Rising third- or fourth-year; academic achievement; leadership; citizenship; contribution to student life
*Competition schedule: Spring semester

» $7,500 Candice Ruff Memorial Scholarship
Majors in psychology, Spanish, and religious studies; merit; Christian leadership and service to others; spiritual, mental, and physical self-development
*Competition schedule: Spring semester

» $2,000 TASC (The Alumni-Student Cooperative; total of 20 awarded)
Leadership; merit; need; service to UVa and Charlottesville community
*Competition schedule: Spring semester
General Information
UVa Parking and Transportation (P&T) publishes parking and transportation information, impacts, and options for students on the department’s website, www.virginia.edu/parking. Service schedules, news, announcements, event information, permit parking, bus schedules, regional transit, citation, appeals, maps, information specific to first-years and new students, and more can be found there.

The department office is located at 1101 Millmont Street and is open Monday through Friday from 7:30 a.m. to 5 p.m. Any questions, comments, or concerns regarding parking should be directed by email to parking@virginia.edu, or by telephone to 434.924.7231.

Parking Guidelines
For most parking lots on the Grounds, a specific parking permit is required. The type of permit students may purchase is based on the following:

» First-year students are not permitted to purchase parking permits. Requests for exceptions due to a physical disability should be made through the Department of Student Health. All other requests for exception should be made to the assistant dean of students who works with first-year communities.

» Students beyond first year who live off Grounds may purchase permits for various commuter parking lots (see website for more detailed options). Permits are sold for the academic year and are available for sale online during the month of August. At other times, permits may be purchased at the P&T office.

For short-term or visitor parking needs, parking meters and attended parking lots are available throughout the Grounds on a first-come, first-served basis. Hourly fees apply. Generally, parking meters limit parking to two hours.

In many parking areas, but not all, parking restrictions are altered or sometimes lifted on weekdays after 5 p.m. and on weekends. Signs at the entrance of each lot detail the restriction in place.

Enforcement, Citations, Appeals
The University’s parking regulations are strictly enforced. Vehicles parked in violation are subject to receiving a parking citation, being towed, or immobilized (booted). The responsible party for fines associated with citations, towing, and booting is the registered owner of the vehicle and/or the operator of the vehicle. Late fees apply to any unpaid citation 14 days after issuance. Multiple unpaid citations may result in a vehicle being booted. Citations that are unpaid after three months are referred to Student Financial Services or other collection agencies. For students, this will include a registration block.

For most violations, but not all, the first citation issued on a license plate is a warning ticket, and no fine is due. Warning tickets are forfeited for meter violations and for those violations that carry the highest fines.

Citations may be appealed within 14 days of issuance, after which appeals rights are forfeited. Appeals are accepted in writing and online.

Visitor Parking
The Central Grounds Parking Garage is located on Route 29, Emmet Street. For specific directions and driving distances, please consult Appendix One, page 90.

The garage is conveniently located near the Alderman and Clemons libraries, the Office of Admission, Newcomb Hall, University Bookstore, Curry School of Education, McCormick Road residence area, Memorial Gymnasium, and the University Chapel, Lawn, and Rotunda. The parking rates are available on the P&T website.

Metered parking is available at the Aquatic and Fitness Center, Slaughter Recreation Center, North Grounds Recreation Center, O’Hill Dining Room, East Scott Stadium (near the Engineering School), Clark Hall, and Culbreth Theater.
Transportation around Grounds

The University Transit System (UTS) provides a mass transit system, carrying more than 3 million passengers every year. UTS offers extensive service to academic buildings, on- and off-Grounds student housing, commuter and storage parking areas, and the Barracks Road Shopping Center. During the school year, service runs weekdays from 6 a.m. to 12:30 a.m. and weekends from noon to 12:30 a.m. UTS provides extended service when classes are in session, Thursday, Friday, and Saturday nights, and during exam weeks. Holiday Service operates during UVa holidays (Winter Break, Spring Break, etc.) and the summer.

UTS has partnered with TransLoc to provide passengers with a real-time transit map and bus arrival predictions. A mobile app for iPhone, Android, or Blackberry is available from http://uva.transloc.com/info/mobileapp.

Route service can be interrupted or altered during certain events (football, weather events, etc.). In addition to mobile apps and the website listing specific disruptions, students may subscribe to an email alert system known as UTS411.

Complete information, including calendar, routes, and timetables, is available at www.virginia.edu/parking/uts.

Questions, comments, or concerns regarding UTS should be directed by email to transportation@virginia.edu or by telephone to 434.924.7711.

For more information
www.virginia.edu/parking

Bike Sharing with UBIke

UVa’s bike sharing program, UBIke, offers accessibility to 120 bikes at 18 conveniently located UBIke hubs. UBIke enhances mobility around Grounds with bikes that are easy to reserve and ride. A subscription, which can be purchased online, is required to use the system. A variety of plans are available to suit individual students’ needs. By logging in to the online account or UBIke mobile app, users are able to track their trips, associated calories burned, and carbon emissions reduced.

For more information
http://ubike.virginia.edu

Travel Options for Students beyond Grounds

Charlottesville Transit (CAT)

The city of Charlottesville operates a bus system accessible free of charge to UVa students with a student ID. Charlottesville Area Transit provides service Monday through Saturday from approximately 6:30 a.m. to 6:30 p.m. to the major shopping areas in Charlottesville and to the downtown area.

CAT also provides a free trolley service Monday through Saturday from 6:30 a.m. to midnight. The trolley runs directly to the Downtown Mall from the University area.

For more information
www.charlottesville.org/catchthecat

Home Ride of Virginia

This independently owned bus service provides weekend and holiday transportation for college students to Northern Virginia, Richmond, and the Tidewater area in eastern Virginia. Tickets can be bought at the UVa Bookstore or at TJ’s Locker at the Aquatic and Fitness Center.

For more information
www.homeride.com/info-uvu.html

Car Sharing with Zipcar

UVa and Car Sharing with Zipcar, the world’s largest car-sharing service, provide car-sharing services on Grounds. Self-service Zipcars are available 24 hours a day, seven days a week. Reservations include gas, insurance, 180 free miles, and roadside assistance. To sign up for Zipcar, see the website.

For more information
www.zipcar.com/uvu

Ride Sharing with Zimride

P&T offers free online ride matching through software called Zimride, an easy way to share the seats in a car with UVa friends, classmates, and coworkers. UVa Zimride requires a UVa secure log-in. For more information, see www.zimride.virginia.edu.

Limousine Services

Several limousine services operate in the Charlottesville area and offer one-way or roundtrip service to the airports in Charlottesville, Richmond, and Washington, D.C., areas. For a list, search online for “limousine service Charlottesville,” or see Appendix Two, page 95.

Ground Transportation

» Train

Amtrak
810 West Main Street
1.800.872.7245
www.amtrak.com

Note: Especially convenient for students, Amtrak Virginia offers a daily, one-seat ride between Charlottesville and points as far north as Boston (and as far south as Lynchburg, Va.). For details, see www.amtrakvirginia.com.

» Buses

Greyhound
310 West Main Street
1.800.231.2222 or 434.295.5131
www.greyhound.com

NYC Shuttle
Special-amenities bus service between Charlottesville and New York City
434.295.0782
www.nycshuttle.com

Air Transportation

The Charlottesville-Albemarle Airport (CHO) is a non-hub, commercial service airport offering flights daily to and from several major U.S. cities. The airport is located eight miles north of Charlottesville and one mile west of Route 29 on Airport Road.

For more information
www.gocho.com
434.973.8342

CHO is served by the following airlines:

» American Airlines

Daily nonstop flights to Chicago, New York La Guardia, and points beyond.
www.aa.com

» Delta

Daily nonstop flights to Atlanta, New York La Guardia, and points beyond.
www.delta.com

» United Airlines

Daily nonstop flights to Washington Dulles and points beyond.
www.united.com

» US Airways

Daily nonstop flights to Philadelphia, Charlotte, and points beyond.
www.usairways.com
The mission of the University of Virginia Career Center is to foster career development that educates, inspires confidence, and empowers all students to launch professionally fulfilling lives.

Direct student services
» Walk-in hours and appointments with knowledgeable career counselors
» Resume and cover letter critiques
» Mock interviews and interviewing assistance
» Internship, externship, and summer job resources
» Graduate and pre-professional advising, including pre-law and health professions
» CAVLink online job postings
» Online career research and networking tools
» Interest and career-related assessments (Myers-Briggs and Strong Interest Inventory)
» Networking tools and advice
» Transition and professionalism guidance
» Online credentials through Interfolio

Programs and career fairs
» Career Exploration Workshops
» Internship Center
» Professional and Graduate School Fair
» Fall Job and Internship Fair
» Government and Nonprofit EXPO
» Alumni panels

FREQUENTLY ASKED QUESTIONS

Q: How can I assist my student with her or his career choices and concerns?
A: Listen to your student’s career concerns and ideas. You can provide support, feedback, and information as new interests and goals develop. Talk about your own work, your industry, and your employer. Discuss different workplace cultures and offer to have your student job-shadow you or a friend for a day to experience different types of environments. Share your own values, interests, and goals, but respect your student’s interests, especially if they differ from your own.

Help your daughter or son maintain a strong, positive self-image. Self-confidence is a critical personal attribute in the job search process. What skills, values, personality traits, and enduring interests have you observed in your daughter or son? Share how much you admire these qualities and recognize they represent great assets to a future career.

Provide personal contacts for your daughter or son. Neighbors, friends, and relatives are great resources for informational interviews. These face-to-face connections with professionals in your student’s field of interest can be vital, as up to 80 percent of jobs are never advertised. Leave the actual interviewing up to your student—it’s an important part of the career development process.

Q: What can my student do to increase her or his chances of finding a good job?
A: Obtain marketable skills. Regardless of her or his academic major, challenge your student to work on developing supplemental marketable skills, such as quantitative skills, communication skills, foreign language fluency, and leadership.

Take advantage of internships and externships. Experiential learning can give your student a taste of the real world of work. Internships are a chance to field-test a career (many occur over the summer), while externships offer students short-term job-shadowing experiences. Increasingly, employers choose new hires from their pool of former interns.

Make the most of the University of Virginia Career Center. With many demands on time, students too often put off career planning “until tomorrow.” Encourage your student to use the center’s services early and often. Do not despair, however, if your student graduates without a job. Many career fields have different search deadlines, and it takes time to find the right opportunity. Being a full-time student and a full-time job-seeker is challenging. Career assistance is available to students for six months after graduation.

Participate in extracurricular activities. Community service, athletics, clubs, and other school leadership activities can help broaden and define career and leisure interests, while providing valuable career skills and experiences. Challenge your student to balance these opportunities with a strong emphasis on academics.
Q: What happens during a career counseling appointment?
A: Career counseling appointments are available throughout the academic session. One-on-one meetings provide the opportunity for a student and counselor to discover and explore topics ranging from major selection to post-graduation planning (and everything in between). Students should be ready to speak to the counselor candidly about their interests and to ask questions. Students can be assured that what they share about their goals, dreams, or even their fears, will be kept confidential. For some students, meeting once a semester with a counselor helps keep them focused on their goals. Others may schedule a series of appointments around an internship search or the process of selecting a major.

Q: Can I speak with a career counselor to discuss my student’s options?
A: As a parent, you can take an active role in your student’s career development by empowering your daughter or son to take ownership of the process. Parents can support students by becoming familiar with the services and resources that the career center provides by:

» Following the UVa Career Center on Facebook and Twitter
» Reading the UVa Career Center blog
» Attending the Family Weekend career center events, and
» Interacting with Career Center staff and recruiters in the “University of Virginia Alumni, Students, and Friends” group on LinkedIn.

While counselors themselves cannot disclose student information to parents, counselors encourage students to speak with the people in their lives whose outlooks and opinions are important to them in order to make informed decisions and ensure that all possible options have been uncovered.

Q: What can my student do with a liberal arts degree?
A: In a survey of 2014 College of Arts & Sciences graduates, industries for employment include advertising/public relations, education, consulting services, health care, and politics. Choice of a major, however, is only one factor in determining future job prospects and career path. Your student’s grades, the electives they choose, and the skills they acquire through general liberal arts coursework often tells employers more about what they have to offer than a major does. Furthermore, other factors such as energy and

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**For Students: Adapting to Life at UVa**

<table>
<thead>
<tr>
<th>EXPLORATION</th>
<th>PREPARATION</th>
<th>ACTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Take courses that interest you.</td>
<td>Convert your high school resume to a professional college document.</td>
<td>Attend a Career Exploration Workshop and other UVa Career Center events to explore career options.</td>
</tr>
<tr>
<td>Get involved on Grounds.</td>
<td>Bring your resume to walk-in hours at the Career Center for review and feedback.</td>
<td>Apply for summer jobs, internships, and/or study abroad.</td>
</tr>
<tr>
<td>Talk with upperclass students about their majors, favorite classes, and previous internships.</td>
<td>Meet with a career counselor to learn about the internship process.</td>
<td>Meet with a career counselor to create a personalized “action” plan.</td>
</tr>
<tr>
<td>Research different career fields using resources at the UVa Career Center.</td>
<td>Begin searching for summer opportunities through CavLink, the center’s employer database; LinkedIn; and HoosOnline, a proprietary UVa alumni database.</td>
<td>Update your resume to reflect your college experiences.</td>
</tr>
<tr>
<td>Consider taking a career assessment.</td>
<td></td>
<td>Seek out opportunities to gain real-life experience in your field of interest.</td>
</tr>
<tr>
<td>Find out where alumni are employed by connecting on LinkedIn.</td>
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</tbody>
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Career Fair 2015
What is a Career Community?
As part of a University-wide move toward “Total Advising,” the UVa Career Center is expanding its advising model to include more industry-specific resources and access to relevant networks for the internship and job search. Six total industry-focused communities will be formed by the 2015-16 academic year and will include specialized advising, programs, communications, and handpicked job and internship opportunities sent via email.

How can students get connected to a community?
Encourage your student to create a CAVLink profile, being sure to indicate Industry Preferences that reflect their communities of interest. They can choose more than one preference if they have multiple interests. They also are encouraged to:
- Call 434.924.8900 to meet with the career counselor for their community, and
- Check the Career Center calendar for upcoming events representing a wide range of industries.

Communities for 2015–2016

**Business**
- Marketing/Advertising/PR
- Management
- Financial Services
- Consulting
- Information Systems/Data Analytics
- Accounting, Actuarial Science
- Human Resources
- Operations/Logistics

**Creative Arts, Media, and Design**
- Visual Arts and Design
- Performing Arts
- Entertainment
- Tourism and Culinary Arts
- Media/Communications
- Arts Management

**Engineering, Science, and Technology**
- Engineering (Civil, Electrical, etc.)
- Environmental Science
- Energy/Natural Resources
- Research and Development
- Manufacturing
- Information Technology
- Biotech/Medical Technology

**Government and Law**
- Foreign Service
- Politics
- Legal Services
- Military/Protective Services
- Policy
- Intelligence/Security
- Advocacy
- Research

**Education**
- Early Childhood
- K-12
- Higher Education
- Library Science
- Special Education
- Instructional Technology
- Counselor Education
- Training and Professional Development

**Public Service**
- Community Organizations
- Humanitarianism
- International Development
- Social Services
- Public Health
- Religious/Spiritual Organizations

For more information:
- [www.career.virginia.edu](http://www.career.virginia.edu)
- UVa Career Center
- @uvaucs

Carrie Weimar, director of career advising, counseling, and communities, meets with a student about her resume during Second-Year Week.
Throughout the University, students will find a number of resources to help them become acclimated to the University and involved in student life. Faculty and staff in Student Affairs—which includes the Office of the Dean of Students, African-American Affairs, the University Career Center, and Student Health—welcome students’ questions, ideas, and involvement.

Dean of Students
Part of the Division of Student Affairs, the Office of the Dean of Students (ODOS) works with individual students, student organizations, families, and faculty members to provide information, advice, support, and advocacy in solving problems.

The University Dean of Students is located in Peabody Hall and oversees the following units of the Office of the Dean of Students located elsewhere on Grounds: Orientation and New Student Programs; Housing and Residence Life; Student Activities; Fraternity and Sorority Life; and several facilities, including Newcomb Hall and Ern Commons.

The Dean-on-Call program, providing 24/7 incident response, follow-up, and support for students, is managed out of Peabody Hall, as is the Parent Help Line.

Within ODOS are staff who support a broad range of student groups and organizations. ODOS also provides outreach and advising to identified populations, including AccessUVa students, transfer students, graduate students, Asian and Asian Pacific American students, Hispanic/Latino students, Native American students, Middle Eastern/Arab students, lesbian, gay, bisexual, transgender, and questioning students (including oversight of the LGBTQ Center located in Newcomb Hall). In addition, the Peabody Hall office provides support services for any student who has been the victim of sexual violence, stalking, or harassment, or who may need the support of a dean for any reason.

For more information www.virginia.edu/deanofstudents

Asian and Asian Pacific American Students
Programming supports Asian and Asian Pacific American students by furthering their individual and collective education and success at the University; by providing support and advocacy on behalf of these students and their organizations; by designing and implementing responsive programs and services; and by articulating these interests to the larger University. Program Coordinator Marc Paulo Guzman oversees this work.

For more information www.virginia.edu/deanofstudents/programsandservices/aapa.html

Multicultural Student Support
A broad array of programming supports Hispanic/Latino, Native American, and Middle Eastern students, a growing component of the student body. Peer Mentor Programs, for example, assist first-year and entering transfer students in these communities with their college transition by providing guidance. Program Coordinator Michelle Sawwan works most closely with students and student groups that identify as Hispanic/Latino, Native American, or Middle Eastern.

For more information www.virginia.edu/deanofstudents/programsandservices/hlnamme.html

Lesbian, Gay, Bisexual, Transgender, and Questioning Students
The LGBTQ Center at the University of Virginia supports lesbian, gay, bisexual, transgender, and questioning students. The center, located on the lower level of Newcomb Hall, serves to raise both awareness and inclusion of sexual and gender minorities and to provide a safe, informal gathering space.

Program Coordinator Scott Rheinheimer leads the University’s support of LGBTQ students and student organizations.

For more information www.virginia.edu/deanofstudents/lgbtq

“Digitalis under the Stars,” a computer music festival featuring original work of student composers
African-American Affairs
Established in 1976, the Office of African-American Affairs assists the University in developing a welcoming, supportive environment for African-American students. As a proponent of their interests and needs, the office’s primary responsibility is to promote the active involvement of African-American students in all aspects of the University community. In addition, through its programming and outreach, it enhances the University's sensitivity to and awareness of African-American issues, culture, and history. The office is equipped to provide academic support and career development counseling in pre-commerce, pre-medicine, humanities, and other professional areas. Faculty-student mentoring is provided. OAAA also sponsors cultural programs and a Peer Adviser Program, which matches each entering African-American student with an upperclass Peer Adviser, who provides personal and sensitive support throughout the year.

For more information www.virginia.edu/oaaa

Newcomb Hall
As the hub for student activities at UVa, Newcomb Hall provides opportunities for social, intellectual, and recreational exploration in a comfortable interactive environment. Undergraduate students frequently spend time at Newcomb, whether planning or attending an event, getting a bite to eat, or relaxing in one of the lounge areas.

In addition to meeting spaces, lounges, multiple dining facilities, a theater; a convenience store, and a game room, other student services at Newcomb include:

- Office of the Dean of Students units: Orientation and New Student Programs, Fraternity and Sorority Life, and Student Activities
- Student Activities Center
- Media Activities Center (MAC)
- Student Council, Class Council, Honor Committee, and University Judiciary Committee offices
- Information Center
- Event Ticket Office
- U.S. Post Office
- Bank of America full-service bank
- Wells Fargo ATM, second floor

For more information www.virginia.edu/newcomb

Newcomb is also home to several major student programming organizations, including the Arts Board, the Cultural Programming Board, and the University Programs Council (UPC). The student-run UPC is responsible for providing the University and Charlottesville communities with exciting, diverse, and entertaining programs, and is a great way for students to get involved.

For more information www.virginia.edu/deanofstudents/studentactivities

Athletics
The Department of Athletics is an integral part of the student experience at UVa. Students can find hundreds of opportunities to cheer on the Cavaliers as well as to pursue club and intramural sports.
sports and individual fitness programs, as described on pages 42-43. By using their student IDs or UVaShots.com, the online student ticket claim system for home men’s basketball games, students can attend football, basketball, and other home, regular season UVa sporting events free of charge. They also may purchase guest tickets to home football and men’s basketball games. Tickets available to the public may also be purchased by students. Different procedures apply for different sports, so students should check the official websites of Virginia Athletics, VirginiaSports.com, and UVaShots.com for complete details.

Season tickets also are available for several of Virginia’s home schedules. Visit VirginiaSports.com for more information.

John Paul Jones Arena serves not only as the home of Cavalier Basketball, but also as a venue for concerts and family entertainment. Students and parents who wish to receive advance notice of events and ticket pre-sales may sign up for “Keeping up with the Joneses” email alerts. Please go to www.johnpauljonesarena.com/email.asp.

For more information
www.VirginiaSports.com
www.VirginiaSportsTV.com
Virginia Cavaliers
@VirginiaSports

Alumni Association
The University of Virginia Alumni Association sponsors a variety of programs and services for current students. Of special note is its involvement with the First-, Second-, and Third-Year Class Councils, and with the Fourth-Year Trustees, who receive support from the association in selecting officers, coordinating the class gift, and planning more than 150 events each year, such as Lighting of the Lawn, Casino Night, class dinners/parties, career and life skills events, and graduation weekend activities. (Also see page 17.)

Parents receive the quarterly University of Virginia Magazine, which is published by the Alumni Association. Students are encouraged to join the Alumni Association.

Address Updates
It is important that students keep their personal records with the University updated, especially their home and mailing addresses. Regularly reading email also is extremely important. It is University policy to send official communications to students via their University email accounts.

Students can update their addresses and other personal information through SIS, the Student Information System.

A link to SIS is available from the UVa home page.

For more details
www.virginia.edu/sis
and enjoy membership privileges before graduating. Current students receive a free membership if they enroll before graduation, and they do not have to pay dues until after graduation. For more information http://alumni.virginia.edu/student

Center for Undergraduate Excellence
This center advises students regarding undergraduate research opportunities and national scholarships and fellowships, such as the Fulbright, Truman, and Rhodes scholarships. It is located in the Harrison Institute/Small Special Collections Library, next to Alderman Library. Students are encouraged to visit the center throughout their undergraduate careers. See also “Undergraduate Research,” page 74. For more information www.virginia.edu/cue

International Students and Scholars Program
Since 1826, when the first international student was enrolled, UVA has demonstrated a commitment to international students
and scholars by providing opportunities to citizens from around the world to study, conduct research, and teach at the University and participate in Jefferson’s academic community.

International students enhance academic and student life by contributing to the education of fellow students and by contributing to the production of knowledge at the University. The student body includes more than 2,500 international students from 120 countries. Roughly 350 visiting scholars join the University community each year. The International Students and Scholars Program is part of the International Studies Office (ISO). Staff collaborate with colleagues from across the University to assist international students and visiting scholars during their transition and throughout their time at the University and in the United States.

The ISO staff are among the principal advisers and advocates for international students, scholars, and faculty.

The ISO staff are trained to provide a range of services for members of the University’s international community and those who work with members of that community.

**Lester A. Wilson**
Director, Student Legal Services

**Maxine Platzer Lynn Women’s Center**
The mission of the UVa Women’s Center is “to teach University of Virginia students how to create change, in themselves, their community, and the world, with a special focus on gender equity.”

Students, both men and women, help to create all center programs through internships, leadership positions, and as volunteers. The Young Women Leaders Program, co-sponsored with the Curry School of Education, is a mentoring program for middle-school girls and UVa women undergraduates.

Other notable programs include Counseling Services, which includes Trauma Counseling and the Eating Disorders Education Initiative; the Sexual and Domestic Violence Services Office; and the Diversity and Advocacy Program, which includes such initiatives as the Women’s Center Internship, the Distinguished Alumna Celebration, and international initiatives; education abroad courses that focus on global women’s issues; visiting international leaders; student and faculty service/research abroad, and courses on global women; and a vibrant visiting lecture series that brings to UVa extraordinary leaders, scholars, and advocates for positive personal, social, and global change.

**Student Legal Services**

Legal counsel is available through this office to students who pay the student activities fee. One lawyer and an administrative assistant help students with a wide variety of civil and criminal legal matters, including contracts, criminal/traffic, consumer, uncontested divorce, landlord/tenant, name change, nonprofit organizations, and wills. The program also provides referrals for matters it does not handle (e.g., bankruptcy, estates, immigration, real estate, personal injury, tax). The initial consultation is free, and subsequent fees are very low. The office does not offer any advice regarding conflicts between University students, nor in matters involving the University or the Commonwealth of Virginia.

**For more information**

http://womenscenter.virginia.edu

**For more information**

www.student.virginia.edu/~stud-leg

Students can find an array of art supplies at UVa’s main Bookstore.
Transfer Student Peer Adviser Program
This program assists all incoming transfer students with integration into the University. Every year, approximately 45 students are selected to serve as Transfer Student Peer Advisers (TSPAs). Each adviser initiates contact with 14 to 18 transfer students during the summer and then serves as a primary resource and guide for these students as they enter the University. Shraddha Prasad, assistant director for Orientation, works closely with the TSPAs and coordinates programming for new transfer students.

For more information
www.virginia.edu/orientation/transfer-students
www.virginia.edu/deanofstudents/transfer_student

UREG (Office of the University Registrar)
This office provides services related to the creation and maintenance of academic records. The office oversees student enrollment and registration, coordinates the schedule of classes and grade submission, maintains academic records, produces academic transcripts, and coordinates veterans’ educational benefits. The office also produces the Undergraduate and Graduate Record (catalogs); provides diplomas and Intermediate Honors certificates; facilitates enrollment verifications, degree verifications, and loan deferrals; and assigns classroom space.

For more information
www.virginia.edu/registrar

UVa Bookstores
The UVa Bookstores are nonprofits owned and operated by the University. All net proceeds are returned to the University in direct support of AccessUVa and student programming. The Bookstores consist of the main store, located at 400 Emmet Street South atop the Central Grounds parking garage, and four other retail outlets across Grounds. The main Bookstore is open seven days a week. It was recently expanded to provide students with more convenient shopping offerings.

Goods and services include:
», Textbooks: Working directly with faculty and carrying virtually all undergraduate course books and materials, the UVa Bookstore is the only full-service textbook department in Charlottesville. In order to combat the high price of textbooks, it offers an extensive selection of used books, textbook rentals on more than 750 titles, and e-books when available from publishers. Books also can be ordered online at www.uvabookstores.com for pickup at the beginning of each semester.
», General Books: This department offers a wide variety of popular interest, reference, and computer books; magazines and journals; as well as a broad selection of scholarly books and study guides that support the University’s academic mission.
», General Merchandise: Students can find just about every school, office, art, and computer supply they will need for their studies. At the main Bookstore and at T.J.’s Locker, patrons can find a wide selection of UVa gifts and clothing, everyday gifts, sporting goods, health and beauty aids, and dorm accessories.

Special Services: The main Bookstore offers a variety of special services, including UPS shipping, dry cleaning, custom engraving and imprinting, a notary public service, purchase of USPS stamps, and the sale of Home Ride of Virginia bus tickets to northern Virginia, Richmond, and the Tidewater area (see page 52). Students also can make deposits to their Cavalier Advantage accounts.

Einstein Bros. Bagels features a full-service coffee bar, bagels, sandwiches, and snacks for sale.

A Printing and Copying Center, custom embroidery, and a full-service pharmacy are located in the rear of the main store. Students can drop off and pick up prescriptions or consult with a licensed pharmacist.

The Bookstore accepts cash, personal check, or major credit cards (Visa, MasterCard, American Express, and Discover) and offers online shopping through its website. In addition, students can charge purchases by showing their student ID and specifying Cavalier Advantage or Student Charge. Available to all full-time students once they have registered, Student Charge is issued with a credit limit of $1,000. Student Charge purchases from the Bookstore are billed on a monthly basis, along with other charges accrued at the University. The bill is sent to the student through QuikPay@UVA.

For more information
www.uvabookstores.com

Other retail locations:
», Cavalier Computers: Inside the main UVa Bookstore and T.J.’s Locker
www.cavaliercomputers.com
», T.J.’s Locker: Inside the Aquatic and Fitness Center
www.uvabookstores.com/tjslocker
», Courts and Commerce: Inside Slaughter Hall at the Law School
www.uvabookstores.com/courtsandcommerce
», Darden Exchange: Inside Sponsors Hall at the Darden School
www.uvabookstores.com/darden

Shortly after their arrival in August, international students and family members are welcomed over dinner with students, faculty, and staff.

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UNIVERSITY LINGO

Wondering why they are first-years, not freshmen? Want to find the Corner? If you hear your UVa student speaking a new language, this guide may help with the translation.

A-School: Short for the School of Architecture.

Academical Village: The community of UVa students, faculty, and staff, the Academical Village is the basis of Thomas Jefferson’s idea that living and learning are connected. The Lawn is built around this concept with faculty living in the Pavilions and students in the Lawn rooms, with the Rotunda — formerly the University library — at its heart.

AFC: Short for the Aquatic and Fitness Center, the AFC is located across from the Alderman Road residence area. The facility features cardiovascular and weight-training equipment, an indoor track, basketball court, group exercise rooms, an enormous hot tub, and an Olympic-size pool, among other amenities.

Arts$ or Arts Dollars: A portion of the Student Activity Fee gives each full-time, degree-seeking student the opportunity to reserve one complimentary ticket online for herself or himself for various arts-related events around the Grounds. This includes most events presented by the Department of Drama, McIntire Department of Music, and the Virginia Film Festival. Arts$ also enable students to register for a free student membership to the Fralin Museum of Art. For more information, please see www.virginia.edu/artsdollars.

Association Dean: First-year students who enroll in the College of Arts & Sciences are assigned an association dean for academic advising based on where they live or the program in which they are enrolled (Echols, for example). The association dean’s primary responsibilities are to advise on academic matters, to help with an academic plan, and to provide resources for other avenues of assistance. Students keep the same association dean for as long as they remain in the College.

Beta Bridge: Bridge on Rugby Road that students frequently paint to publicize events or display messages.

Carr’s Hill: The home of UVa’s president. Carr’s Hill is located across Rugby Road from the sports field known as “Mad Bowl.”

The CD: a.k.a. The Cavalier Daily or the Cav Daily, the CD is the University’s newspaper run and produced by students. Sign up to receive the email edition at www.cavalierdaily.com.

Collab: UVaCollab is the University’s online course management software. Students use it to access their course syllabi, share resources, and do many other class-related activities. They may also use Collab to create a shared Web space for project teams, research groups, and organizations.

COLAs: COLA courses are one-credit, graded seminars that meet once each week for 75 minutes in the fall semester. Enrollment is capped at 18 first-year students, all of whom are assigned to the instructor for their lower-division advising. (For College of Arts & Sciences students only.)

The College: The College of Arts & Sciences, often abbreviated as CLAS or ASU (in SIS).

The Colonnades: Situated behind Lambeth Apartments (Lambeth Field is the grassy area), the Colonnades have been restored and are the namesake for several formal dances that were used to fund the restoration. Some club sports play here occasionally.

Comm School: Short for the McIntire School of Commerce, the undergraduate business school.

The Corner: Located on University Avenue, the Corner is the strip of restaurants and shops that is a favorite spot for food and drink for UVa students.

E School: Short for the School of Engineering and Applied Science.

Ed School: The Curry School of Education.

First-Year, Second-Year, Third-Year, Fourth-Year: Instead of freshman, sophomore, junior, senior, students are referred to by their year of study at the University. Why? To be a “senior” implies that a person has reached the final phase of learning, a feat that Mr. Jefferson believed impossible, arguing instead that education is a lifelong process.

“Good Old Song”: UVa’s alma mater. It is sung to the tune of “Auld Lang Syne.”

Grounds: The term used by students, faculty, and alumni to refer to the University. “Campus” is never used.
**Gusburger:** A University tradition: one hamburger patty with a fried egg and bacon, served at a favorite Corner spot.

**Lawnie:** The term referring to students who live on the Lawn. Selection of Lawn residents, a peer process, is by application and is based on GPA, activities, and service to the University. Students can apply to live on the Lawn during their final year of undergraduate study at the University. Each of the 54 single, non-air-conditioned Lawn rooms is furnished with a bed, desk and chair, sink, bookcase, wardrobe, rocking chair, and fire tools. All except one (50 East Lawn) have fireplaces.

**Mad Bowl:** The sunken field across the street from the Rotunda on Rugby Road. Some club sports teams use this space for games. Mad Bowl is a great place to study, play Frisbee, or have a snowball fight!

**Mem Gym:** The shortened name for the University’s oldest gym facility, Memorial Gymnasium.

**Nova:** The term that most students hailing from Northern Virginia use to describe where they are from. Instead of saying, “I am from Alexandria or McLean,” students more often will say, “I am from Nova.”

**Pav:** The term given to Pavilion XI, the eatery located on the first floor of Newcomb Hall.

**QuikPay@UVA:** The University’s e-billing and payment system. Billing statements for tuition and other charges are generated electronically; paper bills and tax forms are not sent to the student or parent. Students can set up their parents as authorized payers in QuikPay@UVA.

**The Record:** This online publication details student regulations and policies, both academic and nonacademic, and it includes course descriptions for each school. Two versions are available: The Undergraduate Record and The Graduate Record. Find The Record at http://records.ureg.virginia.edu.

**Ring Ceremony:** Held in conjunction with Family Weekend and the awarding of Intermediate Honors, the Ring Ceremony brings together third-year students and their families for a program celebrating their time at the University.

**Rugby Road:** Rugby Road is often used to refer to the home of fraternity and sorority life at UVA, although there are houses located on other streets as well.

**SIS:** The abbreviation for the Student Information System, which is used by students to register for classes and to maintain academic records and student accounts. Students connect to SIS by going to www.virginia.edu/sis.

**Use of the title “Dr.”:** There is an ancient academic custom, in Western Europe and in the United States, that only persons holding the M.D. degree are addressed as “Doctor”; holders of the Ph.D. thus are addressed as “Mr., Ms., Mrs., or Miss.” The University of Virginia is one of the few schools in this country still holding to this custom.

**USEMs:** University Seminars are small classes for first-year students only. They are capped at 18 students each and are taught by various prominent faculty from an array of disciplines.

**VIRGO:** The University Library’s online search catalog, available at www.library.virginia.edu.

**Wahoos and Hoos:** An alternative name for the Cavaliers or the students at the University of Virginia.

**Zs, Ravens, 75s, IMPs, Purple Shadows, P.U.M.P.K.I.N., etc.:** These are just a few of the societies on Grounds, most of which are philanthropic organizations. In some instances, members are known, but in others, members’ names are kept secret.
The University of Virginia includes 11 schools. First-year students apply to one of four undergraduate schools: College of Arts & Sciences, Architecture, Engineering, or Nursing, or to the Kinesiology program in the Curry School of Education. Students interested in other programs in the School of Education, the McIntire School of Commerce, or the Batten School for Leadership and Public Policy apply for those schools after one or two years in the College.

College of Arts & Sciences

With close to 11,000 students, the College of Arts & Sciences is the University’s largest undergraduate school, offering more than 50 majors spanning the natural and social sciences, and the arts and humanities.

Since the University of Virginia’s founding nearly two centuries ago, the College has set the standard for a rigorous liberal arts education that equips students for lives of purpose and informed, engaged citizenship. Through a challenging curriculum that combines pioneering research and teaching in an expanding array of enduring and newly emerging fields of study, the College prepares its graduates for a broad spectrum of career paths.

Graduates leave the College with an array of analytical, problem solving, and communication skills honed during their liberal arts educations, arming them with a nimbleness of mind, a depth of historic understanding, and an ability to philosophically investigate issues in a variety of fields. Whether they pursue careers in the arts, business or governance, in scientific research or public policy, in medicine, law or entrepreneurship, College graduates leave UVa prepared to be agile leaders in their chosen professions.

The College’s students are offered considerable latitude in, and responsibility for, shaping their own programs of study. They may pursue courses of study leading to the degrees of Bachelor of Arts and the Bachelor of Science (which is offered in biology, chemistry, environmental sciences, and physics). There has been an explosion of new fields of study, fueled by advances in computational methods and a globalization of the curriculum. Whether it’s in environmental sciences or global humanities, data sciences or digital culture, the College continues to define the standard.

A degree program must be completed in four academic years; under certain conditions, it can be completed in three. The first two years of undergraduate coursework are intended to develop the knowledge and skills associated with a broad range of basic academic disciplines, including the social sciences, humanities, sciences, mathematics, history, and the fine arts, as well as foreign language and English composition. In the third and fourth years, students are expected to continue at a more advanced level in several of these fields and to concentrate in at least one of them as a major subject.

For graduation from the College, the candidate must (1) satisfy the College area and competency requirements, (2) complete the requirements for a major, and (3) complete a minimum of 120 hours of approved courses, of which at least 96 must be passed on a graded (A-B-C-D) basis. (This number varies for transfer students). Of the 120
credits, 60 must be earned at UVa, and 102 credits must be College or College-equivalent credits. A candidate must have made a grade point average of at least 2.0 on all graded courses taken in the College or elsewhere in the University and offered for a degree. (Twelve or more transfer credits awarded in a single semester for work at another institution constitutes one of the eight semesters allotted for full-time registration in the College.)

Exploring the Liberal Arts

The broad network of advising resources available to first-year students includes the option of taking a voluntary, college-advising seminar, or COLA. These popular one-credit seminars are open to first-year students in the College and aim to foster productive, long-lasting advising experiences with their COLA instructors, who serve as their academic adviser until the students select a major.

COLA classes are limited to 18 students to facilitate lively seminar discussions. In the fall of 2015, first-years will be able to select from COLAs covering course topics ranging from a survey of key human developments (“From Stone Tools to Cell Phones”) to seminars on Edgar Allan Poe, the use of satire in different societies, or the literary themes underlining the popular “Game of Thrones” novels and TV series. About 20 percent of the weekly class time is reserved for group advising topics such as navigating the add/drop process for classes, exploring majors and the summer internship and employment resources available at the University Career Center, study abroad opportunities, and more.

More information on the 70-plus COLAs being offered in fall 2015 can be found at http://college.artsandsciences.virginia.edu/COLA.

Another College program introduced during the 2014-15 academic year is helping students understand how to transfer the value of their liberal arts educations into lives of professional success. The Liberal Arts Seminars (LASE) supported by the Armstrong Scholars Program Fund help College students explore the entire range of career fields awaiting them after graduation.

“We want to change the language from ‘What in the world can you do with an English major?’ to ‘I can do anything in the world with an English major,’” says Everett Fortner, UVa’s associate vice president of career and professional development (see pages 53-55).

Fortner’s “Liberal Arts and the World of Work” seminar for first- and second-year students features guest lectures by some of the University’s most distinguished faculty, as well as accomplished alumni invited to offer students their perspective on how their liberal arts educations prepared them for their careers. A separate LASE, “The Liberal Arts and Professional Engagement,” requires third- and fourth-year students to complete a semester-long group project that includes career-planning visits off Grounds and organizing forums and roundtable meetings with professionals outside the University.

The Exploring the Liberal Arts (ELA) classes being introduced in fall 2015 represent a new subject area within the College. The topics covered by these classes include courses on study skills, leadership, and professional and strategic career development. In the new “Collect, Select, Reflect” ELA class, for example, students will learn how to use video/audio editing tools and other digital resources to assemble “learning portfolios” (for educational and reflective purposes) as well as “presentational portfolios” (for prospective employers and other external audiences).

For more information on LASE and ELA classes, see http://college.artsandsciences.virginia.edu/LASE_ELA.

Advising Resources

When students arrive they have access to a broad network of advising resources. Each College student is assigned to both an association dean and to a faculty member who can assist them with scheduling classes and defining their academic interests.

College Association Deans by Residence Hall or Affiliation

To facilitate academic advising, every student is placed in an “association.” The association dean’s primary responsibility is to advise students on academic matters and to refer them to the various agencies and offices the University has established to assist them. Students should never hesitate to call on their dean. Each of the association deans schedules office hours in Monroe Hall, and the College staff are happy to arrange appointments.

There are 12 association deans in the College (see listing on page 66), and they all have offices located in Monroe Hall. They are an important source for students throughout their four years. The association deans advise students on academic matters, help with academic plans, and provide resources for other avenues of assistance. The deans are useful resources for discussing classes and potential majors,
making plans for studying abroad, or for providing help when facing academic challenges.

Students are assigned to their association deans based on either their first-year housing assignment or based on their designation as an Echols scholar, student-athlete, or transfer student. Students remain with the same association as long as they remain in the College.

The deans have daily office hours; students can make an appointment to meet with their association dean at any time by calling 924.3351 or by visiting 101 Monroe Hall. The College also offers Walk-In Advising from 2:30 to 4 p.m. every Monday through Friday (no appointment is needed).

- **Balz-Dobie**
  - Shawn Lyons | 924.8873

- **Bonnycastle**
  - Shilpa Davé | 924.3350

- **Brown Residential College**
  - Christine Zunz | 924.3353

- **Cauthen**
  - Beverly Adams | 924.3353

- **Dabney**
  - Mark Hadley | 924.8873

- **Dillard**
  - Kirt von Daacke | 924.8986

- **Echols House**
  - Mark Hadley | 924.8873

- **Echols Scholars**
  - Sarah Cole, Association Dean | 924.3353

  - Michael Timko, director of the Echols Scholars Program | 924.3353

- **Emmet**
  - Richard McGuire | 924.3350

- **Gibbons**
  - Erin Eaker | 924.3353

- **Gooch**
  - Shawn Lyons | 924.8873

- **Hancock**
  - Shilpa Davé | 924.3350

- **Hereford Residential College**
  - Shawn Lyons | 924.8873

- **Humphreys**
  - Mark Hadley | 924.8873

- **International Residential College**
  - Sandra Seidel | 924.3350

- **Kellogg**
  - Erin Eaker | 924.3353

- **Kent**
  - Richard McGuire | 924.3350

- **Lefevre**
  - Christine Zunz | 924.3353

- **Lile-Maupin**
  - Shilpa Davé | 924.3350

- **Metcalf**
  - Christine Zunz | 924.3353

- **Page**
  - Richard McGuire | 924.3350

- **Shannon House**
  - Karlin Luedtke | 924.8864

- **Student-Athletes (regardless of residence hall assignment)**
  - Football, Men and Women’s Basketball: Rachel Most | 924.8873
  - All other sports: Karlin Luedtke | 924.8864

- **Transfer Students**
  - Frank Papovich | 924.3350

- **Tuttle-Dunnington**
  - Sandra Seidel | 924.3350

- **Visiting International Students (regardless of residence hall assignment)**
  - Sandra Seidel | 924.3350

- **Watson-Webb**
  - Kirt von Daacke | 924.8986

- **Woody**
  - Beverly Adams | 924.3353

**Other Sources of Advising Help**

In addition to discussing courses, the faculty adviser can also refer students to other University resources (both academic and nonacademic) as needed. Students also should get to know their professors, as the classroom is an ideal setting to develop relationships between students and faculty, and these less formal faculty relationships often become important advising relationships as a student develops her or his academic interests.

When students are ready to learn more about particular majors, they can talk with the director of the undergraduate program in that department or program. Students are encouraged to seek out these faculty whenever they have questions about a specific major, even if they are not yet ready to declare that major. Once a student has declared a major, then she or he will be assigned to an adviser in that major.
College Council
Also available to help College students is the College Council, which is the governing body for students in the College. For more than 100 years, this organization has represented the interests, ambitions, and academic needs of students in the College, and has worked to build a constructive community of learning. Its fundamental mission is to foster a sense of unity within the College. The council also provides peer academic advising to all students in the College. Representatives from each of the 37 academic departments and interdisciplinary degree programs are trained as peer academic advisers. These representatives aid students in choosing classes and majors and are especially useful to first- and second-year students.

For more information
http://collegecounciluva.com

FREQUENTLY ASKED QUESTIONS

Q: What if my daughter or son cannot get into the courses that she or he really wants?
A: When new students sign up for classes during Summer Orientation, it is very likely they will not get into all the classes they want. However, Orientation is just the beginning of the course enrollment process. Some students have a better chance of admission into the classes of their choice when the SIS (Student Information System, the online class enrollment system) reopens in early August. Once classes begin, space is more likely to open up as students drop and add to adjust their schedules. Students should also remember they have seven more semesters (as well as summers and January Term) in which to take classes.

Q: Why is my daughter or son’s adviser not in a field of study she or he is interested in?
A: While the College does its best broadly to match students to an adviser in the same area of interest (e.g., social sciences, humanities, sciences), it is not uncommon to assign incoming first-year students to a faculty member outside their field of possible study. The University recognizes that a student often changes her or his mind about a major at least once during the first year. Faculty members who work with first-year students are trained to help create a balanced schedule, which fulfills requirements for a student’s first year. Faculty members and advisers also can educate first-year students on the numerous academic resources within the University. Finally, advisers working with first-years are not your student’s final adviser or her or his only adviser. They are just one of the many people who can provide guidance to your daughter or son.

Q: How does my daughter or son declare a major?
A: Your student must enroll in a major degree program by the last day of final exams in her or his fourth semester. In declaring a major, your daughter or son must create a program of approximately 30 credits/10 to 11 classes in a major subject, approved by a departmental adviser and presented to the College. Majors are declared by meeting with a faculty member from the major department.

Q: Why does my daughter or son have so much free time, yet is carrying a full load?
A: For each hour that students spend in class, they should spend at least two to three hours outside class studying and preparing. Time management will be a huge part of your first-year’s learning experience.

For more information
http://as.virginia.edu
UVa College of Arts & Sciences
@UVA_College

Politics and East Asian Studies major Adria Penatzer took on the challenges of the ROTC program and graduated from the U.S. Army Airborne School during summer 2012.

English Professor Lisa Spaar’s Poetry Class
School of Engineering and Applied Science

Founded in 1836, the UVa School of Engineering and Applied Science is committed to providing every undergraduate with a sustained, high-impact educational experience through undergraduate research, engineering practice, service learning, entrepreneurship, and international study.

The undergraduate program offers courses in engineering, business, entrepreneurship, ethics, mathematics, the sciences, and the humanities. The school places great emphasis on leadership and service and encourages undergraduate students to get involved in research and to participate in experiential projects.

With a distinguished faculty and a student body of 2,669 undergraduates (31 percent women), the Engineering School offers an array of engineering disciplines, including innovative research programs that focus on creating a sustainable future, engineering improved health, advancing the cyber and physical infrastructure, and providing personal and societal security.

The school has nine departments: biomedical; chemical; civil and environmental; computer science; electrical and computer; engineering and society; materials science; mechanical and aerospace.

The Department of Engineering and Society integrates analysis and judgment in order to ensure that engineering undergraduates are able to balance their disciplinary expertise with an understanding of their professional responsibilities. The department includes programs that support the undergraduate experience, such as applied math, experiential learning, distance learning, the business minor, the Rodman Scholars program, and international programs.

Seventeen percent of SEAS undergraduates are on track for international experiences in Europe, Asia, Africa, or South America. Thirty percent of SEAS undergraduates are currently enrolled in the engineering business minor, 20 percent hold minors in engineering areas outside their major, and 15 percent plan to graduate with a double-major.

For more information
www.seas.virginia.edu
UVA School of Engineering and Applied Science
@SEASUpdates
Curry School of Education

Undergraduates in the Curry School of Education are preparing to make an impact in schools, in their communities, and around the world. Through the school’s three majors, minor, and five-year teacher preparation program, Curry graduates are on their way to careers in a variety of professions.

In the Youth & Social Innovation major, students consider what it takes to design and implement effective youth policy and programming. The Speech Pathology & Audiology major is designed for undergraduates considering a career as speech clinicians. Kinesiology is open to students wanting to pursue careers in such fields as medicine, exercise science, physical therapy, and athletic training. Students in the Global Studies in Education minor strive to understand the effectiveness of educational policies and practices in an increasingly interconnected world.

Students interested in the five-year Teacher Education program apply to the Curry School in their second year of enrollment in the College of Arts & Sciences. Programs leading to teacher certification include elementary education, secondary education (English, foreign language, mathematics, science, social studies), physical education, and special education. Graduates earn both an undergraduate and graduate (BA/MT) degree.

Across Curry’s undergraduate areas of study, students share a strong commitment to rigorous scholarship and meaningful engagement with professionals already in the field. They also contribute, in large part, to the unique sense of community found at UVa and at Curry.

For additional information, parents and students should review the Curry website. Students should plan to attend information sessions scheduled throughout the fall semester.

For more information
curry.virginia.edu
Curry School of Education
@uvacurry
School of Nursing

Ranked among the top 3 percent of U.S. nursing schools, known for its pioneering work in interprofessional education and compassionate care, and lauded for its dynamic curriculum along with the warmth and accessibility of its professors, the UVa School of Nursing boasts a wide range of degrees that prepare nurses across the spectrum of care.

Roughly half of the school’s students is enrolled in its BSN program, which attracts both traditional-entry students from high school and first- and second-year transfers. The growing RN to BSN program offers a part-time, 21-month route for practicing nurses with two-year degrees who want the professional and monetary benefits a baccalaureate degree confers.

The other half of the school is engaged in graduate studies, which boast 15 programs and specialty concentrations. A dozen master’s degrees and post-master’s certificates include the popular, No. 2-in-the-nation Clinical Nurse Leader program, a two-year, fast-track to nursing degree for individuals from outside the profession. The school is also home to two doctoral degrees, each with multiple entry points: the PhD, for those heading into nursing research and academia; and the DNP (doctorate of nursing practice), nursing’s terminal clinical practice degree, with distinct pathways for those with a BSN or an MSN.

Most nursing students are admitted as UVa undergraduates and enroll in the nursing program, but others may transfer into the BSN program in their second year. Whatever the path, every nursing student is exposed to a rich curriculum that includes courses from pathophysiology to microbiology, anatomy to history. All undergraduate nursing students conduct research independently or as part of teams during their tenure, and all are repeatedly exposed to interprofessional learning environments with School of Medicine peers as well as explicit instruction in resilience, mindfulness, and compassion, two of the school’s core foci. With a wide variety of international programs and partnerships to choose from, many nursing students choose to study, research, and serve populations abroad.

Alongside rigorous classroom instruction in nursing art and science, students also hone their critical thinking and technical skills in a state-of-the-art, 9,200-square-foot Clinical Simulation Learning Center – a lab that closely mimics a hospital setting with its high-tech beds, touch-screen technology, labor and delivery unit, mock-ICU, computerized “patients,” and infection isolation room – an experience that prepares them for the challenges and opportunities a real clinical environment brings.

By second semester of their second year, BSN students begin clinical rotations, caring for real patients across a wide variety of units in area hospitals and clinics under the careful guidance and supervision of clinical instructors and a bevy of talented RN preceptors. Clinical rotations continue throughout students’ third and fourth years, and include exposure to pediatric and cancer units, geriatrics and mental health facilities, labor and delivery units, and palliative and hospice care environments, among others.

Through exposure to a wide variety of clinical settings, students both sharpen their real-world skills and zero in on the health care environment and patient population that they find most compelling. Clinical rotations also enable nurses to hone their areas of research and inform their path into graduate school, leadership and management positions, and beyond.

Under the mentorship of high caliber faculty, PhD students conduct original research for their dissertation while DNP students complete a final evidence-based practice capstone project. CNL master’s students complete a quality improvement capstone while nurse practitioner master’s students develop an evidence-based project to improve practice.

Students who complete UVa’s prelicensure nursing programs are eligible to take the National Council Licensure Examination (NCLEX), and UVa nursing students often boast exceptional pass rates.

During their time on Grounds, nursing students tap a wide variety of extracurriculars, including the Student Nurses Association of Virginia, the Nursing Student Council, Multiculturalism in Nursing Today, Nursing Students Without Borders, and Men Advancing Nursing. Nursing students participate in legislative days, community and international service projects, and regularly engage lawmakers, health-care leaders, alumni, and others during tours and events – and remain a vibrant, essential part of life at the University.

In a time of seismic change in health care, UVa nurses emerge with the skills, vision, leadership, compassion, and critical thinking required for 21st-century caregivers. About two-thirds enjoy multiple job offers even prior to earning their degree, and 100 percent of the undergraduate class of 2014 was gainfully employed three months after earning their degrees.

For more information
www.nursing.virginia.edu
UVa School of Nursing
@uvason
School of Architecture

Students in the School of Architecture learn to build a better world: a world that is more beautiful, sustainable, functional, and socially equitable. The school offers three undergraduate majors: architecture, architectural history, and urban and environmental planning. The architectural history major examines the historic development of buildings, landscapes, and urban form through critical analysis in a social and cultural context. The urban and environmental planning major addresses cities that are vital, livable, and sustainable, as well as countrysides that are productive and appropriately protected. The architecture major offers two tracks: a preprofessional track that focuses on the design of buildings; and a design-thinking track that addresses broader issues of design, creativity, and entrepreneurship.

For all students, the first year includes foundation courses that engage the disciplines of all three majors. The majors are structured to foster a well-rounded education, with a broad choice of electives to develop a customized course of study. Each of the three majors has a corresponding minor, and there are additional multidisciplinary minors in historic preservation and global sustainability.

With approximately 350 total undergraduate students, the School of Architecture is much smaller than other schools with undergraduate programs, leading to a close-knit community with small classes where students know their professors. Students, however, are not limited to that community, and are encouraged to take courses and pursue minors in the larger University.

For more information
www.arch.virginia.edu
UVA School of Architecture
@UVaSARC

Students from Architecture and other disciplines collaborated on an exciting “moving creatures” project and arts festival in 2012.
McIntire School of Commerce

The McIntire School of Commerce provides undergraduate students with several opportunities to combine a professional business program with a strong foundation in liberal arts at the University. Students in the school’s top-rated B.S. in Commerce Program acquire a broad understanding of business and the opportunity to gain special expertise in one or more of the school’s five areas of concentration: accounting, finance, information technology, management, and marketing. Students not enrolled in the B.S. in Commerce Program can position themselves for a career in business by combining Commerce electives with another major at the University. Some undergraduates enroll in the McIntire Business Institute (MBI), a certificate program that provides solid preparation for a career in business and industry. The school also offers a competitive one-year M.S. in Commerce Program, a graduate program with a strong, integrated focus in global business.

The school is on the leading edge in global business education. Third-year students participate in the Integrated Core Experience, an evolving curriculum that updates and refines skills needed in the business world. Always among the elite in its field, McIntire has been the only program to be consistently ranked either first or second in the nine years that Businessweek has ranked undergraduate programs. McIntire’s job and graduate placement record is outstanding.

Most students enter the B.S. in Commerce Program after their second year. Admission to the McIntire School is based upon overall qualifications. Important factors include cumulative grade point average, academic performance in those courses related to business, and the degree of difficulty of the courses taken to date as a demonstration of the student’s general ability and desire. Skills and personal characteristics, such as leadership, communication, work experience, and time management, will be considered as demonstrated through extracurricular activities.

For more information
www.commerce.virginia.edu
Social media: www.commerce.virginia.edu/follow
Frank Batten School of Leadership and Public Policy

The newest school at the University, the Batten School trains undergraduate and graduate students for public service careers in today’s increasingly globalized world. Graduates will assume leadership positions in local, state, and federal government; the nonprofit sector; consulting firms; and the private sector. Others choose to pursue domestic and international post-graduate fellowships, or advanced degree programs at the nation’s top law, business, and graduate schools.

The Batten School’s interdisciplinary teaching faculty includes outstanding economists, political scientists, psychologists, lawyers, and ethicists, as well as distinguished practitioners who bring real-world experiences to the classroom. While students are encouraged to chart their own unique academic and professional paths, they benefit from specialized expertise and opportunities available through five academic centers in the areas of health policy; social entrepreneurship; education policy and workforce competitiveness; leadership; and global policy. Given the school’s proximity to Washington, D.C., students likewise value the opportunity to learn directly from national policymakers, whether they are serving as guest lecturers in the classroom or are leading the students on interactive visits to Capitol Hill.

The Batten School offers both undergraduate and master’s degrees. Second-year undergraduates may apply for the Batten School’s selective Public Policy and Leadership major, completing the program over the course of their remaining two years at the University. Third-year undergraduates in virtually any major across Grounds may apply for the rigorous accelerated Master of Public Policy degree, a program that allows them to earn a master’s degree only one year after receiving their bachelor’s degree. The Batten School also offers a traditional two-year post-graduate Master of Public Policy degree.

Finally, the Batten School partners with several schools across Grounds to offer five joint degrees: MPP/JD, MPP/MBA, MPP/PhD in Education Policy, MPP/MPH, and MPP/MUEP. Competitive admission to all of the Batten School’s degree programs is predicated upon demonstrated academic excellence and a record of leadership, either through co-curricular involvement or engagement in the community and workplace.

For more information:
www.batten.virginia.edu
Frank Batten School of Leadership and Public Policy
@uvabatten
Other Academic Opportunities

January Term
January Term takes place during Winter Break. It provides students with unique opportunities: new courses that address topics of current interest, study abroad programs, undergraduate research seminars, and interdisciplinary courses. The intensive format of January Term classes encourages extensive student-faculty contact and allows students and faculty to immerse themselves in a subject. Students who enroll in January Term courses have access to a variety of student services and cocurricular activities. Financial aid is available for those who qualify.  
For more information  
www.virginia.edu/januaryterm

Summer Session
Each summer, more than 4,000 students take advantage of a rich selection of programs and courses through UVa’s Summer Session. Many of these programs and courses are not available during the academic year, including the University’s well-known Summer Language Institute. Students commonly enroll in the Summer Session to fulfill requirements for a degree or double major, improve their GPA, shorten time to their degree, or explore new interests. Summer Session students have access to an array of support services and cocurricular activities.  
For more information  
www.virginia.edu/summer

Undergraduate Research
To enrich their classroom studies, students may take advantage of an array of undergraduate research opportunities. Working in collaboration with a UVa faculty member, students can plan and implement substantial and significant research projects. Opportunities for research are available across all disciplines. The student-run Undergraduate Research Network hosts several workshops each semester, holds a research symposium each year, and publishes The Oculus, a journal that showcases undergraduate research. Students in the School of Engineering and Applied Science write, edit, and produce The Spectra: the Virginia Engineering and Science Research Journal, which highlights undergraduate research. The University’s Harrison Undergraduate Research Awards program funds outstanding undergraduate research projects. Awards of up to $3,000 each are granted on a competitive basis to current first-, second-, and third-year undergraduate students. The Undergraduate Student Opportunities in Academic Research (USOAR) program matches students with paid research positions with faculty within their area of interest.  
For more information  
www.virginia.edu/cue

Education Abroad
The University of Virginia views study abroad as an important educational endeavor, enriching students both academically and personally, and crucial in preparing students for leadership in a global context. This unique learning experience combines intellectual pursuits with firsthand exposure to different peoples, cultures, and values. It provides students with an opportunity to gain an international perspective on their chosen academic field or career path and to learn and practice important life skills — critical thinking, independence, flexibility, resilience, and the ability to interact and communicate with individuals from other cultures. UVa is committed to making education abroad affordable and accessible to all students. Students receiving financial aid through Student Financial Services can apply this funding toward their education abroad programs. Additional need- and merit-based funding is available through several scholarships. The key to a successful study abroad experience lies in early planning. The online Education Abroad Workshop introduces students to the steps involved in planning and preparing for their international experience. Education Abroad advisers guide students through these steps and support students throughout the sojourn.  
For more information  
www.virginia.edu/studyabroad

Jefferson Public Citizens
To help advance the University’s public service mission, the Jefferson Public Citizens program encourages students to put their learning into action by connecting classrooms with communities. Students can enroll in academic community engagement courses, lead research-service projects, and apply their knowledge to social issues. Undergraduates from all schools in their first three years of study are eligible to apply. JPC students publish their project results in a scholarly journal, present their work at an academic forum, and earn designation as a Jefferson Public Citizen on their transcript. (See related information about Learning in Action on page 43.)  
For more information  
www.virginia.edu/jpc
The University of Virginia Library plays an integral role in the University’s ability to maintain its standing as a top-ranked public institution of higher education. The Library provides access to a rich array of scholarly materials that include more than 18 million manuscripts and archives, 5 million printed volumes, half a million e-books, as well as databases, 150,000 journals, and millions of non-text materials.

Ten libraries and a sophisticated online environment (www.library.virginia.edu) serve the entire University community and all academic programs. Alderman Library houses materials in the social sciences and humanities, open stacks for browsing, and the popular McGregor Reading Room. The Charles L. Brown Science and Engineering Library and its satellites (Astronomy, Chemistry, Mathematics, and Physics) serve the research needs of the University’s scientific community.

The University’s world-renowned collection of manuscripts and rare books is located in the Albert and Shirley Small Special Collections Library, in the same building where public programs and exhibits are hosted by the Mary and David Harrison Institute for American History, Literature, and Culture. Clemons Library is a 1,500-seat facility open 24/5. It contains video materials, group study spaces, and help with digital media creation in the Robertson Media Center.

Additional collections and services are available in the Fiske Kimball Fine Arts Library, the Music Library, and the Curry School of Education. In addition to the University Library system, the Claude Moore Health Sciences Library, the Camp Library in the Darden Graduate School of Business Administration, and the Arthur J. Morris Law Library serve the University’s professional schools. Most collections and library spaces also are open to the public and to scholars worldwide.

In addition to rich collections and generous hours, the Library system has a knowledgeable staff that contributes daily to the academic endeavor; from building innovative programs for the digital humanities to helping a student with a paper topic. Librarians with subject expertise are available to collaborate with faculty on their research and teach students how best to use and evaluate information.

The Scholars’ Lab, Digital Media Lab, and Research Data Services offer specialized expertise and tools for technology-intense scholarship. In addition to face-to-face services, the University Library provides virtual services that maximize access to Web-accessible content, and ensure the preservation of born-digital material. Virgo (http://search.lib.virginia.edu) can be used to search the Library’s collections as well as online article content. The research portal (www.library.virginia.edu/research) connects scholars with resource databases, subject guides, and online help and instruction. Libra (http://libra.virginia.edu) is the University’s institutional repository where faculty and students can deposit their theses, dissertations, and articles.

For more information
www.library.virginia.edu

Libraries
Alderman
Brown (in Clark Hall)
Camp (at Darden School)
Claude Moore (Health Sciences)
Clemons
Fine Arts
Harrison Institute
Morris (at Law School)
Music (in Old Cabell Hall)
Special Collections
Branch Science Libraries
Astronomy
Math (in Kerchoff Hall)
Physics
Chemistry

University Library, 2014-2015
Manuscripts and archives: 19 million
Books: 5 million
Visits per year: 2 million-plus
E-books: 501,605
Journal subscriptions: 152,902
Films and videos: 62,809
Study room reservations: 52,150
As members of a community that values self-responsibility and self-direction, students are free to make choices and determine how they spend their time. They also are held accountable for their actions and behavior. Summarized here are some of the primary standards, policies, and laws with which students and parents should be familiar. Complete details about the University’s Non-Academic Regulations are available on The Record website, under “University Regulations” at http://records.ureg.virginia.edu.

The Honor System
Under the University’s Honor System, an Honor offense is defined as a significant act of lying, cheating, or stealing, where the student knew (or a reasonable University of Virginia student should have known) that such an act was or could have been considered an Honor offense. Three criteria determine whether an Honor offense has occurred.

» Act: Was an act of lying, cheating, or stealing committed?
» Knowledge: Did the student know, or should a reasonable University of Virginia student have known, that the act in question was or could have been considered lying, cheating, or stealing? (Ignorance of the scope of the Honor System is not considered a defense.)
» Significance: Would open toleration of the act in question be inconsistent with the Community of Trust?

If a student’s peers find him or her guilty of committing an Honor offense, the consequence is permanent dismissal from the University. A student who is convicted of an Honor offense following graduation will generally have her or his degree revoked by the General Faculty. Dismissed students may receive assistance from the vice president and chief student affairs officer as they apply to transfer to another institution.

A student who has committed a dishonorable act and wishes to make amends has two options. Before the student has reason to believe the act in question has come under suspicion by anyone, he or she may file a “conscientious retraction,” which, if both valid and complete, operates to exonerate the student as to the act in question. After a student has been reported to the Honor Committee, she or he may file an “informed retraction,” which allows students to take a two-semester leave of absence before recommitting to the Community of Trust.

For details and further information about the Honor System, see the Honor Committee’s website or call 434.924.7602.

For more information
www.virginia.edu/honor

Every fall, students sign the Honor Pledge at Opening Convocation.
Standards of Conduct

The University’s Standards of Conduct cover all student behavior other than lying, cheating, and stealing. The student-run University Judiciary Committee administers the Standards of Conduct. Generally, prohibited conduct for which a student is subject to discipline is defined as:

1. Physical assault of any person on University-owned or leased property, at any University-sanctioned function, at the permanent or temporary local residence of a University student, faculty member, employee, visitor, or in the City of Charlottesville or Albemarle County, or Prohibited Conduct, as defined in the University of Virginia Policy on Sexual and Gender-Based Harassment and Other Forms of Interpersonal Violence.

2. Conduct that intentionally or recklessly threatens the health or safety of any person on University-owned or leased property, at a University-sanctioned function, at the permanent or temporary local residence of a University student, faculty member, employee, or visitor, or in the city of Charlottesville or Albemarle County.

3. Unauthorized entry into or occupation of University facilities that are locked, closed to student activities, or otherwise restricted as to use.

4. Intentional disruption or obstruction of teaching, research, administration, disciplinary procedures, other University activities, or activities authorized to take place on University property.

5. Unlawfully blocking or impeding normal pedestrian or vehicular traffic on or adjacent to University property.

6. Violation of University policies or regulations referenced in The Record, including policies concerning residence halls and the use of University facilities.

7. Alteration, fabrication, or misuse of, or obtaining unauthorized access to University identification cards, other documents, or computer files or systems.

8. Disorderly conduct on University-owned or leased property or at a University-sanctioned function. Disorderly conduct is defined to include, but is not limited to, acts that breach the peace, are lewd, indecent, or obscene, and that are not constitutionally protected speech.

9. Substantial damage to University-owned or leased property or to any property in the city of Charlottesville or Albemarle County or to property of a University student, employee, faculty member, or visitor, occurring on University-owned or leased property or at the permanent or temporary local residence of any student, faculty member, employee, or visitor.

10. Any violation of federal, state, or local law, if such directly affects the University’s pursuit of its proper educational purposes and only to the extent such violations are not covered by other Standards of Conduct and only where a specific provision of a statute or ordinance is charged in the complaint.

11. Intentional, reckless, or negligent conduct that obstructs the operations of the Honor or Judiciary Committee, or conduct that violates their rules of confidentiality.

12. Failure to comply with directions of University officials acting under provisions 1-11 set above. This shall include failure to give identity in situations concerning alleged violations of sections 1-11. Should a trial panel determine that an accused student is guilty of the offense(s) alleged, the Judiciary Committee may impose any sanction(s), ranging from admonition up to expulsion from the University.

Any violation of the University Standards of Conduct motivated by the age, color, disability, national or ethnic origin, political affiliation, race, religion, sex (including pregnancy), sexual orientation, or veteran status of the victim will be deemed an aggravating circumstance, and will result in a more serious sanction up to, and including, expulsion from the University.

Except for cases appealed directly to the Judicial Review Board, University Judiciary Committee decisions are automatically subject to review by the vice president and chief student affairs officer. The vice president
may affirm the Judiciary Committee’s decision or, if s/he believes the decision is not in the best interest of the University, s/he may: (a) remand the decision to the Judiciary Committee for review, reconsideration or retrial with an explanation of why the vice president believes the case warrants further action by the committee; or (b) refer the decision directly to the University Judicial Review Board, or its successor body.

Interim Suspension: An official of the University may temporarily suspend a student reasonably believed to pose a threat to himself or herself, to the health or safety of other members of the University, to University property, or to the educational process, pending a hearing on an underlying offense charged under the Standards of Conduct.

Interim Suspension is also authorized where a student has engaged in violation(s) of the Standards of Conduct and/or federal, state, local or international law, such that the official could reasonably conclude that the student is not fit to be a part of the community of responsibility and trust that is the University.

Any student so suspended who thereafter enters upon those areas of the Grounds denied the student by the terms of the suspension, other than with the permission of or at the request of University officials or of a duly authorized hearing body for purposes of a hearing, is subject to further discipline by the University as well as possible arrest and criminal prosecution.

Cases Involving Psychiatric Issues: The University has established two separate procedures to address allegations of misconduct for certain student cases involving psychiatric and psychological issues: Procedure for Psychological Hearings on Honor Offenses, and Procedure for Student Disciplinary Cases Involving Psychological Issues.

The Procedure for Student Disciplinary Cases Involving Psychological Issues is available to address appropriate cases before the University Judiciary Committee and relevant issues arising in the context of Interim Suspension. The dean of students may also invoke the Procedures for Student Disciplinary Cases Involving Psychological Issues whether or not judicial charges are filed or pending when there is good cause to believe that, based upon a student’s conduct or behavior, a student’s presence at the University poses a significant risk.

In any such instance, the dean of students may request that the Office of the Vice President and Chief Student Affairs Officer require that the student undergo a mental health assessment as one of the conditions for the student’s return or continued enrollment at the University. Contact the Office of the Dean of Students (434.924.7429 or odos@virginia.edu) for full information on these procedures.

FERPA and Privacy of Academic Records

Student Rights
Students are considered to be “in attendance” once they have enrolled for courses for their initial term of enrollment. Students attending, or who have attended, the University (hereinafter “students”) are given certain rights under the Act and Rules. Student rights under the Act and Rules may be summarized as follows:

» To inspect and review the content of the education records. The University shall comply with a request for access to records within a reasonable period of time, not to exceed 45 days after it has received the request;

» To obtain copies of education records upon payment of 15 cents per page, where the failure to provide copies would effectively prevent the student from exercising the right to inspect and review the education records;

» To receive a response from the University to reasonable requests for explanations of those records;

» To obtain an opportunity for a hearing to challenge the content of those records;

» To receive confidential treatment by the University of their education records. Except for directory information, neither such records, nor personally identifiable information contained therein shall be released without student permission to anyone other than those parties specifically authorized by the Act;

» To refuse to permit the release of their directory information;

» To file complaints with the Family Policy Compliance Office (FPFO) of the Department of Education concerning alleged failures by the University to comply with the requirements of the Act and Rules: Family Policy Compliance Office, United States Department of Education, 400 Maryland Avenue S.W., Washington, DC 20202-4605;

Academic Record Access
The University of Virginia only releases educational records in compliance with the Family Education Rights and Privacy Act of 1974 (FERPA). The intent of this Act is to protect the rights of students and to ensure the privacy and accuracy of the educational records.

The quickest and easiest way to obtain grades at the University of Virginia is for the student to do so by accessing SIS (the Student Information System). Students have 24-hour access to their academic information through SIS. The student also may order an official transcript at www.virginia.edu/registrar/transcripts.html. The University urges parents and students to communicate about academic record matters.

In the Commonwealth of Virginia, the educational records of a tax-dependent student are available to her or his parents in compliance with Section 23-9.2:3 of the Virginia Code, as allowed within the guidelines of FERPA. Dependency information is collected at the beginning of each academic year.

The University has created a process for parents to obtain the most recent semester grades for their student, if necessary. For more information, please see www.virginia.edu/registrar/accessacadrecord.html or contact UREG (Office of the University Registrar) at ureg@virginia.edu.
To exercise all rights on the student’s own behalf, regardless of the student’s status as a dependent upon parents. Parents of dependent students may, however, obtain access to the student’s records if the student is regarded as a dependent for federal income tax purposes, once the Office of the University Registrar has contacted the student and he or she is aware of the request. The parent must present evidence that the student has been claimed as a dependent on their most recent federal tax returns.

**Note:** A student may exercise all rights granted under the Act and Rules without regard to possible status as his/her parents’ dependent.

For more information
www.virginia.edu/registrar/privacy.html

**Parental Notification Policy: Alcohol and Other Drugs**

The University strives to educate all students on the dangers associated with substance abuse and the improper or illegal use of alcohol or other drugs. In addition, the University intervenes to engage students who may commit alcohol or drug-related infractions or who demonstrate a pattern of substance abuse. In furtherance of its effort to engage students and their families regarding these issues, the University has adopted this Parental Notification Policypertaining to the illegal or improper use of alcohol or other drugs.

Whenever the Office of the Dean of Students (ODOS) becomes aware that a University of Virginia student has been arrested for an alcohol- or drug-related violation, and the student is a dependent (for federal tax purposes), ODOS will notify that student’s parent(s) or guardian(s). Violations that trigger notifications under this paragraph include, but are not limited to, driving under the influence, public drunkenness, underage possession of alcohol, and unauthorized possession of controlled substances (illegal drugs).

Furthermore, whenever ODOS becomes aware that a University of Virginia student has engaged in a pattern of behavior or a severe incident involving the use of alcohol and/or drugs, and the student is a dependent (for federal tax purposes), ODOS will notify that student’s parent(s) or guardian(s). Violations that trigger notifications under this paragraph include, but are not limited to, frequent or severe episodes of drug use, drunkenness, and/or binge drinking.

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**Virginia Laws Concerning Alcohol**

Students should be aware of the following Virginia laws regarding alcohol.

**Safe Reporting of Overdoses**

This law provides an affirmative defense to prosecution of an individual for unlawful alcohol possession or use when in good faith, a person seeks emergency medical attention by reporting an alcohol, marijuana, or other drug overdose to 911, law enforcement, or medical personnel.

**Age of the Alcohol Consumer**

Persons who are 21 years of age may buy, drink, and possess beer, wine, and distilled spirits (hard liquor). The minimum penalty if caught with possession of alcohol under the age of 21 is a fine of at least $500 and/or performance of a minimum of 50 hours of community service and suspension of an individual’s driver’s license for at least six months. Breaking this law constitutes a Class 1 Misdemeanor.*

**Serving Alcohol to Anyone under 21**

The penalty for providing, giving, or assisting in providing alcohol to persons under age 21 is mandatory suspension of an individual’s driver’s license for one year. Penalties may also include a fine of up to $2,500 and up to one year in jail.

A person in her or his own home may provide alcoholic beverages to her or his family members under 21, but guests provided alcohol must be of legal age unless they are accompanied by their parent, guardian, or spouse age 21 or older. Constitutes a Class 1 Misdemeanor.*

**False IDs to Purchase Alcohol**

Persons under the age of 21 years who possess, use, or attempt to use any altered, fictitious, facsimile, or simulated license or identification card (including identification documents of another person) to establish false identification or false age to consume, purchase, or attempt to consume or purchase an alcoholic beverage shall be guilty of a Class 1 Misdemeanor.*

The penalty is a mandatory minimum fine of $500 or mandatory minimum of 50 hours of community service and license suspension for at least six months. Creating or selling false IDs can result in fines up to $2,500 and up to a one-year jail sentence. Knowingly providing an underage person with the use of your own ID also constitutes a Class 1 Misdemeanor.*

**Drinking in Public**

It is illegal for any individual to drink or offer a drink of alcohol to another individual in a public place (excluding areas licensed for on-premise alcohol consumption). Under Virginia State Law, a person can be fined up to $250 if caught drinking alcoholic beverages in public. Constitutes a Class 4 Misdemeanor.

**Publicly Intoxicated**

Public intoxication is appearing in public under the influence of alcohol. Violators may be arrested and confined to jail until sober or transported to a detoxification center. Individuals also can receive a fine of not more than $250. Constitutes a Class 4 Misdemeanor.

**Underage Drinking and Driving**

This “zero tolerance” law provides that underage drinking and driving (0.02% or higher BAC) is punishable as a Class 1 Misdemeanor.* The minimum penalty for those found guilty includes forfeiture of the license to operate a motor vehicle for a period of one year from the date of conviction and either a mandatory minimum fine of $500 or 50 hours of community service. Those convicted of DUI (regardless of age) must have an ignition interlock system installed on their vehicles as a condition of a restricted driver’s license.

*A Class 1 Misdemeanor is punishable by up to 12 months in jail and/or a $2,500 fine and is the most serious misdemeanor that can be committed before becoming a felony.
The University will make notifications under this policy unless the University, family, or other circumstances make such notifications incompatible with the student’s best interests. The University relies on the professional judgment of its faculty and administrators when assessing each student’s situation. Students whose family or other circumstances make notification under this policy inappropriate will be referred immediately to the University’s professional counseling resources.

When making a notification under this policy, time and circumstances permitting, a professional staff member in ODOS ordinarily will encourage the student to make the initial call to his or her parent(s) or guardian(s). The staff member then will follow up with a call directly to the student’s parent(s) or guardian(s).

A notification under this policy will be in addition to the intervention and education programs already offered to students when such infractions are brought to the University’s attention. Intervention may include one or more of the following: substance abuse assessment by a trained clinician; psychological assessment by a trained clinician; substance abuse counseling; enrollment in educational programs; and/or sanctions imposed for violations of the University’s Standards of Conduct.

A notification under this policy is authorized by the Family Educational Rights and Privacy Act of 1974, 20 U.S.C. 1232g (“FERPA”), which permits the disclosure of information from education records to parents of dependent students.

The University reserves the right in its sole discretion to notify parents of alcohol- or drug-related incidents falling outside this policy to the extent permitted by FERPA or other applicable law.

For more information http://gordiecenter.studenthealth.virginia.edu/policies/parentalnotification

Parental Notification Policy: Mental Health

In accordance with Virginia state law, Va. Code §23-9.2:3.C, the University of Virginia will notify a parent of any student who is dependent (for federal tax purposes) and receives mental health treatment at Elson Student Health when there exists a substantial likelihood that, as a result of mental illness, the student will, in the near future, (a) cause serious physical harm to himself or herself or others as evidenced by recent behavior or any other relevant information or (b) suffer serious harm due to his or her lack of capacity to protect himself or herself from harm or to provide for his or her basic human needs.

A treating health professional will inform the dean of students whenever notification is required in these instances. The dean of students or his or her designee will then notify the parent.

Parental notification may be withheld if a licensed health professional treating the student determines, in the exercise of his or her professional judgment, that notification would be reasonably likely to cause substantial harm to the student or another person.

Sexual and Gender-Based Harassment and Other Forms of Interpersonal Violence

The University of Virginia is an institution built upon foundational values of honor, integrity, trust, and respect. Consistent with these values, the University is committed to providing a safe and nondiscriminatory learning, living, and working environment for all members of the University community. To these ends, the University has adopted a Policy on Sexual and Gender-Based Harassment and Other Forms of Interpersonal Violence. The policy prohibits Sexual Assault, Sexual Exploitation, Intimate Partner Violence, Stalking, Sexual and Gender-Based Harassment, and Complicity in the commission of any act prohibited by the policy, and Retaliation against a person for the good faith reporting of any of these forms of conduct or participation in any investigation or proceeding under the policy. These forms of conduct (the “Prohibited Conduct”) are defined in the policy. Prohibited Conduct also may violate federal and/or state law and may be subject to criminal prosecution. Read the full University policy at http://uvapolicy.virginia.edu/policy/HRM-041.

A detailed discussion of the resources available to students affected by Prohibited Conduct is contained in the Resource Guide available on the UVa Title IX and VAWA website at http://titleix-vawa.virginia.edu. This Resource Guide provides information about how to obtain medical assistance; how to report Prohibited Conduct to the University and/or to law enforcement; how and where to obtain confidential support; and how to obtain certain appropriate and available protective and remedial measures in the aftermath of Prohibited Conduct. An overview of these resources and reporting options is available in the form of an infographic, entitled “What Students Need to Know: Obtaining Information, Assistance and Support,” found at www.virginia.edu/sexualviolence/get_help_now.pdf.

Students’ health, safety, and well-being are the University’s primary concern. If a student has been affected by Prohibited Conduct, the student is strongly urged to seek immediate assistance. Assistance can be obtained 24 hours a day, seven days a week, from:

- Police (UVa, Charlottesville, Albemarle County) • 911
- Sexual Assault Resource Agency (SARA) 434.977.7273
- Shelter for Help in Emergency (SHE) 434.293.8509
All forms of physical activity which are 2. Kidnapping;
1. Paddling; harassment, humiliation, fatigue, degradation, ridicule, shock, or injury. Examples of

Selection process) that is designed to produce or does produce mental or physical

degrading by University policy and the University Standards of Conduct. The University does not condone hazing in any form. The University defines ‘hazing’ as any action taken or situation created by a member(s) of a student organization toward one or more organization members or toward prospective members (as a part of the new member selection process) that is designed to produce or does produce mental or physical harassment, humiliation, fatigue, degradation, ridicule, shock, or injury. Examples of hazing activities and situations include, but are not limited to, the following*:
1. Paddling;
2. Kidnapping;
3. All forms of physical activity which are used to harass, punish, or harm an individual;
4. Forced excursions or road trips;
5. Confine ment;
6. Spraying, painting, or pelting with any substance;
7. Burying in any substance;
8. Nudity with the intent to cause embarrassment;
9. Servitude;
10. Exposure to uncomfortable elements;
11. Verbal abuse;
12. Forced wearing, in public, of apparel which is conspicuous and/or indecent;
13. Forcing consumption of alcohol or any other substance, legal or illegal;
14. Depriving students of sufficient sleep (six consecutive hours per day is normally considered to be a minimum);
15. Burning, branding, or tattooing any part of the body;
16. Psychological hazing, defined as any act which is likely to:
a. Compromise an individual’s dignity;
b. Cause an individual embarrassment or shame;
c. Cause an individual to be the object of malicious amusement or ridicule; or
d. Cause an individual emotional distress;
17. Interrogating an individual in an intimidating or threatening manner;
18. Misleading prospective members in an effort to convince them that they will not become members unless they complete tasks, follow instructions, or act in a certain way;
19. Misleading prospective members into believing that they will be hurt during induction or initiation;
20. Carrying any items (shields, paddles, bricks, hammers, etc.) that serve no constructive purpose or that are designed to punish or embarrass the carrier;
21. Blindfolding and parading individuals in public areas, blindfolding and transporting in a motor vehicle, or privately conducting blindfolding activities that serve no constructive purpose;
22. Binding or restricting an individual in any way that would prohibit them from moving on their own; and
23. Requiring or suggesting that an individual obtain or possess items or complete tasks in an unlawful manner (i.e., for a scavenger hunt).

Student organizations and/or individual members found to have engaged in hazing as defined in this statement shall be in violation of University policy and the University’s Standards of Conduct and may also be in violation of state law. The state statute on hazing, Section 18.2-56 of the Virginia Code, states:

“Any person found guilty thereof shall be guilty of a Class 1 misdemeanor. Any person receiving bodily injury by hazing shall have a right to sue, civilly, the person or persons guilty thereof, whether adults or infants.”

“Any person with concerns about hazing and/or the well-being of any student is encouraged to contact ODOS at 434.924.7133, call the Hazing Hotline at 434.243.4293, or file a report at www.virginia.edu/justreportit/hazing. All information will be handled discreetly and efficiently.

*Examples included in the list have been adapted from the Commonwealth of Virginia’s model hazing prevention policy developed by the State Council of Higher Education for Virginia.

Hazing Education and Prevention

The University maintains a comprehensive website aimed at hazing education and prevention. From this website, parents are able to access information on reporting hazing, recognizing hazing, and alternative activities that do not constitute hazing.

For more information
www.virginia.edu/hazing
As the parent or family member of a University of Virginia student, you are invited to become involved in the life of the University. Opportunities on Grounds, in your region, events especially for you such as Family Weekend — all are ways for you to become an active member of the extended community.

Staying in Touch: Communications with Parents

Through the Web, email, social media, and other avenues, the University coordinates a comprehensive communication program for parents to help them learn about the University and stay in touch with what students are experiencing.

If your daughter or son included your email address on the admission application to UVa, then you automatically will receive major email communications from the University. These include messages from the vice president and chief student affairs officer as well as invitations to events hosted by UVaClubs in your geographic region. You may unsubscribe from individual messages at any time.

Ways that parents and family members can stay informed include:

**Parent Help Line**
The University operates a Parent Help Line, making it easy to get an answer to your question. If you cannot find the answers you need in this handbook or on the University’s website, email parents@virginia.edu or call 434.243.3333. If you have an emergency and need to reach the University, please see page 2 for where to call. If necessary, you can reach a dean 24/7.

**Communications**

**Handbook for Parents:** A central resource, the parents’ handbook is updated annually, so you can count on it for accurate and timely information. Find a searchable version of the handbook at http://parenthandbook.virginia.edu. You can also download or view a PDF from this site.

The handbook is also available online in Chinese and Spanish. See chinese.parenthandbook.virginia.edu and spanish.parenthandbook.virginia.edu.
Many individuals and departments at UVa reach out through social media. These are a few of the major ones:

- **Facebook**: facebook.com/universityofvirginia
- **Instagram**: www.instagram.com/theuniversityofvirginia
- **LinkedIn**: www.linkedin.com/edu/university-of-virginia-19604
- **Twitter**: @UVA
- **YouTube**: www.youtube.com/uva

Visit social.virginia.edu for more, including a directory of University accounts.
Events for Parents and Families

Parents and family members are welcome to visit UVa at any time. Final Exercises, Family Weekend, and Parent Orientation are times especially for parents and families. The University welcomes parents and family members at other activities and events, exhibits, and special programs.

Final Exercises

Final Exercises, or commencement, occur each May for undergraduate and graduate degree candidates. In 2016, the Final Exercises ceremony for the College and Graduate School of Arts & Sciences will be on Saturday, May 21, and the other 10 schools and the Data Science Institute will hold Final Exercises on Sunday, May 22.

Barring severe weather conditions, both Final Exercises ceremonies (on Saturday and Sunday mornings) take place on the Lawn. Complete details are on the Web, but some important things to keep in mind:

» Tickets are required for both Lawn ceremonies. Please visit the Finals website for guest seating ticket information. Seating opens at 7:30 a.m., with the academic procession starting at 10 a.m.

» Guests without tickets are welcome to watch the ceremonies from air-conditioned remote viewing locations in several locations on the Grounds.

» The University suggests parking in the large, designated UVa parking areas (such as the lots at Scott Stadium or John Paul Jones Arena/University Hall) and using the shuttle bus service to reach the ceremonies.

» Area accommodations fill up fast for Finals weekend, so it is advisable to make reservations as soon as possible. Many hotels will accept reservations for the coming year on the day after Finals of the current year. Some hold telephone lotteries in June. Since policies and practices vary among hotels, it is best to check with individual facilities. A list of Charlottesville-area hotels is included in Appendix Two (page 91).

» The University offers on-Grounds housing for guests attending Finals Weekend. Guests stay in the new, air-conditioned residence halls along Alderman Road. For Finals Weekend 2016, online registration will begin September 1, 2015. Housing will be available May 19-23, 2016. All reservations must be made by the graduating student and will be provided on a first-come, first-served basis. Cost is $63 per person per night, with a two-night minimum.

For more information, contact Conference Services at 434.924.4479 or see www.virginia.edu/housing/conferences.

» Dates for upcoming Final Exercises:

» May 21, 2016 (College and Graduate School of Arts & Sciences)
Family Weekend  
**October 23-25, 2015**  
A time especially for parents and family members, Family Weekend features a full schedule of activities, including open classes to attend, faculty presentations, cultural celebrations, open houses, concerts, and many other programs. Family Weekend is also a great time to get a feel for the day-to-day life of today’s students. Fall Convocation and the awarding of Intermediate Honors to third-year students officially mark the start of Family Weekend on Friday afternoon. After Convocation, the third-year class holds its Ring Ceremony for students, family members, and friends.

For more information  
[www.virginia.edu/familyweekend](http://www.virginia.edu/familyweekend)

Parent Orientation  
Offered each summer in conjunction with Orientation for new students, the orientation program for parents covers topics ranging from health and safety to student housing. Families can also get their questions answered about financial aid, Cavalier Advantage, the academic environment, and Move-In Day. It is a time to learn about what is in store for new students and the many resources available to both students and parents.

For more information  
[www.virginia.edu/orientation](http://www.virginia.edu/orientation)

Educational Programs  
The University of Virginia offers a wide variety of educational opportunities for parents, family members, and friends.  

**MOOCS:** Along with other leading universities, UVa now offers Massive Open Online Courses. Sign up to take an online course, provided free of charge, with some of the University’s most respected faculty members—perhaps even your daughter or son’s professor. To learn more, see [www.coursera.org/uva](http://www.coursera.org/uva).

OAAA Parents Advisory Association  
Based in the Office of African-American Affairs, the Parents Advisory Association is an important component of a holistic approach to student retention, where parents and University administrators, faculty, and staff work in partnership to support African-American students. The organization has been influential in assisting the University with wide-ranging issues encompassing diversity and climate. The OAAA Parents Advisory Association sponsors activities in Northern Virginia, Richmond, and the Tidewater area of Virginia.

For more information  
[www.virginia.edu/oaaa/parents.html](http://www.virginia.edu/oaaa/parents.html)
Credit and Noncredit Courses: Through the School of Continuing and Professional Studies, and its centers throughout the state of Virginia, parents can enroll in credit and noncredit courses in the humanities and social sciences, foreign languages, business management, or the arts. Fees apply.

Art and Exhibits: The Fralin Museum of Art hosts exhibits, programs, and social events throughout the year. The Kluge-Ruhe Aboriginal Art Collection offers educational public programs, including exhibits, tours, lectures, and concerts. Regular exhibits also are featured through the UVa Libraries.

Virginia Festival of the Book: The Virginia Foundation for the Humanities hosts the Virginia Festival of the Book in Charlottesville in March, featuring more than 200 authors and book professionals in educational programs for adults, children, and youth.

Virginia Film Festival: Every fall, the Virginia Film Festival attracts thousands of film enthusiasts from across the country.

Lectures, Concerts, Speakers: The best resource for learning what is going on at the University is to check the University’s calendars. The Web Calendar lists University-wide events of general interest, including public lectures, concerts, and presentations, as well as student events. In addition, you can subscribe to a variety of email notices from various areas of Grounds.

For more information: www.virginia.edu/calendar

Sporting Events
The University knows that parents are some of its biggest fans. All parents and family members are invited to help cheer on the Cavaliers, whether in Charlottesville or on the road.

Parents and families are invited to participate in many activities on Grounds and in cities across the world to connect with each other, with alumni, and with the University of Virginia. Below you will find ways to get involved and stay connected through UVa’s alumni and parent engagement programs.

**LIFETIME LEARNING**

You are invited to continue your pursuit of intellectual knowledge through a variety of ways. For more information, visit www.alumni.virginia.edu/learn.

- Faculty lectures in your hometown with UVaClubs.
- “More Than the Score” lectures before each home football game.
- Engaging the Mind public lectures in Virginia.
- Summer Jefferson Symposium, an on-Grounds educational experience.
- UVa at Oxford Seminar, live-in college while studying at Oxford.
- One-Day UVa, an in-depth, daylong learning experience designed to educate, provoke thought, and encourage dialogue.
- HooReads! An interactive reading program focused on a recent UVa faculty book, including lectures, book readings, book signings, webinars, blogs, and book discussions.
- An online catalog of educational resources, Podcast recordings of faculty lectures, and the blog, “Thoughts from the Lawn.”

**UVACLUBS**

With locations in more than 100 cities worldwide, parents and family members are invited to participate in social events, community service projects, educational activities, and professional development in the community where you live. To find a UVaClub near you, go to www.virginia.edu/uvacclubs. Activities include:

- Community service projects and volunteer leadership opportunities with your local UVaClub.
- Meet and get to know other UVa parents in your hometown by coming together to socialize and share experiences at a Hoos Up for Coffee event.
- Learn from the University’s top faculty during regional talks on a variety of topics.
- Cheer on UVa sports teams with fellow Cavalier fans at game watching events and tailgates.
- Get to know fellow UVa students and parents at Student Send-offs where you can meet current students, parents, alumni, and University staff.

**ALUMNI AND PARENT TRAVEL**

The University of Virginia’s Alumni and Parent Travel program offers a variety of educational travel journeys to worldwide destinations with UVa faculty and local experts. To learn more visit www.virginia.edu/cavaliertravels. Upcoming destinations include:

- Northern Italy: From the Alps to the Adriatic
  October 7 - 20, 2015
- Costa Rica Family Trip
  December 26, 2015 - January 2, 2016
- Burma: Alumni Service Trip
  September 22-29, 2015

To stay up to date about happenings on Grounds and in your hometown, check the following event calendars:

- **University Calendar of Events:**
  www.virginia.edu/calendar
- **Alumni and Friends Calendar of Events:**
  http://calendar.virginia.edu/alumni

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Please join us this fall for the Family Weekend Breakfast to find out more ways to stay connected to UVa.

For more information about ways to get involved, contact Beverly Wakefield, senior associate director for alumni and parent engagement, at beverlyw@virginia.edu or 434.243.2202.
Providing Financial Support for the University

Many parents support the University through gifts to the Parents Fund and become involved by joining the Parents Committee. Parents also direct their philanthropy to the University’s institutional priorities.

UVa Parents Fund and Committee

Gifts to the Parents Fund enhance the University of Virginia undergraduate student experience. In 2014-2015, nearly 4,000 current parents generously supported this mission.

The fund is administered by the Parents Committee, a group of dedicated alumni and non-alumni parents who share an interest in maintaining the unmatched UVa student experience.

The Parents Fund has an immediate, tangible impact. Funds raised this year are allocated next year in support of student life and organizations, safety and health, University traditions, diversity, and parent resources like this handbook.

Formed in 1980, the committee provides grants to student groups and fundraises for special initiatives.

The University President and the Vice President and Chief Student Affairs Officer each receive a portion of the Parents Fund monies to be used at their discretion for student programming and important needs. Fifty percent of the fund is allocated by the Parents Committee for grants and special initiatives.

Since its inception, the Parents Committee has awarded more than $7 million to more than 1,600 student groups, organizations, and programs around Grounds.

Parents Committee Grants and Special Initiatives have a broad purpose and help foster a unique and welcoming community for all students. The grants aim to:

- encourage student leadership, creativity, and enterprise;
- support the academic core and increase student-faculty interaction;
- promote student health and safety;
- prepare students for internships and career development; and
- maintain rich traditions.

More than $1 million was awarded by the Parents Committee during the 2014-15 academic year to more than 115 projects and special initiatives. Selected allocations include:

- Student Affairs’ Bystander Awareness Campaign to End Sexual Violence
- Gordie Center for Substance Abuse Prevention
- University Career Center’s (formerly University Career Services) Internship Center
- COLA classes (College Advising Seminars for first-year students) in the College of Arts & Sciences
- Maxine Platzer Lynn Women’s Center programs for sexual assault and eating disorders education
- Lighting of the Lawn
- Days on the Lawn
- India Day, Filipino Food Night, Persian Cultural Night

A complete list of grants can be found at www.uvaparents.virginia.edu/grants.

Institutional Priorities

The University of Virginia is dedicated to preparing student-leaders who are imaginative, globally aware, and ready for public service to the Commonwealth, the nation, and the world.

Guided by its new strategic plan, the University is laying the foundation for its third century by focusing on three institutional priorities: providing outstanding students with scholarships, retaining and recruiting top faculty, and restoring and renewing the Jeffersonian Grounds.

Advancing Faculty Excellence

The University’s ability to prepare future generations for leadership rests squarely on the talent, drive, and character of its faculty.
Faculty teach and mentor students, conduct research, and actively participate in moving the academic mission forward. In addition, close student-faculty interaction is key to the student experience and central to the University’s longstanding reputation for undergraduate excellence.

With the support of alumni, parents, and friends, the University will recruit and retain researchers and teachers who are demonstrated leaders in their areas of scholarship.

**Restoring the Academical Village**

The Jeffersonian Grounds Initiative (JGI), the University’s comprehensive program to restore, renovate, and repair Thomas Jefferson’s Academical Village, will ensure that this historic precinct remains a thriving academic center for students and faculty.

Time, the elements, and continual use have taken a toll on the Academical Village. JGI includes funding for programs and endowments necessary for the long-term stewardship of the Academical Village, the heart of the UVa experience.

**Need-Based Scholarships: Investing in Talent**

Talented students from all walks of life make the University a special place. The University is committed to providing need-based scholarships and financial aid to ensure that all qualified students have the opportunity for a world-class education at UVa.

Creating a sustainable source of funding for student financial support is essential to ensuring that UVa continues to attract outstanding students from around the country.

Scholarship support allows a new generation of students to study honor, ethics, citizenship, leadership, and to carry these values with them into the world.

**Making your Gift of Support**

Your gift to the Parents Fund or to an institutional priority helps maintain the unparalleled experience that attracted your child to UVa and that affection we all feel when visiting the Grounds. Whether you make a Parents Fund gift, create an endowment, or provide support in your estate plan, your gift matters.

**As the parents of one former and one current student, it is rewarding to know that the monies raised by the Parents Fund will be spent on directly enhancing the student experience.**

**Phillip Thomas**

College of Arts & Sciences ’85

Mary Beth Hakanson Thomas

McIntire School of Commerce ’86

Parents of Bailey ’15 and Will ’17

McLean, Virginia

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Jeff Boyd

Executive Director, Parent Giving

Marilyn Wright

Director, Parent Giving

For more information

Jeff Boyd

Executive Director, Parent Giving

Office of University Advancement

434.924.7393

800.688.9882

jeffsboyd@virginia.edu

uvaparentscommittee@virginia.edu

www.uvaparents.virginia.edu

www.virginia.edu/giving
From I-64
Following signs to the UVa Information Center, get off at exit 118B for the Route 29/250 Bypass. Go approximately 2 miles and take the off ramp for Route 250 East Business (Ivy Road). Turn right off the exit ramp and follow Ivy Road. At the fourth traffic light, turn right on Route 29 Business/Emmet Street. Continue approximately one-quarter mile and turn left into the University of Virginia Central Grounds parking garage (hourly fees), which is directly in front of Newcomb Hall and under the UVa Bookstore.

From I-66 via US Route 29 North
Take I-66 from Northern Virginia past Manassas. Take the exit marked “Route 29 South - Gainesville.” Proceed to Charlottesville, where Route 29 becomes Emmet Street. Pass the John Paul Jones Arena and University Hall on the right. Proceed straight through the traffic light at the intersection of Route 250 Business (University Avenue/Ivy Road). Continue approximately one-quarter mile and turn left into the University of Virginia Central Grounds parking garage (hourly fees), which is directly in front of Newcomb Hall and under the UVa Bookstore.

Driving Distances to Charlottesville (in miles):
- Washington, D.C.: 125
- Richmond: 70
- Norfolk: 160
- Atlanta: 500
- New York City: 350
- Boston: 545
- Raleigh-Durham: 190
- Nashville: 540
CHARLOTTESVILLE BUSINESSES

The following list of Charlottesville-area businesses and organizations is not intended to be exhaustive, nor is any endorsement implied by the University of Virginia. For more information about visiting Charlottesville, please see www.visitcharlottesville.org.

HOTELS

200 South Street Inn
200 S. South Street (Downtown)
www.southstreetinn.com
979.0200

Best Western—Charlottesville
5920 Seminole Trail (Ruckersville)
www.bestwesternvirginia.com
800.780.7234
985.1855

The Boar’s Head Inn
293.6188
296.8111
2097 Inn Drive
296.2181
200 Ednam Drive
638 Hillsdale Drive
245.0700
1803 Emmet Street N.
977.1700

The Cavalier Inn at the University of Virginia
105 Emmet Street N.
www.cavalierinn.com
979.1800

Clifton Inn
1296 Clifton Inn Drive
www.clifton-inn.com
979.3185

Days Inn University Area
1600 Emmet Street N.
www.daysinn.com
800.225.3297
293.9111

Dinsmore House Inn
1211 W. Main Street
(near the U.Va Corner, across from Medical Center)
www.dinsmorehouse.com
877.882.7829
974.4663

Doubletree Hotel Charlottesville
990 Hilton Heights Road
www.doubletree.com
855.610.8373
973.2121

Econo Lodge North
2014 Holiday Drive
www.econolodge.com
877.442.6423
295.3186

English Inn of Charlottesville
2000 Morton Drive
www.englishinncharlottesville.com
800.786.5400
971.9900

Excel Inn
140 Emmet Street N.
www.budgetinncharlottesville.com
800.293.5144
293.9111

Fairfield Inn (Marriott)
577 Branchlands Boulevard
www.marriott.com
888.236.2427
964.9411

Foxfield Inn
2280 Garth Road
www.foxfieldinn.com
866.395.3536
923.8892

Graduate Charlottesville
1309 W. Main Street
www.graduatecharlottesville.com
295.4333
(opening summer 2015)

Guesthouses Reservation Services
(Bed and breakfast reservations)
1932 Arlington Boulevard
www.va-guesthouses.com
979.7264

Hampton Inn
2025 India Road
www.hamptoninn.com
800.445.8667
978.7888

Hampton Inn and Suites
900 W. Main Street
www.hamptoninn.com
800.445.8667
923.8600

Hilton Garden Inn
1793 Richmond Road
www.hiltongardeninn.com
877.782.9444
979.4442

Holiday Inn Monticello
1200 Fifth Street Extended
www.holidayinn.com
888.465.4329
977.7100

Holiday Inn University Area
1901 Emmet Street N.
www.holidayinn.com
888.465.4329
977.7700

Homewood Suites
2036 India Road
homewoodsuites3.hilton.com
244.6200

Hyatt Place Charlottesville
2100 Bond Street
www.charlottesville.place.hyatt.com
866.466.2877
295.2800

Inn at Darden
100 Darden Boulevard (located on U.Va’s North Grounds)
www.innatdarden.com
243.5000

Inn at Darden
100 Darden Boulevard (located on U.Va’s North Grounds)
www.innatdarden.com
243.5000

Inn at Darden
100 Darden Boulevard (located on U.Va’s North Grounds)
www.innatdarden.com
243.5000

Residence Inn by Marriott
111 Millmont Street
www.marriott.com
923.0300

Silver Thatch Inn
3001 Hollymead Drive
www.silverthatch.com
978.4686

Sleep Inn & Suites
118 Fifth Street Extended
www.sleepinn.com
244.9969

Super 8 Motel
300 Greenbrier Drive
www.super8.com
800.454.3213
973.0888

Village Inn Motel
8010 Thomas Nelson Highway (Lovingston)
800.627.5337
263.5068

Wintergreen Resort
Route 664 (43 miles southwest of Charlottesville)
www.wintergreenresort.com
855.699-1858

RESTAURANTS

The dollar symbols ($) denote approximate prices for the average single dinner entrée:
$ under $10
$$ $10-$25
$$$ $25 and over

105 Grill & Pub
105 Fourteenth Street NW.
282.2045
Asian American Fusion $

Aberdeen Barn
2018 Holiday Drive
296.4630
Steakhouse $$$

Aromas Café & Catering
1104 Emmet Street N.
244.2486
Mediterranean $$

Baja Bean Co.
2291 Seminole Lane
975.1070
Mexican $

Bang!
215 Second Street SW (Downtown)
984.3264
Asian Tapas $$

Basil Mediterranean Bistro
109 Fourteenth Street (the Corner)
977.7000
Mediterranean $$

All telephone numbers are Area Code 434 unless otherwise indicated.
Bellair Market (and gas)
2401 Ivy Road
971.6668
Sandwiches $

Bell’s Restaurant
707 W. Main Street
327.4833
Italian $$$

Belmont BBQ
816 Hinton Avenue
979.7427
Barbecue $

Biltmore
16 Elliewood Avenue (the Corner)
202.4159
American Grill $

Bizu
119 W. Main Street (Downtown Mall)
977.1818
Modern American $$

Blue Light Grill & Raw Bar
120 E. Main Street (Downtown Mall)
295.1223
Seafood $$$$

Bluegrass Grill & Bakery
313 Second Street S.E. (Downtown)
295.9700
Breakfast and Lunch $

Blue Moon Diner
512 W. Main Street
980.6666
Burgers, Sandwiches $

Bodo’s Bagels
1. 1418 Emmet Street N.
977.9598
2. 505 Preston Avenue
293.2244
3. 1609 University Avenue (the Corner)
293.6021
Bagels and Delicatessen $

Bonefish Grill
269 Connor Drive
975.3474
Seafood $$

Boylan Heights
102 Fourteenth Street (the Corner)
984.5707
Burgers $

Buffalo Wild Wings Grill & Bar
1935 Arlington Boulevard
977.9882
American $

Burtons Grill
2010 Bond Street
977.1111
American $$$

Café Caturra
1571 University Avenue (the Corner)
984.4553
American $$

Chesapeake Grille
21 E. Market Street (Downtown Mall)
295.9252
American $$$

Chipotle
953 Emmet Street N.
872.0212
Mexican $

Chili’s Grill & Bar
100 Zan Road
975.0800
Southwestern $$

Christian’s Pizza
1. 100 Fourteenth Street N.W. (the Corner)
872.0436
2. 118 W. Main Street (Downtown Mall)
977.9688
3. 1880 Abbey Road
293.6788
4. 3440 Seminole Trail
973.7280
Pizza $

Citizen Burger Bar
212 E. Main Street (Downtown Mall)
979.9944
Burgers $$

Clifton Inn
1296 Clifton Inn Drive
971.1800
Fine Dining $$$

College Inn
131 University Avenue (the Corner)
972.2710
Italian, Greek, American $

Continental Divide
811 W. Main Street
984.0413
Southwestern $$

Cook-Out
1244 Emmet Street N.
866.547.0011
Fast Food $

Coupe’s
9 Elliewood Avenue (the Corner)
282.2141
American $

Crozet Pizza
1. 5794 Three Notch’d Road (Crozet)
823.2132
2. 20 Elliewood Avenue
202.0592
Pizza $

Downtown Grille
201 W. Main Street (Downtown Mall)
817.7060
Steaks, Seafood $$$$

Dunner’s
4372 Ivy Road
293.8352
Seasonal Menu $$$$

Dusty Nelly’s Pub and Wayside Deli
2200 Jefferson Park Avenue
295.1278
Sandwiches $

Eddy’s Tavern
1571 University Avenue (the Corner)
984.4553
American $$

Escale
215 W. Water Street (Downtown)
295.8668
Seasonal Menu $$

Fellini’s #9
200 W. Market Street (Downtown)
979.4279
Italian $$

Five Guys
1. 1119 Emmet Street N.
975.4897
2. 281 W. Main Street (Downtown Mall)
293.2847
3. 201 Connor Drive
963.4897
Burgers $

Flaming Wok & Teppan Yaki
1305 Seminole Trail
974.6555
Chinese, Japanese, Korean, Sushi $$$

Fossett’s inside Keswick Hall
701 Club Drive
979.3440
European $$$

Fry’s Spring Station
2115 Jefferson Park Avenue
202.2257
Pizza $$

Guadalajara Mexican Restaurant
1. 395 Greenbrier Drive
978.4313
2. 2206 Fontaine Avenue Extended
979.2424
3. 3450 Seminole Trail
977.2677
4. 806 E. Market Street (Downtown)
977.2676
5. 108 Town Country Lane
293.3528
Mexican $

Hamilton’s
101 W. Main Street (Downtown Mall)
295.6649
American $$$

The Ivy Inn
2244 Old Ivy Road
977.1222
American $$$

Just Curry
425 E. Main Street (Downtown Mall)
970.2001
Indo-Caribbean $

Lemongrass
104 Fourteenth Street N.W. (the Corner)
244.8424
Thai-Vietnamese $$

Little John’s New York Deli
1. 427 University Avenue (the Corner)
977.0488
2. 2050 Bond Street
977.0335
Deli $

The Local
824 Hinton Avenue
984.9749
American $$

Lord Hardwicke’s
1248 Emmet Street N.
295.6668
American $$

Maharaja
130 Zan Road
973.1110
Indian $$

Marco & Luca’s Noodle Shop
1. 112 W Main Street (Downtown Mall)
295.2655
2. 107 Elliewood Avenue (the Corner)
244.0016
Dumplings, Noodles $

Mas Tapas
904 Monticello Road
979.0990
Tapas $$$

Maya
633 W. Main Street
979.6292
Southern $$

Me1’s Cafe
719 W Main Street
971.8819
Southern Soul $

Mellow Mushroom
121 W Main Street (the Corner)
972.9566
Sandwiches, Pizza $

The Melting Pot
501 E. Water Street (Downtown)
244.3453
Fondue $$$

Michael’s Bistro & Taphouse
1427 University Avenue (the Corner)
977.3697
American $$

Michie Tavern ca. 1784
683 Thomas Jefferson Parkway
977.1234
(midday only)
American $$

Milan Indian Cuisine
1817 Emmet Street N.
984.2828
Indian $$

All telephone numbers are Area Code 434 unless otherwise indicated.
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Price</th>
<th>Cuisine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Miller's</td>
<td>109 W. Main Street (Downtown Mall)</td>
<td>971.8511</td>
<td>American $</td>
<td></td>
</tr>
<tr>
<td>Mono Loco</td>
<td>200 W. Water Street (Downtown)</td>
<td>979.0688</td>
<td>Latin/Cubano $</td>
<td></td>
</tr>
<tr>
<td>Noodles &amp; Company</td>
<td>2035 Bond Street</td>
<td>984.5621</td>
<td>American $$</td>
<td></td>
</tr>
<tr>
<td>Old Mill Room inside Boar’s Head Inn</td>
<td>200 Ednam Drive</td>
<td>972.2220</td>
<td>American $$$</td>
<td></td>
</tr>
<tr>
<td>Outback Steakhouse</td>
<td>1101 Seminole Trail</td>
<td>975.4329</td>
<td>American $</td>
<td></td>
</tr>
<tr>
<td>Panera Bread</td>
<td>1. 121 Emmet Street N.</td>
<td>245.6192</td>
<td>American $</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2. 121 Community Street</td>
<td>973.5564</td>
<td>Sandwiches, Soups, Salads $</td>
<td></td>
</tr>
<tr>
<td>Public Fish &amp; Oyster</td>
<td>513 W. Main Street</td>
<td>995.5542</td>
<td>Seafood $$$</td>
<td></td>
</tr>
<tr>
<td>Publix Mexican Grill</td>
<td>415 University Avenue (the Corner)</td>
<td>293.6299</td>
<td>Mexican $</td>
<td></td>
</tr>
<tr>
<td>Rapture</td>
<td>303 E. Main Street (Downtown Mall)</td>
<td>293.9526</td>
<td>American $</td>
<td></td>
</tr>
<tr>
<td>Revolutionary Soup</td>
<td>1. 104 Fourteenth Street NW (the Corner)</td>
<td>979.0988</td>
<td>American $</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2. 108 Second Street SW (Downtown Mall)</td>
<td>296.7687</td>
<td>American $</td>
<td></td>
</tr>
<tr>
<td>Ruby Tuesday</td>
<td>1114 Emmet Street N.</td>
<td>295.9118</td>
<td>American $</td>
<td></td>
</tr>
<tr>
<td>St. Maarten Café</td>
<td>1400 Wertzland Street (the Corner)</td>
<td>293.2223</td>
<td>Caribbean-American $</td>
<td></td>
</tr>
<tr>
<td>Shebeen Pub &amp; Braai</td>
<td>247 Ridge McIntire Road</td>
<td>976.3185</td>
<td>American $$</td>
<td></td>
</tr>
<tr>
<td>South Street Brewery</td>
<td>106 South Street W. (Downtown)</td>
<td>293.6530</td>
<td>South African $$</td>
<td></td>
</tr>
<tr>
<td>Take It Away Sandwich Shop</td>
<td>115 Elliewood Avenue (the Corner)</td>
<td>295.1899</td>
<td>American $</td>
<td></td>
</tr>
<tr>
<td>Tavola</td>
<td>826 Hinton Avenue</td>
<td>972.9473</td>
<td>Italian $$</td>
<td></td>
</tr>
<tr>
<td>Ten</td>
<td>120 E. Main Street (Downtown Mall)</td>
<td>295.6691</td>
<td>Modern Japanese $$$</td>
<td></td>
</tr>
<tr>
<td>Tokyo Rose</td>
<td>2711 Ivy Road</td>
<td>296.3356</td>
<td>Japanese/Sushi $$</td>
<td></td>
</tr>
<tr>
<td>Travini Italian Kitchen &amp; Wine Bar</td>
<td>2075 Bond Street</td>
<td>244.3354</td>
<td>American Italian $$</td>
<td></td>
</tr>
<tr>
<td>The Villa</td>
<td>129 Emmet Street N.</td>
<td>296.9977</td>
<td>Breakfast, American, Italian, Greek $</td>
<td></td>
</tr>
<tr>
<td>The Virginian</td>
<td>1521 University Avenue (the Corner)</td>
<td>984.4667</td>
<td>American $$</td>
<td></td>
</tr>
<tr>
<td>Vivace</td>
<td>2244 Ivy Road</td>
<td>979.0994</td>
<td>Italian $$</td>
<td></td>
</tr>
<tr>
<td>Wayside Takeout &amp; Catering</td>
<td>2203 Jefferson Park Avenue</td>
<td>977.5000</td>
<td>Fried Chicken $</td>
<td></td>
</tr>
<tr>
<td>West Main</td>
<td>333 W. Main Street</td>
<td>293.2605</td>
<td>American $$</td>
<td></td>
</tr>
<tr>
<td>White Spot</td>
<td>1407 University Avenue (the Corner)</td>
<td>295.9899</td>
<td>Greek, American $</td>
<td></td>
</tr>
<tr>
<td>Wild Wing Café</td>
<td>820 W. Main Street</td>
<td>979.9464</td>
<td>Greek, American $</td>
<td></td>
</tr>
<tr>
<td>Zazus Fresh Grille</td>
<td>2214 Ivy Road</td>
<td>293.3454</td>
<td>Wraps, Salads $</td>
<td></td>
</tr>
<tr>
<td>Zinburger</td>
<td>973 Emmet Street N.</td>
<td>244.2604</td>
<td>Burgers $</td>
<td></td>
</tr>
<tr>
<td>Zocalo</td>
<td>201 E. Main Street (Downtown Mall)</td>
<td>977.4944</td>
<td>American $</td>
<td></td>
</tr>
<tr>
<td>Zoë’s Kitchen</td>
<td>973 Emmet Street N.</td>
<td>995.5534</td>
<td>Mediterranean $</td>
<td></td>
</tr>
</tbody>
</table>

**HAIR SALONS**

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bristles</td>
<td>716 Rio Road W.</td>
<td>977.1411</td>
<td>American $$</td>
</tr>
<tr>
<td>Hair Cuttery</td>
<td>1. 1016 Emmet Street N.</td>
<td>977.3509</td>
<td>American $$</td>
</tr>
<tr>
<td></td>
<td>2. 153 Community Street</td>
<td>296.7653</td>
<td>American $$</td>
</tr>
<tr>
<td></td>
<td>3. 1974 Abbey Road</td>
<td>293.8014</td>
<td>American $$</td>
</tr>
<tr>
<td></td>
<td>4. 1768 Rio Hill Center</td>
<td>973.9274</td>
<td>American $$</td>
</tr>
</tbody>
</table>

**FURNITURE STORES**

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Atlantic Organic Natural Sleep Shop</td>
<td>421 W. Main Street atlanticorgnaturalsleepshop.com</td>
<td>295.3410</td>
</tr>
<tr>
<td>Better Living, Inc.</td>
<td>2060 Seminole Trail</td>
<td>973.8361</td>
</tr>
<tr>
<td>Classic Furniture</td>
<td>460 Premier Circle</td>
<td>973.5146</td>
</tr>
<tr>
<td>Grand Home Furnishings</td>
<td>1801 Seminole Trail</td>
<td>974.6480</td>
</tr>
<tr>
<td>Kane Furniture and Interiors</td>
<td>1200 W. Main Street</td>
<td>979.0112</td>
</tr>
</tbody>
</table>

**CLOTHING**

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Altard’$ State</td>
<td>(women’s apparel and charity-minded accessories)</td>
<td>979.2898</td>
</tr>
<tr>
<td>American Eagle Outfitters</td>
<td>Charlottesville Fashion Square Mall</td>
<td>973.0144</td>
</tr>
<tr>
<td>Anthropologie</td>
<td>1207 Emmet Street N.</td>
<td>979.0101</td>
</tr>
<tr>
<td>Banana Republic</td>
<td>1044 Emmet Street N.</td>
<td>872.9593</td>
</tr>
<tr>
<td>Beecroft &amp; Bull</td>
<td>1051 Emmet Street N.</td>
<td>979.0101</td>
</tr>
<tr>
<td>Chico’s</td>
<td>1123 Emmet Street N.</td>
<td>975.4085</td>
</tr>
<tr>
<td>Darling</td>
<td>(clothing consignment boutique)</td>
<td>1055 First Street (Downtown)</td>
</tr>
<tr>
<td>Elio’s</td>
<td>1067 Millmont Street</td>
<td>295.2293</td>
</tr>
<tr>
<td>Eloise</td>
<td>505 W. Main Street</td>
<td>295.3590</td>
</tr>
<tr>
<td>Express</td>
<td>Charlottesville Fashion Square Mall</td>
<td>973.1400</td>
</tr>
<tr>
<td>Gap</td>
<td>Charlottesville Fashion Square Mall</td>
<td>973.5026</td>
</tr>
<tr>
<td>Heidi’s Perfect Fit</td>
<td>(Formal wear rental and alterations)</td>
<td>1311 Wertzland Street (the Corner)</td>
</tr>
<tr>
<td>Irresistibles</td>
<td>2126 Barracks Road</td>
<td>245.0007</td>
</tr>
<tr>
<td>J. Crew</td>
<td>Charlottesville Fashion Square Mall</td>
<td>973.1899</td>
</tr>
<tr>
<td>Jean Theory</td>
<td>111 E. Main Street (Downtown Mall)</td>
<td>296.9326</td>
</tr>
<tr>
<td>JoS. A. Bank Clothiers</td>
<td>1127 Emmet Street N.</td>
<td>244.0015</td>
</tr>
<tr>
<td>Levy’s of Charlottesville</td>
<td>2120 Barracks Road</td>
<td>295.4270</td>
</tr>
<tr>
<td>Loft</td>
<td>1107 Emmet Street N.</td>
<td>295.3322</td>
</tr>
<tr>
<td>Men &amp; Boy’s Shop</td>
<td>410 E. Main Street (Downtown Mall)</td>
<td>296.6924</td>
</tr>
</tbody>
</table>

All telephone numbers are Area Code 434 unless otherwise indicated.
Men's Wearhouse
1. Charlottesville Fashion Square Mall
   978.7911
2. 200 Shoppers World Court
   973.8094

Old Navy
945 Emmet Street N.
984.0167

Stein Mart
750 Shoppers World Court.
964.1757

Talbots
1027 Emmet Street N.
296.3580

Trade (buys and sells gently worn designer women's clothing)
2124 Barracks Road
599.8455

White House Black Market
1041 Emmet Street N.
293.6448

HOUSEHOLD OR RESIDENCE HALL ITEMS
Bed Bath & Beyond
975 Emmet Street N.
972.5008

Crutchfield
825 Gardens Boulevard
871.1100

CVS Pharmacy
1. 1137 Emmet Street N. (open 24 hours)
   293.9151
2. 1417 University Avenue (the Corner)
   244.4028
3. 208 E. Main Street (Downtown Mall)
   293.6052

Folly Home Furnishings
603 W Main Street
295.0688

HomeGoods
300 Shoppers World Court
975.0275

Kmart
1801 Hydraulic Road
296.5646

Lowe’s Home Improvement
400 Woodbrook Drive
975.1470

Martin Hardware
941 Preston Avenue
293.8171

MeADOWbrook Hardware
914 Preston Avenue
293.8052

Pier 1 Imports
1951 Swanson Drive
244.3373

Pottery Barn
2030 Bond Street
964.0092

Target
312 Connor Drive
964.0231

Walmart
975 Hilton Heights Road
973.1412

Williams-Sonoma
4203 Bond Street
973.2155

OFFICE SUPPLIES
FedEx Office
945 Emmet Street N.
296.5000

Staples
1. 600 Shoppers World Court
   975.0501
2. 243 Ridge McIntire Road
   977.5506

SERVICE STATIONS
Finley’s Barracks Road Service Center
2161 Barracks Road
295.0395

Holiday Exxon Service Center
1700 Emmet Street N.
293.3785

Jenkins Automotive Service
1554 Seminole Trail
974.6680

Jim Price Automotive
2150 Seminole Trail
871.1881

Ronnie’s Auto Service
315 Cherry Avenue
295.0513

Scott’s Ivy Exxon
4260 Ivy Road
293.2033

University Tire & Auto Center
1. 200 Seminole Court
   975.3500
2. 616 W. Main Street (Downtown)
   244.3700

OPTICAL GOODS AND RETAIL
Keller & George
1149 Millmont Street
www.kellerandgeorge.com
293.5011

Spectacle Shop
www.spectacleshop.net
1. 1047 Millmont Street
   979.7730
2. 409 E. Main Street (Downtown Mall)
   296.8774
3. 624 Berkmar Circle
   973.8636

Visionworks
1114 Emmet Street N.
www.visionworks.com
293.3225

BANKS
Bank of America
1. Newcomb Hall First Floor
   (on Grounds)
   296.3106
2. 2103 Barracks Road
   963.2907
3. 300 E. Main Street
   (Downtown Mall)
   977.2965
4. 1619 University Avenue
   (the Corner)
   963.2904

BB&T
1. 1426 Seminole Trail
   973.4233
2. 305 E. Jefferson Street
   (Downtown)
   293.2231
2. 2149 Barracks Road
   293.2705
4. 2033 Ivy Road
   977.5336

First Citizens Bank
1. 975 Emmet Street N.
   (Irons Teeter)
   295.8181
2. 2101 Dominion Drive
   975.2725
3. 2013 Abbey Road
   244.0283
4. 1815 Fortune Park Road
   975.0001

SunTrust
1. 1201 Emmet Street N.
   2016.230
2. 255 Albemarle Square
   975.0951
3. 2117 Ivy Road
   979.6164
4. 1904 Emmet Street
   (Kroger)
   979.1010
5. 402 Park Street
   979.1010
6. 142 Hansen Road
   293.8080

Union First Market Bank
1. 2153 Barracks Road
   970.1139
2. 400 E. Main Street
   (Downtown Mall)
   911.2000
3. 1330 Parham Circle
   293.7195
4. 410 Gardner Road
   964.3103
5. 1658 State Farm Boulevard
   970.1177

United Bank
1. 100 Fifth Street S.E.
   970.5005
2. 1265 Seminole Trail
   973.1664

University of Virginia Community Credit Union
964-2001
1. 1935 Arlington Boulevard
2. 2900 Berkmar Drive
3. 1018 W Main Street (Downtown)
4. 900 E. Jefferson Street
   (Downtown)
5. 220 Wayles Lane
6. ATM – Alderman Library (on Grounds)

Virginia National Bank
1. 222 E. Main Street (Downtown Mall)
   871.8621
2. 1609 University Avenue
   871.8621
3. 1900 Arlington Boulevard
   871.8621
4. 413 People Place
   871.7676
5. 1580 Seminole Trail
   871.8420

Wells Fargo
1. ATM – Newcomb Hall Second Floor
   (on Grounds)
2. 901 Emmet Street N.
   984.3710
3. 2100 Ivy Road
   984.1310
4. 1617 Emmet Street N.
   973.2262
5. Charlottesville Fashion Square Mall
   964.1110
6. 123 E. Main Street
   (Downtown Mall)
   244.3900
7. 406 Tenth Street N.E.
   984.3530
8. 1420 Rolkin Court
   293.5177

RENTAL PROPERTY CONTACTS
Blue Ridge Apartment Council
www.brac.com

CBS Rentals
120 Thirteenth Street N.W.
971.9922
www.cbsrentals.com

Management Services Corporation
Leasing, 780 Madison Avenue
977.8203
Corporate:102 S. First Street,
Suite 301
www.msc-rents.com
977.4181

University Apartments
1025 Westlund Lane
977.9000
www.u-apt.com

Woodard Properties
www.woodardproperties.com
971.8860

All telephone numbers are Area Code 434 unless otherwise indicated.
THREE PLACES OF WORSHIP

Baptist Student Center
1500 Jefferson Park Avenue
977.8743

Bahá’í Community
1000 Linden Avenue, No. 208
971.1107

Brody Jewish Center
Hillel at the University of Virginia
1824 University Circle
295.4965

Charlottesville Community Church
1757 Avon Street Extended
409.0574

Congregation Beth Israel
301 E. Jefferson Street
295.6982

Holy Transfiguration Greek Orthodox Church
100 Perry Drive
295.5337

Islamic Society of Central Virginia
708 Pine Street
260.1253

St. Mark Lutheran
100 Alderman Road
293.3311

St. Nicholas Orthodox Church
(Ukrainian Orthodox)
7581 Rockfish Gap Turnpike
Greenwood
540.456.6981

St. Paul’s Memorial (Episcopal)
1700 University Avenue
295.2156

St. Thomas Aquinas (Roman Catholic)
401 Alderman Road
293.8081

Thomas Jefferson Memorial
(UNITARIAN Universalist)
717 Rugby Road
293.8179

University Baptist
1223 W. Main Street
293.5106

TAXIS AND LIMOUSINE SERVICES

A & A Limousine
975.5466

A & W Taxi Service
882.1822

Agoff Limousine and Bus Company
877.463.3227

Albemarle Limousine
975.6665

Ambassador Limousine
973.5466

Anytime Taxi
977.5522

Camry Limo
990.9070

Cville Taxi
806.6532

All telephone numbers are Area Code 434 unless otherwise indicated.

FOUR HISTORIC ATTRACTIONS

Albemarle Charlottesville
Historical Society
Take advantage of exhibits, programs, publications, and a library highlighting the history of Charlottesville and Albemarle. Walking tours of historic downtown Charlottesville offered from April through October: Annual Spirit Walk in late October: McIntire Building
200 Second Street N.E.
296.1492

www.albemarlehistory.org

Ash Lawn–Highland
Visit President James Monroe’s residence and 535-acre homestie, which continues today as a working farm and performing arts center in Albemarle County. Owned by the College of William and Mary. Open every day except Thanksgiving, Christmas, and New Year’s.
2950 James Monroe Parkway
293.8000

www.monticello.org

Monticello
Experience the home, furnishings, gardens, and landscape of Thomas Jefferson at his beloved mountaintop home, Monticello. Advance sales of reserved tickets available online. Open every day except Christmas.
931 Thomas Jefferson Parkway
984.9800

www.monticello.org

Michie Tavern ca. 1784
Visitors encounter the tavern’s past through lively interactive tours and hearty midday fare offered by servers in period attire. Open every day except Thanksgiving, Christmas, and New Year’s.
11350 Constitution Highway
Monticello Station
540.672.2728

www.monticello.org

Monticello
Find out about the lifelong home and estate of the country’s fourth president, James Madison, and his wife, Dolley. The home is open every day except Thanksgiving, Christmas, and New Year’s.
11350 Constitution Highway
Monticello Station
540.672.2728

www.monticello.org

All telephone numbers are Area Code 434 unless otherwise indicated.
For more detailed maps of the UVa Grounds, see www.virginia.edu/Map
This institution will be based on the illimitable freedom of the human mind. For here we are not afraid to follow truth wherever it may lead, nor to tolerate any error so long as reason is left free to combat it.

– Thomas Jefferson –

Letter To William Roscoe, English Historian
December 27, 1820

The Handbook for Parents was made possible thanks to generous support by the UVA Parents Committee.

www.uvaparents.virginia.edu
434.924.7393
800.688.9882

About the handbook
Published since 2006 by the Office of the Vice President and Chief Student Affairs Officer, the Handbook for Parents has been recognized with two recent awards:
• 2014 Virginia Public Relations Award of Merit for Publications
• 2014 Central Virginia American Marketing Association EMMA Award for Excellence in Cross-Media Campaign

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Spanish translation: spanish.parenthandbook.virginia.edu

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Printed by Worth Higgins, Richmond, Virginia
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– Thomas Jefferson –
Letter to William Roscoe, English historian
December 27, 1820
Each and every one of you has a vibrant, courageous soul and a depth of power, creativity, and wisdom you are only beginning to tap into. That is your light. It is the light within you, and you have to let it shine.

Actor Ed Helms
Valediction Remarks
May 15, 2015